

Last Updated: January 2025

Medicaid Benefit: Access to Doula Services at Providence Health Plan

Providence Health Plan is dedicated to supporting our members during the perinatal and birth experience. Doula care is a covered benefit for Oregon Health Plan (OHP) members with labor and delivery coverage. We work closely with birth workers across the state to enhance access to doula services. Below is information on the process and covered benefits for doulas serving our Medicaid Providence Health Plan members.

What is a Birth Doula?

A birth doula is a trained companion who supports a birthing person and their family through pregnancy, childbirth, and the postpartum period. Doulas provide non-medical support, including emotional, physical, and informational assistance, helping to create a positive birth experience.

Covered Doula Services

Under the current OHP benefit, Providence Health Plan reimburses for doula services when a certified doula submits a claim with the required billing information. The doula must be listed as active on Oregon's State Traditional Health Worker (THW) registry.

- **Eligibility:** OHP covers doula support once per pregnancy for any birthing parent whose benefit package covers labor and delivery.
- **Standard Doula Benefit:** Includes four support visits (two visits before delivery and two visits after deliver), and support during labor and delivery. These services can be billed as bundled or separately.
- **Support Visits:** Can occur at the birthing parent's home, during and office visit, or virtually.
- **Additional Support Visits:** OHA will pay up to four additional support visits to be billed separately beyond the global birth doula package. The additional support visits may occur anytime in any combination of prenatal and postpartum visits, continuing for 12 months following the end of the pregnancy.

Reimbursement for Doula Services

Doula care is reimbursed when a certified Doula submits a claim with the required billing information, following coding guidelines per OAR 410-130-0015. Doulas can be compensated a

bundled rate when they provide all covered services or at an itemized rate when not all services are provided.

Providers and Doulas need to follow specific billing and coding guidelines to ensure reimbursement for services are provided to OHP members.

- **Eligibility Verification:** Verify patient's OHP eligibility and enrollment before providing services.
- **Required Documentation:** For all Doula services billed to OHP, the patient's medical record must include the Doula's name and length of time the doula provided services during the patient's labor and delivery.

OHP Rates for Doula Services:

Procedure Code	Modifier	Description	Rate
T1033	HD	Global doula benefit with support at delivery	\$1505.00
T1033		Support visit (each visit, up to 2 prenatal and 2 postpartum visits)	\$215.00
T1033	22	Doula services date of delivery only	\$645.00
T1033		Up to 4 additional support visits	\$215.00

Billing Examples

Below are billing examples of the CMS-1500 form, from OHA's [Billing for Doula Services Guide](#):

Global doula benefit

24. A. DATE(S) OF SERVICE	B. PLACE OF SERVICE	C. CPT/HCPCS	D. PROCEDURES, SERVICES, OR SUPPLIES (Explain Unusual Circumstances)	E. DIAGNOSIS POINTER	F. \$ CHARGES	G. DAYS OR UNITS	H. EPDT (Only For)	I. ID. QUAL	J. RENDERING PROVIDER ID. #
From MM DD YY To MM DD YY	SERVICE	EMG	MODIFIER						
1 7 1 24 7 1 24			T1033 HD		1,505.00			NPI	

Partial services: Delivery only

24. A. DATE(S) OF SERVICE	B. PLACE OF SERVICE	C. CPT/HCPCS	D. PROCEDURES, SERVICES, OR SUPPLIES (Explain Unusual Circumstances)	E. DIAGNOSIS POINTER	F. \$ CHARGES	G. DAYS OR UNITS	H. EPDT (Only For)	I. ID. QUAL	J. RENDERING PROVIDER ID. #
From MM DD YY To MM DD YY	SERVICE	EMG	MODIFIER						
1 7 1 24 7 1 24			T1033 22		645.00			NPI	

Partial services: Support visits only

24. A. DATE(S) OF SERVICE	B. PLACE OF SERVICE	C. CPT/HCPCS	D. PROCEDURES, SERVICES, OR SUPPLIES (Explain Unusual Circumstances)	E. DIAGNOSIS POINTER	F. \$ CHARGES	G. DAYS OR UNITS	H. EPDT (Only For)	I. ID. QUAL	J. RENDERING PROVIDER ID. #
From MM DD YY To MM DD YY	SERVICE	EMG	MODIFIER						
1 7 1 24 7 1 24			T1033		215.00			NPI	

Additional support visits billing example

Code	Modifier	Description	Rate
T1033		Additional Support visits	\$215.00

24. A. DATE(S) OF SERVICE	B. PLACE OF SERVICE	C. CPT/HCPCS	D. PROCEDURES, SERVICES, OR SUPPLIES (Explain Unusual Circumstances)	E. DIAGNOSIS POINTER	F. \$ CHARGES	G. DAYS OR UNITS	H. EPDT (Only For)	I. ID. QUAL	J. RENDERING PROVIDER ID. #
From MM DD YY To MM DD YY	SERVICE	EMG	MODIFIER						
1 1 1 25 1 1 25			T1033		215.00			NPI	

Oregon Administrative Rules for Doulas

Please refer to the following Oregon Administrative Rules (OARs) for more information about doula services and requirements:

- [OAR 410-130-0015 Doula Services](#)
- [OAR 950-060-0150 Traditional Health Workers](#)
- [OAR 950-060-0040 Birth Doula Certification Requirements](#)