# Your Benefit Summary

## HSA Qualified Plan - Formulary P-HSA



What You Pay In-Network

Covered in full (after deductible)

What You Pay Out-of-Network

Covered in full (after deductible; UCR applies)

Calendar Year In-Network Out-of-Pocket Maximum

**\$4,000** per person **\$8,000** per family (2 or more)

Calendar Year Out-of-Network Out-of-Pocket Maximum

**\$8,000** per person **\$16,000** per family (2 or more) Calendar Year In-Network Deductible

\$4,000 per person \$8,000 per family (2 or more)

Calendar Year Out-of-Network Deductible

**\$8,000** per person **\$16,000** per family (2 or more)

## Important information about your plan

This summary provides only highlights of your benefits. To view your plan details, register and log in at myprovidence.com.

- When two or more family members are enrolled, the in-network per person annual limit on cost-sharing is \$9,100.
- The aggregate individual deductible applies if there are no dependents enrolled. If two or more members are enrolled, the family deductible amount applies before the plan provides benefits for covered services.
- The aggregate individual out-of-pocket maximum applies if there are no dependents enrolled. If two or more members are enrolled, the family out-of-pocket maximum amount applies before the plan provides benefits for covered services.
- Your deductible(s) are included in the out-of-pocket maximum amount(s) listed above.
- In-network and out-of-network deductibles and out-of-pocket maximums accumulate separately.
- Not Medicare Part D creditable
- If you or your provider request or prescribe a brand-name drug when a generic is available, regardless of reason, you will be responsible for the cost difference between the brand-name and generic drug in addition to the brand-name drug copayment or coinsurance indicated on the benefit summary. Your total cost, however, will never exceed the actual cost of the drug.
- If you or your provider request or prescribe a brand-name drug when a generic is available, regardless of the reason, you will be responsible for the cost difference between the brand-name and generic drug.
- To find if a drug is covered under your plan, check online at ProvidenceHealthPlan.com/pharmacy.
- Prior authorization is required for some services.
- To get the most out of your benefits, use the providers within the Providence Signature network. View a list of network providers and pharmacies at **ProvidenceHealthPlan.com/findaprovider**
- If you choose to go outside the network, you may be subject to billing for charges that are above Usual, Customary and Reasonable charges (UCR). Benefits for out-of-network services are based on these UCR charges.
- HSA enrollment and eligibility is not automatic with enrollment in this High Deductible Health Plan (HDHP). See your handbook for more details.
- Limitations and exclusions apply to your benefits. See your Member Handbook for details.
- Learn more about covered preventive services rated "A" or "B" by the U.S. Preventive Services Task Force at ProvidenceHealthPlan.com/PreventiveCare

HSA Qualified Plan – Benefit Highlights	After you pay your calendar year deductible(s), then you pay the following for covered services:	
No deductible needs to be met prior to receiving this benefit.	In-Network Coinsurance (after deductible, when you see an in-network provider)	Out-of-Network Coinsurance (after deductible, when you see a non-network provider)
On-Demand Provider Visits		
<ul> <li>Providence ExpressCare Virtual</li> </ul>	Covered in full	Not covered
<ul> <li>Providence ExpressCare Retail Health Clinic</li> </ul>	Covered in full	Not applicable
Preventive Care		
<ul> <li>Periodic health exams and well-baby care</li> </ul>	Covered in full	Covered in full
<ul> <li>Routine immunizations; shots</li> </ul>	Covered in full	Covered in full
• Colonoscopy (Age 45+)	Covered in full	Covered in full
<ul> <li>Gynecological exam (calendar year) and PAP test</li> </ul>	Covered in full	Covered in full
<ul> <li>Mammograms</li> </ul>	Covered in full	Covered in full
<ul> <li>Nutritional counseling</li> </ul>	Covered in full	Covered in full
<ul> <li>Tobacco cessation, counseling/classes and deterrent medications</li> </ul>	Covered in full	Not covered

HSA Qualified Plan – Benefit Highlights (continued)	In-Network Coinsurance	Out-of-Network
		Coinsurance
Physician / Provider Services	C   ! f -	Carrana dia full
<ul> <li>Office visits to Primary Care Provider (In-person &amp; Virtually)</li> <li>Office visits to Specialists/Other Providers (In-person &amp; Virtually)</li> </ul>	Covered in full Covered in full	Covered in full Covered in full
<ul> <li>Office visits to an Alternative Care Provider (such as a Naturopath, In-person and</li> </ul>	Covered in full	Covered in full
Virtually)	Covered III Tuli	Covered III Idii
Chiropractic Manipulations (limited to 20 visits per calendar year)	Covered in full	Covered in full
Acupuncture (limited to 12 visits per calendar year)	Covered in full	Covered in full
Allergy shots and serums	Covered in full	Covered in full
<ul> <li>Infusions and injectable medications</li> </ul>	Covered in full	Covered in full
<ul> <li>Surgery; anesthesia in an office or facility</li> </ul>	Covered in full	Covered in full
Inpatient hospital visits	Covered in full	Covered in full
Diagnostic Services		
• X-ray, lab services, and testing services (includes ultrasound)	Covered in full	Covered in full
High-tech imaging services (such as PET, CT or MRI)  Proposition Department of the proposition of the p	Covered in full	Covered in full
Prescription Drugs (Up to a 30-day supply/retail and preferred retail pharmacies; 90-day supply/mail-order and preferred retail pharmacies)		
Safe Harbor drugs are exempt from the deductible, subject to the formulary		
and applicable tier cost share		
Insulin cost share capped at \$80 for a 30-day supply, after deductible is met.	,	
<ul> <li>ACA Preventive drugs</li> </ul>	Covered in full	Not covered
• Tier 1	Covered in full	Not covered
• Tier 2	Covered in full	Not covered
• Tier 3	Covered in full	Not covered
● Tier 4 ● Tier 5	Covered in full	Not covered
• Tier 6	Covered in full Covered in full	Not covered Not covered
<ul> <li>Net 0</li> <li>Compounded drugs (compounded drugs are limited to 30-day supply and must be</li> </ul>	Covered in full	Not covered
obtained at a retail/preferred retail pharmacy)	Covered III Tuli	Not covered
Emergency and Urgent Services		
• Emergency services (for emergency medical conditions only. If admitted to hospital, all	Covered in full	Covered in full
services subject to inpatient benefits.)		
Urgent care services (for non-life threatening illness/minor injury)	Covered in full	Covered in full
<ul> <li>Emergency medical transportation (air and/or ground)</li> <li>(Emergency medical transportation is covered under your in-network benefit, regardless of</li> </ul>	Covered in full	Covered in full
whether or not the provider is an in-network provider)		
Hospital Services		
Inpatient/Observation care	Covered in full	Covered in full
• Rehabilitative care (Limited to 30 days per calendar year. Limits do not apply to Mental	Covered in full	Covered in full
Health Services.)	C   !   !-	Carrana dia full
<ul> <li>Habilitative care (Limited to 30 days per calendar year. Limits do not apply to Mental Health Services.)</li> </ul>	Covered in full	Covered in full
• Skilled nursing facility (Limited to 60 days per calendar year)	Covered in full	Covered in full
Temporomandibular joint (TMJ) services (Inpatient and/or outpatient services)	Covered in full	Not covered
combined limit of \$1,000 per calendar year/\$5,000 per lifetime)		
Outpatient Services		-
<ul> <li>Outpatient surgery, infusion, dialysis, chemotherapy, radiation therapy,</li> </ul>	Covered in full	Covered in full
osteopathic manipulation, pain management (multi-disciplinary)		
program	C   !   f -	Carrana dia full
Outpatient Surgery at an Ambulatory Surgical Center (ASC)  Colonoscopy (New youngstor) at a Hospital based facility	Covered in full Covered in full	Covered in full Covered in full
<ul> <li>Colonoscopy (Non-preventive) at a Hospital-based facility</li> <li>Colonoscopy (Non-preventive) at an Ambulatory Surgical Center (ASC)</li> </ul>	Covered in full	Covered in full
Temporomandibular joint (TMJ) services (Inpatient and/or outpatient services)	Covered in full	Not covered
combined limit of \$1,000 per calendar year/\$5,000 per lifetime)	Covered III Tall	Not covered
<ul> <li>Outpatient rehabilitative services: physical, occupational, and speech</li> </ul>	Covered in full	Covered in full
therapy (Limited to 30 visits per calendar year. Limits do not apply to Mental Health		
Services)	Covered in CII	Caucas II ( II
Outpatient habilitative services: physical, occupational and speech     thereby (in the 22 content of the 22 conten	Covered in full	Covered in full
therapy (Limited to 30 visits per calendar year. Limits do not apply to Mental Health Services.)		
Cardiac rehabilitation	Covered in full	Covered in full
<ul> <li>Biofeedback for specified diagnosis (limited to 10 vists per lifetime, limits</li> </ul>	Covered in full	Covered in full
do not apply to Mental Health Services)		
Vision therapy (convergence insufficiency) (Limited to 12 visits per lifetime)	Covered in full	Covered in full

HSA Qualified Plan – Benefit Highlights (continued)	In-Network Coinsurance	Out-of-Network Coinsurance
Maternity Services		
Prenatal office visits	Covered in full	Covered in full
<ul> <li>Delivery and postnatal services</li> </ul>	Covered in full	Covered in full
<ul> <li>Inpatient hospital/facility services</li> </ul>	Covered in full	Covered in full
Routine newborn nursery care	Covered in full	Covered in full
Medical Equipment, Supplies and Devices		
<ul> <li>Medical equipment, appliances, prosthetics/orthotics and supplies (Hearing</li> </ul>	Covered in full	Covered in full
aids limited to 1 per ear every 3 calendar years)		_
• Diabetes supplies (Such as lancets, test strips, needles, blood and continuous glucose	20% 🗸	Covered in full
monitors)	C	C   : f -
Removable custom shoe orthotics (Limited to \$200 per calendar year)	Covered in full	Covered in full
Oral Sleep Apnea Appliance (Out-of-Network limited to \$2,000 per calendar year)	Covered in full	Covered in full
Mental Health / Substance Use Disorder Services except outpatient provider office visits must be prior authorized.		
<ul> <li>Inpatient and residential services</li> </ul>	Covered in full	Covered in full
<ul> <li>Day treatment, intensive outpatient and partial hospitalization services</li> </ul>	Covered in full	Covered in full
Applied behavior analysis	Covered in full	Covered in full
<ul> <li>Outpatient provider office visits (In-person and Virtually)</li> </ul>	Covered in full	Covered in full
Home Health and Hospice		
Home health care	Covered in full	Covered in full
Hospice care	Covered in full	Covered in full
Routine Vision Exam		
Provided by VSP		
VSP Choice Network (for Customer Service call 800-877-7195)		
Your copays do not apply to your plan's medical out-of-pocket maximums		
<ul> <li>Pediatric WellVision Exam® (under age 19) - Every 12 months</li> </ul>	Covered in full	Covered up to \$45
Adult WellVision Exam® - Every 12 months	\$10 <b>′</b>	Covered up to \$45

## Your guide to the words or phrases used to explain your benefits

#### ACA Preventive drug

Affordable Care Act (ACA) preventive drugs are medications, including contraceptives, that are listed in our formulary as such, and are covered at no cost when received from Participating Pharmacies.

Over-the-counter preventive drugs received from Participating Pharmacies require a written prescription from your Qualified Provider to be covered in full under this benefit.

#### Annual Limit on Cost Sharing

The maximum amount a member pays out-of-pocket per calendar year for in-network essential health benefit covered services, when two or more family members are enrolled in this plan.

#### Coinsurance

The percentage of the cost that you may need to pay for a covered service.

## Compound Drug

Compounded medications are prescriptions that are custom prepared by your pharmacist and must contain at least one FDA-approved drug to be eligible for coverage. Claims are subject to clinical review for medical necessity and are not guaranteed for payment.

## Copay

The fixed dollar amount you pay to a health care provider for a covered service at the time care is provided.

#### Deductible

The dollar amount that an individual or family pays for covered services before your plan pays any benefits within a calendar year. The following expenses do not apply to an individual or family deductible:

- Services not covered by your plan
- Fees that exceed usual, customary and reasonable (UCR) charges as established by your plan
- Penalties incurred if you do not follow your plan's prior authorization requirements
- Copays and coinsurance for services that do not apply to the deductible.

#### Formulary

A formulary is a list of FDA-approved prescription drugs developed by physicians and pharmacists, designed to offer drug treatment choices for covered medical conditions. The Providence Health Plan formulary includes both brand-name and generic medications.

## Maintenance drug

Medications that are typically prescribed to treat long-term or chronic conditions, such as diabetes, high blood pressure and high cholesterol. Maintenance drugs are those that you have received under our plan for at least 30 days and that you anticipate continuing to use in the future. Not all drugs are considered maintenance prescriptions, including compounded drugs and drugs obtained from specialty pharmacies.

## Health Savings Account (HSA)

Employee-owned bank accounts where money is deposited – by employees, employers and even family members – to be used for employees' current and future health care expenses. Contributions can be deducted pre-tax from paychecks, and the money rolls over year to year and stays with the employee even with job changes and retirement.

#### In-Network

Refers to services received from an extensive network of highly qualified physicians, health care providers and facilities contracted by Providence Health Plan for your specific plan. Generally, your out-of-pocket costs will be less when you receive covered services from in-network providers. balance billing may apply. To find an in-network provider, go to ProvidenceHealthPlan.org/findaprovider.

## Limitations and Exclusions

All covered services are subject to the limitations and exclusions specified for your plan. Refer to your member handbook or contract for a complete list.

## Office Visits Virtually

Scheduled visits with the member's PCP or Specialist using a teleconferencing application such as Zoom.

## Contact us

Headquartered in Portland, our customer service professionals have been proudly serving our members since 1986.

Portland Metro Area: 503-574-7500 All other areas: 800-878-4445 TTY: 503-574-8702 or 888-244-6642

#### Out-of-network

Refers to services you receive from providers not in your plan's network. Your out-of-pocket costs are generally higher when you receive covered services outside of your plan's network. An out-of-network provider does not have contracted rates with Providence Health Plan and so balance billing may apply. To find an in-network provider, go to ProvidenceHealthPlan.com/findaprovider.

#### Out-of-Pocket Maximum

The limit on the dollar amount that an individual or family pays for specified covered services in a calendar year. This plan has both in-network and out-of-network out-of-pocket maximums. These out-of-pocket maximums accumulate separately and are not combined. Some services and expenses do not apply to the individual or family out-of-pocket maximum. See your member handbook for details

## **Prescription Drug Prior Authorization**

The process used to request an exception to the Providence Health Plan drug formulary. This process can be initiated by the prescriber of the medication. Some drugs require prior authorization for medical necessity, place of therapy, length of therapy, step therapy or number of

#### Prescription drug tier

The prescription drug tier number correlates to a drug's placement on the formulary. Tier 1 and Tier 2 consists of mainly generic drugs while Tier 3 and Tier 4 contains both generic and brand-name drugs. Specialty drugs are listed in Tier 5 and Tier 6.

## **Primary Care Provider**

A qualified physician or practitioner that can provide most of your care and, when necessary, will coordinate care with other providers in a convenient and cost-effective manner.

#### Prior authorization

Some services must be pre-approved. In-network, your provider will request prior authorization. Out-of-network, you are responsible for obtaining prior authorization.

## Providence ExpressCare Retail Health Clinic

A walk-in health clinic, other than an office, urgent care facility, pharmacy or independent clinic that is located within a retail operation. A Retail Health Clinic provides same-day visits for basic illness and injuries.

## Providence ExpressCare Virtual

Sevices for common conditions (such as sore throat, cough, or fever, etc.) using Providence's web-based platform through a tablet, smartphone, or computer for same day appointments.

#### Safe Harbor Preventive drugs

The Internal Revenue Code governing HSA-Qualified plans provides for a "safe harbor" for qualifying preventive medications, allowing these medications to be exempt from the deductible. Safe Harbor Preventive drugs do not include any medication used to treat an existing illness, injury or condition. Safe Harbor Preventive drugs are subject to formulary and tier status, as well as pharmacy management programs (i.e. prior authorization, step therapy, quantity limits).

#### Usual, Customary & Reasonable (UCR)

Describes your plan's allowed charges for services that you receive from an out-of-network provider. When the cost of out-of-network services exceeds UCR amounts, you are responsible for paying the provider any difference. These amounts do not apply to your out-of-pocket maximums.

> Have questions about your benefits and want to contact us via e-mail? Go to our Web site at:

www.ProvidenceHealthPlan.com/contactus

## **Non-discrimination Statement**

Providence Health Plan and Providence Health Assurance comply with applicable Federal civil rights laws and do not discriminate on the basis of race, color, national origin, age, disability, sexual orientation, religion, gender identity, marital status or sex. Providence Health Plan and Providence Health Assurance do not exclude people or treat them differently because of race, color, national origin, age, disability, sexual orientation, religion, gender identity, marital status or sex.

Providence Health Plan and Providence Health Assurance:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
  - Qualified sign language interpreters
  - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
  - Qualified interpreters
  - Information written in other languages

If you need these services, you can call us at 1-800-898-8174 (TTY: 711).

If you believe that Providence Health Plan and Providence Health Assurance has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, sexual orientation, religion, gender identity, marital status or sex, you can file a grievance with our Non-discrimination Coordinator by mail:

Providence Health Plan and Providence Health Assurance
Attn: Non-discrimination Coordinator
PO Box 4158
Portland, OR 97208-4158

Email: PHP-PHA Non-discrimination Coordinator@providence.org

If you need help filing a grievance, call us at 1-800-898-8174 (TTY:711) for assistance.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <a href="https://ocrportal.hhs.gov/ocr/portal/lobby.jsf">https://ocrportal.hhs.gov/ocr/portal/lobby.jsf</a>, or by mail or phone at:

U.S. Department of Health and Human Services
200 Independence Avenue SW - Room 509F HHH Building
Washington, DC 20201
1-800-368-1019, 1-800-537-7697 (TTY)

Complaint forms are available at <a href="http://www.hhs.gov/ocr/office/file/index.html">http://www.hhs.gov/ocr/office/file/index.html</a>.

Members of Oregon Plans may file a complaint with the Division of Financial Regulation at 1-888-877-4894 or visit https://dfr.oregon.gov/Pages/index.aspx.

Members of Washington Plans may file a complaint with the Office of the Insurance Commissioner at 1-800-562-6900 or visit www.insurance.wa.gov.

## **Language Access Information**

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call 1-800-898-8174 (TTY: 711).

**Spanish:** ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-898-8174 (TTY: 711).

**Russian:** ВНИМАНИЕ: Если Вы говорите по-русски, то Вам доступны услуги бесплатной языковой поддержки. Звоните 1-800-898-8174 (телетайп: 711).

**Vietnamese:** CHÚ Ý: Nếu quý vị nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho quý vị. Xin gọi số 1-800-898-8174 (TTY: 711).

Traditional Chinese: 注意:如果您說中文,您可以免費獲得語言支援服務。請致電 1-800-898-8174 (TTY: 711)。

**Kushite:** XIYYEEFFANNAA: Afaan dubbattu Oroomiffa, tajaajila gargaarsa afaanii, kanfaltiidhaan ala, ni argama. Bilbilaa 1-800-898-8174 (TTY: 711).

## Farsi:

توجه: اگر به زبان فارسی صحبت می کنید، تسهیلات زبانی به صورت رایگان به شما ارائه می شود. با (TTY: 711) 898-800-1 تماس بگیرید.

**Ukrainian:** УВАГА! Якщо Ви розмовляєте українською мовою, для Вас доступні безкоштовні послуги мовної підтримки. Телефонуйте за номером 1-800-898-8174 (телетайп: 711).

Japanese: お知らせ:日本語での通話をご希望の場合、言語支援サービスを無料でご利用いただけます。1-800-898-8174 (TTY: 711)まで、お電話ください。

Korean: 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-800-898-8174(TTY: 711) 번으로 전화해 주십시오

Nepali: ध्यान दिनुहोस्: तपाईंले नेपाली बोल्नुहुन्छ भने तपाईंले निम्न भाषा सहायता सेवाहरू नि:शुल्क रूपमा उपलब्ध छन् । 1-800-898-8174 (TTY: 711) मा फोन गर्नुहोस् ।

**Romanian:** ATENȚIE: Dacă vorbiți limba română, vă stau la dispoziție servicii gratuite de asistență lingvistică. Sunați 1-800-898-8174 (TTY: 711).

**German:** ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlose Sprachassistenzdienste zur Verfügung. Rufnummer: 1-800-898-8174 (TTY: 711).

**Hmong:** LUS CEEB TOOM: Yog tias koj hais lus Hmoob, cov kev pab txhais lus, muaj kev pab dawb rau koj. Hu rau 1-800-898-8174 (TTY: 711).

Cambodian: កំណត់សម្គាល់៖ បើសិនជាអ្នកនិយាយភាសាខ្មែរ អាចមានសេវាជំនួយផ្នែកភាសាដោយមិនគិតថ្លៃពីលោកអ្នក។ សូមហៅទូរស័ព្ទលេខ 1-800-898-8174 (TTY: 711)។

Laotian: ເຊີນຊາບ: ຖ້າວ່າທ່ານເວົ້າພາສາລາວ, ຈະມີການຊ່ວຍເຫຼືອ ດ້ານພາສາ ໂດຍບໍ່ເສຍຄ່າໃຫ້ທ່ານ. ໂທ 1-800-898-8174 (TTY: 711).