

## Simplifying your True Health journey with a personal Pathfinder

With one click or call, you will be connected to a personal Pathfinder who is dedicated to help you. They will guide you to the answers, virtual tools, or resources you need to support your True Health. For more complex needs, your Pathfinder will connect you directly to a True Health Guide, a specialized expert there to help you every step of the way.



Navigating healthcare can be complex	Providence Pathfinder keeps it simple
How do I find a Primary Care Physician or specialist?	Enhanced support from experienced, knowledgeable Pathfinders
What can I do if I'm feeling depressed and need support?	Robust options for behavioral health support and 24/7 crisis assistance
My medication is expensive, do I have other options?	Pharmacy specialists provide cost information and guidance on best options
What support is available for diabetes?	A suite of programs designed for your health needs
My needs are complicated, how do I even get started?	True Health Guides proactively help you get the most out of your benefits
I want a doctor who looks like me, how do I find them?	Pathfinder and True Health Guides understand your unique circumstances in order to overcome obstacles