



Behavioral health support is only a call or click away

NEW! Providence Behavioral Health Concierge

Providence Health Plan members and dependents in Oregon, Washington, Idaho, Montana, California, and Texas can access virtual appointments with Providence licensed behavioral health professionals. This evidence-based and solution-focused service is a convenient way to seek help from a mental health provider.

The Behavioral Health Concierge offers:

- ✔ Confidential same-day or next-day appointments at **no cost**
- ✔ All appointments are virtual
- ✔ Help with life stressors, mental health and addiction issues
- ✔ Translation services available upon request
- ✔ Support for you and your family
- ✔ HSA plans are subject to deductible first and then covered in full (for more information, call customer service*)
- ✔ Counseling, care guidance and self-help tools

Schedule an appointment today

Call **877-744-WELL (877-744-9355)** from 7 a.m. to 8 p.m. (Pacific Time), seven days a week or visit **[ProvidenceHealthPlan.com/BehavioralHealth](https://www.providencehealthplan.com/BehavioralHealth)** for more information about scheduling.

*Customer service is available 8 a.m. to 5 p.m. (Pacific Time), Monday through Friday. Call 503-574-7500 or 800-878-4445 (TTY: 711).

Behavioral Health Concierge is owned and operated by Providence St. Joseph Health (PSJH)

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