The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share A the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, www.ProvidenceHealth Plan.com. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary or call 1-800-878-4445 to request a copy. Why This Matters: **Important Questions** Answers In-Network: \$3,500/per person Generally, you must pay all of the costs from providers up to the deductible amount before this \$7,000/per family (2 or more). Outplan begins to pay. If you have other family members on the plan, each family member must meet What is the overall their own individual deductible until the total amount of deductible expenses paid by all family of-Network: \$7,000/per person deductible? \$14,000/per family (2 or more). members meets the overall family deductible. This plan covers some items and services even if you haven't yet met the deductible amount. But a Are there services Yes. Office visits, most preventive copayment or coinsurance may apply. For example, this plan covers certain preventive services covered before you meet care, emergency and urgent care without cost-sharing and before you meet your deductible. See a list of covered preventive your deductible? services. services at https://www.healthcare.gov/coverage/preventive-care-benefits/. Are there other You don't have to meet deductibles for specific services. deductibles for specific No. services? In-Network: \$7,900/per person The out-of-pocket limit is the most you could pay in a year for covered services. If you have other \$15,800/per family (2 or more). family members in this plan, they have to meet their own out-of-pocket limits until the overall family What is the out-of-pocket Out-of-Network: \$15,800/per out-of-pocket limit has been met. limit for this plan? person \$31,600/per family (2 or more). Premiums, penalties, copays or coinsurance for Supplemental What is not included in Benefits, services not covered, fees Even though you pay these expenses, they don't count toward the out-of-pocket limit. the out-of-pocket limit? above Usual, Customary and Reasonable (UCR). This plan uses a provider network. You will pay less if you use a provider in the plan's network. Yes See You will pay the most if you use an out-of-network provider, and you might receive a bill from a ProvidenceHealthPlan.com/findapr Will you pay less if you provider for the difference between the provider's charge and what your plan pays (balance billing). use a network provider? ovider or call 1-800-878-4445 for a Be aware, your network provider might use an out-of-network provider for some services (such as list of network providers. lab work). Check with your provider before you get services.

> Page 1 of 7 SBC-ORL24-855000-455089 OAN Oregon Association of Nurseries BASE 25/30/50/7900/3500sd/35/250/2x/SIG/CHA20/12 RX 0/10/45/75/200 Vis Exam

Do you need a <u>referral</u> to see a <u>specialist</u> ?	You can see the <u>specialist</u> you choose without a <u>referral</u> .
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For more information about limitations and exceptions, see the plan or policy document at <u>www.ProvidenceHealthPlan.com</u>

All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information	
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)		
If you visit a health care <u>provider's</u> office or clinic	Primary care visit to treat an injury or illness	First 3 visits \$5 <u>copay</u> /visit; <u>deductible</u> does not apply then \$25 <u>copay</u> /per in- person visit; <u>deductible</u> does not apply or \$10 <u>copay</u> /per virtual visit; <u>deductible</u> does not apply	50% coinsurance	Some services such as lab and x-ray will include additional member costs.	
	<u>Specialist</u> visit	\$35 <u>copay</u> /visit; <u>deductible</u> does not apply	50% coinsurance	Some services such as lab and x-ray will include additional member costs. Virtual visits are covered at the same cost-share as office visits.	
	Preventive care/screening/ immunization	No charge; <u>deductible</u> does not apply	50% coinsurance	Not all <u>preventive services</u> are required to be covered in full by the ACA. For more information on <u>preventive services</u> that are covered in full see: <u>ProvidenceHealthPlan.com/PreventiveCare</u> . You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.	
If you have a test	Diagnostic test (x-ray, blood work)	30% coinsurance	50% coinsurance	none	
	Imaging (CT/PET scans, MRIs)	30% coinsurance	50% <u>coinsurance</u>	Prior authorization required. If you do not obtain prior authorization claims for those services will be denied and you will be responsible for payment of those services.	

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information	
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)		
If you need drugs to	Tier 1	No charge ; <u>deductible</u> does not apply	Not covered	ACA Preventive drugs are covered in full <u>in-network</u> . Covers up to a 30-day supply (retail prescription);	
	Tier 2	\$10 <u>copay</u> retail \$20 <u>copay</u> mail order; <u>deductible</u> does not apply	Not covered	90-day supply (mail order prescription). <u>Prior authorization</u> may apply. If you do not obtain	
treat your illness or condition More information about	Tier 3	\$45 <u>copay</u> retail \$90 <u>copay</u> mail order; <u>deductible</u> does not apply	Not covered	prior authorization claims for those services will be denied and you will be responsible for payment of those services.	
prescription drug coverage is available at www.ProvidenceHealth Plan.com	Tier 4	\$75 <u>copay</u> retail \$150 <u>copay</u> mail order; <u>deductible</u> does not apply	Not covered	If a brand name drug is requested when a generic is available, you will pay the difference in cost, plus	
	Tiers 5&6 - <u>Specialty drug</u>	50% coinsurance up to \$200 retail; <u>deductible</u> does not apply	Not covered	your <u>copay</u> . <u>Specialty drugs</u> (listed in Tier 5 and Tier 6 on your formulary) can only be purchased at a participating specialty pharmacy (limited to 30days).	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	Ambulatory surgery center: 20% <u>coinsurance</u> Hospital- based facility: 30% <u>coinsurance</u>	50% <u>coinsurance</u>	Prior authorization required. If you do not obtain prior authorization claims for those services will be denied and you will be responsible for payment of those services.	
	Physician/surgeon fees	30% coinsurance	50% coinsurance		
If you need immediate medical attention	Emergency room care	\$250 <u>copay</u>	\$250 <u>copay</u>	For <u>emergency medical conditions</u> only. If admitted to hospital, all services subject toinpatient benefits.	
	Emergency medical transportation	30% coinsurance	30% coinsurance	none	
	<u>Urgent care</u>	\$35 <u>copay</u> /visit; <u>deductible</u> does not apply	50% coinsurance	Some services will include additional member costs.	
lf you have a hospital stay	Facility fee (e.g., hospital room)	30% coinsurance	50% coinsurance	Prior authorization required. If you do not obtain prior	
	Physician/surgeon fees	30% coinsurance	50% coinsurance	authorization claims for those services will be denied	

For more information about limitations and exceptions, see the plan or policy document at <u>www.ProvidenceHealthPlan.com</u>

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information	
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)		
				and you will be responsible for payment of those services.	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	Office visit: First 3 visits \$5 <u>copay</u> /visit; <u>deductible</u> does not apply then \$25 <u>copay</u> /per in-person visit; <u>deductible</u> does not apply or \$10 <u>copay</u> /per virtual visit; <u>deductible</u> does not apply All other services: 30% <u>coinsurance</u>	Office visit 50% <u>coinsurance</u> All other services: 50% <u>coinsurance</u>	All services except <u>provider</u> office visits may requir <u>prior authorization</u> . If you do not obtain <u>prior</u> <u>authorization</u> claims for those services will be deni and you will be responsible for payment of those services. See your benefit summary for Applied Behavioral Analysis (ABA) services.	
	Inpatient services	30% coinsurance	50% coinsurance		
	Office visits	No charge; <u>deductible</u> does not apply	50% coinsurance	none	
lf you are pregnant	Childbirth/delivery professional services	30% coinsurance	50% coinsurance	Coinsurance applies to provider delivery charges.	
	Childbirth/delivery facility services	30% coinsurance	50% coinsurance	none	
If you need help recovering or have other special health needs	Home health care	30% coinsurance	50% coinsurance	none	
	Rehabilitation services	Outpatient services \$35 <u>copay</u> /visit; <u>deductible</u> does not apply All other services: 30% <u>coinsurance</u> ; <u>deductible</u>	50% <u>coinsurance</u>	Inpatient services: coverage limited to 30 days per calendar year. Outpatient services: coverage limited to 30 visits per calendar year. Limits do not apply to Mental Health Services.	
	Habilitation services	Outpatient services \$35 <u>copay</u> /visit All other services: 30% <u>coinsurance</u> ; <u>deductible</u>	50% <u>coinsurance</u>	Inpatient services: coverage limited to 30 days per calendar year. Outpatient services: coverage limited to 30 visits per calendar year. Limits do not apply to Mental Health Services.	

For more information about limitations and exceptions, see the plan or policy document at <u>www.ProvidenceHealthPlan.com</u>

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information	
	Services rou may Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)		
	Skilled nursing care	30% <u>coinsurance</u>	50% <u>coinsurance</u>	Prior authorization required. If you do not obtain pr authorization claims for those services will be deni and you will be responsible for payment of those services. Coverage is limited to 60 days per calend year.	
	Durable medical equipment	Diabetic Supplies: 30% <u>coinsurance</u> ; <u>deductible</u> does not apply All other equipment: 30% <u>coinsurance</u>	50% <u>coinsurance</u>	none	
	Hospice services	No charge; deductible does not apply	No charge; <u>deductible</u> does not apply	none	
	Children's eye exam	No charge; <u>deductible</u> does not apply	Covered up to \$45 deductible does not apply	Limited to 1 exam every 12 months	
hildren's eye exam	Children's glasses	Not covered	Not covered	No coverage for glasses.	
	Children's dental check-up	Not covered	Not covered	No coverage for dental check-up.	
	Conter Covered Services:				
 Services Your <u>Plan</u> Abortion 				nd a list of any other <u>excluded services</u> .)	
 Abortion Bariatric surgery 		 Dental check-up (Child) Infertility treatment 		Private-duty nursing Routine foot care (covered for diabetics)	
	o ,			Weight loss programs	
 Dental care (Adult) 	. ,	 Massage therapy 	•		
· · · · · · · · · · · · · · · · · · ·	vices (Limitations may apply to th	· · · · ·	omplete list. Please see your	plan document.)	
 Acupuncture (12 vi Chiropractic care (2) 	visits)	 Hearing Aids (one per ear every 3 calendar years) U.S 		Non-emergency care when traveling outside the S. See www.ProvidenceHealthPlan.com Routine eye exam (Adult)	

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is:

- Providence Health Plan at 503-574-8757/1-800-878-4445 (toll-free) or http://www.ProvidenceHealthPlan.com.
- For group health coverage subject to ERISA, contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform.
- For non-federal governmental group health plans, contact the Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or www.cciio.cms.gov.
- Church plans are not covered by the Federal COBRA continuation coverage rules. If the coverage is insured, individuals should contact the Oregon Division of Financial Regulation at 503-947-7984/1-888-877-4894 (toll-free) or https://dfr.oregon.gov regarding their possible rights to continuation coverage under State law.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact:

- Providence Health Plan at 503-574-8757/1-800-878-4445 (toll-free) or http://www.ProvidenceHealthPlan.com.
- Oregon Division of Financial Regulation at 503-947-7984/1-888-877-4894 (toll-free) or https://dfr.oregon.gov

Does this plan provide Minimum Essential Coverage? Yes

<u>Minimum Essential Coverage</u> generally includes <u>plans</u>, <u>health insurance</u> available through the <u>Marketplace</u> or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of <u>Minimum Essential Coverage</u>, you may not be eligible for the <u>premium tax</u> <u>credit</u>.

Does this plan meet Minimum Value Standards? Yes

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace</u>.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)		Managing Joe's type 2 Diabetes (a year of routine in-network care of a well- controlled condition)		Mia's Simple Fracture (in-network emergency room visit and follow up care)	
 The <u>plan's</u> overall <u>deductible</u> <u>Specialist copayment</u> Hospital (facility) <u>coinsurance</u> Other <u>coinsurance</u> 	\$3,500 \$35 30% 30%	 The <u>plan's</u> overall <u>deductible</u> <u>Specialist copayment</u> Hospital (facility) <u>coinsurance</u> Other <u>coinsurance</u> 	\$3,500 \$35 30% 30%	 The <u>plan's</u> overall <u>deductible</u> <u>Specialist copayment</u> Hospital (facility) <u>coinsurance</u> Other <u>coinsurance</u> 	\$3,500 \$35 30% 30%
This EXAMPLE event includes services like: <u>Specialist</u> office visits (pre-natal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services <u>Diagnostic tests</u> (ultrasounds and blood work) <u>Specialist</u> visit (anesthesia)		This EXAMPLE event includes services like:Primary care physicianoffice visits (includingdisease education)Diagnostic tests (blood work)Prescription drugsDurable medical equipment (glucose meter)		This EXAMPLE event includes services like: <u>Emergency room care</u> (including medical supplies) <u>Diagnostic test</u> (x-ray) <u>Durable medical equipment</u> (crutches) <u>Rehabilitation services</u> (physical therapy)	
Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
<u>Deductibles</u>	\$3,500	Deductibles	\$100	<u>Deductibles</u>	\$2,100
<u>Copayments</u>	\$0	<u>Copayments</u>	\$300	<u>Copayments</u>	\$200
<u>Coinsurance</u>	\$2,700	<u>Coinsurance</u>	\$200	<u>Coinsurance</u>	\$0
What isn't covered		What isn't covered			
Limits or exclusions	\$60	Limits or exclusions	\$20	Limits or exclusions	\$0
The total Peg would pay is	\$6,260	The total Joe would pay is	\$620	The total Mia would pay is	\$2,300

Non-Discrimination Statement:

Providence Health Plan and Providence Health Assurance comply with applicable Federal civil rights laws and do not discriminate on the basis of race, color, national origin, age, disability, or sex. Providence Health Plan and Providence Health Assurance do not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Providence Health Plan and Providence Health Assurance:

- Provide free aids and services to people with disabilities to communicate effectively with us, such as:
 - o Qualified sign language interpreters
 - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provide free language services to people whose primary language is not English, such as:
 - o Qualified interpreters
 - o Information written in other languages

If you are a Medicare member who needs these services, call 503-574-8000 or 1-800-603-2340. All other members can call 503-574-7500 or 1-800-878-4445. Hearing impaired members may call our TTY line at 711.

If you believe that Providence Health Plan or Providence Health Assurance has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with our Non-discrimination Coordinator by mail:

Providence Health Plan and Providence Health Assurance Attn: Non-discrimination Coordinator PO Box 4158 Portland, OR 97208-4158

If you need help filing a grievance, and you are a Medicare member call 503-574-8000 or 1-800-603-2340. All other members can call 503-574-7500 or 1-800-878-4445. (TTY line at 711) for assistance. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <u>https://ocrportal.hhs.gov/ocr/portal/lobby.jsf</u>, or by mail or phone at:

U.S. Department of Health and Human Services 200 Independence Avenue SW - Room 509F HHH Building Washington, DC 20201 1-800-368-1019, 1-800-537-7697 (TTY)

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.

Language Access Services:

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call 1-800-878-4445 (TTY: 711).

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-878-4445 (TTY: 711).

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-800-878-4445 (TTY: 711).

注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電 1-800-878-4445 (TTY: 711).

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-800-878-4445 (телетайп: 711).

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-800-878-4445 (TTY: 711) 번으로 전화해 주십시오

УВАГА! Якщо ви розмовляєте українською мовою, ви можете звернутися до безкоштовної служби мовної підтримки. Телефонуйте за номером 1-800-878-4445 (телетайп: 711).

注意事項:日本語を話される場合、無料の言語支援をご利用いただけます。1-800-878-4445 (TTY: 711) まで、お電話にてご連絡ください。

ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 8445-878-800-1 (رقم هاتف الصم والبكم: (TTY: 711).

ATENȚIE: Dacă vorbiți limba română, vă stau la dispoziție servicii de asistență lingvistică, gratuit. Sunați la 1-800-878-4445 (TTY: 711).

ប្រយ័ត្ន៖ បើសិនជាអ្នកនិយាយ ភាសាខ្មែរ, សេវាជំនួយផ្នែកភាសា ដោយមិនគិតឈ្នួល គឺអាចមានសំរាប់បំរើអ្នក។ ចូរ ទូរស័ព្ទ 1-800-878-4445 (TTY: 711)។ XIYYEEFFANNAA: Afaan dubbattu Oroomiffa, tajaajila gargaarsa afaanii, kanfaltiidhaan ala, ni argama. Bilbilaa 1-800-878-4445 (TTY: 711).

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-800-878-4445 (TTY: 711).

با باشد می ف (TTY: 711) توجه :اگر به زبان فارسی گفتگو می کنید، تسهیلات زبانی بصورت رایگان برای شما بگیرید تماس 1-808-878-4445

ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-800-878-4445 (ATS : 711). เรียน: ถ้าคณพดภาษาไทยคณสามารถใช้บริการช่วยเหลือทางภาษาได้ฟรี โทร 1-800-878-4445 (TTY: 711)