# Your Benefit Summary

# Providence Health Plan

for PEBB Providence Choice Part-Time members

POWERED BY Collective Health

What You Pay In-Network

Covered in full / \$40 (after deductible)

What You Pay Out-of-Network

50% coinsurance (after deductible; UCR applies) Calendar Year In-Network Out-of-Pocket Maximum (after deductible)

\$2,500 per person \$7,500 per family (3 or more) Calendar Year
Out-of-Network
Out-of-Pocket
Maximum
(after
deductible)

\$6,000 per person \$18,000 per family (3 or more) Calendar Year In-Network Deductible

\$500 per person \$1,500 per family (3 or more) Calendar Year Out-of-Network Deductible

\$1,000 per person \$3,000 per family (3 or more) Calendar Year In-Network Maximum Cost Share

\$6,850 per person \$13,700 per family (2 or more)

### Important information about your plan

This is a medical home plan. You choose a medical home clinic, staffed by a team of health care professionals led by your primary care provider who coordinate your care. You may have higher out-of-pocket costs when you use services not coordinated through your medical home. You can enroll in this plan if you live or work (at least 50 percent of the time) in the plan's service area. Learn how to establish your medical home at http://join.collectivehealth.com/pebb-php.

This summary provides only highlights of your benefits. To view all your plan details, including your Member Handbook, http://join.collectivehealth.com/pebb-php

- Not sure what a word of phrase means? See the last page of this summary for definitions.
- Your deductibles, some copayments and services, and penalties do not apply to your out-of-pocket maximums.
- Benefits for out-of-network services are based on Usual, Customary & Reasonable charges (UCR).
- Limitations and exclusions apply to your benefits. See your Member Handbook for details.

Benefit Highlights	After you pay your calendar year deductible, then you pay the following for covered services:	
✓ No deductible needs to be met prior to receiving this benefit.	In-Network Copay or Coinsurance (when you use a participating provider)	Out-of-Network Copay or Coinsurance (when you use a non-participating provider)
Preventive Health and Wellness Services		
<ul> <li>Periodic health exams; well-baby care (from a Primary Care Provider only)</li> </ul>	Covered in full ✓	50%
Routine immunizations/shots	Covered in full ✓	50%
Hearing screenings	Covered in full	50%
<ul> <li>Colorectal cancer screening: sigmoidoscopy, colonoscopy</li> </ul>	Covered in full	50%
<ul> <li>Prostate screening exam (calendar year)</li> </ul>	Covered in full	50%
Nutritional counseling	Covered in full ✓	50%
Physician / Provider Services		
<ul> <li>Office visits to Primary Care Provider or Naturopath (deductible waived on first 4 visits in-network, per calendar year)</li> </ul>	\$40 / visit	50%
Office visits to specialist	\$40 / visit	50%
• Office visits for chronic conditions (i.e., asthma, diabetes, heart conditions)	Covered in full	50%
<ul> <li>Office visits to Chiropractors and Acupuncturists</li> </ul>	\$40 / visit*	50% <b>*</b>
<ul> <li>E-visits, telephone, video visits to a participating provider</li> </ul>	Covered in full	Not covered
<ul> <li>Allergy shots, serums, infusions, and injectable medications</li> </ul>	\$5 / visit	50%
<ul> <li>Surgery and anesthesia (in office)</li> </ul>	\$40 / visit	50%
<ul> <li>Maternity services: prenatal</li> </ul>	Covered in full	50%
<ul> <li>Maternity services: delivery and postnatal</li> </ul>	Covered in full	50%
Doula services (limited to delivery plus 8 visits)	Covered in full	Covered in full ✓
<ul> <li>Inpatient hospital visits (including surgery and anesthesia)</li> </ul>	Covered in full	50%
Women's Health Services		
<ul> <li>Gynecological exams (calendar year); Pap tests</li> </ul>	Covered in full ✓	50%
Mammograms	Covered in full ✓	50%
Diagnostic and supplemental breast exam	Covered in full	50%

<sup>\*</sup>Copayment does not apply to out-of-pocket maximums.

Coinsurance does not apply to out-of-pocket maximums.

Copayment does not apply to out-of-pocket maximums. Not cancer related.

Benefit Highlights (continued)	In-Network Copay or Coinsurance	Out-of-Network Copay or Coinsurance
Mental Health / Chemical Dependency		
All in-plan chemical dependency services listed below are covered in full.  For all services except outpatient provider visits and applied behavior analysis, PHP must be		
notified as soon as reasonably possible following the onset of treatment for coverage to		
continue.		
• Inpatient, residential services	\$500 / admission	\$500 then 50%*
• Day treatment, intensive outpatient and partial hospitalization services	\$40 / visit	50%
Applied behavior analysis	\$40 / visit	50%
Outpatient provider visits	\$40 / visit <b>*</b>	50%
Hospital Services		
• Inpatient care	\$500 / admission	\$500 then 50%*
• Observation care	\$500 / admission	\$500 then 50%*
Maternity care	\$500 / admission	\$500 then 50%*
Routine newborn nursery care	\$500 / admission	\$500 then 50%*
• Rehabilitative care (30 days per calendar year; 60 days head or spinal cord injuries)	\$500 / admission	\$500 then 50%*
• Skilled nursing facility (180 days per calendar year)	\$500 / admission	\$500 then 50%*
Bariatric surgery	\$500 / admission	Not covered
Medical and Diabetes Supplies, Durable Medical Equipment,		
Appliances, Prosthetic and Orthotic Devices		
Durable medical equipment and supplies	20%	50%
Diabetic supplies and insulin	Covered in full	Covered in full
Prosthetic and orthotic devices (deductible waived on removable custom shoe	20%	50%
orthotics)		
Emergency / Urgent Care / Emergency Medical Transportation		
(In-network deductible applies)	\$150*	\$150*
<ul> <li>Emergency services (for emergency medical conditions only. If admitted to hospital, copayment is not applied; all services subject to inpatient benefits.)</li> </ul>	\$150	\$150
Urgent care visits (for non-life threatening illness/minor injury)	\$40 / visit	\$40 / visit
Emergency medical transportation	\$75 / trip	\$75 / trip
Other Covered Services	0707 trip	Q707 trip
• X-ray; lab services	20%	50%
Imaging services (such as PET, CT, MRI)	\$100, then 20%*	\$100, then 50%*
(copayments do not apply to services related to cancer diagnosis and treatment)	\$100, then 20%	\$100, then 50%
Outpatient rehabilitative services (60 visits per calendar year. Limits do not apply	\$40 / visit	50%
to Mental Health or Substance Use Disorder services)	<b>V</b> 10 / 11011	0070
• Outpatient surgery	\$40 / visit	\$100 then 50%*
<ul> <li>Outpatient dialysis, infusion, chemotherapy, radiation therapy</li> </ul>	\$40 / visit	50%
Cardiac rehabilitation	\$40 / visit	50%
<ul> <li>Temporomandibular joint (TMJ) service</li> </ul>	See handbook	Not covered
Home health care (up to 180 visits per calendar year)	\$40 / visit	50%
Hospice care	Covered in full	Covered in full√
Respite Care (Limited to 5 consecutive days; 30 days per lifetime)	\$40 / visit	50%
• Hearing exam	\$40 / visit	50%
Hearing aids (one per ear every three calendar years)	10%	10%
• Sleep studies	\$100, then 20%*	\$100, then 50%*
Chiropractic manipulation (Limited to 20 visits per calendar year)	\$40 / visit*	50%°
Acupuncture (Limited to 12 visits per calendar year)	\$40 / visit*	50%°
Massage Therapy (Limited to \$1,000 per calendar year)	\$40 / visit*	50%°
Self-administered chemotherapy	Q 10 / VISIC	00 /0
(Up to a 30-day supply from a designated participating pharmacy)		
	+/	
	S30*	Not covered
-Generic drugs -Formulary brand-name drugs	\$30 <sup>7</sup> \$30 <sup>7</sup>	Not covered Not covered

<sup>\*</sup>Copayment does not apply to out-of-pocket maximums.
Coinsurance does not apply to out-of-pocket maximums.
Copayment does not apply to out-of-pocket maximums. Not cancer related.

Benefit Highlights(continued)	In-Network Copay or Coinsurance	Out-of-Network Copay or Coinsurance
Additional Cost Tier (Inpatient or Outpatient) (Additional cost tier does not apply to services related to cancer diagnosis and treatment. These copayments/coinsurance apply to provider services only. Other services are covered at the applicable benefit level stated in this summary.)  Bunionectomy Hammertoe surgery Morton's neuroma Spinal injections for pain Upper GI endoscopy Knee arthroscopy Knee, hip replacement Knee, hip resurfacing Shoulder arthroscopy Sinus surgery Spine procedures Bariatric surgery	\$100* \$100* \$100* \$100* \$100* \$500* \$500* \$500* \$500* \$500* \$500*	\$100, then 50%* \$500, then 50%*
Fertility Services	<u> </u>	Not covered
<ul> <li>Fertility treatments are administered through Progyny. Please call (833) 233-0843 to activate benefit. Infertility diagnosis is not required. (Limited to 1 Progyny Smart Cycle per calendar year, with option to restart the cycle if the first is unsuccessful)</li> </ul>	Covered in full⁴	Not covered (call Progyny to find a provider)

<sup>\*</sup>Copayment does not apply to out-of-pocket maximums.
Coinsurance does not apply to out-of-pocket maximums.
Copayment does not apply to out-of-pocket maximums. Not cancer related.

## Your guide to the words or phrases used to explain your benefits

#### Coinsurance

The percentage of the cost that you may need to pay for a covered service.

#### Copay

The fixed dollar amount you pay to a health care provider for a covered service at the time care is provided.

#### Deductible

The dollar amount an individual or family pays for covered services before your plan pays any benefits within a calendar year. Your plan has both in-network and an out-of-network deductibles. These deductibles accumulate separately and are not combined. The following expenses do not apply to an individual or family deductible:

- Services not covered by your plan
- Fees that exceed usual, customary and reasonable (UCR) charges as established by your plan
- Penalties incurred if you do not follow your plan's prior authorization requirements
- Copays and coinsurance for services that do not apply to the deductible

#### Deductible carryover

A feature of your plan that allows for any portion of your deductible that is paid during the fourth quarter of a calendar year to be applied toward the next year's deductible.

#### In-Network

Refers to services received from an extensive network of highly qualified physicians and health care providers in the Providence Choice Medical Home network, available to you by your plan. Generally, your out-of-pocket cost will be less when you establish a medical home and receive covered services coordinated by your medical home. To find an in-network provider and find details on establishing a medical home, go to http://join.collectivehealth.com/pebb-php

#### In-Network provider

A physician or provider of health care services who belongs to the Providence Health Plan in-network provider panel. To find an in-network provider, refer to the directory available at http://join.collectivehealth.com/pebb-php

#### Maximum Cost Share

Maximum Cost Share means the annual limit on cost sharing for Essential Health Benefits as established by the Patient Protection and Affordable Care Act (ACA). Deductibles, copayments and coinsurance paid by the member for Essential Health Benefit covered services received in-network apply to the Maximum Cost Share.

#### Medical home provider

A full service health care clinic within the Providence Choice Network which provides and coordinates members' medical care.

#### Out-of-network

Refers to health care professionals who do not participate in Providence Health Plan's network of participating physicians and providers of health care services.

#### Out-of-Network provider

Any health care professional who does not participate within Providence Health Plan's in-network panel of physicians and providers of health care services.

#### Out-of-pocket maximum

The limit on the dollar amount you will have to spend for specified covered health services in a calendar year. Some services and expenses do not apply to the out-of-pocket maximum. See your Member Handbook for details.

#### Prior authorization

Some services must be pre-approved. In-network, your provider will request prior authorization. Out-of-network, you are responsible for obtaining prior authorization.

#### Self-administered chemotherapy

Oral, topical or self-injectable medications that are used to stop or slow the growth of cancerous cells.

#### Usual, Customary & Reasonable (UCR)

Describes predefined charges established by your plan for services that you receive from an Out-of-Network provider. When the cost of Out-of-Network services exceeds UCR amounts, you are responsible for paying the provider any difference. These amounts do not apply to your coinsurance maximums.



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