

# Reimbursement Policy

## Inpatient Hospital Readmissions

REIMBURSEMENT POLICY NUMBER: 54

**Effective Date:** 11/15/2023

**Last Review Date:** 10/2023

**Next Annual Review:** 4/2024

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**INSTRUCTIONS FOR USE:** Company reimbursement policies serve as guidance for the administration of plan benefits. Reimbursement policies do not constitute medical advice nor a guarantee of coverage. Company reimbursement policies are reviewed annually. The Companies reserve the right to determine the application of reimbursement policies and make revisions to reimbursement policies at any time. The scope and availability of all plan benefits are determined in accordance with the applicable coverage agreement. Any conflict or variance between the terms of the coverage agreement and Company Reimbursement Policy will be resolved in favor of the coverage agreement.

### SCOPE AND APPLICATION

#### Provider Type:

- ☐ Professional Claims
- ☐ DMEPOS Suppliers
- ☐ All health care services billed on CMS 1500 forms
- ☐ All health care services billed on CMS 1500 forms, and when specified to those billed on UB04 forms
- ☒ Facilities
- ☒ All health care services billed on UB04 forms (CMS 1450)

Plan participating and contracted facilities reimbursed on any of the following payment methodologies:

#### Plan Product:

- ☒ Commercial
- ☒ Medicare
- ☐ Medicaid/Oregon Health Plan (OHP)

**SCOPE:** Providence Health Plan, Providence Health Assurance, Providence Plan Partners, and Ayin Health Solutions as applicable (referred to individually as “Company” and collectively as “Companies”).

☒ DRG

☒ Modified DRG

☒ Percentage of billed charges/per diem (applies only to unplanned readmissions)

## POLICY STATEMENT

*This policy does not apply to the following:*

- Readmissions for a condition unrelated to the initial admission.
- Expected repetitive inpatient treatment, such as: cancer chemotherapy, transfusions for chronic anemia, or dialysis.
- Readmissions for pre-delivery obstetric care.
- Transfer from one inpatient hospital to another.
- LTAC, SNF, or inpatient rehabilitation stays.
- Patient non-compliance (see criterion IV. below) or patient discharge against medical advice (AMA).

I. Inpatient readmissions are **combined into a single DRG payment** when **all** of the following (A.-D.) criteria are met:

- A. The readmission occurs less than 31 calendar days\* from the date of the previous inpatient discharge (neither the day of discharge nor the day of admission is counted when determining whether a readmission has occurred); **and**
- B. The admissions occurred at the *same*, acute, general, short-term hospital or *another* acute, general, short-term hospital that has the same Tax ID number, is under common ownership as the initial facility, and operates under the same facility contract; **and**
- C. The readmission is for the same or closely related condition treated during the initial admission; **and**
- D. **At least one** of the following (1.-3.) criteria are met:
  - 1. The readmission is planned or due to a leave of absence in which the member does not require a hospital level of care (see [Policy Guidelines](#) for examples of when a leave of absence may be necessary); **or**
  - 2. The readmission is on the same day of the discharge; **or**
  - 3. The readmission is due to premature discharge from the initial admission or could have been prevented. To determine whether a readmission was preventable or due to a premature discharge, all of the following will be considered:

- Inadequate discharge planning, outpatient follow-up care, and/or treatment (e.g., failure to restart medications at discharge that were present upon admission)
- Failure to address rehabilitation needs
- Failed discharge to another facility (e.g., Skilled Nursing Facility [SNF])

- Emerging symptoms including, but not limited to, coexisting chronic disease(s) that were present during the initial admission and subsequently worsened
- Discharge prior to establishing the efficacy of a new treatment regimen established during the initial inpatient admission.

\*Readmissions beyond 31 calendar days may still be subject to review.

*Notes:*

- Criterion I. does not apply to facilities reimbursed at a percent of billed charges or per diem payment methodology.
  - The final combined payment will be based on the DRG with the highest relative weight.
- II. Inpatient readmissions are **not reimbursable** when the readmission is related to **any** of the following (A.-C.):
- A. The readmission was not medically necessary; **or**
  - B. A procedural infection or complication related to the initial inpatient admission; **or**
  - C. Indications of a failed procedural intervention.

**Patient Non-Compliance**

- III. Inpatient readmission review is not applicable in instances of patient non-compliance when **all** of the following (A.-D.) criteria are clearly documented in the medical record:
- A. Discharge instructions were adequately reviewed and discussed with the patient and/or patient representative; **and**
  - B. The patient and/or patient representative was competent and capable of following the discharge instructions; **and**
  - C. The patient and/or patient representative made an informed decision not to follow the discharge instructions; **and**
  - D. There were no barriers to complying with the discharge instructions or if there are barriers, the medical records document efforts by the facility to alleviate these barriers (e.g., social services, community resources, etc).

## **POLICY GUIDELINES**

### **DEFINITIONS**

#### **Unplanned Readmission**

The following definition was obtained from the Centers for Medicare & Medicaid (CMS) Quality Improvement Organization Manual, Chapter 4—Case Review, §4240 – Readmission Review:

“Readmission review involves admissions to an acute, general, short-term hospital occurring less than 31 calendar days from the date of discharge from the same or another acute, general, short-term hospital. Neither the day of discharge nor the day of admission is counted when determining whether a readmission has occurred.”<sup>1</sup>

### **Planned Readmission/Leave of Absence**

The following definition was obtained from the Centers for Medicare & Medicaid (CMS) Claims Processing Manual, Chapter 3—Inpatient Hospital Billing, §40.2.5—Repeat Admissions:

“A patient who requires follow-up care or elective surgery may be discharged and readmitted or may be placed on a leave of absence. Hospitals may place a patient on a leave of absence when readmission is expected and the patient does not require a hospital level of care during the interim period.”<sup>2</sup>

Examples of a planned readmission/leave of absence, include, but are not limited to:

- Situations where surgery could not be scheduled immediately; **or**
- A specific surgical team was not available; **or**
- Bilateral surgery was planned; **or**
- Further treatment is indicated following diagnostic tests but cannot begin immediately; **or**
- Readmission for surgical intervention is planned if non-operative therapy fails.

## ***CENTERS FOR MEDICARE AND MEDICAID SERVICES (CMS)***

As of 3/1/2023, the following Centers for Medicare & Medicaid (CMS) guidance was identified which addresses inpatient hospital readmissions:

- Quality Improvement Organization Manual, Chapter 4—Case Review, §4240 – Readmission Review<sup>1</sup>
- Medicare Claims Processing Manual, Chapter 3—Inpatient Hospital Billing, §40.2.5—Repeat Admissions<sup>2</sup>
- Medicare Claims Processing Manual, Chapter 3—Inpatient Hospital Billing, §40.2.6—Leave of Absence<sup>3</sup>

The above criteria and reimbursement methodologies are consistent with the CMS guidance regarding inpatient hospital readmissions.

## ***BILLING AND CODING GUIDELINES***

### **UNPLANNED READMISSIONS**

If the combined DRG exceeds the total amount of the two separate inpatient stays, then they will not be combined.

## PLANNED READMISSIONS

When the patient is ultimately discharged from the subsequent admission, the facility should submit one bill for covered days and days of leave. Facilities must follow correct billing and coding rules and indicate inpatient stay days versus leave of absence days. If a planned readmission is identified, the initial and subsequent admissions will be combined into a single DRG payment.

## CROSS REFERENCES

- [Transfers Between Hospitals](#), UM75

The full Company portfolio of current Reimbursement Policies is available online and can be [accessed here](#).

## REFERENCES

1. Centers for Medicare & Medicaid Services (CMS). Quality Improvement Organization Manual, Chapter 4—Case Review, §4240 – Readmission Review. <https://www.cms.gov/Regulations-and-Guidance/Guidance/Manuals/downloads/qio110c04.pdf>. Published 2014. Accessed 3/13/2023.
2. Centers for Medicare & Medicaid Services (CMS). Medicare Claims Processing Manual, Chapter 3—Inpatient Hospital Billing, §40.2.5—Repeat Admissions. <https://www.cms.gov/Regulations-and-Guidance/Guidance/Manuals/Downloads/clm104c03.pdf>. Published 2022. Accessed 3/13/2023.
3. Centers for Medicare & Medicaid Services (CMS). Medicare Claims Processing Manual, Chapter 3—Inpatient Hospital Billing, §40.2.6—Leave of Absence. <https://www.cms.gov/Regulations-and-Guidance/Guidance/Manuals/Downloads/clm104c03.pdf>. Published 2022. Accessed 3/13/2023.
4. Centers for Medicare & Medicaid Services (CMS). Hospital Readmission Reduction Program (HRRP). <https://www.cms.gov/Medicare/Medicare-Fee-for-Service-Payment/AcuteInpatientPPS/Readmissions-Reduction-Program>. Published 2023. Accessed 3/13/2023.
5. Social Security Administration (SSA). Payment to Hospitals for Inpatient Hospital Services, Title 18, § 1886. [https://www.ssa.gov/OP\\_Home/ssact/title18/1886.htm](https://www.ssa.gov/OP_Home/ssact/title18/1886.htm). Accessed 3/13/2023.
6. UpToDate. Hospital Discharge and Readmission. <https://www.uptodate.com/contents/hospital-discharge-and-readmission>. Published 2023. Accessed 3/13/2023.

## POLICY REVISION HISTORY

| DATE    | REVISION SUMMARY  |
|---------|---|
| 2/2023  | Converted to new policy template.                             |
| 5/2023  | Annual Review. No change                                      |
| 11/2023 | Updated reimbursement methodology for unplanned readmissions. |