


MEDICAL POLICY	Peroral Endoscopic Myotomy (POEM) (Medicare Only)
Effective Date: 8/1/2022	Medical Policy Number: 339
 8/1/2022	Medical Policy Committee Approved Date: 7/2022
Medical Officer Date	

See Policy CPT/HCPCS CODE section below for any prior authorization requirements

SCOPE:

Providence Health Plan, Providence Health Assurance, Providence Plan Partners, and Ayin Health Solutions as applicable (referred to individually as “Company” and collectively as “Companies”).

APPLIES TO:

Medicare Only

DOCUMENTATION REQUIREMENTS:

In order to review for medical necessity, the following documentation **must** be provided. If any of these items are not submitted, the review may be delayed and the decision outcome could be affected:

- Medical records to include documentation of all of the following:
 - Dysphagia with solids and liquids
 - History and all prior treatments
 - Gastroesophageal reflux disease (GERD) has been ruled out as the primary cause of dysphagia and/or heartburn
 - Upper endoscopy findings
 - Esophageal manometry findings
 - Timed barium esophagram findings if applicable
 - No evidence of malignancy (from upper endoscopy findings and/or endoscopic ultrasound with fine needle aspiration)

MEDICARE POLICY CRITERIA

The following Centers for Medicare & Medicaid Service (CMS) guidelines should be utilized for medical necessity coverage determinations. Click the link provided in the table below to access applicable medical necessity criteria. All listed guidelines apply.

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Service	Medicare Guidelines
<i>Peroral Endoscopic Myotomy (POEM)</i>	<p>Company medical policy for Peroral Endoscopic Myotomy (POEM) (All Lines of Business Except Medicare)</p> <ol style="list-style-type: none"> I. This procedure may be considered medically necessary when Company medical policy criteria are met. II. This procedure is considered not medically necessary for Medicare Plan members either when Company medical policy criteria are not met or when a service is always deemed to be “investigational” by the Company medical policy. <u><i>“Investigational” services are considered not medically necessary for Medicare Plan members. See Policy Guidelines below.</i></u>

POLICY GUIDELINES

Medicare and Medical Necessity

The Company policy for *PHA Medicare Medical Policy Development and Application* (MP50) provides details regarding Medicare’s definition of medical necessity and the hierarchy of Medicare references and resources during the development of medical policies, as well as the Plan’s use of evidence-based processes for policy development. In the absence of Medicare coverage policies (e.g., manual, national coverage determination [NCD], local coverage determination [LCD], article [LCA], etc.), Medicare regulatory guidelines do allow Medicare Advantage Organizations (MAOs) to make their own coverage determinations, as long as the MAO applies an objective, evidence-based process, based on authoritative evidence. (*Medicare Managed Care Manual, Ch. 4, §90.5*)

Following an evidence-based assessment of current peer-reviewed medical literature, the Company may consider certain medical services or technologies to be “investigational.” The term “investigational” is not limited to devices or technologies which have not received the appropriate governmental regulatory approval (e.g., U.S. Food and Drug Administration [FDA]), but rather may also mean the procedure, device, or technology does not meet all of the Company’s technology assessment criteria, as detailed within the Company policy for *Definition: Experimental/Investigational* (MP5).

For Medicare, only medically reasonable and necessary services or items which treat illness or injury are eligible for Medicare coverage, as outlined in *Title XVIII of the Social Security Act, §1862(a)(1)(A)*. Thus, services which lack scientific evidence regarding safety and efficacy because they are investigational are “not medically reasonable or necessary” for Medicare Plan members. (*Medicare Claims Processing Manual, Ch. 23, §30 A*)

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BILLING GUIDELINES

General

Prior to January 1, 2022, physician services were reported using unlisted CPT code 43499. As of January 1, 2022, physician services should be reported using CPT code 43497.

CPT/HCPCS CODES

Medicare Only	
Prior Authorization Required	
43497	Lower esophageal myotomy, transoral (ie, peroral endoscopic myotomy [POEM])
Unlisted Codes All unlisted codes will be reviewed for medical necessity, correct coding, and pricing at the claim level. If an unlisted code is billed related to services addressed in this policy then prior-authorization is required.	
43499	Unlisted procedure, esophagus

INSTRUCTIONS FOR USE

Company Medical Policies serve as guidance for the administration of plan benefits. Medical policies do not constitute medical advice nor a guarantee of coverage. Company Medical Policies are reviewed annually and are based upon published, peer-reviewed scientific evidence and evidence-based clinical practice guidelines that are available as of the last policy update. The Companies reserve the right to determine the application of Medical Policies and make revisions to Medical Policies at any time. Providers will be given at least 60-days notice of policy changes that are restrictive in nature.

The scope and availability of all plan benefits are determined in accordance with the applicable coverage agreement. Any conflict or variance between the terms of the coverage agreement and Company Medical Policy will be resolved in favor of the coverage agreement.

REGULATORY STATUS

Mental Health Parity Statement

Coverage decisions are made on the basis of individualized determinations of medical necessity and the experimental or investigational character of the treatment in the individual case. In cases where medical necessity is not established by policy for specific treatment modalities, evidence not previously considered regarding the efficacy of the modality that is presented shall be given consideration to determine if the policy represents current standards of care.