

2026 Evidence of Coverage

Providence Medicare Dual Plus (HMO D-SNP)

This document is for members in: Clackamas, Multnomah, Washington counties in Oregon

Thank you for choosing Providence Medicare Advantage Plans. We're happy to have you as a member. This document is filled with helpful information about your plan's coverage, benefits and resources on how you can get the most out of your health plan.

Questions? We're here to help.

- + Visit us at [ProvidenceHealthAssurance.com](https://www.ProvidenceHealthAssurance.com)**
- + Call us at 503-574-8000 or 1-800-603-2340, 8 a.m. to 8 p.m. (Pacific Time), seven days a week. Between April 1st and September 30th, we are closed Saturday and Sunday.**
- + Using a hearing impaired TTY device? Call us toll-free at 711**

January 1 – December 31, 2026

Evidence of Coverage for 2026:

Your Medicare Health Benefits and Services and Drug coverage as a Member of Providence Medicare Dual Plus (HMO D-SNP)

This document gives the details about your Medicare health care and drug coverage from January 1 – December 31, 2026. **This is an important legal document. Keep it in a safe place.**

This document explains your benefits and rights. Use this document to understand:

- Our plan premium and cost sharing
- Our medical and drug benefits
- How to file a complaint if you're not satisfied with a service or treatment
- How to contact us
- Other protections required by Medicare law.

For questions about this document, call Customer Service at 503-574-8000 or 1-800-603-2340. (TTY users should call 711.) From April 1st to September 30th, the hours are Monday through Friday from 8 a.m. to 8 p.m. (Pacific Time). From October 1st to March 31st, the hours are Sunday through Saturday (7 days a week) from 8 a.m. to 8 p.m. (Pacific Time). This call is free.

This plan, Providence Medicare Dual Plus (HMO D-SNP), is offered by Providence Health Assurance. (When this *Evidence of Coverage* says “we,” “us,” or “our,” it means Providence Health Assurance. When it says “plan” or “our plan,” it means Providence Medicare Dual Plus (HMO D-SNP).)

This document is available for free in Spanish, Vietnamese, Russian, Chinese (Simplified), Arabic, and Somali. This information is available in multiple formats, including audio CDs, large print, and braille.

Benefits, deductible, and/or copayments/coinsurance may change on January 1, 2027.

Our formulary, pharmacy network, and/or provider network may change at any time. You'll get notice about any changes that may affect you at least 30 days in advance.

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CHAPTER 1:

Get started as a member

SECTION 1 You're a member of Providence Medicare Dual Plus (HMO D-SNP)

Section 1.1 You're enrolled in Providence Medicare Dual Plus (HMO D-SNP), which is a specialized Medicare Advantage Plan (Special Needs Plan)

You're covered by both Medicare and Medicaid:

- **Medicare** is the federal health insurance program for people 65 years of age or older, some people under age 65 with certain disabilities, and people with end-stage renal disease (kidney failure).
- **Medicaid** is a joint federal and state government program that helps with medical costs for certain people with limited incomes and resources. Medicaid coverage varies depending on the state and the type of Medicaid you have. Some people with Medicaid get help paying for their Medicare premiums and other costs. Other people also get coverage for additional services and drugs that aren't covered by Medicare.

You've chosen to get your Medicare health care and your drug coverage through our plan, Providence Medicare Dual Plus (HMO D-SNP). You are also separately enrolled in the Oregon Health Plan (Medicaid), either directly or through a Coordinated Care Organization. Our plan covers all Part A and Part B services. However, cost sharing and provider access in our plan differ from Original Medicare.

Providence Medicare Dual Plus (HMO D-SNP) is a specialized Medicare Advantage Plan (a Medicare Special Needs Plan), which means benefits are designed for people with special health care needs. Providence Medicare Dual Plus (HMO D-SNP) is designed for people who have Medicare and are entitled to help from Medicaid.

Because you have Providence Medicare Dual Plus (HMO D-SNP) and Oregon Health Plan (Medicaid) coverage you will have no out-of-pocket costs for most services. Oregon Health Plan (Medicaid) will pay your deductible. Oregon Health Plan (Medicaid) will pay the cost sharing for most members for most services. Before getting services or paying out-of-pocket costs, please check with the Oregon Health Plan (Medicaid) or your Oregon Health Plan (Medicaid) Coordinated Care Organization to make sure that service is covered. In the Benefits Chart in Chapter 4, cost sharing is listed as \$0 because that's usually what you would

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pay. Oregon Health Plan (Medicaid) also provides other benefits to you by covering health care services, long term care and prescription drugs that aren't usually covered under Medicare. You'll also get Extra Help from Medicare to pay for the costs of your Medicare drugs. Providence Medicare Dual Plus (HMO D-SNP) will help you manage all these benefits, so you get the health services and payment help that you're entitled to.

Providence Medicare Dual Plus (HMO D-SNP) is run by a non-profit organization. Like all Medicare Advantage Plans, this Medicare Special Needs Plan is approved by Medicare. Our plan also has a contract with the Oregon Medicaid program to coordinate your Medicaid benefits. We're pleased to provide your Medicare coverage, including drug coverage.

Section 1.2 Legal information about the *Evidence of Coverage*

This *Evidence of Coverage* is part of our contract with you about how Providence Medicare Dual Plus (HMO D-SNP) covers your care. Other parts of this contract include your enrollment form, the *List of Covered Drugs (formulary)*, and any notices you get from us about changes to your coverage or conditions that affect your coverage. These notices are sometimes called *riders or amendments*.

The contract is in effect for the months you're enrolled in Providence Medicare Dual Plus (HMO D-SNP) between January 1, 2026, and December 31, 2026.

Medicare allows us to make changes to our plans we offer each calendar year. This means we can change the costs and benefits of Providence Medicare Dual Plus (HMO D-SNP) after December 31, 2026. We can also choose to stop offering our plan in your service area, after December 31, 2026.

Medicare (the Centers for Medicare & Medicaid Services) and Oregon Health Plan (Medicaid) must approve Providence Medicare Dual Plus (HMO D-SNP). You can continue each year to get Medicare coverage as a member of our plan as long as we choose to continue offering our plan and Medicare and Oregon Health Plan (Medicaid) renews approval of our plan.

SECTION 2 Plan eligibility requirements

Section 2.1 Eligibility requirements

You're eligible for membership in our plan as long as you meet all these conditions:

- You have both Medicare Part A and Medicare Part B
- You live in our geographic service area (described in Section 2.3). People who are incarcerated aren't considered to be living in the geographic service area even if they're physically located in it.

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- You're a United States citizen or lawfully present in the United States
- You meet the special eligibility requirements described below

Special eligibility requirements for our plan

Our plan is designed to meet the needs of people who get certain Medicaid benefits. (Medicaid is a joint federal and state government program that helps with medical costs for certain people with limited incomes and resources.) To be eligible for our plan you must be eligible for both Medicare and Full Medicaid Benefits.

Note: If you lose your eligibility but can reasonably be expected to regain eligibility within one month, then you're still eligible for membership. Chapter 4, Section 2 tells you about coverage and cost sharing during a period of deemed continued eligibility.

Section 2.2 Medicaid

Medicaid is a joint federal and state government program that helps with medical and long-term care costs for certain people who have limited incomes and resources. Each state decides what counts as income and resources, who's eligible, what services are covered, and the cost for services. States also can decide how to run its program as long as they follow the federal guidelines.

In addition, Medicaid offers programs to help people pay their Medicare costs, such as their Medicare premiums. These Medicare Savings Programs help people with limited income and resources save money each year:

- **Qualified Medicare Beneficiary with full Oregon Health Plan (Medicaid) benefits (QMB+):** Helps pay Medicare Part A and Part B premiums, and other cost sharing (like deductibles, coinsurance, and copayments) for people who are also eligible for full Oregon Health Plan (Medicaid) benefits.
- **Specified Low-Income Medicare Beneficiary with full Oregon Health Plan (Medicaid) benefits (SLMB+):** Helps pay Part B premiums for people who are also eligible for full Oregon Health Plan (Medicaid) benefits as well as cost sharing for benefits Oregon Health Plan (Medicaid) would normally cover.

Section 2.3 Plan service area for Providence Medicare Dual Plus (HMO D-SNP)

Providence Medicare Dual Plus (HMO D-SNP) is only available to people who live in our plan service area. To stay a member of our plan, you must continue to live in our plan service area. The service area is described below.

Our service area includes these counties in Oregon: Clackamas, Multnomah, and Washington.

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If you plan to move to a new state, you should also contact your state's Medicaid office and ask how this move will affect your Medicaid benefits. Phone numbers for Medicaid are in Chapter 2, Section 6 of this document.

If you move out of our plan's service area, you can't stay a member of this plan. Call Customer Service at 503-574-8000 or 1-800-603-2340 (TTY users call 711) to see if we have a plan in your new area. When you move, you'll have a Special Enrollment Period to either switch to Original Medicare or enroll in a Medicare health or drug plan in your new location.

If you move or change your mailing address, it's also important to call Social Security. Call Social Security at 1-800-772-1213 (TTY users call 1-800-325-0778).

Section 2.4 U.S. citizen or lawful presence

You must be a U.S. citizen or lawfully present in the United States to be a member of a Medicare health plan. Medicare (the Centers for Medicare & Medicaid Services) will notify Providence Medicare Dual Plus (HMO D-SNP) if you're not eligible to stay a member of our plan on this basis. Providence Medicare Dual Plus (HMO D-SNP) must disenroll you if you don't meet this requirement.

SECTION 3 Important membership materials

Section 3.1 Our plan membership card

Use your membership card whenever you get services covered by our plan and for prescription drugs you get at network pharmacies. You should also show the provider your Medicaid card. Sample membership card:



DON'T use your red, white, and blue Medicare card for covered medical services while you're a member of this plan. If you use your Medicare card instead of your Providence Medicare Dual Plus (HMO D-SNP) membership card, you may have to pay the full cost of medical services yourself. Keep your Medicare card in a safe place. You may be asked to show it if you

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need hospital services, hospice services, or participate in Medicare approved clinical research studies also called clinical trials.

If our plan membership card is damaged, lost, or stolen, call Customer Service at Customer Service at 503-574-8000 or 1-800-603-2340 (TTY users call 711) right away and we'll send you a new card.

Section 3.2 Provider and Pharmacy Directory

The *Provider and Pharmacy Directory* www.ProvidenceHealthAssurance.com/findaprovider lists our current network providers. Participating providers who also accept Oregon Health Plan (Medicaid) are noted. For Oregon Health Plan (Medicaid) services that are not covered by Medicare, verify that your provider participates with your Coordinated Care Organization (CCO) or with the Oregon Health Plan (Medicaid). Your CCO provides you with a provider directory. If you are not enrolled in a CCO, or for help finding a doctor or other health care provider, call OHP Client Services at 1-800-273-0557 (TTY users call 711). **Network providers** are the doctors and other health care professionals, medical groups, durable medical equipment suppliers, hospitals, and other health care facilities that have an agreement with us to accept our payment and any plan cost sharing as payment in full.

You must use network providers to get your medical care and services. If you go elsewhere without proper authorization, you'll have to pay in full. The only exceptions are emergencies, urgently needed services when the network isn't available (that is situations where it's unreasonable or not possible to get services in-network), out-of-area dialysis services, and cases when Providence Medicare Dual Plus (HMO D-SNP) authorizes use of out-of-network providers.

It is also important to know which providers participate with the Oregon Health Plan (Medicaid). Providers will need to be enrolled with the Oregon Health Plan (Medicaid) for appropriate processing of Medicare deductibles and cost sharing.

The *Provider and Pharmacy Directory* lists our current network pharmacies. **Network pharmacies** are pharmacies that agree to fill covered prescriptions for our plan members. Use the *Provider and Pharmacy Directory* to find the network pharmacy you want to use. Go to Chapter 5, Section 2.5 for information on when you can use pharmacies that aren't in our plan's network.

If you don't have the *Provider and Pharmacy Directory*, you can ask for a copy (electronically or in hardcopy form) from Customer Service at 503-574-8000 or 1-800-603-2340 (TTY users call 711). You can also find this information on our website at www.ProvidenceHealthAssurance.com/findaprovider. Requests for hard copy Provider Directories will be mailed to you within 3 business days.

Get the most recent list of providers and suppliers on our website at www.ProvidenceHealthAssurance.com/findaprovider.

Section 3.3 Drug List (formulary)

Our plan has a List of Covered Drugs (also called the Drug List or formulary). It tells which prescription drugs are covered under the Part D benefit in Providence Medicare Dual Plus (HMO D-SNP). The drugs on this list are selected by our plan, with the help of doctors and pharmacists. The Drug List must meet Medicare's requirements. Drugs with negotiated prices under the Medicare Drug Price Negotiation Program will be included on your Drug List unless they have been removed and replaced as described in Chapter 5, Section 6. Medicare approved the Providence Medicare Dual Plus (HMO D-SNP) Drug List.

The Drug List also tells if there are any rules that restrict coverage for a drug.

We'll give you a copy of the Drug List. To get the most complete and current information about which drugs are covered, visit (www.ProvidenceHealthAssurance.com/formulary) or call Customer Service at 503-574-8000 or 1-800-603-2340 (TTY users call 711).

SECTION 4 Summary of important costs

	Your Costs in 2026
Monthly plan premium* * Your premium can be higher than this amount. Go to Section 4.1 for details.	\$0
Maximum out-of-pocket amount This is the <u>most</u> you'll pay out-of-pocket for covered services. (Go to Chapter 4 Section 1 for details.)	\$9,250 You are not responsible for paying any out-of-pocket costs toward the maximum out-of-pocket amount for covered Part A and Part B services.
Primary care office visits	\$0 per visit
Specialist office visits	\$0 per visit

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	Your Costs in 2026
Inpatient hospital stays	\$0 per visit
Part D drug coverage deductible (Go to Chapter 6 Section 4 for details.)	Deductible: \$0
Part D drug coverage (Go to Chapter 6 for details, including Yearly Deductible, Initial Coverage, and Catastrophic Coverage Stages.)	Copayment/Coinsurance during the Initial Coverage Stage: • For generic drugs, you pay either \$0, \$1.60, or \$5.10 copayment per prescription. • For all other drugs, you pay either \$0, \$4.90, or \$12.65 copayment per prescription. Catastrophic Coverage Stage: During this payment stage, you pay nothing for your covered Part D Drugs.

Your costs may include the following:

- Plan Premium (Section 4.1)
- Monthly Medicare Part B Premium (Section 4.2)
- Part D Late Enrollment Penalty (Section 4.3)
- Income Related Monthly Adjusted Amount (Section 4.4)
- Medicare Prescription Payment Plan Amount (Section 4.5)

Section 4.1 Plan premium

You don't pay a separate monthly plan premium for Providence Medicare Dual Plus (HMO D-SNP).

If you *already* get help from one of these programs, **the information about premiums in this Evidence of Coverage does not apply to you.** We sent you a separate document, called the *Evidence of Coverage Rider for People Who Get Extra Help Paying for Prescription Drugs* (also known as the *Low-Income Subsidy Rider* or the *LIS Rider*), which tells you about your drug coverage. If you don't have this insert, call Customer Service at 503-574-8000 or 1-800-603-2340 (TTY users call 711) and ask for the *LIS Rider*.

Section 4.2 Monthly Medicare Part B Premium

Many members are required to pay other Medicare premiums

Some members are required to pay other Medicare premiums. As explained in Section 2 above to be eligible for our plan, you must maintain your eligibility for Medicaid as well as have both Medicare Part A and Medicare Part B. For most Providence Medicare Dual Plus (HMO D-SNP) members, Medicaid pays for your Part A premium (if you don't qualify for it automatically) and Part B premium.

If Medicaid isn't paying your Medicare premiums for you, you must continue to pay your Medicare premiums to stay a member of our plan. This includes your premium for Part B. You may also pay a premium for Part A if you aren't eligible for premium-free Part A.

Section 4.3 Part D Late Enrollment Penalty

Because you're dually-eligible, the LEP doesn't apply as long as you maintain your dually-eligible status, but if you lose your dually-eligible status, you may incur an LEP. The Part D late enrollment penalty is an additional premium that must be paid for Part D coverage if at any time after your initial enrollment period is over, there was a period of 63 days or more in a row when you didn't have Part D or other creditable drug coverage. Creditable prescription drug coverage is coverage that meets Medicare's minimum standards since it is expected to pay, on average, at least as much as Medicare's standard drug coverage. The cost of the late enrollment penalty depends on how long you went without Part D or other creditable prescription drug coverage. You'll have to pay this penalty for as long as you have Part D coverage.

You **don't** have to pay the Part D late enrollment penalty if:

- You get Extra Help from Medicare to help pay your drug costs.
- You went less than 63 days in a row without creditable coverage.
- You had creditable drug coverage through another source (like a former employer, union, TRICARE, or Veterans Health Administration (VA)). Your insurer or human resources department will tell you each year if your drug coverage is creditable coverage. You may get this information in a letter or a newsletter from that plan. Keep this information, because you may need it if you join a Medicare drug plan later.

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- **Note:** Any letter or notice must state that you had creditable prescription drug coverage that's expected to pay as much as Medicare's standard drug plan pays.
- **Note:** Prescription drug discount cards, free clinics, and drug discount websites aren't creditable prescription drug coverage.

Medicare determines the amount of the Part D late enrollment penalty. Here's how it works:

- First, count the number of full months that you delayed enrolling in a Medicare drug plan, after you were eligible to enroll. Or count the number of full months you did not have creditable drug coverage, if the break in coverage was 63 days or more. The penalty is 1% for every month that you didn't have creditable coverage. For example, if you go 14 months without coverage, the penalty percentage will be 14%.
- Then Medicare determines the amount of the average monthly plan premium for Medicare drug plans in the nation from the previous year (national base beneficiary premium). For 2025, this average premium amount was \$36.78. This amount may change for 2026.
- To calculate your monthly penalty, multiply the penalty percentage by the national base beneficiary premium and round to the nearest 10 cents. In the example here, it would be 14% times \$36.78, which equals \$5.149. This rounds to \$5.10. This amount would be added **to the monthly plan premium for someone with a Part D late enrollment penalty.**

Three important things to know about the monthly Part D late enrollment penalty:

- **The penalty may change each year**, because the national base beneficiary premium can change each year.
- **You'll continue to pay a penalty** every month for as long as you're enrolled in a plan that has Medicare Part D drug benefits, even if you change plans.
- If you're *under* 65 and enrolled in Medicare, the Part D late enrollment penalty will reset when you turn 65. After age 65, your Part D late enrollment penalty will be based only on the months you don't have coverage after your initial enrollment period for aging into Medicare.

If you disagree about your Part D late enrollment penalty, you or your representative can ask for a review. Generally, you must ask for this review **within 60 days** from the date on the first letter you get stating you have to pay a late enrollment penalty. However, if you were paying a penalty before you joined our plan, you may not have another chance to ask for a review of that late enrollment penalty.

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Important: Don't stop paying your Part D late enrollment penalty while you're waiting for a review of the decision about your late enrollment penalty. If you do, you could be disenrolled for failure to pay our plan premiums.

Section 4.4 Income Related Monthly Adjustment Amount

If you lose eligibility for this plan because of changes income, some members may be required to pay an extra charge for their Medicare plan, known as the Part D Income Related Monthly Adjustment Amount (IRMAA). The extra charge is calculated using your modified adjusted gross income as reported on your IRS tax return from 2 years ago. If this amount is above a certain amount, you'll pay the standard premium amount and the additional IRMAA. For more information on the extra amount you may have to pay based on your income, visit www.Medicare.gov/health-drug-plans/part-d/basics/costs.

If you have to pay an extra IRMAA, Social Security, not your Medicare plan, will send you a letter telling you what that extra amount will be. The extra amount will be withheld from your Social Security, Railroad Retirement Board, or Office of Personnel Management benefit check, no matter how you usually pay our plan premium, unless your monthly benefit isn't enough to cover the extra amount owed. If your benefit check isn't enough to cover the extra amount, you'll get a bill from Medicare. **You must pay the extra IRMAA to the government. It can't be paid with your monthly plan premium. If you don't pay the extra IRMAA, you'll be disenrolled from our plan and lose prescription drug coverage.**

If you disagree about paying an extra IRMAA, you can ask Social Security to review the decision. To find out how to do this, call Social Security at 1-800-772-1213 (TTY users call 1-800-325-0778).

Section 4.5 Medicare Prescription Payment Plan Amount

If you're participating in the Medicare Prescription Payment Plan, each month you'll pay our plan premium (if you have one) and you'll get a bill from your health or drug plan for your prescription drugs (instead of paying the pharmacy). Your monthly bill is based on what you owe for any prescriptions you get, plus your previous month's balance, divided by the number of months left in the year.

Chapter 2, Section 7 tells more about the Medicare Prescription Payment Plan. If you disagree with the amount billed as part of this payment option, you can follow the steps in Chapter 9 to make a complaint or appeal.

SECTION 5 More information about your monthly plan premium

Section 5.1 Our monthly plan premium won't change during the year

We're not allowed to change our plan's monthly plan premium amount during the year. If the monthly plan premium changes for next year, we'll tell you in September, and the new premium will take effect on January 1.

However, in some cases, you may be able to stop paying a late enrollment penalty, if you owe one, or you may need to start paying a late enrollment penalty. This could happen if you become eligible for Extra Help or lose your eligibility for Extra Help during the year.

- If you currently pay a Part D late enrollment penalty and become eligible for Extra Help during the year, you'd be able to stop paying your penalty.
- If you lose Extra Help, you may be subject to the Part D late enrollment penalty if you go 63 days or more in a row without Part D or other creditable drug coverage.

Find out more about Extra Help in Chapter 2, Section 7.

SECTION 6 Keep our plan membership record up to date

Your membership record has information from your enrollment form, including your address and phone number. It shows your specific plan coverage, including your Primary Care Provider.

The doctors, hospitals, pharmacists, and other providers in our plan's network **use your membership record to know what services and drugs are covered and your cost-sharing amounts**. Because of this, it's very important to help us keep your information up to date.

If you have any of these changes, let us know:

- Changes to your name, address, or phone number
- Changes in any other health coverage you have (such as from your employer, your spouse or domestic partner's employer, workers' compensation, or Oregon Health Plan (Medicaid))
- Any liability claims, such as claims from an automobile accident
- If you're admitted to a nursing home
- If you get care in an out-of-area or out-of-network hospital or emergency room
- If your designated responsible party (such as a caregiver) changes

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- If you participate in a clinical research study (**Note:** You're not required to tell our plan about clinical research studies you intend to participate in, but we encourage you to do so.)

If any of this information changes, let us know by calling Customer Service at 503-574-8000 or 1-800-603-2340 (TTY users call 711).

It's also important to contact Social Security if you move or change your mailing address. Call Social Security at 1-800-772-1213 (TTY users call 1-800-325-0778).

You must also contact your Oregon Health Plan (Medicaid) Customer Service or your caseworker and notify them of any of these changes. Phone numbers for the Oregon Health Plan (Medicaid) can be found in Chapter 2, Section 6.

SECTION 7 How other insurance works with our plan

Medicare requires us to collect information about any other medical or drug coverage you have so we can coordinate any other coverage with your benefits under our plan. This is called **Coordination of Benefits**.

Once a year, we'll send you a letter that lists any other medical or drug coverage we know about. Read this information carefully. If it's correct, you don't need to do anything. If the information isn't correct, or if you have other coverage that's not listed, call Customer Service at 503-574-8000 or 1-800-603-2340 (TTY users call 711). You may need to give our plan member ID number to your other insurers (once you confirm their identity) so your bills are paid correctly and on time.

When you have other insurance (like employer group health coverage), Medicare rules decide whether our plan or your other insurance pays first. The insurance that pays first (the "primary payer") pays up to the limits of its coverage. The insurance that pays second, (the "secondary payer") only pays if there are costs left uncovered by the primary coverage. The secondary payer may not pay all uncovered costs. If you have other insurance, tell your doctor, hospital, and pharmacy.

These rules apply for employer or union group health plan coverage:

- If you have retiree coverage, Medicare pays first.
- If your group health plan coverage is based on your or a family member's current employment, who pays first depends on your age, the number of people employed by your employer, and whether you have Medicare based on age, disability, or End-Stage Renal Disease (ESRD):

Chapter 1 Get started as a member

- If you're under 65 and disabled and you (or your family member) are still working, your group health plan pays first if the employer has 100 or more employees or at least one employer in a multiple employer plan has more than 100 employees.
- If you're over 65 and you (or your spouse or domestic partner) are still working, your group health plan pays first if the employer has 20 or more employees or at least one employer in a multiple employer plan has more than 20 employees.
- If you have Medicare because of ESRD, your group health plan will pay first for the first 30 months after you become eligible for Medicare.

These types of coverage usually pay first for services related to each type:

- No-fault insurance (including automobile insurance)
- Liability (including automobile insurance)
- Black lung benefits
- Workers' compensation

Medicaid and TRICARE never pay first for Medicare-covered services. They only pay after Medicare and/or employer group health plans have paid.

CHAPTER 2:

Phone numbers and resources

SECTION 1 Providence Medicare Dual Plus (HMO D-SNP) contacts

For help with claims, billing, or member card questions, call or write to Providence Medicare Dual Plus (HMO D-SNP) Customer Service. We'll be happy to help you.

Customer Service – Contact Information	
Call	503-574-8000 or 1-800-603-2340 Calls to this number are free. From April 1st to September 30th, the hours are Monday through Friday from 8 a.m. to 8 p.m. (Pacific Time). From October 1st to March 31st, the hours are Sunday through Saturday (7 days a week) from 8 a.m. to 8 p.m. (Pacific Time). Customer Service at 503-574-8000 or 1-800-603-2340 (TTY users call 711) also has free language interpreter services available for non-English speakers.
TTY	711 Calls to this number are free. From April 1st to September 30th, the hours are Monday through Friday from 8 a.m. to 8 p.m. (Pacific Time). From October 1st to March 31st, the hours are Sunday through Saturday (7 days a week) from 8 a.m. to 8 p.m. (Pacific Time).
Fax	503-574-8608
Write	Providence Health Assurance Attn: Customer Service Team P.O. Box 5548 Portland, OR 97228-5548
Website	www.ProvidenceHealthAssurance.com

How to ask for a coverage decision or appeal about your medical care and/or Part D drugs

A coverage decision is a decision we make about your benefits and coverage or about the amount we pay for your medical services or Part D drugs. An appeal is a formal way of asking us to review and change a coverage decision. For more information on how to ask for coverage decisions or appeals about your medical care or Part D drugs, go to Chapter 9.

Coverage Decisions for Medical Care– Contact Information	
Call	503-574-8000 or 1-800-603-2340 Calls to this number are free. From April 1st to September 30th, the hours are Monday through Friday from 8 a.m. to 8 p.m. (Pacific Time). From October 1st to March 31st, the hours are Sunday through Saturday (7 days a week) from 8 a.m. to 8 p.m. (Pacific Time).
TTY	711 Calls to this number are free. From April 1st to September 30th, the hours are Monday through Friday from 8 a.m. to 8 p.m. (Pacific Time). From October 1st to March 31st, the hours are Sunday through Saturday (7 days a week) from 8 a.m. to 8 p.m. (Pacific Time).
Fax	503-574-6464 or 1-800-989-7479
Write	Providence Health Assurance Attn: Health Care Services P.O. Box 4327 Portland, OR 97208-4327
Website	www.ProvidenceHealthAssurance.com

Chapter 2 Phone numbers and resources

Coverage Decisions for Part D Drugs – Contact Information	
Call	503-574-8000 or 1-800-603-2340 Calls to this number are free. From April 1st to September 30th, the hours are Monday through Friday from 8 a.m. to 8 p.m. (Pacific Time). From October 1st to March 31st, the hours are Sunday through Saturday (7 days a week) from 8 a.m. to 8 p.m. (Pacific Time).
TTY	711 Calls to this number are free. From April 1st to September 30th, the hours are Monday through Friday from 8 a.m. to 8 p.m. (Pacific Time). From October 1st to March 31st, the hours are Sunday through Saturday (7 days a week) from 8 a.m. to 8 p.m. (Pacific Time).
Fax	503-574-8646 or 1-800-249-7714
Write	Providence Health Assurance Attn: Pharmacy Services P.O. Box 3125 Portland, OR 97208-3125
Website	www.ProvidenceHealthAssurance.com

Appeals For Medical Care and/or Part D Drugs – Contact Information	
Call	503-574-8000 or 1-800-603-2340 Calls to this number are free. From April 1st to September 30th, the hours are Monday through Friday from 8 a.m. to 8 p.m. (Pacific Time). From October 1st to March 31st, the hours are Sunday through Saturday (7 days a week) from 8 a.m. to 8 p.m. (Pacific Time).
TTY	711 Calls to this number are free. From April 1st to September 30th, the hours are Monday through Friday from 8 a.m. to 8 p.m. (Pacific Time). From October 1st to March 31st, the hours are Sunday through Saturday (7 days a week) from 8 a.m. to 8 p.m. (Pacific Time).

Chapter 2 Phone numbers and resources

Appeals For Medical Care and/or Part D Drugs – Contact Information	
Fax	503-574-8757 or 1-800-396-4778
Write	Providence Health Assurance Attn: Appeals and Grievances P.O. Box 4158 Portland, OR 97208-4158
Website	www.ProvidenceHealthAssurance.com

How to make a complaint about your medical care and/or Part D drugs

You can make a complaint about us or one of our network providers or pharmacies, including a complaint about the quality of your care. This type of complaint doesn't involve coverage or payment disputes. For more information on how to make a complaint about your medical care, go to Chapter 9.

Complaints About Medical Care and/or Part D Drugs – Contact Information	
Call	503-574-8000 or 1-800-603-2340 Calls to this number are free. From April 1st to September 30th, the hours are Monday through Friday from 8 a.m. to 8 p.m. (Pacific Time). From October 1st to March 31st, the hours are Sunday through Saturday (7 days a week) from 8 a.m. to 8 p.m. (Pacific Time).
TTY	711 Calls to this number are free. From April 1st to September 30th, the hours are Monday through Friday from 8 a.m. to 8 p.m. (Pacific Time). From October 1st to March 31st, the hours are Sunday through Saturday (7 days a week) from 8 a.m. to 8 p.m. (Pacific Time).
Fax	503-574-8757 or 1-800-396-4778
Write	Providence Health Assurance Attn: Appeals and Grievances P.O. Box 4158 Portland, OR 97208-4158

Chapter 2 Phone numbers and resources**Complaints About Medical Care and/or Part D Drugs – Contact Information**

Medicare Website	To submit a complaint about Providence Medicare Dual Plus (HMO D-SNP) directly to Medicare, go to www.Medicare.gov/my/medicare-complaint .
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How to ask us to pay the cost for medical care or a drug you got

If you got a bill or paid for services (like a provider bill) you think we should pay for, you may need to ask us for reimbursement or to pay the provider bill. Go to Chapter 7 for more information.

We can only reimburse for Medicare-covered services, and not Medicaid-covered services. If your request for reimbursement is approved, our payment to you will only cover the Medicare allowed amount (what we would normally pay a provider for the service) and not any portion that would be covered by Medicaid, such as Medicare coinsurance and deductibles. Please contact Customer Service at the number in the Payment Request box below if you have questions.

If you send us a payment request and we deny any part of your request, you can appeal our decision. Go to Chapter 9 for more information.

Payment Requests – Contact Information

Call	503-574-8000 or 1-800-603-2340 Calls to this number are free. From April 1st to September 30th, the hours are Monday through Friday from 8 a.m. to 8 p.m. (Pacific Time). From October 1st to March 31st, the hours are Sunday through Saturday (7 days a week) from 8 a.m. to 8 p.m. (Pacific Time).	
TTY	711 Calls to this number are free. From April 1st to September 30th, the hours are Monday through Friday from 8 a.m. to 8 p.m. (Pacific Time). From October 1st to March 31st, the hours are Sunday through Saturday (7 days a week) from 8 a.m. to 8 p.m. (Pacific Time).	
Fax	For Medical Claims 503-574-8627	For Part D Drug Claims 503-574-8646

Payment Requests – Contact Information		
Write	For Medical Claims Providence Health Assurance Attn: Claims P.O. Box 3125 Portland, OR 97208-3125	For Part D Drug Claims Providence Health Assurance Attn: Pharmacy Services P.O. Box 3125 Portland, OR 97208-3125
Website	www.ProvidenceHealthAssurance.com	

SECTION 2 Get help from Medicare

Medicare is the federal health insurance program for people 65 years of age or older, some people under age 65 with disabilities, and people with End-Stage Renal Disease (permanent kidney failure requiring dialysis or a kidney transplant).

The federal agency in charge of Medicare is the Centers for Medicare & Medicaid Services (CMS). This agency contracts with Medicare Advantage organizations including our plan.

Medicare – Contact Information	
Call	1-800-MEDICARE (1-800-633-4227) Calls to this number are free. 24 hours a day, 7 days a week.
TTY	1-877-486-2048 This number requires special telephone equipment and is only for people who have difficulties hearing or speaking. Calls to this number are free.
Chat Live	Chat live at www.Medicare.gov/talk-to-someone .
Write	Write to Medicare at PO Box 1270, Lawrence, KS 66044

Chapter 2 Phone numbers and resources

Medicare – Contact Information	
Website	www.Medicare.gov • Get information about the Medicare health and drug plans in your area, including what they cost and what services they provide. • Find Medicare-participating doctors or other health care providers and suppliers. • Find out what Medicare covers, including preventive services (like • screenings, shots or vaccines, and yearly “Wellness” visits). • Get Medicare appeals information and forms. • Get information about the quality of care provided by plans, nursing homes, hospitals, doctors, home health agencies, dialysis facilities, hospice centers, inpatient rehabilitation facilities, and long-term care hospitals. • Look up helpful websites and phone numbers. You can also visit www.Medicare.gov to tell Medicare about any complaints you have about Providence Medicare Dual Plus (HMO D-SNP): To submit a complaint to Medicare, go to www.Medicare.gov/my/medicare-complaint. Medicare takes your complaints seriously and will use this information to help improve the quality of the Medicare program.

SECTION 3 State Health Insurance Assistance Program (SHIP)

The State Health Insurance Assistance Program (SHIP) is a government program with trained counselors in every state that offers free help, information, and answers to your Medicare questions. In Oregon, the SHIP is called Senior Health Insurance Benefits Assistance (SHIBA).

SHIBA is an independent state program (not connected with any insurance company or health plan) that gets money from the federal government to give free local health insurance counseling to people with Medicare.

SHIBA counselors can help you understand your Medicare rights, make complaints about your medical care or treatment, and straighten out problems with your Medicare bills.

SHIBA counselors can also help you with Medicare questions or problems, help you understand your Medicare plan choices and answer questions about switching plans.

Method	Senior Health Insurance Benefits Assistance (Oregon SHIP) – Contact Information
Call	1-800-722-4134
TTY	711
Write	SHIBA 500 Summer St. NE, E-12 Salem, OR 97301 Email: shiba.oregon@odhsoha.oregon.gov
Website	www.shiba.oregon.gov

SECTION 4 Quality Improvement Organization (QIO)

A designated Quality Improvement Organization (QIO) serves people with Medicare in each state. For Oregon, the Quality Improvement Organization is called Acentra Health.

Acentra Health has a group of doctors and other health care professionals paid by Medicare to check on and help improve the quality of care for people with Medicare. Acentra Health is an independent organization. It's not connected with our plan.

Contact Acentra Health in any of these situations:

- You have a complaint about the quality of care you got. Examples of quality-of-care concerns include getting the wrong medication, unnecessary tests or procedures, or a misdiagnosis.
- You think coverage for your hospital stay is ending too soon.
- You think coverage for your home health care, skilled nursing facility care, or Comprehensive Outpatient Rehabilitation Facility (CORF) services is ending too soon.

Acentra Health (Oregon's Quality Improvement Organization) – Contact Information	
Call	1-888-305-6759 (toll-free) Weekdays: 9:00 a.m. to 5:00 p.m. Weekends and Holidays: 10:00 a.m. to 4:00 p.m. A message can also be left at the toll-free number 24 hours a day, seven days a week.
Fax	1-844-878-7921 (toll-free)
TTY	711
Write	Acentra Health 5201 West Kennedy Blvd. Suite 900 Tampa, FL 33609
Website	https://www.acentraqio.com/

SECTION 5 Social Security

Social Security determines Medicare eligibility and handles Medicare enrollment. Social Security is also responsible for determining who has to pay an extra amount for Part D drug coverage because they have a higher income. If you got a letter from Social Security telling you that you have to pay the extra amount and have questions about the amount, or if your income went down because of a life-changing event, you can call Social Security to ask for reconsideration.

If you move or change your mailing address, contact Social Security to let them know.

Social Security– Contact Information	
Call	1-800-772-1213 Calls to this number are free. Available 8 am to 7 pm, Monday through Friday. Use Social Security's automated telephone services to get recorded information and conduct some business 24 hours a day.

Chapter 2 Phone numbers and resources

Social Security– Contact Information	
TTY	1-800-325-0778 This number requires special telephone equipment and is only for people who have difficulties with hearing or speaking. Calls to this number are free. Available 8 am to 7 pm, Monday through Friday.
Website	www.SSA.gov

SECTION 6 Medicaid

Medicaid is a joint Federal and state government program that helps with medical costs for certain people with limited incomes and resources. You are covered for both Medicare and Oregon Health Plan (Medicaid).

- **Qualified Medicare Beneficiary with full Oregon Health Plan (Medicaid) benefits (QMB+):** Helps pay Medicare Part A and Part B premiums, and other cost-sharing (like deductibles, coinsurance, and copayments) for people who are also eligible for full Oregon Health Plan (Medicaid) benefits.
- **Specified Low-Income Medicare Beneficiary with full Oregon Health Plan (Medicaid) benefits (SLMB+):** Helps pay Part B premiums for people who are also eligible for full Oregon Health Plan (Medicaid) benefits as well as cost sharing for benefits Oregon Health Plan (Medicaid) would normally cover.

Providence Health Assurance serves Oregon Health Plan (Medicaid) members under the Coordinated Care Organization, Health Share of Oregon. Our plan covers physical health benefits subject to limitations in the Prioritized List of Health Services. For more information visit www.healthshareoregon.org or call our Customer Service department.

If you have questions about the assistance you get from Medicaid, contact Oregon Health Plan (Medicaid).

Oregon Health Plan (Medicaid) – Contact Information	
Call	1-800-273-0557 Hours are 8 a.m. to 5 p.m. (Pacific Time), Monday through Friday.
TTY	711

Chapter 2 Phone numbers and resources**Oregon Health Plan (Medicaid) – Contact Information**

Write	Oregon Health Plan (OHP) PO Box 14015 Salem, OR 97309
Website	www.oregon.gov/oha/HSD/OHP/pages/help.aspx

The Oregon Department of Human Services - Governor's Advocacy Office (GAO) helps people enrolled in Oregon Health Plan (Medicaid) with service or billing problems. They can help you file a grievance or appeal with our plan.

Oregon Department of Human Services - Governor's Advocacy Office (GAO) – Contact Information

Call	1-800-442-5238 or 503-945-6904 Hours are 8 a.m. to 5 p.m. (Pacific Time), Monday through Friday.
TTY	711
Write	Oregon Department of Human Services Governor's Advocacy Office 500 Summer St. NE, E-17 Salem, OR 97310 Email: gao.info@odhs.oregon.gov
Website	www.oregon.gov/DHS/ABOUTDHS/Pages/gao.aspx

The Oregon Long-Term Care Ombudsman helps people get information about nursing homes and resolve problems between nursing homes and residents or their families.

Oregon Long-Term Care Ombudsman – Contact Information

Call	1-800-522-2602 or 503-378-6533 Hours are 8 a.m. to 5 p.m. (Pacific Time), Monday through Friday.
TTY	711
Write	Oregon Long-Term Care Ombudsman 830 D. St NE Salem, OR 97301 Email: ltco.info@rights.oregon.gov
Website	www.oltco.org/

SECTION 7 Programs to help people pay for prescription drugs

The Medicare website (www.Medicare.gov/basics/costs/help/drug-costs) has information on ways to lower your prescription drug costs. The programs below can help people with limited incomes.

Extra Help from Medicare

Because you're eligible for Medicaid, you qualify for and get Extra Help from Medicare to pay for your prescription drug plan costs. You don't need to do anything further to get this Extra Help.

If you have questions about Extra Help, call:

- 1-800-MEDICARE (1-800-633-4227). TTY users call 1-877-486-2048
- The Social Security Office at 1-800-772-1213, between 8 a.m. and 7 p.m., Monday through Friday. TTY users call 1-800-325-0778; or
- Your State Medicaid Office at 1-800-273-0557.

If you think you're paying an incorrect amount for your prescription at a pharmacy, our plan has a process to help you get evidence of your proper copayment amount. If you already have evidence of the right amount, we can help you share this evidence with us.

- Please contact Customer Service if you believe that you are being charged the wrong cost-sharing amount. We can confirm your current coverage and whether or not your Extra Help is being applied to your benefits correctly. If you disagree with our findings, we may ask you to provide one of the following pieces of documentation to verify your Low-Income Subsidy:
 - A copy of your Oregon Health Plan (Medicaid) card that includes your name and an eligibility date during a month after June of the previous calendar year;
 - A copy of a state document that confirms active Oregon Health Plan (Medicaid) status during a month after June of the previous calendar year;
 - A print-out from the State electronic enrollment file showing Oregon Health Plan (Medicaid) status during a month after June of the previous calendar year;
 - A printed screenshot from the State's Oregon Health Plan (Medicaid) System showing Oregon Health Plan (Medicaid) status during a month after June of the previous calendar year;
 - Other documentation provided by the State showing Oregon Health Plan

Chapter 2 Phone numbers and resources

(Medicaid) status during a month after June of the previous calendar year; or,

- A letter from Social Security showing that you receive Supplemental Security Income (SSI).
- After receiving one of the documents listed above, we will update your information within 72 hours so you can pick up your prescription(s) at the new cost. If you are unable to provide one of the above-mentioned documents but still believe you qualify for Extra Help, Customer Service can walk you through next steps.
- When we get the evidence showing the right copayment level, we'll update our system so you can pay the right copayment amount when you get your next prescription. If you overpay your copayment, we'll pay you back, either by check or a future copayment credit. If the pharmacy didn't collect your copayment and you owe them a debt, we may make the payment directly to the pharmacy. If a state paid on your behalf, we may make payment directly to the state. Call Customer Service at 503-574-8000 or 1-800-603-2340 (TTY users call 711) if you have questions.

What if you have Extra Help and coverage from an AIDS Drug Assistance Program (ADAP)?

The AIDS Drug Assistance Program (ADAP) helps people living with HIV/AIDS access life-saving HIV medications. Medicare Part D drugs that are also on the ADAP formulary qualify for prescription cost-sharing help through Oregon's AIDS Drug Assistance Program, CAREAssist.

Note: To be eligible for the ADAP in your state, people must meet certain criteria, including proof of state residence and HIV status, low income (as defined by the state), and uninsured/under-insured status. If you change plans, notify your local ADAP enrollment worker so you can continue to get help. For information on eligibility criteria, covered drugs, or how to enroll in the program, call CAREAssist at 971-673-0144 or 1-800-805-2313 (TTY users call 711).

Medicare Prescription Payment Plan

The Medicare Prescription Payment Plan is a payment option that works with your current drug coverage to help you manage your out-of-pocket costs for drugs covered by our plan by spreading them across **the calendar year** (January – December). Anyone with a Medicare drug plan or Medicare health plan with drug coverage (like a Medicare Advantage plan with drug coverage) can use this payment option. **This payment option might help you manage your expenses, but it doesn't save you money or lower your drug costs. If you're participating in the Medicare Prescription Payment Plan and stay in the same Part D plan, your participation will be automatically renewed for 2026.** Extra Help from Medicare and help from your SPAP and ADAP, for those who qualify, is more advantageous than participation in the Medicare Prescription Payment Plan. To learn more about this payment

option call Customer Service at 503-574-8000 or 1-800-603-2340 (TTY users call 711) or visit www.Medicare.gov

Medicare Prescription Payment Plan – Contact Information

Call	855-742-2779 Calls to this number are free. 24 hours a day / 7 days a week. Customer Service 503-574-8000 or 1-800-603-2340 (TTY users call 711) also has free language interpreter services for non-English speakers.
TTY	711 Calls to this number are free. 24 hours a day / 7 days a week.
Write	Capital Rx Attn: M3P Elections Capital RX Inc. P.O. Box 24945 New York, NY 10087-4945 M3P-Election@cap-rx.com
Website	www.ProvidenceHealthAssurance.com/M3P

SECTION 8 Railroad Retirement Board (RRB)

The Railroad Retirement Board is an independent federal agency that administers comprehensive benefit programs for the nation's railroad workers and their families. If you get Medicare through the Railroad Retirement Board, let them know if you move or change your mailing address. For questions about your benefits from the Railroad Retirement Board, contact the agency.

Railroad Retirement Board – Contact Information	
Call	1-877-772-5772 Calls to this number are free. Press “0” to speak with an RRB representative from 9 am to 3:30 pm, Monday, Tuesday, Thursday, and Friday, and from 9 am to 12 pm on Wednesday. Press “1” to access the automated RRB HelpLine and get recorded information 24 hours a day, including weekends and holidays.
TTY	1-312-751-4701 This number requires special telephone equipment and is only for people who have difficulties hearing or speaking. Calls to this number aren’t free.
Website	https://RRB.gov

SECTION 9 If you have group insurance or other health insurance from an employer

If you (or your spouse or domestic partner) get benefits from your (or your spouse or domestic partner’s) employer or retiree group as part of this plan, call the employer/union benefits administrator or Customer Service at 503-574-8000 or 1-800-603-2340 (TTY users call 711) with any questions. You can ask about your (or your spouse or domestic partner’s) employer or retiree health benefits, premiums, or the enrollment period. You can call 1-800-MEDICARE (1-800-633-4227) with questions about your Medicare coverage under this plan. TTY users call 1-877-486-2048.

If you have other drug coverage through your (or your spouse or domestic partner’s) employer or retiree group, contact **that group’s benefits administrator**. The benefits administrator can help you understand how your current drug coverage will work with our plan.

SECTION 10 Get help from Aging and Disability Resource Connection of Oregon (ADRC)

In Oregon, contact Aging and Disability Resource Connection of Oregon (ADRC) at 1-855-ORE-ADRC (1-855-673-2372), www.adrcforegon.org.

CHAPTER 3:

Using our plan for your medical services

SECTION 1 How to get medical care as a member of our plan

This chapter explains what you need to know about using our plan to get your medical care covered. For details on what medical care our plan covers, go to the Medical Benefits Chart in Chapter 4.

Section 1.1 Network providers and covered services

- **Providers** are doctors and other health care professionals licensed by the state to provide medical services and care. The term providers also includes hospitals and other health care facilities.
- **Network providers** are the doctors and other health care professionals, medical groups, durable medical equipment suppliers, hospitals, and other health care facilities that have an agreement with us to accept our payment as payment in full. We arranged for these providers to deliver covered services to members in our plan. The providers in our network bill us directly for care they give you. When you see a network provider, you pay nothing for covered services.
- **Covered services** include all the medical care, health care services, supplies, equipment, and prescription drugs that are covered by our plan. Your covered services for medical care are listed in the Medical Benefits Chart in Chapter 4. Your covered services for prescription drugs are discussed in Chapter 5.

Section 1.2 Basic rules for your medical care to be covered by our plan

As a Medicare health plan, Providence Medicare Dual Plus (HMO D-SNP) must cover all services covered by Original Medicare.

Providence Medicare Dual Plus (HMO D-SNP) will generally cover your medical care as long as:

- **The care you get is included in our plan's Medical Benefits Chart** in Chapter 4.
- **The care you get is considered medically necessary.** Medically necessary means that the services, supplies, equipment, or drugs are needed for the prevention, diagnosis, or treatment of your medical condition and meet accepted standards of medical practice.

Chapter 3 Using our plan for your medical services

- **You have a network primary care provider (a PCP) providing and overseeing your care.** As a member of our plan, you must choose a network PCP (go to Section 2.1 for more information).
 - You do not need a referral from your PCP to see a network specialist, or to receive urgent and emergency care services. However, your PCP may still want to recommend an appropriate network specialist for your medical condition and provide follow-up health care as needed. For coordination of care, it is recommended that you notify your PCP when you want to see a network specialist.
- **You must get your care from a network provider** (see Section 2). In most cases, care you get from an out-of-network provider (a provider who's not part of our plan's network) won't be covered. This means that you have to pay the provider in full for services you get. *Here are 3 exceptions:*
 - Our plan covers emergency care or urgently needed services you get from an out-of-network provider. For more information, and to see what emergency or urgently needed services are, go to Section 3.
 - If you need medical care that Medicare requires our plan to cover but there are no specialists in our network that provide this care, you can get this care from an out-of-network provider at the same cost sharing you normally pay in-network. Authorization should be obtained from our plan prior to seeking care. In this situation, you will pay the same as you would pay if you got the care from a network provider. For information about getting approval to see an out-of-network doctor, go to Section 2.4.
 - Our plan covers kidney dialysis services you get at a Medicare-certified dialysis facility when you're temporarily outside our plan's service area or when your provider for this service is temporarily unavailable or inaccessible. The cost sharing you pay our plan for dialysis can never be higher than the cost sharing in Original Medicare. If you're outside our plan's service area and get dialysis from a provider outside our plan's network, your cost sharing can't be higher than the cost sharing you pay in-network. However, if your usual in-network provider for dialysis is temporarily unavailable and you choose to get services inside our service area from a provider outside our plan's network, your cost sharing for the dialysis may be higher.

SECTION 2 Use providers in our plan's network to get medical care

Section 2.1 You must choose a Primary Care Provider (PCP) to provide and oversee your medical care

What is a PCP and what does the PCP do for you?

What is a PCP?

When you enroll in Providence Medicare Dual Plus (HMO D-SNP), you must choose an available plan provider to be your assigned PCP. A PCP is a physician, nurse practitioner, or health care professional who meets state requirements and is trained to give you basic medical care. In addition to providing your routine or basic care, your PCP will coordinate the other covered services you receive as a plan member. For example, your assigned PCP may want to provide approval before you see a specialist (this is called coordination of care).

You must see your assigned Primary Care Provider (PCP) for Primary Care services. If you see a network Primary Care Provider (PCP) that is not your assigned Primary Care Provider (PCP) the services will not be covered.

What types of providers may act as a PCP?

There are several types of providers who qualify as PCPs. Your PCP could be:

- An Internal Medicine Physician
- A Family Practice Physician
- A General Practice Physician
- A Geriatric Physician
- A Nurse Practitioner

What is the role of a PCP in your plan?

Usually, you will see your PCP first for your health care needs. There are only a few types of covered services you can get on your own, without contacting your PCP first. Please see Section 2.2 for these exceptions.

What is the role of the PCP in coordinating covered services?

As previously mentioned, your PCP will provide most of your care. They will also help coordinate the rest of your covered services, such as x-rays, laboratory tests, therapies, specialist visits, hospital admissions, and follow-up care. "Coordinating" your services includes reaching out to other plan providers to discuss your care and progress. If you need certain types of covered services or supplies, your PCP may want to coordinate them in advance.

What is the role of the PCP in making decisions about or getting a prior authorization (PA), if applicable?

In some cases, your PCP will also need to request prior authorization (prior approval) before you get some services. Since your PCP will provide and coordinate most of your health care services, you should confirm that their office has all of your past medical records.

How to choose a PCP?

You may choose your PCP from the *Provider and Pharmacy Directory*, which is available on our website at www.ProvidenceHealthAssurance.com/findaprovider. You may also call Customer Service for assistance selecting your PCP. Once you make your decision, you must notify Customer Service to ensure accurate claims processing and payment.

It is important to keep other providers and facilities in mind when choosing your PCP. For example, if there is a particular specialist or hospital that you want to use, check to see if your prospective PCP, specialist, or facility is in our network by searching in our Provider and Pharmacy Directory or calling our Customer Service for assistance.

How to change your PCP

You can change your PCP for any reason, at any time. It's also possible that your PCP might leave our plan's network of providers, and you'd need to choose a new PCP.

Please notify Providence Health Assurance Customer Service before your first appointment if you want to change your PCP. Changes to your PCP will go into effect the first day of the month following the date of your request. Customer Service is more than happy to assist you.

Please note: If there is a particular specialist or hospital that you want to use, please coordinate your services with your PCP.

Section 2.2 Medical care you can get without a PCP referral

You can get the services listed below without getting approval in advance from your PCP.

- Routine women's health care, including breast exams, screening mammograms (x-rays of the breast), Pap tests, and pelvic exams as long as you get them from a network provider
- Flu shots, COVID-19 vaccines, and pneumonia vaccines
- Emergency services from network providers or from out-of-network providers
- Urgently needed plan-covered services are services that require immediate medical attention (but not an emergency) if you're either temporarily outside our plan's service area, or if it's unreasonable given your time, place, and circumstances to get this service from network providers. Examples of urgently needed services are

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unforeseen medical illnesses and injuries or unexpected flare-ups of existing conditions. Medically necessary routine provider visits (like annual checkups) aren't considered urgently needed even if you're outside our plan's service area or our plan network is temporarily unavailable.

- Kidney dialysis services that you get at a Medicare-certified dialysis facility when you're temporarily outside our plan's service area. If possible, call Customer Service at 503-574-8000 or 1-800-603-2340 (TTY users call 711) before you leave the service area so we can help arrange for you to have maintenance dialysis while you're away.
- Mental health and substance use disorder services. Please contact Customer Service for details.
- Routine eye exams and routine vision hardware. You can get your routine eye exam and hardware from any qualified provider that accepts Medicare. Please see the Medical Benefits Chart in Chapter 4 for details.
- Contact your PCP for a specialist recommendation for your medical care needs.

Section 2.3 How to get care from specialists and other network providers

A specialist is a doctor who provides health care services for a specific disease or part of the body. There are many kinds of specialists. For example:

- Oncologists care for patients with cancer.
- Cardiologists care for patients with heart conditions.
- Orthopedists care for patients with certain bone, joint, or muscle conditions.

Health care services are only covered when they are medically necessary. Please note that your PCP will provide most of your health care and, when medically appropriate, will coordinate with a Providence network specialist for continued care.

Services like elective surgical procedures, hospitalizations, and skilled nursing care must be approved by Providence Health Assurance before the date of service. Likewise, authorizations to see out-of-network providers must be approved by Providence Health Assurance before you receive care. Your PCP is responsible for getting Providence Health Assurance's approval for the above. For more information, please contact Customer Service.

If there is a particular specialist or hospital that you want to use, check with your PCP first to make sure your desired specialist or facility is in our network. To find a provider, specialist or facility visit www.ProvidenceHealthAssurance.com/findaprovider.

To find out which services require prior authorization, please see Chapter 4, Section 2.

When a specialist or another network provider leaves our plan

We may make changes to the hospitals, doctors, and specialists (providers) in our plan's network during the year. If your doctor or specialist leaves our plan, you have these rights and protections:

- Even though our network of providers may change during the year, Medicare requires that you have uninterrupted access to qualified doctors and specialists.
- We'll notify you that your provider is leaving our plan so that you have time to choose a new provider.
 - If your primary care or behavioral health provider leaves our plan, we'll notify you if you visited that provider within the past 3 years.
 - If any of your other providers leave our plan, we'll notify you if you're assigned to the provider, currently get care from them, or visited them within the past 3 months.
- We'll help you choose a new qualified in-network provider for continued care.
- If you're undergoing medical treatment or therapies with your current provider, you have the right to ask to continue getting medically necessary treatment or therapies. We'll work with you so you can continue to get care.
- We'll give you information about available enrollment periods and options you may have for changing plans.
- When an in-network provider or benefit is unavailable or inadequate to meet your medical needs, we'll arrange for any medically necessary covered benefit outside of our provider network at in-network cost sharing. Please note that prior authorization rules may still apply in this situation.
- If you find out your doctor or specialist is leaving our plan, contact us so we can help you choose a new provider to manage your care.
- If you believe we haven't furnished you with a qualified provider to replace your previous provider or that your care isn't being appropriately managed, you have the right to file a quality-of-care complaint to the QIO, a quality-of-care grievance to our plan, or both (go to Chapter 9).

Section 2.4 How to get care from out-of-network providers

In general, care you receive from an out-of-network provider (a provider who is not part of our plan's network) will not be covered. Here are five exceptions that will be paid at the in-network rate if received from an out-of-network provider:

Chapter 3 Using our plan for your medical services

- Emergency or urgently needed care when you are out of the service area of the plan or when in-area providers are temporarily unavailable. Please see Chapter 4, Section 2 for additional details on obtaining this care.
- Flu shots or pneumonia vaccinations.
- Kidney dialysis services that you get at a dialysis facility when you are temporarily outside the plan's service area.
- Routine eye exam and routine eye wear. Please see Chapter 4, Section 2 for additional details on obtaining this care.
- If you need medical care that Medicare requires our plan to cover and the providers in our network cannot provide this care, you can get this care from an out-of-network provider. Authorization should be obtained from the plan prior to seeking care. Your provider is responsible for requesting authorization before providing you services. If authorization is received, you will pay the same as if you got the care from a network provider.

SECTION 3 How to get services in an emergency, disaster, or urgent need for care

Section 3.1 Get care if you have a medical emergency

A **medical emergency** is when you, or any other prudent layperson with an average knowledge of health and medicine, believe that you have medical symptoms that require immediate medical attention to prevent your loss of life (and, if you're a pregnant woman, loss of an unborn child), loss of a limb or function of a limb, or loss of or serious impairment to a bodily function. The medical symptoms may be an illness, injury, severe pain, or a medical condition that's quickly getting worse.

If you have a medical emergency:

- **Get help as quickly as possible.** Call 911 for help or go to the nearest emergency room or hospital. Call for an ambulance if you need it. You don't need to get approval or a referral first from your PCP. You don't need to use a network doctor. You can get covered emergency medical care whenever you need it, anywhere in the United States or its territories, and from any provider with an appropriate state license even if they're not part of our network.

Covered services in a medical emergency

Our plan covers ambulance services in situations where getting to the emergency room in any other way could endanger your health. We also cover medical services during the emergency.

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The doctors giving you emergency care will decide when your condition is stable and when the medical emergency is over.

After the emergency is over you're entitled to follow-up care to be sure your condition continues to be stable. Your doctors will continue to treat you until your doctors contact us and make plans for additional care. Your follow-up care will be covered by our plan.

If your emergency care is provided by out-of-network providers, we'll try to arrange for network providers to take over your care as soon as your medical condition and the circumstances allow.

What if it wasn't a medical emergency?

Sometimes it can be hard to know if you have a medical emergency. For example, you might go in for emergency care—thinking that your health is in serious danger—and the doctor may say that it wasn't a medical emergency after all. If it turns out that it wasn't an emergency, as long as you reasonably thought your health was in serious danger, we'll cover your care.

However, after the doctor says it wasn't an emergency, we'll cover additional care *only* if you get the additional care in one of these 2 ways:

- You go to a network provider to get the additional care;
- The additional care you get is considered urgently needed services and you follow the rules below for getting this urgent care.

Section 3.2 Get care when you have an urgent need for services

A service that requires immediate medical attention (but isn't an emergency) is an urgently needed service if you're either temporarily outside our plan's service area, or if it's unreasonable given your time, place, and circumstances to get this service from network providers. Examples of urgently needed services are unforeseen medical illnesses and injuries, or unexpected flare-ups of existing conditions. However, medically necessary routine provider visits, such as annual checkups, aren't considered urgently needed even if you're outside our plan's service area or our plan network is temporarily unavailable.

If you have an urgent medical situation, you may contact your primary care provider, call Nurse Advice Line at 503-574-6520 or 1-800-700-0481, and/or get services from an urgent care provider. Please see Chapter 4, Section 2 for cost-sharing information.

Our plan doesn't cover emergency services, urgently needed services, or any other services you get outside of the United States and its territories.

Section 3.3 Get care during a disaster

If the Governor of your state, the U.S. Secretary of Health and Human Services, or the President of the United States declares a state of disaster or emergency in your geographic area, you're still entitled to care from our plan.

Visit www.ProvidenceHealthAssurance.com/disastercare for information on how to get needed care during a disaster.

If you can't use a network provider during a disaster, our plan will allow you to get care from out-of-network providers at in-network cost sharing. If you can't use a network pharmacy during a disaster, you may be able to fill your prescriptions at an out-of-network pharmacy. Go to Chapter 5, Section 2.5.

SECTION 4 What if you're billed directly for the full cost of covered services

Providence Medicare Dual Plus (HMO D-SNP) can only reimburse for Medicare-covered services, and not Medicaid-covered services. If your request for reimbursement is approved, our payment to you will only cover the Medicare allowed amount (what we would normally pay a provider for the service) and not any portion that would be covered by Medicaid, such as Medicare coinsurance and deductibles.

If you paid for your covered services, or if you get a bill for covered medical services, you can ask us to pay our share of the cost of covered services. Go to Chapter 7 for information about what to do.

Section 4.1 If services aren't covered by our plan

Providence Medicare Dual Plus (HMO D-SNP) covers all medically necessary services as listed in the Medical Benefits Chart in Chapter 4. If you get services that aren't covered by our plan, or you get services out-of-network without authorization, you're responsible for paying the full cost of services.

For covered services that have a benefit limitation, you also pay the full cost of any services you get after you use up your benefit for that type of covered service. Once a benefit limit has been reached for a particular service, any additional out-of-pocket costs for that service will not count toward your plan's out-of-pocket maximum. You can call Customer Service when you want to know how much of your benefit limit you have already used.

PLEASE NOTE: As a dual-eligible member (because you have both Medicare and Oregon Health Plan (Medicaid)), some benefits that are not covered by Providence Medicare Dual

Plus (HMO D-SNP) may be covered under your Oregon Health Plan (Medicaid) benefit. See the “Summary of Oregon Health Plan (Medicaid) Covered Services” section of your Summary of Benefits for your Oregon Health Plan (Medicaid) coverage and for more information. Prior to paying, be sure to check with the Oregon Health Plan (Medicaid).

SECTION 5 Medical services in a clinical research study

Section 5.1 What is a clinical research study

A clinical research study (also called a clinical trial) is a way that doctors and scientists test new types of medical care, like how well a new cancer drug works. Certain clinical research studies are approved by Medicare. Clinical research studies approved by Medicare typically ask for volunteers to participate in the study. When you’re in a clinical research study, you can stay enrolled in our plan and continue to get the rest of your care (care that’s not related to the study) through our plan.

If you participate in a Medicare-approved study, Original Medicare pays most of the costs for covered services you get as part of the study. If you tell us that you’re in a qualified clinical trial, you’re only responsible for the in-network cost sharing for the services in that trial. If you paid more—for example, if you already paid the Original Medicare cost-sharing amount—we’ll reimburse the difference between what you paid and the in-network cost sharing. You’ll need to provide documentation to show us how much you paid.

If you want to participate in any Medicare-approved clinical research study, you don’t need to tell us or get approval from us or your PCP. The providers that deliver your care as part of the clinical research study don’t need to be part of our plan’s network. (This doesn’t apply to covered benefits that require a clinical trial or registry to assess the benefit, including certain benefits requiring coverage with evidence development (NCDs-CED) and investigational device exemption (IDE) studies. These benefits may also be subject to prior authorization and other plan rules.)

While you don’t need our plan’s permission to be in a clinical research study, we encourage you to notify us in advance when you choose to participate in Medicare-qualified clinical trials.

If you participate in a study not approved by Medicare you’ll be responsible for paying all costs for your participation in the study.

Section 5.2 Who pays for services in a clinical research study

Once you join a Medicare-approved clinical research study, Original Medicare covers the routine items and services you get as part of the study, including:

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- Room and board for a hospital stay that Medicare would pay for even if you weren't in a study.
- An operation or other medical procedure if it is part of the research study.
- Treatment of side effects and complications of the new care.

After Medicare has paid its share of the cost for these services, our plan will pay the rest. Like for all covered services, you'll pay nothing for the covered services you get in the clinical research study.

When you're in a clinical research study, **neither Medicare nor our plan will pay for any of the following:**

- Generally, Medicare won't pay for the new item or service the study is testing unless Medicare would cover the item or service even if you weren't in a study.
- Items or services provided only to collect data and not used in your direct health care. For example, Medicare won't pay for monthly CT scans done as part of a study if your medical condition would normally require only one CT scan.
- Items and services provided by the research sponsors free-of-charge for people in the trial.

Get more information about joining a clinical research study

Get more information about joining a clinical research study in the Medicare publication *Medicare and Clinical Research Studies*, available at www.Medicare.gov/sites/default/files/2019-09/02226-medicare-and-clinical-research-studies.pdf.) You can also call 1-800-MEDICARE (1-800-633-4227). TTY users call 1-877-486-2048.

SECTION 6 Rules for getting care in a religious non-medical health care institution

Section 6.1 A religious non-medical health care institution?

A religious non-medical health care institution is a facility that provides care for a condition that would ordinarily be treated in a hospital or skilled nursing facility. If getting care in a hospital or a skilled nursing facility is against a member's religious beliefs, we'll instead cover care in a religious non-medical health care institution. This benefit is provided only for Part A inpatient services (non-medical health care services).

Section 6.2 How to get care from a religious non-medical health care institution

To get care from a religious non-medical health care institution, you must sign a legal document that says you're conscientiously opposed to getting medical treatment that's **non-excepted**.

- **Non-excepted** medical care or treatment is any medical care or treatment that's *voluntary* and *not required* by any federal, state, or local law.
- **Excepted** medical treatment is medical care or treatment you get that's *not* voluntary or *is required* under federal, state, or local law.

To be covered by our plan, the care you get from a religious non-medical health care institution must meet the following conditions:

- The facility providing the care must be certified by Medicare.
- Our plan only covers *non-religious* aspects of care.
- If you get services from this institution provided to you in a facility, the following conditions apply:
 - You must have a medical condition that would allow you to get covered services for inpatient hospital care or skilled nursing facility care;
 - – *and* – you must get approval in advance from our plan before you're admitted to the facility, or your stay won't be covered.

There is no limit to the number of days covered by the plan for each inpatient hospital stay. For more information, please see the 'Inpatient hospital care' row in the Medical Benefits Chart, which is located in Chapter 4, Section 2 of this document.

SECTION 7 Rules for ownership of durable medical equipment

Section 7.1 You won't own some durable medical equipment after making a certain number of payments under our plan

Durable medical equipment (DME) includes items like oxygen equipment and supplies, wheelchairs, walkers, powered mattress systems, crutches, diabetic supplies, speech generating devices, IV infusion pumps, nebulizers, and hospital beds ordered by a provider for members to use in the home. The member always owns some DME items, like prosthetics. Other types of DME you must rent.

In Original Medicare, people who rent certain types of DME own the equipment after paying copayments for the item for 13 months. **As a member of Providence Medicare Dual Plus**

(HMO D-SNP), you usually won't get acquire ownership of rented DME items no matter how many copayments you make for the item while a member of our plan. You won't get ownership, even if you made up to 12 consecutive payments for the DME item under Original Medicare before you joined our plan. Under some limited circumstances, we'll transfer ownership of the DME item to you. Call Home Services at 503-574-8000 or 1-800-603-2340 (TTY users call 711) for more information.

What happens to payments you made for durable medical equipment if you switch to Original Medicare?

If you didn't get acquire ownership of the DME item while in our plan, you'll have to make 13 new consecutive payments after you switch to Original Medicare to own the DME item. The payments you made while enrolled in our plan don't count towards these 13 payments.

Example 1: You made 12 or fewer consecutive payments for the item in Original Medicare and then joined our plan. The payments you made in Original Medicare don't count.

Example 2: You made 12 or fewer consecutive payments for the item in Original Medicare and then joined our plan. You didn't get ownership of the item while in our plan. You then go back to Original Medicare. You'll have to make 13 consecutive new payments to own the item once you rejoin Original Medicare. Any payments you already made (whether to our plan or to Original Medicare) don't count.

Section 7.2 Rules for oxygen equipment, supplies, and maintenance

If you qualify for Medicare oxygen equipment coverage, Providence Medicare Dual Plus (HMO D-SNP) will cover:

- Rental of oxygen equipment
- Delivery of oxygen and oxygen contents
- Tubing and related oxygen accessories for the delivery of oxygen and oxygen contents
- Maintenance and repairs of oxygen equipment

If you leave Providence Medicare Dual Plus (HMO D-SNP) or no longer medically require oxygen equipment, the oxygen equipment must be returned.

What happens if you leave our plan and return to Original Medicare?

Original Medicare requires an oxygen supplier to provide you services for 5 years. During the first 36 months, you rent the equipment. For the remaining 24 months, the supplier provides the equipment and maintenance (you're still responsible for the copayment for oxygen). After

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5 years, you can choose to stay with the same company or go to another company. At this point, the 5-year cycle starts over again, even if you stay with the same company, and you're again required to pay copayments for the first 36 months. If you join or leave our plan, the 5-year cycle starts over.

CHAPTER 4:

Medical Benefits Chart (what's covered)

SECTION 1 Understanding covered services

The Medical Benefits Chart lists your covered services as a member of Providence Medicare Dual Plus (HMO D-SNP). This section also gives information about medical services that aren't covered and explains limits on certain services. Please contact Customer Service for information about exclusions or limitations that are not listed in this *Evidence of Coverage*.

Section 1.1 You pay nothing for your covered services

For Oregon Health Plan (Medicaid) members in the "OHP with Limited Drug" benefit package, Medicaid may only pay cost-sharing amounts for services that Medicaid would normally cover. Please contact the Oregon Health Plan (Medicaid) or your Coordinated Care Organization for more information. Providence Medicare Dual Plus (HMO D-SNP) members who are enrolled with Health Share of Oregon/Providence for Medicaid will not have out-of-pocket costs for any Medicare-covered medical services. Prescription drug cost-sharing amounts still apply.

Because you get help from Medicaid, you pay nothing for your covered services as long as you follow our plans' rules for getting your care. (Go to Chapter 3 for more information about our plans' rules for getting your care.)

Section 1.2 What's the most you'll pay for covered medical services?

Note: Because our members also get help from Medicaid, very few members ever reach this out-of-pocket maximum. You're not responsible for paying any out-of-pocket costs toward the maximum out-of-pocket amount for covered Part A and Part B services.

Medicare Advantage Plans have limits on the amount you have to pay out-of-pocket each year for medical services covered by our plan. This limit is called the maximum out-of-pocket (MOOP) amount for medical services. **For calendar year 2026, the MOOP amount is \$9,250.**

The amounts you pay for covered services count toward this maximum out-of-pocket amount. The amounts you pay for Part D drugs don't count toward your maximum out-of-pocket amount. If you reach the maximum out-of-pocket amount of \$9,250, you won't have to pay any out-of-pocket costs for the rest of the year for covered services. However, you must

continue to pay the Medicare Part B premium (unless your Part B premium is paid for you by Medicaid or another third party).

SECTION 2 The Medical Benefits Chart shows your medical benefits and costs

The Medical Benefits Chart on the next pages lists the services Providence Medicare Dual Plus (HMO D-SNP) covers. (Part D drug coverage is in Chapter 5). The services listed in the Medical Benefits Chart are covered only when these requirements are met:

- Your Medicare covered services must be provided according to Medicare coverage guidelines.
- Your services (including medical care, services, supplies, equipment, and Part B drugs) *must* be medically necessary. Medically necessary means that the services, supplies, or drugs are needed for the prevention, diagnosis, or treatment of your medical condition and meet accepted standards of medical practice.
- For new enrollees, your MA coordinated care plan must provide a minimum 90-day transition period, during which time the new MA plan may not require prior authorization for any active course of treatment, even if the course of treatment was for a service that commenced with an out-of-network provider.
- You get your care from a network provider. In most cases, care you get from an out-of-network provider won't be covered, unless it's emergency or urgent care or unless our plan or a network provider gave you a referral. This means you pay the provider in full for out-of-network services you get.
- You have a primary care provider (a PCP) providing and overseeing your care.
- Some services listed in the Medical Benefits Chart are covered only if your doctor or other network provider gets approval from us in advance (sometimes called prior authorization). Covered services that need approval in advance are marked in the Medical Benefits Chart by an asterisk.
- If your coordinated care plan provides approval of a prior authorization request for a course of treatment, the approval must be valid for as long as medically reasonable and necessary to avoid disruptions in care in accordance with applicable coverage criteria, your medical history, and the treating provider's recommendation.

Other important things to know about our coverage:

- You're covered by both Medicare and Medicaid. Medicare covers health care and prescription drugs. Medicaid covers your cost sharing for Medicare services. Medicaid

also covers services Medicare doesn't cover, like long-term care and home and community-based services.

- Like all Medicare health plans, we cover everything that Original Medicare covers. (To learn more about the coverage and costs of Original Medicare, go to your *Medicare & You* 2026 handbook. View it online at www.Medicare.gov or ask for a copy by calling 1-800-MEDICARE (1-800-633-4227). TTY users call 1-877-486-2048.)
- For preventive services covered at no cost under Original Medicare, we also cover those services at no cost to you.
- If Medicare adds coverage for any new services during 2026, either Medicare or our plan will cover those services.
- If you're within our plan's one-month period of deemed continued eligibility, we'll continue to provide all Medicare Advantage plan-covered Medicare benefits. However, during this period, the Oregon Health Plan (Medicaid) may not continue to cover Medicaid benefits that are included under the Oregon Health Plan (Medicaid) State Plan, and may not pay the Medicare premiums or cost sharing for which the Oregon Health Plan (Medicaid) may otherwise be liable. Medicare cost-sharing amounts for Medicare basic and supplemental benefits do not change during this period.

You don't pay anything for the services listed in the Medical Benefits Chart, as long as you meet the coverage requirements described above.

Important Benefit Information for People Who Qualify for Extra Help

- If you get Extra Help to pay your Medicare drug coverage costs, you may be eligible for other targeted supplemental benefits and/or targeted reduced cost sharing.

Important Benefit Information for Enrollees with Chronic Conditions

- If you're diagnosed with any of the chronic condition(s) listed below and meet certain criteria, you may be eligible for special supplemental benefits for the chronically ill.

- **List of Chronic Conditions:**

(1) Chronic alcohol use disorder and other substance use disorders (SUDs).

(2) Autoimmune disorders:

(i) Polyarteritis nodosa.

(ii) Polymyalgia rheumatica.

(iii) Polymyositis.

(iv) Dermatomyositis.

(v) Rheumatoid arthritis.

(vi) Systemic lupus erythematosus.

(vii) Psoriatic arthritis.

(viii) Scleroderma.

(3) Cancer.

- (4) Cardiovascular disorders:
 - (i) Cardiac arrhythmias.
 - (ii) Coronary artery disease.
 - (iii) Peripheral vascular disease.
 - (iv) Valvular heart disease.
- (5) Chronic heart failure.
- (6) Dementia.
- (7) Diabetes mellitus.
- (8) Overweight, obesity, and metabolic syndrome.
- (9) Chronic gastrointestinal disease:
 - (i) Chronic liver disease.
 - (ii) Non-alcoholic fatty liver disease (NAFLD).
 - (iii) Hepatitis B.
 - (iv) Hepatitis C.
 - (v) Pancreatitis.
 - (vi) Irritable bowel syndrome.
 - (vii) Inflammatory bowel disease.
- (10) Chronic kidney disease (CKD):
 - (i) CKD requiring dialysis/End-stage renal disease (ESRD).
 - (ii) CKD not requiring dialysis.
- (11) Severe hematologic disorders:
 - (i) Aplastic anemia.
 - (ii) Hemophilia.
 - (iii) Immune thrombocytopenic purpura.
 - (iv) Myelodysplastic syndrome.
 - (v) Sickle-cell disease (excluding sickle-cell trait).
 - (vi) Chronic venous thromboembolic disorder.
- (12) HIV/AIDS.
- (13) Chronic lung disorders:
 - (i) Asthma, Chronic bronchitis.
 - (ii) Cystic Fibrosis.
 - (iii) Emphysema.
 - (iv) Pulmonary fibrosis.
 - (v) Pulmonary hypertension.
 - (vi) Chronic Obstructive Pulmonary Disease (COPD).
- (14) Chronic and disabling mental health conditions:
 - (i) Bipolar disorders.
 - (ii) Major depressive disorders.
 - (iii) Paranoid disorder.
 - (iv) Schizophrenia.
 - (v) Schizoaffective disorder.
 - (vi) Post-traumatic stress disorder (PTSD).

- (vii) Eating Disorders.
- (viii) Anxiety disorders.
- (15) Neurologic disorders:
 - (i) Amyotrophic lateral sclerosis (ALS).
 - (ii) Epilepsy.
 - (iii) Extensive paralysis (that is, hemiplegia, quadriplegia, paraplegia, monoplegia).
 - (iv) Huntington's disease.
 - (v) Multiple sclerosis.
 - (vi) Parkinson's disease.
 - (vii) Polyneuropathy.
 - (viii) Fibromyalgia.
 - (ix) Chronic fatigue syndrome.
 - (x) Spinal cord injuries.
 - (xi) Spinal stenosis.
 - (xii) Stroke-related neurologic deficit.
- (16) Stroke.
- (17) Post-organ transplantation care.
- (18) Immunodeficiency and Immunosuppressive disorders.
- (19) Conditions associated with cognitive impairment:
 - (i) Alzheimer's disease.
 - (ii) Intellectual disabilities and developmental disabilities.
 - (iii) Traumatic brain injuries.
 - (iv) Disabling mental illness associated with cognitive impairment.
 - (v) Mild cognitive impairment.
- (20) Conditions with functional challenges and require similar services including the following:
 - (i) Spinal cord injuries.
 - (ii) Paralysis.
 - (iii) Limb loss.
 - (iv) Stroke.
 - (v) Arthritis.
- (21) Chronic conditions that impair vision, hearing (deafness), taste, touch, and smell.
- (22) Conditions that require continued therapy services in order for individuals to maintain or retain functioning.
 - There is no action required by members for eligibility. We will automatically determine eligibility by:
 - Utilizing the health risk assessment (HRA) for new incoming members as an eligibility trigger.
 - Pulling diagnosis codes weekly, throughout the year, to help identify if renewing members or members diagnosed mid-year may be eligible.

Chapter 4 Medical Benefits Chart (what is covered and what you pay)

- We will send an approval letter to eligible members with instructions on how to activate their supplemental member benefits.
- For more detail, go to the *Special Supplemental Benefits for the Chronically Ill* row in the Medical Benefits Chart below.
- Contact us to find out exactly which benefits you may be eligible for.



This apple shows the preventive services in the Medical Benefits Chart.

- For Oregon Health Plan (Medicaid) benefits, please refer to the Benefits Chart within the Providence Medicare Dual Plus (HMO D-SNP) Summary of Benefits document.

Medical Benefits Chart

Covered Service	What you pay
 Abdominal aortic aneurysm screening A one-time screening ultrasound for people at risk. Our plan only covers this screening if you have certain risk factors and if you get a referral for it from your physician, physician assistant, nurse practitioner, or clinical nurse specialist.	There is no coinsurance, copayment, or deductible for members eligible for this preventive screening.
Acupuncture for chronic low back pain* Covered services include: Up to 12 visits in 90 days are covered under the following circumstances: For the purpose of this benefit, chronic low back pain is defined as: • Lasting 12 weeks or longer; • nonspecific, in that it has no identifiable systemic cause (i.e., not associated with metastatic, inflammatory, infectious disease, etc.); • not associated with surgery; and • not associated with pregnancy. An additional 8 sessions will be covered for patients demonstrating an improvement. No more than 20 acupuncture treatments may be administered annually. Treatment must be discontinued if the patient is not improving or is regressing.	There is no coinsurance, copayment, or deductible for acupuncture for chronic low back pain. For certain members, the Oregon Health Plan (Medicaid) may only pay cost-sharing amounts for Medicare-covered services that the Oregon Health Plan (Medicaid) would normally cover.

Covered Service	What you pay
Acupuncture for chronic low back pain (continued) Provider Requirements: Physicians (as defined in 1861(r)(1) of the Social Security Act (the Act)) may furnish acupuncture in accordance with applicable state requirements. Physician assistants (PAs), nurse practitioners (NPs)/clinical nurse specialists (CNSs) (as identified in 1861(aa)(5) of the Act), and auxiliary personnel may furnish acupuncture if they meet all applicable state requirements and have: • a master's or doctoral level degree in acupuncture or Oriental Medicine from a school accredited by the Accreditation Commission on Acupuncture and Oriental Medicine (ACAOM); and, • a current, full, active, and unrestricted license to practice acupuncture in a State, Territory, or Commonwealth (i.e., Puerto Rico) of the United States, or District of Columbia. Auxiliary personnel furnishing acupuncture must be under the appropriate level of supervision of a physician, PA, or NP/CNS required by our regulations at 42 CFR §§ 410.26 and 410.27. Providers make medical necessity review requests for acupuncture services through an authorizing agent to inform Providence Health Assurance that you are starting acupuncture services. * This service may require prior authorization. See Section 2 of this chapter for details.	

Covered Service	What you pay
Ambulance services* Covered ambulance services whether for an emergency or non-emergency situation, include fixed wing, rotary wing, and ground ambulance services, to the nearest appropriate facility that can provide care if they're furnished to a member whose medical condition is such that other means of transportation could endanger the person's health or if authorized by our plan. If the covered ambulance services aren't for an emergency situation, it should be documented that the member's condition is such that other means of transportation could endanger the person's health and that transportation by ambulance is medically required. *Prior authorization rules may apply for non-emergency transportation services, including from out-of-network to in-network facilities. See Section 2 of this chapter for details.	There is no coinsurance, copayment, or deductible per one-way Medicare-covered ground ambulance transport. There is no coinsurance, copayment, or deductible per one-way Medicare-covered air ambulance transport. There is no coinsurance, copayment, or deductible for ambulance services received through the 911 emergency medical response system when you receive treatment but do not ride in the ambulance. There is no coinsurance, copayment, or deductible for an authorized one-way ambulance transport from an out-of-network to an in-network facility.
 Annual routine physical exam Our plan covers an annual routine physical exam in addition to the Medicare-covered annual wellness visit. This benefit allows you to see your provider without a specific medical complaint and includes a comprehensive physical exam once per calendar year. Please note: If you are treated or monitored for an existing medical condition during the visit when you receive this preventive service, a copayment or coinsurance may apply for the care received for the existing medical condition.	There is no coinsurance, copayment, or deductible for an annual routine physical exam.

Covered Service	What you pay
 Annual wellness visit If you've had Part B for longer than 12 months, you can get an annual wellness visit to develop or update a personalized prevention plan based on your current health and risk factors. This is covered once every 12 months. Note: Your first annual wellness visit can't take place within 12 months of your <i>Welcome to Medicare</i> preventive visit. However, you don't need to have had a <i>Welcome to Medicare</i> visit to be covered for annual wellness visits after you've had Part B for 12 months. Please note: If you are treated or monitored for an existing medical condition during the visit when you receive this preventive service, a copayment or coinsurance may apply for the care received for the existing medical condition.	There is no coinsurance, copayment, or deductible for the annual wellness visit.
 Bone mass measurement For qualified people (generally, this means people at risk of losing bone mass or at risk of osteoporosis), the following services are covered every 24 months or more frequently if medically necessary: procedures to identify bone mass, detect bone loss, or determine bone quality, including a physician's interpretation of the results. Please note: If you are treated or monitored for an existing medical condition during the visit when you receive this preventive service, a copayment or coinsurance may apply for the care received for the existing medical condition.	There is no coinsurance, copayment, or deductible for Medicare-covered bone mass measurement.
 Breast cancer screening (mammograms) Covered services include: • One baseline mammogram between the ages of 35 and 39 • One screening mammogram every 12 months for women aged 40 and older • Clinical breast exams once every 24 months Please note: If you are treated or monitored for an existing medical condition during the visit when you receive this	There is no coinsurance, copayment, or deductible for covered screening mammograms.

Covered Service	What you pay
 Breast cancer screening (mammograms) (continued) preventive service, a copayment or coinsurance may apply for the care received for the existing medical condition.	
Cardiac rehabilitation services Comprehensive programs of cardiac rehabilitation services that include exercise, education, and counseling are covered for members who meet certain conditions with a doctor's order. Our plan also covers intensive cardiac rehabilitation programs that are typically more rigorous or more intense than cardiac rehabilitation programs. Cardiac rehabilitation visits are limited to 36 sessions over a period of 36 weeks. If medically necessary, you may receive up to 36 additional sessions. Intensive cardiac rehabilitation visits are limited to 36 sessions over a period of 36 weeks. If medically necessary, you may receive up to 36 additional sessions.	There is no coinsurance, copayment, or deductible for each Medicare-covered cardiac rehab service. There is no coinsurance, copayment, or deductible for each Medicare-covered intensive cardiac rehab service. For certain members, the Oregon Health Plan (Medicaid) may only pay cost-sharing amounts for Medicare-covered services that the Oregon Health Plan (Medicaid) would normally cover.
 Cardiovascular disease risk reduction visit (therapy for cardiovascular disease) We cover one visit per year with your primary care doctor to help lower your risk for cardiovascular disease. During this visit, your doctor may discuss aspirin use (if appropriate), check your blood pressure, and give you tips to make sure you're eating healthy. Please note: If you are treated or monitored for an existing medical condition during the visit when you receive this preventive service, a copayment or coinsurance may apply for the care received for the existing medical condition.	There is no coinsurance, copayment, or deductible for the intensive behavioral therapy cardiovascular disease preventive benefit.

Covered Service	What you pay
 Cardiovascular disease screening tests Blood tests for the detection of cardiovascular disease (or abnormalities associated with an elevated risk of cardiovascular disease) once every 5 years (60 months). Please note: If you are treated or monitored for an existing medical condition during the visit when you receive this preventive service, a copayment or coinsurance may apply for the care received for the existing medical condition.	There is no coinsurance, copayment, or deductible for cardiovascular disease testing that is covered once every 5 years.
 Cervical and vaginal cancer screening Covered services include: • For all women: Pap tests and pelvic exams are covered once every 24 months • If you're at high risk of cervical or vaginal cancer or you're of childbearing age and have had an abnormal Pap test within the past 3 years: one Pap test every 12 months Please note: If you are treated or monitored for an existing medical condition during the visit when you receive this preventive service, a copayment or coinsurance may apply for the care received for the existing medical condition.	There is no coinsurance, copayment, or deductible for Medicare-covered preventive Pap and pelvic exams.

Covered Service	What you pay
Chiropractic services* Covered services include: • Manual manipulation (i.e., use of hands) of the spine to correct subluxation (when one or more of the bones of your spine move out of position) if you get this service from a chiropractor or other qualified provider. Manual manipulation is a treatment that uses hands-on pressure to gently move your joints and tissues. Excluded from Medicare coverage is any service other than manual manipulation for the treatment of subluxation, including: • Maintenance therapy. Chiropractic treatment is considered maintenance therapy when continuous ongoing care is no longer expected to provide clinical improvements, and the treatment becomes supportive instead of corrective. • Extra charges when your chiropractor uses a manual, hand-held device to add controlled pressure during treatment. • X-rays, massage therapy, and acupuncture (unless the acupuncture is for the treatment of chronic low back pain). Services must be medically necessary and are subject to review and coverage authorization for in network. Providers make medical necessity review requests for chiropractic services through an authorizing agent to inform Providence Health Assurance that you are starting chiropractic services. * This service may require prior authorization. See Section 2 of this chapter for details.	There is no coinsurance, copayment, or deductible for each Medicare-covered chiropractic visit. For certain members, the Oregon Health Plan (Medicaid) may only pay cost-sharing amounts for Medicare-covered services that the Oregon Health Plan (Medicaid) would normally cover.

Covered Service	What you pay
Chronic pain management and treatment services Covered monthly services for people living with chronic pain (persistent or recurring pain lasting longer than 3 months). Services may include pain assessment, medication management, and care coordination and planning.	Cost sharing for this service will vary depending on individual services provided under the course of treatment. PCP office visit copayments are \$0 and Specialist office visit copayments are \$0.
 Colorectal cancer screening The following screening tests are covered: • Colonoscopy has no minimum or maximum age limitation and is covered once every 120 months (10 years) for patients not at high risk, or 48 months after a previous flexible sigmoidoscopy for patients who aren't at high risk for colorectal cancer, and once every 24 months for high-risk patients after a previous screening colonoscopy. • Computed tomography colonography for patients 45 year and older who are not at high risk of colorectal cancer and is covered when at least 59 months have passed following the month in which the last screening computed tomography colonography was performed or 47 months have passed following the month in which the last screening flexible sigmoidoscopy or screening colonoscopy was performed. For patients at high risk for colorectal cancer, payment may be made for a screening computed tomography colonography performed after at least 23 months have passed following the month in which the last screening computed tomography colonography or the last screening colonoscopy was performed. • Flexible sigmoidoscopy for patients 45 years and older. Once every 120 months for patients not at high risk after the patient got a screening colonoscopy. Once every 48 months for high-risk patients from the last flexible sigmoidoscopy or computed tomography colonography.	There is no coinsurance, copayment, or deductible for a Medicare-covered colorectal cancer screening exam. If your doctor finds and removes a polyp or other tissue during the colonoscopy or flexible sigmoidoscopy, the screening exam becomes a diagnostic exam.

Covered Service	What you pay
Colorectal cancer screening (continued) • Screening fecal-occult blood tests for patients 45 years and older. Once every 12 months. • Multitarget stool DNA for patients 45 to 85 years of age and not meeting high risk criteria. Once every 3 years. • Blood-based Biomarker Tests for patients 45 to 85 years of age and not meeting high risk criteria. Once every 3 years. • Colorectal cancer screening tests include a follow-on screening colonoscopy after a Medicare-covered non-invasive stool-based colorectal cancer screening test returns a positive result. • Colorectal cancer screening tests include a planned screening flexible sigmoidoscopy or screening colonoscopy that involves the removal of tissue or other matter, or other procedure furnished in connection with, as a result of, and in the same clinical encounter as the screening test. Please note: If you are treated or monitored for an existing medical condition during the visit when you receive this preventive service, a copayment or coinsurance may apply for the care received for the existing medical condition.	
Dental services* In general, preventive dental services (such as cleaning, routine dental exams, and dental x-rays) aren't covered by Original Medicare. However, Medicare pays for dental services in a limited number of circumstances, specifically when that service is an integral part of specific treatment of a person's primary medical condition. Examples include reconstruction of the jaw after a fracture or injury, tooth extractions done in preparation for radiation treatment for cancer involving the jaw, or oral exams prior to organ transplantation. In addition, we cover:	

Covered Service	What you pay
Dental services* (continued) Medicare-covered dental services: • Surgery of the jaw or related structures, setting fractures of the jaw or facial bones, extraction of teeth to prepare the jaw for radiation treatments for neoplastic disease and other jaw or dental services that would be provided by a medical doctor.	There is no coinsurance, copayment, or deductible for each Medicare-covered dental visit.
Other dental services: • We give you a pre-loaded debit card to pay for your dental care. You can use the money on this card for any dental services you like, from cleanings and x-rays to fillings and crowns. This card may not be used for non-dental services. • The card has a maximum allowance of \$900, which you can use between 12:00 a.m. on January 1, 2026, and 11:59 p.m. on December 31, 2026. Please note that if you do not use all of the money on your card within that time frame, it will expire and not carry over to the next year. • The card can be used at any dental clinic of your choosing. • If you use all of the money on the card to pay for a single dental service or procedure, then you will need to pay the entire cost sharing for any future dental care you receive in the same calendar year. • This allowance can be used for services not covered by your Oregon Health Plan (Medicaid) plan. If you have any questions about your debit card or dental benefits, please call Customer Service at 503-574-8000 or 1-800-603-2340. TTY users should call 711. *This service may require prior authorization. See Section 2 of this chapter for details.	You have an allowance of \$450 every six months for any dental services of your choosing.

Covered Service	What you pay
 Depression screening We cover one screening for depression per year. The screening must be done in a primary care setting that can provide follow-up treatment and/or referrals. Please note: If you are treated or monitored for an existing medical condition during the visit when you receive this preventive service, a copayment or coinsurance may apply for the care received for the existing medical condition.	There is no coinsurance, copayment, or deductible for an annual depression screening visit.
 Diabetes screening We cover this screening (includes fasting glucose tests) if you have any of these risk factors: high blood pressure (hypertension), history of abnormal cholesterol and triglyceride levels (dyslipidemia), obesity, or a history of high blood sugar (glucose). Tests may also be covered if you meet other requirements, like being overweight and having a family history of diabetes. You may be eligible for up to 2 diabetes screenings every 12 months following the date of your most recent diabetes screening test. Please note: If you are treated or monitored for an existing medical condition during the visit when you receive this preventive service, a copayment or coinsurance may apply for the care received for the existing medical condition.	There is no coinsurance, copayment, or deductible for the Medicare-covered diabetes screening tests.

Covered Service	What you pay
 Diabetes self-management training, diabetic services, and supplies* For all people who have diabetes (insulin and non-insulin users), covered services include: - Supplies to monitor your blood glucose: blood glucose monitor, blood glucose test strips, lancet devices and lancets, and glucose-control solutions for checking the accuracy of test strips and monitors. - For people with diabetes who have severe diabetic foot disease: one pair per calendar year of therapeutic custom-molded shoes (including inserts provided with such shoes) and 2 additional pairs of inserts, or one pair of depth shoes and 3 pairs of inserts (not including the non-customized removable inserts provided with such shoes). Coverage includes fitting. - Diabetes self-management training is covered under certain conditions. Please note: If you are treated or monitored for an existing medical condition during the visit when you receive this preventive service, a copayment or coinsurance may apply for the care received for the existing medical condition. *This service may require prior authorization. See Section 2 of this chapter for details.	There is no coinsurance, copayment, or deductible for Medicare-covered diabetic monitoring supplies. Test strips and glucometers are limited to the plan's preferred manufacturers. All diabetic supplies and/or devices should be provided and arranged through the retail pharmacy network or other network provider. There is no coinsurance, copayment, or deductible for Medicare-covered therapeutic shoes or inserts. All Durable Medical Equipment (DME) must be provided and arranged through the retail pharmacy network, Home Services, or other plan-authorized provider. There is no coinsurance, copayment, or deductible for Medicare-covered diabetes self-management training.

Covered Service	What you pay
Durable medical equipment (DME) and related supplies* For a definition of durable medical equipment, go to Chapter 12 and Chapter 3) Covered items include, but aren't limited to, wheelchairs, crutches, powered mattress systems, diabetic supplies, hospital beds ordered by a provider for use in the home, IV infusion pumps, speech generating devices, oxygen equipment, nebulizers, and walkers. We cover all medically necessary DME covered by Original Medicare. If our supplier in your area doesn't carry a particular brand or manufacturer, you can ask them if they can special order it for you. This most recent list of suppliers is also available on our website at www.ProvidenceHealthAssurance.com/findaprovider. The DME supplier in your area is Home Services. Visit www.ProvidenceHealthAssurance.com/partnercontacts for benefit contact information. If you (or your provider) don't agree with our plan's coverage decision, you or your provider can file an appeal. You can also file an appeal if you don't agree with your provider's decision about what product or brand is appropriate for your medical condition. (For more information about appeals, go to Chapter 9.) *This service may require prior authorization. See Section 2 of this chapter for details.	There is no coinsurance, copayment, or deductible for Medicare-covered durable medical equipment and related supplies. There is no coinsurance, copayment, or deductible for Medicare oxygen equipment. Your cost sharing won't change after being enrolled for 36 months. All Durable Medical Equipment (DME), such as continuous glucose monitors (CGMs), insulin pumps, and wheelchairs, must be provided by the retail pharmacy network, Home Services, or other network provider. For certain members, the Oregon Health Plan (Medicaid) may only pay cost-sharing amounts for Medicare-covered services that the Oregon Health Plan (Medicaid) would normally cover.

Covered Service	What you pay
Emergency care Emergency care refers to services that are: • Furnished by a provider qualified to furnish emergency services, and • Needed to evaluate or stabilize an emergency medical condition. A medical emergency is when you, or any other prudent layperson with an average knowledge of health and medicine, believe that you have medical symptoms that require immediate medical attention to prevent loss of life (and, if you're a pregnant woman, loss of an unborn child), loss of a limb, or loss of function of a limb. The medical symptoms may be an illness, injury, severe pain, or a medical condition that's quickly getting worse. Cost sharing for necessary emergency services you get out-of-network is the same as when you get these services in-network. Emergency care coverage applies only within the United States and its territories.	There is no coinsurance, copayment, or deductible for each Medicare-covered emergency room visit. If you are admitted to the hospital within 24 hours of your emergency room visit, you do not have to pay the emergency room copayment. For certain members, the Oregon Health Plan (Medicaid) may only pay cost-sharing amounts for Medicare-covered services that the Oregon Health Plan (Medicaid) would normally cover. If you get emergency care at an out-of-network hospital and need inpatient care after your emergency condition is stabilized, you must have your inpatient care at the out-of-network hospital authorized by our plan and your cost is the cost sharing you would pay at a network hospital. See the "Inpatient hospital services" section of this medical benefits chart for inpatient cost-sharing information.

Covered Service	What you pay
Fitness benefit Providence Medicare Dual Plus (HMO D-SNP) members get to enjoy in-network gyms to help you take control of your health and help you feel your best. As a member, you get the following at low or no cost to you: • Fitness Gyms: You have access to a variety of local gyms. You may locate a fitness center, within a 40-mile radius, by visiting the fitness website. • Online Fitness: Classes are available, please go to the fitness website for class schedules. If you have any questions, need help finding a participating fitness center, want to enroll or learn more about the program, contact the Benefits Administrator. Visit www.ProvidenceHealthAssurance.com/partnercontacts for benefit contact information.	There is no coinsurance, copayment, or deductible for the fitness benefit.
Hearing services Diagnostic hearing and balance evaluations performed by your provider to determine if you need medical treatment are covered as outpatient care when you get them from a physician, audiologist, or other qualified provider. In general, supplemental hearing exams and hearing aids are not a covered benefit.	There is no coinsurance, copayment, or deductible for Medicare-covered diagnostic hearing exams. For certain members, the Oregon Health Plan (Medicaid) may only pay cost-sharing amounts for Medicare-covered services that the Oregon Health Plan (Medicaid) would normally cover.

Covered Service	What you pay
 HIV screening For people who ask for an HIV screening test or are at increased risk for HIV infection, we cover: - One screening exam every 12 months If you are pregnant, we cover: - Up to 3 screening exams during a pregnancy Please note: If you are treated or monitored for an existing medical condition during the visit when you receive this preventive service, a copayment or coinsurance may apply for the care received for the existing medical condition.	There's no coinsurance, copayment, or deductible for members eligible for Medicare-covered preventive HIV screening.
Home health agency care* Before you get home health services, a doctor must certify that you need home health services and will order home health services to be provided by a home health agency. You must be homebound, which means leaving home is a major effort. Covered services include, but aren't limited to: - Part-time or intermittent skilled nursing and home health aide services (to be covered under the home health care benefit, your skilled nursing and home health aide services combined must total fewer than 8 hours per day and 35 hours per week) - Physical therapy, occupational therapy, and speech therapy - Medical and social services - Medical equipment and supplies *This service may require prior authorization. See Section 2 of this chapter for details.	There is no coinsurance, copayment, or deductible for each Medicare-covered home health visit. However, the applicable cost sharing listed elsewhere in this medical benefits chart will apply if the item is covered under a different benefit. For example, durable medical equipment not provided by a home health agency. All home health care and services must be provided by Home Services or other network provider.

Covered Service	What you pay
Home infusion therapy* Home infusion therapy involves the intravenous or subcutaneous administration of drugs or biologicals to a person at home. The components needed to perform home infusion include the drug (for example, antivirals, immune globulin), equipment (for example, a pump), and supplies (for example, tubing and catheters). Covered services include, but aren't limited to: • Professional services, including nursing services, furnished in accordance with our plan of care • Patient training and education not otherwise covered under the durable medical equipment benefit • Remote monitoring • Monitoring services for the provision of home infusion therapy and home infusion drugs furnished by a qualified home infusion therapy supplier Non-preferred Part B drugs may be subject to Step Therapy. The most current list of Part B drugs subject to Step Therapy can be found on our website, www.ProvidenceHealthAssurance.com/formulary. Please note: A separate cost sharing may apply for professional fees. *This service may require prior authorization. See Section 2 of this chapter for details.	There is no coinsurance, copayment, or deductible for Medicare-covered home infusion therapy. There is no coinsurance, copayment, or deductible for Medicare-covered Part B chemotherapy Drugs and their administration. There is no coinsurance, copayment, or deductible for other Medicare-covered Part B drugs and their administration. There is no coinsurance, copayment, or deductible for Medicare-covered durable medical equipment, prosthetic devices, and related medical supplies.

Covered Service	What you pay
Hospice care You're eligible for the hospice benefit when your doctor and the hospice medical director have given you a terminal prognosis certifying that you're terminally ill and have 6 months or less to live if your illness runs its normal course. You can get care from any Medicare-certified hospice program. Our plan is obligated to help you find Medicare-certified hospice programs in our plan's service area, including programs we own, control, or have a financial interest in. Your hospice doctor can be a network provider or an out-of-network provider. Covered services include: • Drugs for symptom control and pain relief • Short-term respite care • Home care When you're admitted to a hospice, you have the right to stay in our plan; if you stay in our plan you must continue to pay plan premiums. For hospice services and services covered by Medicare Part A or B that are related to your terminal prognosis: Original Medicare (rather than our plan) will pay your hospice provider for your hospice services and any Part A and Part B services related to your terminal prognosis. While you're in the hospice program, your hospice provider will bill Original Medicare for the services Original Medicare pays for. You'll be billed Original Medicare cost sharing.	When you enroll in a Medicare-certified hospice program, your hospice services and your Part A and Part B services related to your terminal prognosis are paid for by Original Medicare, not Providence Medicare Dual Plus (HMO D-SNP). You must get care from a Medicare-certified hospice provider. An additional cost sharing may apply for hospice consultation services provided during an inpatient hospital stay. A separate cost sharing may apply for drugs and respite care. Our plan covers hospice consultation services (one time only) for a terminally ill person who hasn't elected the hospice benefit. There is no coinsurance, copayment, or deductible for hospice consultation services obtained in a primary care provider's office or in a specialist's office.

Covered Service	What you pay
Hospice care (continued) For services covered by Medicare Part A or B not related to your terminal prognosis: If you need non-emergency, non-urgently needed services covered under Medicare Part A or B that aren't related to your terminal prognosis, your cost for these services depends on whether you use a provider in our plan's network and follow plan rules (like if there's a requirement to get prior authorization). • If you get the covered services from a network provider and follow plan rules for getting service, you pay only our plan cost-sharing amount for in-network services • If you get the covered services from an out-of-network provider, you pay the cost sharing under Original Medicare For services covered by Providence Medicare Dual Plus (HMO D-SNP) but not covered by Medicare Part A or B: Providence Medicare Dual Plus (HMO D-SNP) will continue to cover plan-covered services that aren't covered under Part A or B whether or not they're related to your terminal prognosis. You pay our plan cost-sharing amount for these services. For drugs that may be covered by our plan's Part D benefit: If these drugs are unrelated to your terminal hospice condition, you pay cost sharing. If they're related to your terminal hospice condition, you pay Original Medicare cost sharing. Drugs are never covered by both hospice and our plan at the same time. For more information, go to Chapter 5, Section 9.4. Note: If you need non-hospice care (care that's not related to your terminal prognosis), contact us to arrange the services. Our plan covers hospice consultation services (one time only) for a terminally ill person who hasn't elected the hospice benefit.	For certain members, the Oregon Health Plan (Medicaid) may only pay cost-sharing amounts for Medicare-covered services that the Oregon Health Plan (Medicaid) would normally cover.

Covered Service	What you pay
 Immunizations Covered Medicare Part B services include: • Pneumonia vaccines • Flu/influenza shots (or vaccines), once each flu/influenza season in the fall and winter, with additional flu/influenza shots (or vaccines) if medically necessary • Hepatitis B vaccines if you're at high or intermediate risk of getting Hepatitis B • COVID-19 vaccines • Other vaccines if you're at risk and they meet Medicare Part B coverage rules We also cover most other adult vaccines under our Part D drug benefit. Go to Chapter 6, Section 8 for more information. Please note: If you are treated or monitored for an existing medical condition during the visit when you receive this preventive service, a copayment or coinsurance may apply for the care received for the existing medical condition.	There is no coinsurance, copayment, or deductible for the pneumonia, flu/influenza, Hepatitis B, and COVID-19 vaccines. There is no coinsurance, copayment, or deductible for all other Medicare-covered Part B immunizations. You must go to a Medicare provider for your flu and/or pneumonia shot. You can get most immunizations at your local pharmacy.

Covered Service	What you pay
Inpatient hospital care* Includes inpatient acute, inpatient rehabilitation, long-term care hospitals and other types of inpatient hospital services. Inpatient hospital care starts the day you're formally admitted to the hospital with a doctor's order. The day before you're discharged is your last inpatient day. You are covered for unlimited days per benefit period for Medicare-covered inpatient hospital stays. Except in an emergency, your provider must tell us that you are going to be admitted to the hospital. Covered services include, but aren't limited to: • Semi-private room (or a private room if medically necessary) • Meals, including special diets • Regular nursing services • Costs of special care units (such as intensive care or coronary care units) • Drugs and medications • Lab tests • X-rays and other radiology services • Necessary surgical and medical supplies • Use of appliances, such as wheelchairs • Operating and recovery room costs • Physical, occupational, and speech language therapy • Inpatient substance abuse services • Under certain conditions, the following types of transplants are covered: corneal, kidney, kidney-pancreatic, heart, liver, lung, heart/lung, bone marrow, stem cell, and intestinal/multivisceral. If you need a transplant, we'll arrange to have your case reviewed by a Medicare-approved transplant center that will decide whether you're a candidate for a transplant.	There is no coinsurance, copayment, or deductible each day for days 1 -90, including "lifetime reserve days". You pay for all costs beyond "lifetime reserve days". Contact Customer Service if you have questions about this benefit.

Covered Service	What you pay
Inpatient hospital care* (continued) Transplant providers may be local or outside of the service area. If our in-network transplant services are outside the community pattern of care, you may choose to go locally as long as the local transplant providers are willing to accept the Original Medicare rate. If Providence Medicare Dual Plus (HMO D-SNP) provides transplant services at a location outside the pattern of care for transplants in your community and you choose to get transplants at this distant location, we'll arrange or pay for appropriate lodging and transportation costs for you and a companion. Travel expenses are subject to prior authorization and eligibility of the recipient. The total maximum reimbursement allowed for transplant travel is \$5,000. Food and lodging expenses are limited to up to \$150 per day and apply to the \$5,000 maximum. • Blood - including storage and administration. Coverage of whole blood and packed red cells starts with the first pint of blood you need. All other components of blood are covered starting with the first pint. • Physician services Note: To be an inpatient, your provider must write an order to admit you formally as an inpatient of the hospital. Even if you stay in the hospital overnight, you might still be considered an outpatient. If you're not sure if you're an inpatient or an outpatient, ask the hospital staff. Get more information in the Medicare fact sheet <i>Medicare Hospital Benefits</i>. This fact sheet is available at www.Medicare.gov/publications/11435-Medicare-Hospital-Benefits.pdf or by calling 1-800-MEDICARE (1-800-633-4227). TTY users call 1-877-486-2048. *This service may require prior authorization. See Section 2 of this chapter for details.	Please note: If you receive take-home supplies or any items unrelated to the condition you are being treated for, you may be responsible for the costs. The benefit period begins the day you go into a hospital or skilled nursing facility. The benefit period ends when you haven't received any inpatient hospital care (or skilled care in a SNF) for 60 days in a row. If you go into a hospital or a skilled nursing facility after one benefit period has ended, a new benefit period begins. There is no limit to the number of benefit periods. For certain members, the Oregon Health Plan (Medicaid) may only pay cost-sharing amounts for Medicare-covered services that the Oregon Health Plan (Medicaid) would normally cover. Your inpatient benefits are based on the admission date. If you get authorized inpatient care at an out-of-network hospital after your emergency condition is stabilized, your cost is the cost sharing you'd pay at a network hospital.

Covered Service	What you pay
Inpatient services in a psychiatric hospital* Covered services include mental health care services that require a hospital stay. You get up to 190 days of Medicare-covered inpatient psychiatric hospital care in a lifetime. Please keep in mind that the number of covered lifetime hospitalization days never resets. For example, if Medicare previously paid for you to stay in an inpatient psychiatric hospital for 100 days, then your plan will only pay for up to 90 days of a future stay. The 190-day limit does not apply to inpatient mental health services provided in a psychiatric unit of a general hospital. Except in an emergency, your provider must tell us that you are going to be admitted to the hospital. Mental health services are managed by Providence Health Assurance. Providence Health Assurance must be contacted for authorizations. *This service may require prior authorization. See Section 2 of this chapter for details.	There is no coinsurance, copayment, or deductible each day for days 1 -90, including “lifetime reserve days”. You pay for all costs beyond “lifetime reserve days”. Contact Customer Service if you have questions about this benefit The benefit period begins the day you go into the hospital and ends when you have not received any inpatient hospital care for 60 days in a row. If you go into a hospital after one benefit period has ended, a new one will begin. All inpatient mental health care stays, regardless of condition, will apply towards the benefit period. For certain members, the Oregon Health Plan (Medicaid) may only pay cost-sharing amounts for Medicare-covered services that the Oregon Health Plan (Medicaid) would normally cover.

Covered Service	What you pay
Inpatient stay: Covered services you get in a hospital or SNF during a non-covered inpatient stay* If you've used up your inpatient benefits or if the inpatient stay isn't reasonable and necessary, we won't cover your inpatient stay. In some cases, we'll cover certain services you get while you're in the hospital or the skilled nursing facility (SNF). Covered services include, but aren't limited to: • Physician services • Diagnostic tests (like lab tests) • X-ray, radium, and isotope therapy including technician materials and services • Surgical dressings • Splints, casts, and other devices used to reduce fractures and dislocations • Prosthetics and orthotics devices (other than dental) that replace all or part of an internal body organ (including contiguous tissue), or all or part of the function of a permanently inoperative or malfunctioning internal body organ, including replacement or repairs of such devices • Leg, arm, back, and neck braces; trusses, and artificial legs, arms, and eyes including adjustments, repairs, and replacements required because of breakage, wear, loss, or a change in the patient's physical condition • Physical therapy, speech therapy, and occupational therapy *This service may require prior authorization. See Section 2 of this chapter for details.	The services and supplies listed to the left will continue to be covered at the cost sharing described in their respective sections of this medical benefits chart. For example, physical therapy will be covered at the cost-sharing amount under "Outpatient rehabilitation services."

Covered Service	What you pay
Meal delivery program (for post-discharge only) We cover up to 56 meals over a 28-day period. This benefit can be used immediately following your discharge from an Inpatient Acute Hospital, Inpatient Psychiatric Hospital, or SNF (if the preceding event is a qualified inpatient hospital stay). All meals will be delivered directly to your home, and you may be eligible to receive meals to help you manage or recover from your specific health conditions or injuries. Benefit guidelines: • First meal delivery may take up to three business days after ordered • Observation stays do not qualify for this meal benefit • Meals must be ordered through our meal delivery vendor • Some restrictions and limitations may apply No action is required on your part to initiate this benefit as we will contact eligible members directly. Visit www.ProvidenceHealthAssurance.com/partnercontacts for benefit contact information.	There is no coinsurance, copayment, or deductible for non-Medicare-covered meal delivery program. Coverage is limited to two meals per day for 28 days (56 meals total) following each inpatient hospitalization.

Covered Service	What you pay
 Medical nutrition therapy This benefit is for people with diabetes, renal (kidney) disease (but not on dialysis), or after a kidney transplant when ordered by your doctor. We cover 3 hours of one-on-one counseling services during the first year you get medical nutrition therapy services under Medicare (this includes our plan, any other Medicare Advantage plan, or Original Medicare), and 2 hours each year after that. If your condition, treatment, or diagnosis changes, you may be able to get more hours of treatment with a physician's order. A physician must prescribe these services and renew their order yearly if your treatment is needed into the next calendar year. We cover medical nutrition therapy prescribed by a physician regardless of your condition or diagnosis. Please note: If you are treated or monitored for an existing medical condition during the visit when you receive this preventive service, a copayment or coinsurance may apply for the care received for the existing medical condition.	There is no coinsurance, copayment, or deductible for members eligible for Medicare-covered medical nutrition therapy services. There is no coinsurance, copayment, or deductible for non-Medicare-covered medical nutrition therapy services ordered by a physician.
 Medicare Diabetes Prevention Program (MDPP) MDPP services are covered for eligible people under all Medicare health plans. MDPP is a structured health behavior change intervention that provides practical training in long-term dietary change, increased physical activity, and problem-solving strategies for overcoming challenges to sustaining weight loss and a healthy lifestyle.	There is no coinsurance, copayment, or deductible for the MDPP benefit.

Covered Service	What you pay
Medicare Part B drugs* These drugs are covered under Part B of Original Medicare. Members of our plan get coverage for these drugs through our plan. Covered drugs include: • Drugs that usually aren't self-administered by the patient and are injected or infused while you get physician, hospital outpatient, or ambulatory surgical center services • Insulin furnished through an item of durable medical equipment (such as a medically necessary insulin pump) • Other drugs you take using durable medical equipment (such as nebulizers) that were authorized by our plan • The Alzheimer's drug, Leqembi®, (generic name lecanemab), which is administered intravenously. In addition to medication costs, you may need additional scans and tests before and/or during treatment that could add to your overall costs. Talk to your doctor about what scans and tests you may need as part of your treatment. • Clotting factors you give yourself by injection if you have hemophilia • Transplant/immunosuppressive drugs: Medicare covers transplant drug therapy if Medicare paid for your organ transplant. You must have Part A at the time of the covered transplant, and you must have Part B at the time you get immunosuppressive drugs. Medicare Part D drug coverage covers immunosuppressive drugs if Part B doesn't cover them • Injectable osteoporosis drugs, if you're homebound, have a bone fracture that a doctor certifies was related to post-menopausal osteoporosis, and can't self-administer the drug • Some antigens: Medicare covers antigens if a doctor prepares them and a properly instructed person (who could be you, the patient) gives them under appropriate supervision	There is no coinsurance, copayment, or deductible for Medicare-covered Part B chemotherapy and radiation drugs and other Part B drugs. A separate cost sharing may apply for the administration of Medicare-covered Part B prescription drugs. For certain members, the Oregon Health Plan (Medicaid) may only pay cost-sharing amounts for Medicare-covered services that the Oregon Health Plan (Medicaid) would normally cover. Medicare Part B prescription drugs may be subject to step therapy. Insulin cost sharing is subject to a cost share cap of \$35 for one-month's supply of insulin.

Covered Service	What you pay
Medicare Part B prescription drugs* (continued) • Certain oral anti-cancer drugs: Medicare covers some oral cancer drugs you take by mouth if the same drug is available in injectable form or the drug is a prodrug (an oral form of a drug that, when ingested, breaks down into the same active ingredient found in the injectable drug) of the injectable drug. As new oral cancer drugs become available, Part B may cover them. If Part B doesn't cover them, Part D does • Oral anti-nausea drugs: Medicare covers oral anti-nausea drugs you use as part of an anti-cancer chemotherapeutic regimen if they're administered before, at, or within 48 hours of chemotherapy or are used as a full therapeutic replacement for an intravenous anti-nausea drug • Certain oral End-Stage Renal Disease (ESRD) drugs covered under Medicare Part B • Calcimimetic and phosphate binder medications under the ESRD payment system, including the intravenous medication Parsabiv,[®] and the oral medication Sensipar[®] • Certain drugs for home dialysis, including heparin, the antidote for heparin when medically necessary, and topical anesthetics • Erythropoiesis-stimulating agents: Medicare covers erythropoietin by injection if you have End-Stage Renal Disease (ESRD) or you need this drug to treat anemia related to certain other conditions (such as Epogen[®], Procrit[®], Retacrit[®], Epoetin Alfa, Aranesp[®], Darbepoetin Alfa, Mircera[®], or Methoxy polyethylene glycol-epoetin beta) • Intravenous Immune Globulin for the home treatment of primary immune deficiency diseases • Parenteral and enteral nutrition (intravenous and tube feeding)	

Covered Service	What you pay
Medicare Part B prescription drugs* (continued) This link will take you to a list of Part B drugs that may be subject to Step Therapy: www.ProvidenceHealthAssurance.com/Formulary We also cover some vaccines under Part B and most adult vaccines under our Part D drug benefit. Chapter 5 explains our Part D drug benefit, including rules you must follow to have prescriptions covered. What you pay for Part D drugs through our plan is explained in Chapter 6. *This service may require prior authorization. See Section 2 of this chapter for details.	
Nurse Advice Line Dealing with a potentially urgent medical situation? Nurse Advice Line is available 24 hours a day, 7 days a week. Registered nurses will help you determine your next steps, from taking a pain reliever to visiting an urgent care location. Whether you're calling about yourself or your child, our nurses can help. Visit www.ProvidenceHealthAssurance.com/partnercontacts for benefit contact information.	There is no coinsurance, copayment, or deductible for the nurse advice line.
 Obesity screening and therapy to promote sustained weight loss If you have a body mass index of 30 or more, we cover intensive counseling to help you lose weight. This counseling is covered if you get it in a primary care setting, where it can be coordinated with your comprehensive prevention plan. Talk to your primary care doctor or practitioner to find out more. Please note: If you are treated or monitored for an existing medical condition during the visit when you receive this preventive service, a copayment or coinsurance may apply for the care received for the existing medical condition.	There is no coinsurance, copayment, or deductible for preventive obesity screening and therapy.

Covered Service	What you pay
Opioid treatment program services* Members of our plan with opioid use disorder (OUD) can get coverage of services to treat OUD through an Opioid Treatment Program (OTP) which includes the following services: • U.S. Food and Drug Administration (FDA)-approved opioid agonist and antagonist medication-assisted treatment (MAT) medications. • Dispensing and administration of MAT medications (if applicable) • Substance use counseling • Individual and group therapy • Toxicology testing • Intake activities • Periodic assessments Please note: A separate cost sharing may apply if additional services are provided. *This service may require prior authorization. See Section 2 of this chapter for details.	There is no coinsurance, copayment, or deductible for services with an opioid treatment provider enrolled with Medicare. There is no coinsurance, copayment, or deductible for Medicare-covered opioid treatment program services. For certain members, the Oregon Health Plan (Medicaid) may only pay cost-sharing amounts for Medicare-covered services that the Oregon Health Plan (Medicaid) would normally cover.

Covered Service	What you pay
Outpatient diagnostic tests and therapeutic services and supplies* Covered services include, but aren't limited to: • X-rays • Radiation (radium and isotope) therapy including technician materials and supplies • Special imaging procedures such as MRI, CT, and PET scans. All special imaging procedures need to be coordinated by your ordering provider through the imaging benefit administrator. • Special diagnostic tests, such as ultrasounds and Holter monitoring • Surgical supplies, such as dressings • Splints, casts, and other devices used to reduce fractures and dislocations	There is no coinsurance, copayment, or deductible for Medicare-covered x-rays. There is no coinsurance, copayment, or deductible for Medicare-covered therapeutic radiology services and supplies. There is no coinsurance, copayment, or deductible for each Medicare-covered special imaging procedure and special diagnostic test. There is no coinsurance, copayment, or deductible for Medicare-covered surgical supplies or casts. There is no coinsurance, copayment, or deductible for Medicare-covered dressings and supplies, splints, casts, and other devices used to reduce fractures and dislocations. These must be provided by Providence Home Services or other network provider.

Covered Service	What you pay
Outpatient diagnostic tests and therapeutic services and supplies* (continued) - Laboratory tests - Blood - including storage and administration. Coverage of whole blood and packed red cells begins only with the fourth pint of blood that you need - you must either pay the costs for the first 3 pints of blood you get in a calendar year or have the blood donated by you or someone else. All other components of blood are covered beginning with the first pint used. - Diagnostic non-laboratory tests such as CT scans, MRIs, EKGs, and PET scans when your doctor or other health care provider orders them to treat a medical problem. - Other outpatient diagnostic tests and procedures Visit www.ProvidenceHealthAssurance.com/partnercontacts for benefit contact information. *This service may require prior authorization. See Section 2 of this chapter for details.	There is no coinsurance, copayment, or deductible for Medicare-covered lab services. There is no coinsurance, copayment, or deductible for blood services. Cost-sharing is based on Original Medicare benefits and is dependent on the blood process and handling. There is no coinsurance, copayment, or deductible for Medicare-covered diagnostic tests and procedures. If you receive services in addition to the Medicare-covered lab, blood, or other diagnostic tests/procedures, a separate cost sharing for that service may apply. For certain members, the Oregon Health Plan (Medicaid) may only pay cost-sharing amounts for Medicare-covered services that the Oregon Health Plan (Medicaid) would normally cover.

Covered Service	What you pay
Outpatient hospital observation* Observation services are hospital outpatient services given to determine if you need to be admitted as an inpatient or can be discharged. For outpatient hospital observation services to be covered, they must meet Medicare criteria and be considered reasonable and necessary. Observation services are covered only when provided by the order of a physician or another person authorized by state licensure law and hospital staff bylaws to admit patients to the hospital or order outpatient tests. Note: Unless the provider has written an order to admit you as an inpatient to the hospital, you're an outpatient and pay the cost-sharing amounts for outpatient hospital services. Even if you stay in the hospital overnight, you might still be considered an outpatient. If you aren't sure if you're an outpatient, ask the hospital staff. Get more information in the Medicare fact sheet <i>Medicare Hospital Benefits</i>. This fact sheet is available at www.Medicare.gov/publications/11435-Medicare-Hospital-Benefits.pdf or by calling 1-800-MEDICARE (1-800-633-4227). TTY users call 1-877-486-2048. *This service may require prior authorization. See Section 2 of this chapter for details.	There is no coinsurance, copayment, or deductible for Medicare-covered observation services. For certain members, the Oregon Health Plan (Medicaid) may only pay cost-sharing amounts for Medicare-covered services that the Oregon Health Plan (Medicaid) would normally cover.

Covered Service	What you pay
Outpatient hospital services* We cover medically-necessary services you get in the outpatient department of a hospital for diagnosis or treatment of an illness or injury. Covered services include, but aren't limited to: Services in an emergency department or outpatient clinic, such as observation services or outpatient surgery Please note: A separate cost sharing may apply for professional fees.	There is no coinsurance, copayment, or deductible for each Medicare-covered emergency room visit. There is no coinsurance, copayment, or deductible for Medicare-covered observation services. There is no coinsurance, copayment, or deductible for each Medicare-covered outpatient surgery. There is no facility fee for outpatient clinic visits.
Laboratory and diagnostic tests billed by the hospital	There is no coinsurance, copayment, or deductible for Medicare-covered lab services. There is no coinsurance, copayment, or deductible for Medicare-covered diagnostic tests and procedures.
Mental health care, including care in a partial-hospitalization program, if a doctor certifies that inpatient treatment would be required without it	There is no coinsurance, copayment, or deductible for Medicare-covered partial hospitalization program services.

Covered Service	What you pay
Outpatient hospital services* (continued) • X-rays and other radiology services billed by the hospital • Medical supplies such as splints and casts • Certain drugs and biologicals you can't give yourself Note: Unless the provider has written an order to admit you as an inpatient to the hospital, you're an outpatient and pay the cost-sharing amounts for outpatient hospital services. Even if you stay in the hospital overnight, you might still be considered an outpatient. If you aren't sure if you're an outpatient, ask the hospital staff. You can also find more information in a Medicare fact sheet called <i>Are You a Hospital Inpatient or Outpatient? If You Have Medicare – Ask!</i> This fact sheet is available on the Web at https://es.medicare.gov/publications/11435-Medicare-Hospital-Benefits.pdf or by calling 1-800-MEDICARE (1-800-633-4227). TTY users call 1-877-486-2048. You can call these numbers for free, 24 hours a day, 7 days a week. *This service may require prior authorization. See Section 2 of this chapter for details.	There is no coinsurance, copayment, or deductible for Medicare-covered x-rays and radiology services. There is no coinsurance, copayment, or deductible for each Medicare-covered special imaging procedure and special diagnostic test. There is no coinsurance, copayment, or deductible for Medicare-covered Part B chemotherapy and radiation drugs and other Part B drugs. For certain members, the Oregon Health Plan (Medicaid) may only pay cost-sharing amounts for Medicare-covered services that the Oregon Health Plan (Medicaid) would normally cover.

Covered Service	What you pay
Outpatient mental health care* Covered services include: Mental health services provided by a state-licensed psychiatrist or doctor, clinical psychologist, clinical social worker, clinical nurse specialist, licensed professional counselor (LPC), licensed marriage and family therapist (LMFT), nurse practitioner (NP), physician assistant (PA), or other Medicare-qualified mental health care professional as allowed under applicable state laws. Mental health services are managed by Providence Health Assurance. Providence Health Assurance must be contacted for authorizations. *This service may require prior authorization. See Section 2 of this chapter for details.	There is no coinsurance, copayment, or deductible for each Medicare-covered therapy visit in an individual or group setting. There is no coinsurance, copayment, or deductible for Medicare-covered partial hospitalization program services. For certain members, the Oregon Health Plan (Medicaid) may only pay cost-sharing amounts for Medicare-covered services that the Oregon Health Plan (Medicaid) would normally cover.

Covered Service	What you pay
Outpatient rehabilitation services* Covered services include: physical therapy, occupational therapy, and speech language therapy. Outpatient rehabilitation services are provided in various outpatient settings, such as hospital outpatient departments, independent therapist offices, and Comprehensive Outpatient Rehabilitation Facilities (CORFs). All physical therapy and occupational therapy services must be authorized on an outpatient basis. Notifications for rehabilitation services are completed through an authorizing agent on behalf of Providence Health Assurance. A notification is the initial request submitted to the authorizing agent to inform Providence Health Assurance that you are starting physical therapy and/or occupational therapy services. The authorizing agent determines if the requests are approved or require medical necessity review. *Prior authorization may be required for initial rehab services and subsequent visits.	There is no coinsurance, copayment, or deductible for each Medicare-covered occupational therapy visit. There is no coinsurance, copayment, or deductible for each Medicare-covered physical therapy visit and speech and language therapy visit. For certain members, the Oregon Health Plan (Medicaid) may only pay cost-sharing amounts for Medicare-covered services that the Oregon Health Plan (Medicaid) would normally cover.

Covered Service	What you pay
Outpatient substance use disorder services* Covered levels of care for substance use disorder include: • Partial hospitalization/day Treatment • Intensive outpatient treatment • Outpatient treatment Covered services include: • Diagnostic assessment, evaluations, and treatment planning • Treatment and/or procedures • Medication management and other associated treatments • Individual, family, and group therapy • Provider-based case management services • Crisis intervention Please note: All substance use disorder services must be received on an outpatient basis in a hospital, alternate facility, or provider’s office. Additionally, these services must be provided by, or under the direction of, a properly qualified behavioral health practitioner. Mental health services are managed by Providence Health Assurance. Providence Health Assurance must be contacted for authorizations. *This service may require prior authorization. See Section 2 of this chapter for details.	There is no coinsurance, copayment, or deductible for Medicare-covered partial hospitalization program services. There is no coinsurance, copayment, or deductible for each Medicare-covered intensive outpatient therapy visit. There is no coinsurance, copayment, or deductible for each Medicare-covered individual or group therapy visit. For certain members, the Oregon Health Plan (Medicaid) may only pay cost-sharing amounts for Medicare-covered services that the Oregon Health Plan (Medicaid) would normally cover.

Covered Service	What you pay
Outpatient surgery, including services provided at hospital outpatient facilities and ambulatory surgical centers* Note: If you're having surgery in a hospital facility, you should check with your provider about whether you'll be an inpatient or outpatient. Unless the provider writes an order to admit you as an inpatient to the hospital, you're an outpatient and pay the cost-sharing amounts for outpatient surgery. Even if you stay in the hospital overnight, you might still be considered an outpatient. Please note: A separate cost sharing may apply for professional fees. *This service may require prior authorization. See Section 2 of this chapter for details.	There is no coinsurance, copayment, or deductible for each Medicare-covered ambulatory surgical center visit. There is no coinsurance, copayment, or deductible for each Medicare-covered outpatient hospital surgery. There is no coinsurance, copayment, or deductible for Medicare-covered observation services. For certain members, the Oregon Health Plan (Medicaid) may only pay cost-sharing amounts for Medicare-covered services that the Oregon Health Plan (Medicaid) would normally cover.

Covered Service	What you pay
Over-the-counter (OTC) We give you a pre-loaded debit card with an allowance of \$40 every three months to pay for over-the-counter (OTC) health and wellness items. Your allowance rolls over every three months and expires after 11:59 p.m. on December 31 of each year. You can purchase eligible OTC health items from participating retail pharmacies in your area. Or, for a contactless experience, you can order from the catalog via phone, web, or mail. Please note that catalog items are available for home delivery only. Also, items may not be purchased through any other suppliers or channels than those described above. For assistance, or to get a list of approved items and retail pharmacies, visit www.ProvidenceHealthAssurance.com/partnercontacts. For all other questions or concerns, please call Providence Health Assurance at 503-574-8000 or 1-800-603-2340. TTY users should call 711.	There is no coinsurance, copayment, or deductible for over-the-counter items. You have an allowance of \$35 every three months (retail card, catalog, online, mail, and telephonic OTC ordering). Unspent dollars will rollover from quarter to quarter, then expire at the end of the 2026 calendar year. Over-the-counter items can only be purchased from our catalog or approved retailers. To obtain a copy of the catalog please contact Providence benefit administrator or Customer Service.

Covered Service	What you pay
Partial hospitalization services and Intensive outpatient services* <i>Partial hospitalization</i> is a structured program of active psychiatric treatment provided as a hospital outpatient service or by a community mental health center, that's more intense than care you get in your doctor's, therapist's, licensed marriage, and family therapist's (LMFT), or licensed professional counselor's office and is an alternative to inpatient hospitalization. <i>Intensive outpatient service</i> is a structured program of active behavioral (mental) health therapy treatment provided in a hospital outpatient department, a community mental health center, a federally qualified health center, or a rural health clinic that's more intense than care you get in your doctor's, therapist's, licensed marriage and family therapist's (LMFT), or licensed professional counselor's office but less intense than partial hospitalization. Mental health services are managed by Providence Health Assurance. Providence Health Assurance must be contacted for authorizations. *This service may require prior authorization. See Section 2 of this chapter for details.	There is no coinsurance, copayment, or deductible for Medicare-covered partial hospitalization services. For certain members, the Oregon Health Plan (Medicaid) may only pay cost-sharing amounts for Medicare-covered services that the Oregon Health Plan (Medicaid) would normally cover.

Covered Service	What you pay
Personal Emergency Response System (PERS) A Personal Emergency Response System (PERS) gives you 24/7 access to help in the event of an emergency. Simply press the button on your device to speak with a trained operator who will coordinate emergency dispatch to your location. Covered services include: • Shipping and fulfillment of the mobile device and base unit • GPS technology to identify your location during an emergency • Automatic fall detection technology Please note: Remote video monitoring is not covered. For Customer Service or to sign up, visit www.ProvidenceHealthAssurance.com/partnercontacts for benefit contact information.	There is no coinsurance, copayment, or deductible for PERS services.
Physician/Practitioner services, including doctor's office visits Covered services include: • Medically-necessary medical care or surgery services you get in a physician's office, certified ambulatory surgical center, hospital outpatient department, or any other location • Consultation, diagnosis, and treatment by a specialist • Basic hearing and balance exams performed by your PCP or specialist, if your doctor orders it to see if you need medical treatment	There is no coinsurance, copayment, or deductible for each Medicare-covered primary care provider visit. There is no coinsurance, copayment, or deductible for each Medicare-covered specialist visit. For hearing and balance exam cost-sharing, please see the "Hearing services" section of this medical benefits chart.

Covered Service	What you pay
Physician/Practitioner services, including doctor's office visits (continued) • Certain telehealth services, including: primary and specialty care, mental health care, opioid and substance use disorder treatment, supervised exercise, occupational and physical therapy, speech language pathology services, kidney disease education, diabetes self-management, and consultation and follow-up visits for a hospital stay, surgery, or emergency department visit. ○ You have the option of getting these services through an in-person visit or by telehealth. If you choose to get one of these services by telehealth, you must use a network provider who offers the service by telehealth. ○ Services will be provided via interactive audio and video communication when deemed clinically appropriate by the network provider rendering the service. • Some telehealth services including consultation, diagnosis, and treatment by a physician or practitioner, for patients in certain rural areas or other locations approved by Medicare • Telehealth services for monthly end-stage renal disease-related visits for home dialysis members in a hospital-based or critical access hospital-based renal dialysis center, renal dialysis facility, or the member's home • Telehealth services to diagnose, evaluate, or treat symptoms of a stroke, regardless of your location	There is no coinsurance, copayment, or deductible for each Medicare-covered additional telehealth service. For certain members, the Oregon Health Plan (Medicaid) may only pay cost-sharing amounts for Medicare-covered services that the Oregon Health Plan (Medicaid) would normally cover.

Covered Service	What you pay
Physician/Practitioner services, including doctor’s office visits (continued) • Telehealth services for members with a substance use disorder or co-occurring mental health disorder, regardless of their location • Telehealth services for diagnosis, evaluation, and treatment of mental health disorders if: ○ You have an in-person visit within 6 months prior to your first telehealth visit ○ You have an in-person visit every 12 months while getting these telehealth services ○ Exceptions can be made to the above for certain circumstances • Telehealth services for mental health visits provided by Rural Health Clinics and Federally Qualified Health Centers • Virtual check-ins (for example, by phone or video chat) with your doctor for 5-10 minutes if: ○ You’re not a new patient and ○ The check-in isn’t related to an office visit in the past 7 days and ○ The check-in doesn’t lead to an office visit within 24 hours or the soonest available appointment • Evaluation of video and/or images you send to your doctor, and interpretation and follow-up by your doctor within 24 hours if: ○ You’re not a new patient and ○ The evaluation isn’t related to an office visit in the past 7 days and ○ The evaluation doesn’t lead to an office visit within 24 hours or the soonest available appointment • Consultation your doctor has with other doctors by phone, internet, or electronic health record • Second opinion by another network provider prior to surgery	

Covered Service	What you pay
Physician/Practitioner services, including doctor’s office visits (continued) • Non-Medicare-covered remote access technology: We provide access to in-network providers via ○ Telephonic visits for medication and disease management services, like when you call the Nurse Advice Line ○ Emails through an application, like when you send your care team a message in MyChart • This benefit covers only the provider’s service fee, not any applicable clinic or facility fees. Multiple cost-sharing amounts may apply depending on the services provided.	There is no coinsurance, copayment, or deductible for non-Medicare-covered remote access technology services.
Podiatry services Covered services include: • Diagnosis and the medical or surgical treatment of injuries and diseases of the feet (such as hammer toe or heel spurs) • Routine foot care for members with certain medical conditions affecting the lower limbs Please note: A separate cost sharing may apply if additional services are provided and/or if covered podiatry services are provided at a hospital outpatient facility or ambulatory surgical center.	There is no coinsurance, copayment, or deductible for each Medicare-covered podiatry visit. Please refer to “Outpatient surgery, including services provided at hospital outpatient facilities and ambulatory surgical centers” for services provided in an outpatient setting. For certain members, the Oregon Health Plan (Medicaid) may only pay cost-sharing amounts for Medicare-covered services that the Oregon Health Plan (Medicaid) would normally cover.

Covered Service	What you pay
 Pre-exposure prophylaxis (PrEP) for HIV prevention If you don't have HIV, but your doctor or other health care practitioner determines you're at an increased risk for HIV, we covers pre-exposure prophylaxis (PrEP) medication and related services. If you qualify, covered services include: • FDA-approved oral or injectable PrEP medication. If you're getting an injectable drug, we also cover the fee for injecting the drug. • Up to 8 individual counseling sessions (including HIV risk assessment, HIV risk reduction, and medication adherence) every 12 months. • Up to 8 HIV screenings every 12 months. A one-time hepatitis B virus screening.	There is no coinsurance, copayment, or deductible for the PrEP benefit.
 Prostate cancer screening exams For men aged 50 and older, covered services include the following - once every 12 months: • Digital rectal exam • Prostate Specific Antigen (PSA) test Please note: If you are treated or monitored for an existing medical condition during the visit when you receive this preventive service, a copayment or coinsurance may apply for the care received for the existing medical condition.	There is no coinsurance, copayment, or deductible for an annual PSA test. There is no coinsurance, copayment, or deductible for a Medicare-covered digital rectal exam.

Covered Service	What you pay
Prosthetic and orthotic devices and related supplies Devices (other than dental) that replace all or part of a body part or function. These include, but aren't limited to: testing, fitting, or training in the use of prosthetic and orthotic devices; as well as: colostomy bags and supplies directly related to colostomy care, pacemakers, braces, prosthetic shoes, artificial limbs, and breast prostheses (including a surgical brassiere after a mastectomy). Includes certain supplies related to prosthetic and orthotic devices, and repair and/or replacement of prosthetic and orthotic devices. Also includes some coverage following cataract removal or cataract surgery – go to <i>Vision Care</i> later in this table for more detail. All prosthetic devices and related supplies must be provided by Providence Home Services or other network provider. *This service may require prior authorization. See Section 2 of this chapter for details.	There is no coinsurance, copayment, or deductible for Medicare-covered prosthetic devices and related supplies. There is no coinsurance, copayment, or deductible for Medicare-covered take-home dressings and supplies, splints, and other devices used to reduce fractures and dislocations. For certain members, the Oregon Health Plan (Medicaid) may only pay cost-sharing amounts for Medicare-covered services that the Oregon Health Plan (Medicaid) would normally cover.
Pulmonary rehabilitation services Comprehensive programs of pulmonary rehabilitation are covered for members who have moderate to very severe chronic obstructive pulmonary disease (COPD) and an order for pulmonary rehabilitation from the doctor treating the chronic respiratory disease. Pulmonary rehabilitation visits are limited to 36 sessions over a period of 36 weeks. If medically necessary, you may receive up to 36 additional sessions.	There is no coinsurance, copayment, or deductible for each Medicare-covered pulmonary rehab visit. For certain members, the Oregon Health Plan (Medicaid) may only pay cost-sharing amounts for Medicare-covered services that the Oregon Health Plan (Medicaid) would normally cover.

Covered Service	What you pay
Remote Access Technology We provide access to in-network providers via • Telephonic visits for medication and disease management services, like when you call ProvRN • Emails through an application, like when you send your care team a message in MyChart • A dedicated, web-based platform for same-day urgent care appointments when you visit Providence ExpressCare Virtual on a tablet, smartphone, or computer	There is no coinsurance, copayment, or deductible for non-Medicare-covered remote access technology services.
 Screening and counseling to reduce alcohol misuse We cover one alcohol misuse screening for adults (including pregnant women) who misuse alcohol, but aren't alcohol dependent. If you screen positive for alcohol misuse, you can get up to 4 brief face-to-face counseling sessions per year (if you're competent and alert during counseling) provided by a qualified primary care doctor or practitioner in a primary care setting. Please note: If you are treated or monitored for an existing medical condition during the visit when you receive this preventive service, a copayment or coinsurance may apply for the care received for the existing medical condition.	There is no coinsurance, copayment, or deductible for each Medicare-covered screening and counseling to reduce alcohol misuse preventive benefit.

Covered Service	What you pay
 Screening for lung cancer with low dose computed tomography (LDCT)* For qualified people, a LDCT is covered every 12 months. Eligible members are: people age 50 – 77 who have no signs or symptoms of lung cancer, but who have a history of tobacco smoking of at least 20 pack-years and who currently smoke or have quit smoking within the last 15 years, who get an order for LDCT during a lung cancer screening counseling and shared decision making visit that meets the Medicare criteria for such visits and be furnished by a physician or qualified non-physician practitioner. <i>For LDCT lung cancer screenings after the initial LDCT screening:</i> the members must get an order for LDCT lung cancer screening, which may be furnished during any appropriate visit with a physician or qualified non-physician practitioner. If a physician or qualified non-physician practitioner elects to provide a lung cancer screening counseling and shared decision making visit for later lung cancer screenings with LDCT, the visit must meet the Medicare criteria for such visits. LDCT needs to be coordinated by your ordering provider through the imaging benefit administrator. Visit www.ProvidenceHealthAssurance.com/partnercontacts for benefit contact information. *This service may require prior authorization. See Section 2 of this chapter for details.	There is no coinsurance, copayment, or deductible for the Medicare-covered counseling and shared decision making visit or for LDCT.

Covered Service	What you pay
 Screening for Hepatitis C Virus infection We cover one Hepatitis C screening if your primary care doctor or other qualified health care provider orders one and you meet one of these conditions: • You're at high risk because you use or have used illicit injection drugs. • You had a blood transfusion before 1992. • You were born between 1945-1965. If you were born between 1945-1965 and aren't considered high risk, we pay for a screening once. If you're at high risk (for example, you've continued to use illicit injection drugs since your previous negative Hepatitis C screening test), we cover yearly screenings.	There is no coinsurance, copayment, or deductible for the Medicare-covered screening for the Hepatitis C Virus.
 Screening for sexually transmitted infections (STIs) and counseling to prevent STIs We cover sexually transmitted infection (STI) screenings for chlamydia, gonorrhea, syphilis, and Hepatitis B. These screenings are covered for pregnant women and for certain people who are at increased risk for an STI when the tests are ordered by a primary care provider. We cover these tests once every 12 months or at certain times during pregnancy. We also cover up to 2 people 20 to 30 minute, face-to-face high-intensity behavioral counseling sessions each year for sexually active adults at increased risk for STIs. We only cover these counseling sessions as a preventive service if they are provided by a primary care provider and take place in a primary care setting, such as a doctor's office. Please note: If you are treated or monitored for an existing medical condition during the visit when you receive this preventive service, a copayment or coinsurance may apply for the care received for the existing medical condition.	There is no coinsurance, copayment, or deductible for the Medicare-covered screening for STIs and counseling for STIs preventive benefit.

Covered Service	What you pay
Services to treat kidney disease* Covered services include: • Kidney disease education services to teach kidney care and help members make informed decisions about their care. For members with stage IV chronic kidney disease when referred by their doctor, we cover up to 6 sessions of kidney disease education services per lifetime • Outpatient dialysis treatments (including dialysis treatments when temporarily out of the service area, as explained in Chapter 3, or when your provider for this service is temporarily unavailable or inaccessible) • Inpatient dialysis treatments (if you're admitted as an inpatient to a hospital for special care) • Please refer to the "Inpatient hospital care" of this medical benefits chart for inpatient hospital stay cost-sharing amounts. • Self-dialysis training (includes training for you and anyone helping you with your home dialysis treatments) • Home dialysis equipment and supplies • Certain home support services (such as, when necessary, visits by trained dialysis workers to check on your home dialysis, to help in emergencies, and check your dialysis equipment and water supply) Certain drugs for dialysis are covered under Medicare Part B. For information about coverage for Part B Drugs, go to Medicare Part B drugs in this table. *Some services may require prior authorization. See Section 2 of this chapter for details.	There is no coinsurance, copayment, or deductible for each Medicare-covered kidney disease education service. There is no coinsurance, copayment, or deductible for Medicare-covered renal dialysis treatment. There is no additional charge for dialysis treatments received during a Medicare-covered inpatient hospital stay. There is no coinsurance, copayment, or deductible for each Medicare-covered self-dialysis training. There is no coinsurance, copayment, or deductible for Medicare-covered home dialysis equipment and supplies. There is no coinsurance, copayment, or deductible for each Medicare-covered home health visit. For certain members, the Oregon Health Plan (Medicaid) may only pay cost-sharing amounts for Medicare-covered services that the Oregon Health Plan (Medicaid) would normally cover.

Covered Service	What you pay
Skilled nursing facility (SNF) care* (For a definition of skilled nursing facility care, go to Chapter 12. Skilled nursing facilities are sometimes called SNFs.) Your plan covers up to 100 days each benefit period. No prior hospital stay is required. Covered services include, but aren't limited to: • Semiprivate room (or a private room if medically necessary) • Meals, including special diets • Skilled nursing services • Physical therapy, occupational therapy and speech therapy • Drugs administered to you as part of our plan of care (this includes substances that are naturally present in the body, such as blood clotting factors.) • Blood - including storage and administration. Coverage of whole blood and packed red cells begins only with the fourth pint of blood you need - you must either pay the costs for the first 3 pints of blood you get in a calendar year or have the blood donated by you or someone else. All other components of blood are covered beginning with the first pint used. • Medical and surgical supplies ordinarily provided by SNFs • Laboratory tests ordinarily provided by SNFs • X-rays and other radiology services ordinarily provided by SNFs • Use of appliances such as wheelchairs ordinarily provided by SNFs • Physician/Practitioner services	There is no coinsurance, copayment, or deductible for days 1-100 of a benefit period. The benefit period begins the day you go into a SNF and ends when you haven't received any skilled care in that SNF for 60 days in a row. If you go into a SNF after one benefit period has ended, a new benefit period will begin. All SNF stays, regardless of condition, will apply towards the benefit period. Your SNF benefits are based on the calendar date. There is no limit to the number of benefit periods.

Covered Service	What you pay
Skilled nursing facility (SNF) care* (continued) Generally, you get SNF care from network facilities. Under certain conditions listed below, you may be able to pay in-network cost sharing for a facility that isn't a network provider, if the facility accepts our plan's amounts for payment. • A nursing home or continuing care retirement community where you were living right before you went to the hospital (as long as it provides skilled nursing facility care) • A SNF where your spouse or domestic partner is living at the time you leave the hospital *This service may require prior authorization. See Section 2 of this chapter for details.	If you are admitted into the facility in 2026 and are not discharged until 2027, your copayment amount per day may be different. For certain members, the Oregon Health Plan (Medicaid) may only pay cost-sharing amounts for Medicare-covered services that the Oregon Health Plan (Medicaid) would normally cover.

Covered Service	What you pay
 Smoking and tobacco use cessation (counseling to stop smoking or tobacco use) Smoking and tobacco use cessation counseling is covered for outpatient and hospitalized patients who meet these criteria: • Use tobacco, regardless of whether they exhibit signs or symptoms of tobacco-related disease • Are competent and alert during counseling • A qualified physician or other Medicare-recognized practitioner provides counseling We cover 2 cessation attempts per year (each attempt may include a maximum of 4 intermediate or intensive sessions, with the patient getting up to 8 sessions per year.) Please note: If you are treated or monitored for an existing medical condition during the visit when you receive this preventive service, a copayment or coinsurance may apply for the care received for the existing medical condition. We cover the smoking cessation telephonic program , including program supplies like nicotine replacement therapy. Ready for 12 months of support? Visit www.ProvidenceHealthAssurance.com/partnercontacts for benefit contact information.	There is no coinsurance, copayment, or deductible for the Medicare-covered smoking and tobacco use cessation preventive benefit. There is no coinsurance, copayment, or deductible for the smoking cessation telephonic program.
 Special Supplemental Benefits for the Chronically Ill (SSBCI) A chronically ill enrollee as an individual who: • has one or more comorbid and medically complex chronic conditions (15 listed below) that is life threatening or significantly limits the overall health or function of the enrollee; • has a high risk of hospitalization or other adverse health outcomes; and • requires intensive care coordination. List of Chronic Conditions:	

Covered Service	What you pay
 Special Supplemental Benefits for the Chronically Ill (SSBCI) (continued) (1) Chronic alcohol use disorder and other substance use disorders (SUDs). (2) Autoimmune disorders: (i) Polyarteritis nodosa. (ii) Polymyalgia rheumatica. (iii) Polymyositis. (iv) Dermatomyositis. (v) Rheumatoid arthritis. (vi) Systemic lupus erythematosus. (vii) Psoriatic arthritis. (viii) Scleroderma. (3) Cancer. (4) Cardiovascular disorders: (i) Cardiac arrhythmias. (ii) Coronary artery disease. (iii) Peripheral vascular disease. (iv) Valvular heart disease. (5) Chronic heart failure. (6) Dementia. (7) Diabetes mellitus. (8) Overweight, obesity, and metabolic syndrome. (9) Chronic gastrointestinal disease: (i) Chronic liver disease. (ii) Non-alcoholic fatty liver disease (NAFLD). (iii) Hepatitis B. (iv) Hepatitis C. (v) Pancreatitis. (vi) Irritable bowel syndrome. (vii) Inflammatory bowel disease. (10) Chronic kidney disease (CKD): (i) CKD requiring dialysis/End-stage renal disease (ESRD). (ii) CKD not requiring dialysis. (11) Severe hematologic disorders: (i) Aplastic anemia. (ii) Hemophilia. (iii) Immune thrombocytopenic purpura. (iv) Myelodysplastic syndrome.	

Covered Service	What you pay
Special Supplemental Benefits for the Chronically Ill (SSBCI) (continued) (v) Sickle-cell disease (excluding sickle-cell trait). (vi) Chronic venous thromboembolic disorder. (12) HIV/AIDS. (13) Chronic lung disorders: (i) Asthma, Chronic bronchitis. (ii) Cystic Fibrosis. (iii) Emphysema. (iv) Pulmonary fibrosis. (v) Pulmonary hypertension. (vi) Chronic Obstructive Pulmonary Disease (COPD). (14) Chronic and disabling mental health conditions: (i) Bipolar disorders. (ii) Major depressive disorders. (iii) Paranoid disorder. (iv) Schizophrenia. (v) Schizoaffective disorder. (vi) Post-traumatic stress disorder (PTSD). (vii) Eating Disorders. (viii) Anxiety disorders. (15) Neurologic disorders: (i) Amyotrophic lateral sclerosis (ALS). (ii) Epilepsy. (iii) Extensive paralysis (that is, hemiplegia, quadriplegia, paraplegia, monoplegia). (iv) Huntington's disease. (v) Multiple sclerosis. (vi) Parkinson's disease. (vii) Polyneuropathy. (viii) Fibromyalgia. (ix) Chronic fatigue syndrome. (x) Spinal cord injuries. (xi) Spinal stenosis. (xii) Stroke-related neurologic deficit. (16) Stroke. (17) Post-organ transplantation care. (18) Immunodeficiency and Immunosuppressive disorders. (19) Conditions associated with cognitive impairment: (i) Alzheimer's disease.	

Covered Service	What you pay
Special Supplemental Benefits for the Chronically Ill (SSBCI) (continued) (ii) Intellectual disabilities and developmental disabilities. (iii) Traumatic brain injuries. (iv) Disabling mental illness associated with cognitive impairment. (v) Mild cognitive impairment. (20) Conditions with functional challenges and require similar services including the following: (i) Spinal cord injuries. (ii) Paralysis. (iii) Limb loss. (iv) Stroke. (v) Arthritis. (21) Chronic conditions that impair vision, hearing (deafness), taste, touch, and smell. (22) Conditions that require continued therapy services in order for individuals to maintain or retain functioning.	
Food and Produce Benefit You may use your allowance at approved stores like Walgreens, Safeway, Fred Meyer, QFC, CVS, Walmart and Dollar General / Family Dollar. Approved retailers may change at any time. You will receive notice when necessary. Examples of food and produce items include: bread, dairy, fruits and vegetables, meats and seafood, rice, pasta and eggs and egg substitutes.	Eligible members have an allowance of \$200, every three months, for food and produce. Unspent dollars will roll over from quarter to quarter, then expire at the end of the 2026 calendar year.

Covered Service	What you pay
Special Supplemental Benefits for the Chronically Ill (SSBCI) (continued) Non-Medical Transportation services Non-medical transportation is transportation that doesn't involve a medical appointment such as rides to and from the following locations: ○ Fitness centers (gyms) and associated social wellness activities such as recreation areas, community centers, parks, and shopping malls for mall walking. ○ Pharmacies ○ Grocery stores ○ Food banks ○ Senior centers ○ Churches ○ Banks and financial institutions ○ Barbers and beauty salons ○ Visiting family You are covered up to 24 one-way trips for non-medical transportation. Want to schedule a ride for an upcoming activity? Visit www.ProvidenceHealthAssurance.com/partnercontacts for benefit contact information.	For eligible member, there is no coinsurance, copayment, or deductible for up to 24 one-way trips (maximum of 25 miles each way) per calendar year.

Covered Service	What you pay
Supervised Exercise Therapy (SET) SET is covered for members who have symptomatic peripheral artery disease (PAD). Up to 36 sessions over a 12-week period are covered if the SET program requirements are met. The SET program must: • Consist of sessions lasting 30-60 minutes, comprising a therapeutic exercise-training program for PAD in patients with claudication • Be conducted in a hospital outpatient setting or a physician's office • Be delivered by qualified auxiliary personnel necessary to ensure benefits exceed harms, and who are trained in exercise therapy for PAD • Be under the direct supervision of a physician, physician assistant, or nurse practitioner/clinical nurse specialist who must be trained in both basic and advanced life support techniques SET may be covered beyond 36 sessions over 12 weeks for an additional 36 sessions over an extended period of time if deemed medically necessary by a health care provider.	There is no coinsurance, copayment, or deductible for each Medicare-covered SET service. For certain members, the Oregon Health Plan (Medicaid) may only pay cost-sharing amounts for Medicare-covered services that the Oregon Health Plan (Medicaid) would normally cover.

Covered Service	What you pay
Urgently needed services A plan-covered service requiring immediate medical attention that's not an emergency is an urgently needed service if either you're temporarily outside our plan's service area, or, even if you're inside our plan's service area, it's unreasonable given your time, place, and circumstances to get this service from network providers. Our plan must cover urgently needed services and only charge you in-network cost sharing. Examples of urgently needed services are unforeseen medical illnesses and injuries, or unexpected flare-ups of existing conditions. Medically, necessary routine provider visits, (like annual checkups) aren't considered urgently needed even if you're outside our plan's service area or our plan network is temporarily unavailable. Urgent care coverage applies within the United States and its territories only. We provide access to in-network urgent care providers via a dedicated web-based platform for same-day medical appointments. Visit Providence ExpressCare Virtual on a tablet, smartphone, or computer.	There is no coinsurance, copayment, or deductible for each Medicare-covered urgent care visit. If you are admitted to the hospital within 24 hours of your urgent care visit, you do not have to pay the urgent care visit copayment. If you receive urgently needed care at an out-of-network hospital and require inpatient care once your condition has stabilized, you must get that inpatient care authorized by the plan. If authorized, your cost will be the same as if you received the inpatient care from an in-network hospital. See the "Inpatient hospital services" section of this medical benefits chart for inpatient cost-sharing information. For certain members, the Oregon Health Plan (Medicaid) may only pay cost-sharing amounts for Medicare-covered services that the Oregon Health Plan (Medicaid) would normally cover.

Covered Service	What you pay
Vision care Covered services include: • Outpatient physician services for the diagnosis and treatment of diseases and injuries of the eye, including treatment for age-related macular degeneration. Original Medicare doesn't cover routine eye exams (eye refractions) for eyeglasses/contacts •  For people who are at high risk of glaucoma, we cover one glaucoma screening each year. People at high risk of glaucoma include: people with a family history of glaucoma, people with diabetes, African-Americans who are age 50 and older, and Hispanic Americans who are 65 or older • For people with diabetes, screening for diabetic retinopathy is covered once per year	There is no coinsurance, copayment, or deductible for each Medicare-covered exam to diagnose and treat diseases and conditions of the eye. Please note: A separate cost sharing may apply if additional services are provided, such as drugs administered during your visit. There is no coinsurance, copayment, or deductible for an annual Medicare-covered preventive glaucoma screening. There is no coinsurance, copayment, or deductible for one Medicare-covered diabetic retinopathy screening exam per calendar year.

Covered Service	What you pay
Vision care (continued) Vision hardware • Post-cataract: Your plan covers one pair of eyeglasses or contact lenses after each cataract surgery that includes insertion of an intraocular lens. (If you have 2 separate cataract operations, you can't reserve the benefit after the first surgery and purchase 2 eyeglasses after the second surgery.) • Medical vision hardware*: Medical vision hardware is included under the "Prosthetic devices and related supplies" benefit. *This service may require prior authorization. See Section 2 of this chapter for details.	There is no coinsurance, copayment, or deductible for one pair of Medicare-covered eyeglasses or contact lenses after each cataract surgery. There is no coinsurance, copayment, or deductible for Medicare-covered prosthetic devices and related supplies. For certain members, the Oregon Health Plan (Medicaid) may only pay cost-sharing amounts for Medicare-covered services that the Oregon Health Plan (Medicaid) would normally cover.

Covered Service	What you pay
Vision care (routine non-Medicare-covered) Covered services include: • Routine eye exam: Our plan covers one refractive routine eye exam per calendar year. The purpose of this exam is to check your vision to determine if corrective eyewear or updated eyeglass or contact lens prescriptions are needed. A refraction is the part of an office visit that determines your eyeglass prescription. Both services are included under the routine eye exam benefit. This benefit excludes examinations for conditions such as conjunctivitis, dry eye, glaucoma or cataracts. These services are not part of a refractive routine exam as defined under this benefit and would be covered under your Part B medical benefits. Please refer to the “Vision care” row above for details regarding medical vision benefits.	There is no coinsurance, copayment, or deductible for one routine eye exam per calendar year. You are not limited to a network provider, which means you can see any qualified provider for a routine eye exam.

Covered Service	What you pay
Vision care (routine non-Medicare-covered) (continued) • Routine vision hardware: * Your plan includes routine eyeglasses or contact lenses every calendar year. *The cost-sharing amount for routine vision hardware does not count toward your plan's out-of-pocket maximum.	You have an allowance of up to \$150 per calendar year for a combination of routine prescription contacts, routine prescription lenses, routine vision frames, and/or upgrades, such as tinting. This means we will pay up to \$150 per calendar year for routine vision hardware. Routine prescription contact lens fitting services are included under the routine vision hardware benefit. Any amount billed by the provider above the allowance will be your responsibility. You are not limited to a network provider. You can get your routine vision hardware from any qualified provider. Please note that the allowance described above is the same for all providers. Please ask your provider to bill us for the services using the Claims address on the back of your member ID card. You may also request reimbursement from us.

Covered Service	What you pay
 Welcome to Medicare preventive visit Our plan covers the one-time <i>Welcome to Medicare</i> preventive visit. The visit includes a review of your health, as well as education and counseling about preventive services you need (including certain screenings and shots and referrals for other care if needed). Important: We cover the <i>Welcome to Medicare</i> preventive visit only within the first 12 months you have Medicare Part B. When you make your appointment, let your doctor's office know you want to schedule your <i>Welcome to Medicare</i> preventive visit. Please note: If you are treated or monitored for an existing medical condition during the visit when you receive the preventive service, a copayment or coinsurance may apply for the care received for the existing medical condition.	There is no coinsurance, copayment, or deductible for the <i>Welcome to Medicare</i> preventive visit.

SECTION 3 Services covered outside of Providence Medicare Dual Plus (HMO D-SNP)?

The following services aren't covered by Providence Medicare Dual Plus (HMO D-SNP) but are available through Oregon Health Plan (Medicaid):

- Oregon Health Plan (Medicaid) benefits not covered by Medicare
- Long term care and home and community-based services

For a detailed list of Oregon Health Plan (Medicaid) benefits, please refer to the Providence Medicare Dual Plus (HMO D-SNP) Summary of Benefits document and/or contact the Oregon Health Plan (Medicaid) or your Oregon Health Plan (Medicaid) Coordinated Care Organization.

SECTION 4 Services that aren't covered by our plan?

This section tells you what services are excluded.

The chart below lists services and items that aren't covered by our plan under any conditions or are covered by our plan only under specific conditions.

If you get services that are excluded (not covered), you must pay for them yourself except under the specific conditions listed below. Even if you get the excluded services at an emergency facility, the excluded services are still not covered and our plan won't pay for them. The only exception is if the service is appealed and decided upon appeal to be a medical service that we should have paid for or covered because of your specific situation. (For information about appealing a decision we have made to not cover a medical service, go to Chapter 9, Section 6.3.)

Services not covered by Medicare	Covered only under specific conditions
Acupuncture	Available for people with chronic low back pain under certain circumstances-
All costs associated with surrogate parenting	Not covered under any condition
Ambulance claims where transport is refused (no treatment)	Not covered under any condition
Appliances, equipment, and supplies primarily used for comfort or convenience, including, but not limited to, air conditioners, humidifiers, and incontinence pads	Not covered under any condition
Autopsies and services related to autopsies	Not covered under any condition
Charges for missed appointments or completion of claim forms	Not covered under any condition
Conception by artificial means, such as in vitro fertilization, zygote intra-fallopian transfers, and gamete intra-fallopian transfers (GIFT)	Not covered under any condition
Cosmetic surgery or procedures	• Covered in cases of an accidental injury or for improvement of the functioning of a malformed body member:- • Covered for all stages of reconstruction for a breast after a mastectomy, as well as for the unaffected breast to produce a symmetrical appearance:-

Services not covered by Medicare	Covered only under specific conditions
Custodial care Custodial care is personal care that doesn't require the continuing attention of trained medical or paramedical personnel, such as care that helps you with activities of daily living, such as bathing or dressing.	Not covered under any condition
Direct-to-consumer testing (also known as self-testing, at-home testing, or over-the-counter testing) sold directly to individuals via the Internet, television, print advertisements, or other marketing materials	Not covered under any condition
Elective or voluntary enhancement procedures or services	Not covered under any condition
Experimental medical and surgical procedures, equipment and medications. Experimental procedures and items are those items and procedures determined by Original Medicare to not be generally accepted by the medical community.	May be covered by Original Medicare under a Medicare-approved clinical research study or by our plan. (Go to Chapter 3, Section 5 for more information on clinical research studies.)
Fees charged for care by your immediate relatives or members of your household	Not covered under any condition
Full-time nursing care in your home	Not covered under any condition
Guest meals in a hospital or skilled nursing facility	Not covered under any condition
Home-delivered meals	Covered after a qualifying inpatient hospitalization.
Homemaker services include basic household help, including light housekeeping or light meal preparation.	Not covered under any condition

Services not covered by Medicare	Covered only under specific conditions
Lens extras for cataract hardware (i.e., tints, anti-reflective coating, progressives, oversize lenses, etc.), unless medically necessary	Covered only when medically necessary.
Medicare Part B prescription drugs for travel outside the U.S. and its territories	Not covered under any condition
Naturopath services (uses natural or alternative treatments)	Not covered under any condition
Non-emergency transportation	Non-emergency medical transportation is covered by Oregon Health Plan (Medicaid) to covered appointments and pharmacy with prior approval from ride service.
Non-routine dental care You can use your pre-loaded debit card to pay for non-routine dental care if you choose. For more information see the “ Dental services* ” row in the Medical Benefits Chart in Section 2 of this chapter.	Dental care required to treat illness or injury may be covered as inpatient or outpatient care-
Orthopedic shoes or supportive devices for the feet	Shoes that are part of a leg brace and are included in the cost of the brace. Orthopedic or therapeutic shoes for people with, diabetic foot disease-
Personal items in your room at a hospital or a skilled nursing facility, such as a telephone or a television	Not covered under any condition
Private duty nurses	Not covered under any condition
Private room in a hospital	Covered only when medically necessary.
Psychological enrichment or self-help programs for mentally-healthy individuals	Not covered under any condition
Reports, evaluations, or routine physical exams primarily for insurance, licensing, employment, or other third-party and non-preventive purposes	Not covered under any condition

Services not covered by Medicare	Covered only under specific conditions
Reversal of sterilization procedures and or non-prescription contraceptive supplies including implantable contraceptive devices	Contraceptive supplies may be covered by the Oregon Health Plan (Medicaid).
Routine chiropractic care	Manual manipulation of the spine to correct a subluxation is covered.
Routine dental care, such as fillings, or dentures	Preventive dental services are covered by the Oregon Health Plan (Medicaid).
Routine eye examinations, eyeglasses, radial keratotomy, LASIK surgery, and other low vision aids	One pair of eyeglasses with standard frames (or one set of contact lenses) covered after each cataract surgery that implants an intraocular lens.
Routine foot care	Some limited coverage provided according to Medicare guidelines (e.g., if you have diabetes)
Routine hearing exams, hearing aids, or exams to fit hearing aids	Oregon Health Plan (Medicaid) covers hearing aids and related batteries, dispensing, fitting and repair. They also cover hearing services performed by a licensed physician, audiologist or hearing aid specialist.
Services considered not reasonable and necessary, according to Original Medicare standards	Not covered under any condition
Services not covered by Medicare	Oregon Health Plan (Medicaid) may cover services not covered by Medicare.
Services provided in Veterans Affairs (VA) facilities	Not covered under any condition
Services related to intrauterine devices (IUD), including insertion of the device and the device itself	IUD services may be covered by the Oregon Health Plan (Medicaid).

Services not covered by Medicare	Covered only under specific conditions
Services, such as drug claims, are not covered if they are ordered, prescribed, or provided by you for your own benefit, by a person who resides in your home, or by a member of your family. In this context, a “member of your family” is a person who could possibly inherit from you under any state's intestate succession law as well as any in-law, step relative, foster parent, or domestic partner of yours or of any such person.	Not covered under any condition
Subnormal vision aids, aniseikonic lenses, or plain (non-prescription) glasses, sunglasses, and other low vision aids and services	Not covered under any condition
Treatment or counseling in the absence of illness, including marriage counseling	Not covered under any condition
Wig	Oregon Health Plan (Medicaid) covers wigs for individuals experiencing hair loss due to chemotherapy or radiation therapy treatments.

CHAPTER 5:

Using plan coverage for Part D drugs

How can you get information about your drug costs?

Because you're eligible for Oregon Health Plan (Medicaid), you qualify for and are getting Extra Help from Medicare to pay for your prescription drug plan costs. Because you're in the Extra Help program, **some information in this *Evidence of Coverage* about the costs for Part D prescription drugs may not apply to you.** We sent you a separate insert, called the *Evidence of Coverage Rider for People Who Get Extra Help Paying for Prescription Drugs* (also known as the Low Income Subsidy Rider or the LIS Rider), which tells you about your drug coverage. If you don't have this insert, call Customer Service at 503-574-8000 or 1-800-603-2340 (TTY users call 711) and ask for the LIS Rider. (Phone numbers for Customer Service are printed on the back cover of this document.)

SECTION 1 Basic rules for our plan's Part D drug coverage

Go to the Medical Benefits Chat in Chapter 4 for Medicare Part B drug benefits and hospice drug benefits.

In addition to the drugs covered by Medicare, some prescription drugs are covered under your Medicaid benefits. Please refer to your Oregon Health Plan (Medicaid) Drug List for coverage of these medications.

Our plan will generally cover your drugs as long as you follow these rules:

- You must have a provider (a doctor, dentist, or other prescriber) write you a prescription that's valid under applicable state law.
- Your prescriber must not be on Medicare's Exclusion or Preclusion Lists.
- You generally must use a network pharmacy to fill your prescription (Go to Section 2), or you can fill your prescription through our plan's mail-order service.
- Your drug must be on our plan's Drug List (Go to Section 3).
- Your drug must be used for a medically accepted indication. A "medically accepted indication" is a use of the drug that's either approved by the FDA or supported by certain references. (Go to Section 3 for more information about a medically accepted indication.)

- Your drug may require approval from our plan based on certain criteria before we agree to cover it. (Go to Section 4 for more information)

SECTION 2 Fill your prescription at a network pharmacy or through our plan's mail-order service

In most cases, your prescriptions are covered *only* if they're filled at our plan's network pharmacies. (Go to Section 2.5 for information about when we cover prescriptions filled at out-of-network pharmacies.)

A network pharmacy is a pharmacy that has a contract with our plan to provide your covered drugs. The term "covered drugs" means all the Part D drugs on our plan's Drug List.

Section 2.1 Network pharmacies

Find a network pharmacy in your area

To find a network pharmacy, go to your *Provider and Pharmacy Directory*, visit our website (www.ProvidenceHealthAssurance.com/findaprovider), and/or call Customer Service at 503-574-8000 or 1-800-603-2340 (TTY users call 711).

You may go to any of our network pharmacies.

If your pharmacy leaves the network

If the pharmacy you use leaves our plan's network, you'll have to find a new pharmacy in the network. To find another pharmacy in your area, get help from Customer Service at 503-574-8000 or 1-800-603-2340 (TTY users call 711) or use the *Provider and Pharmacy Directory*. You can also find information on our website at www.ProvidenceHealthAssurance.com/findaprovider.

Specialized pharmacies

Some prescriptions must be filled at a specialized pharmacy. Specialized pharmacies include:

- Pharmacies that supply drugs for home infusion therapy. Providence Home Services provides and coordinates home care services in the Providence Medicare Advantage Plans service area. Services include home infusion (pharmaceuticals and nursing), specialty injectables, home health, hospice, home oxygen, and medical equipment.
- Pharmacies that supply drugs for residents of a long-term care (LTC) facility. Usually, a LTC facility (such as a nursing home) has its own pharmacy. If you have

difficulty getting your Part D drugs in an LTC facility, call Customer Service at 503-574-8000 or 1-800-603-2340 (TTY users call 711).

- Pharmacies that serve the Indian Health Service / Tribal / Urban Indian Health Program (not available in Puerto Rico). Except in emergencies, only Native Americans or Alaska Natives have access to these pharmacies in our network.
- Pharmacies that dispense drugs restricted by the FDA to certain locations or that require special handling, provider coordination, or education on its use. To locate a specialized pharmacy, go to your *Provider and Pharmacy Directory* www.ProvidenceHealthAssurance.com/findaprovider or call Customer Service at 503-574-8000 or 1-800-603-2340 (TTY users call 711).

Section 2.2 Our plan's mail-order service

For certain kinds of drugs, you can use our plan's network mail-order service. Generally, the drugs provided through mail order are drugs you take on a regular basis, for a chronic or long-term medical condition.

Our plan's mail-order service allows you to order ***at least a 30-day supply of the drug and no more than a 100-day supply.***

To get information about filling your prescriptions by mail, call Customer Service at 503-574-8000 or 1-800-603-2340 (TTY users call 711).

Usually, a mail-order pharmacy order will be delivered to you in no more than 3-5 days. In the event that your mail order prescription delivery is delayed, or you cannot wait to receive it, you may utilize a retail network pharmacy to obtain a small interim supply until such time a delivery can be received. The retail network pharmacy must contact Providence Health Assurance to facilitate dispensing of this interim supply.

New prescriptions the pharmacy get directly from your doctor's office.

After the pharmacy gets a prescription from a health care provider, it will contact you to see if you want the medication filled immediately or at a later time. It is important to respond each time you're contacted by the pharmacy, to let them know whether to ship, delay, or stop the new prescription.

Refills on mail-order prescriptions. For refills of your drugs, you have the option to sign up for an automatic refill program. Under this program we start to process your next refill automatically when our records show you should be close to running out of your drug. The pharmacy will contact you before shipping each refill to make sure you need more medication, and you can cancel scheduled refills if you have enough medication or your medication has changed.

If you choose not to use our auto-refill program but still want the mail-order pharmacy to send you your prescription, contact your pharmacy 10-14 days before your current prescription will run out. This will ensure your order is shipped to you in time.

To opt out of our program that automatically prepares mail-order refills, contact the mail-order pharmacy.

If you get a refill automatically by mail that you don't want, you may be eligible for a refund.

Section 2.3 How to get a long-term supply of drugs

When you get a long-term supply of drugs, your cost sharing may be lower. Our plan offers 2 ways to get a long-term supply (also called an extended supply) of maintenance drugs on our plan's Drug List. (Maintenance drugs are drugs you take on a regular basis, for a chronic or long-term medical condition.)

1. Some retail pharmacies in our network allow you to get a long-term supply of maintenance drugs. Your *Provider and Pharmacy Directory* www.ProvidenceHealthAssurance.com/findaprovider tells you which pharmacies in our network can give you a long-term supply of maintenance drugs. You can also call Customer Service at 503-574-8000 or 1-800-603-2340 (TTY users call 711) for more information.
2. You can also get maintenance drugs through our mail-order program. Go to Section 2.3 for more information.

Section 2.4 Using a pharmacy that's not in our plan's network

Generally, we cover drugs filled at an out-of-network pharmacy *only* when you aren't able to use a network pharmacy. We also have network pharmacies outside of our service area where you can get prescriptions filled as a member of our plan. **Check first with Customer Service at 503-574-8000 or 1-800-603-2340 (TTY users call 711)** to see if there's a network pharmacy nearby.

We cover prescriptions filled at an out-of-network pharmacy only in these circumstances:

- Coverage for out-of-network access of emergency drugs and some routine drugs will be provided when the member cannot access a network pharmacy and one of the following conditions exist:
 - You are traveling outside the service area and run out, lose your covered Part D drugs, or become ill and need a covered Part D drug.

- You are unable to obtain a covered drug in a timely manner at a network pharmacy in your service area (e.g., no access to a 24 hour/7 days a week network pharmacy).
- You are unable to obtain a particular drug as it is not regularly stocked at an accessible network pharmacy or mail order pharmacy (e.g., orphan or specialty drug with limited distribution).
- The network mail-order pharmacy is unable to get the covered Part D drug to you in a timely manner and you run out of your drug.
- Drug is dispensed to you by an out-of-network institution-based pharmacy while you are in an emergency department, provider-based clinic, outpatient surgery, or other outpatient setting.

If you must use an out-of-network pharmacy, you'll generally have to pay the full cost (rather than your normal cost share) at the time you fill your prescription. You can ask us to reimburse you for our share of the cost. (Go to Chapter 7, Section 2 for information on how to ask our plan to pay you back.) You may be required to pay the difference between what you pay for the drug at the out-of-network pharmacy and the cost we would cover at an in-network pharmacy.

SECTION 3 Your drugs need to be on our plan's Drug List

Section 3.1 The Drug List tells which Part D drugs are covered

Our plan has a *List of Covered Drugs* (formulary). In this *Evidence of Coverage*, **we call it the Drug List**.

The drugs on this list are selected by our plan with the help of doctors and pharmacists. The list meets Medicare's requirements and has been approved by Medicare.

The Drug List only shows drugs covered under Medicare Part D. In addition to the drugs covered by Medicare, some prescription drugs are covered under your Medicaid benefits. Please refer to your Oregon Health Plan (Medicaid) Drug List for coverage of these medications.

We generally cover a drug on our plan's Drug List as long as you follow the other coverage rules explained in this chapter and use of the drug for a medically accepted indication. A medically accepted indication is a use of the drug that's *either*:

- Approved by the FDA for the diagnosis or condition for which it's prescribed, or
- Supported by certain references, such as the American Hospital Formulary Service Drug Information and the Micromedex DRUGDEX Information System.

The Drug List includes brand name drugs, generic drugs, and biological products (which may include biosimilars.)

A brand name drug is a prescription drug sold under a trademarked name owned by the drug manufacturer. Biological products are drugs that are more complex than typical drugs. On the Drug List, when we refer to drugs, this could mean a drug or a biological product.

A generic drug is a prescription drug that has the same active ingredients as the brand name drug. Biological products have alternatives called biosimilars. Generally, generics and biosimilars work just as well as the brand name or original biological product and usually cost less. There are generic drug substitutes available for many brand name drugs and biosimilar alternatives for some original biological products. Some biosimilars are interchangeable biosimilars and, depending on state law, may be substituted for the original biological product at the pharmacy without needing a new prescription, just like generic drugs can be substituted for brand name drugs.

Go to Chapter 12 for definitions of types of drugs that may be on the Drug List.

Drugs that aren't on the Drug List

Medicaid-covered drugs are not included on the Drug List. You can visit the Medicaid page for Medicaid-covered drugs www.providencehealthplan.com/health-share-providence-ohp.

Our plan doesn't cover all prescription drugs.

- In some cases, the law doesn't allow any Medicare plan to cover certain types of drugs. (For more information, go to Section 7.)
- In other cases, we decided not to include a particular drug on the Drug List.
- In some cases, you may be able to get a drug that isn't on our Drug List. (For more information, go to Chapter 9.)

Section 3.2 How to find out if a specific drug is on the Drug List

To find out if a drug is on our Drug List, you have these options:

- Check the most recent Drug List we provided electronically.
- Visit our plan's website (www.providencehealthassurance.com/formulary). The Drug List on the website is always the most current.

- Call Customer Service at 503-574-8000 or 1-800-603-2340 (TTY users call 711) to find out if a particular drug is on our plan's Drug List or ask for a copy of the list.
- Use our plan's "Real-Time Benefit Tool" (myrxss.com/ProvidenceMA) to search for drugs on the Drug List to get an estimate of what you'll pay and see if there are alternative drugs on the Drug List that could treat the same condition. You can also call Customer Service at 503-574-8000 or 1-800-603-2340 (TTY users call 711)

SECTION 4 Drugs with restrictions on coverage

Section 4.1 Why some drugs have restrictions

For certain prescription drugs, special rules restrict how and when our plan covers them. A team of doctors and pharmacists developed these rules to encourage you and your provider to use drugs in the most effective way. To find out if any of these restrictions apply to a drug you take or want to take, check the Drug List.

If a safe, lower-cost drug will work just as well medically as a higher-cost drug, our plan's rules are designed to encourage you and your provider to use that lower-cost option.

Note that sometimes a drug may appear more than once in our Drug List. This is because the same drugs can differ based on the strength, amount, or form of the drug prescribed by your health care provider, and different restrictions or cost sharing may apply to the different versions of the drug (for example, 10 mg versus 100 mg; one per day versus 2 per day; tablet versus liquid).

Section 4.2 Types of restrictions

If there's a restriction for your drug, it usually means that you or your provider have to take extra steps for us to cover the drug. Call Customer Service at 503-574-8000 or 1-800-603-2340 (TTY users call 711) to learn what you or your provider can do to get coverage for the drug. **If you want us to waive the restriction for you, you need to use the coverage decision process and ask us to make an exception.** We may or may not agree to waive the restriction for you. (Go to Chapter 9.)

Getting plan approval in advance

For certain drugs, you or your provider need to get approval from our plan based on specific criteria before we agree to cover the drug for you. This is called **prior authorization**. This is put in place to ensure medication safety and help guide appropriate use of certain drugs. If you don't get this approval, your drug might not be covered by our plan. Our plan's prior authorization criteria can be obtained by calling Customer Service at 503-574-8000 or 1-800-

603-2340 (TTY users call 711) or on our website at
https://fm.formularynavigator.com/FBO/249/CMS_PART_D_2026_DSNP_PA.pdf.

Trying a different drug first

This requirement encourages you to try less costly but usually just as effective drugs before our plan covers another drug. For example, if Drug A and Drug B treat the same medical condition, and Drug A is less costly, our plan may require you to try Drug A first. If Drug A doesn't work for you, our plan will then cover Drug B. This requirement to try a different drug first is called **step therapy**. Our plan's step therapy criteria can be obtained by calling Customer Service at 503-574-8000 or 1-800-603-2340 (TTY users call 711) or on our website at https://fm.formularynavigator.com/FBO/249/CMS_PART_D_2026_DSNP_ST.pdf.

Quantity limits

For certain drugs, we limit how much of a drug you can get each time you fill your prescription. For example, if it's normally considered safe to take only one pill per day for a certain drug, we may limit coverage for your prescription to no more than one pill per day.

SECTION 5 What you can do if one of your drugs isn't covered the way you'd like

There are situations where a prescription drug you take, or that you and your provider think you should take, isn't on our Drug List or has restrictions. For example:

- The drug might not be covered at all. Or a generic version of the drug may be covered but the brand name version you want to take isn't covered.
- The drug is covered, but there are extra rules or restrictions on coverage.

If your drug isn't on the Drug List or is restricted, here are options for what you can do:

- You may be able to get a temporary supply of the drug.
- You can change to another drug.
- You can ask for an **exception** and ask our plan to cover the drug or remove restrictions from the drug.

You may be able to get a temporary supply

Under certain circumstances, our plan must provide a temporary supply of a drug you're already taking. This temporary supply gives you time to talk with your provider about the change.

To be eligible for a temporary supply, the drug you take **must no longer be on our plan's Drug List OR is now restricted in some way.**

- **If you're a new member,** we'll cover a temporary supply of your drug during the first 90 days of your membership in our plan.
- **If you were in our plan last year,** we'll cover a temporary supply of your drug during the first 90 days of the calendar year.
- This temporary supply will be for a maximum of 30 days. If your prescription is written for fewer days, we'll allow multiple fills to provide up to a maximum of 30 days of medication. The prescription must be filled at a network pharmacy. (Note that a long-term care pharmacy may provide the drug in smaller amounts at a time to prevent waste.)
- **For members who've been in our plan for more than 90 days and live in a long-term care facility and need a supply right away:** We'll cover one 31-day emergency supply of a particular drug, or less if your prescription is written for fewer days. This is in addition to the above temporary supply.

Level of care change	Days' supply
For members transitioning from SNF to LTC	31
SNF to Home (retail)	30
LTC to LTC	31
Hospital to Home (retail)	30

For questions about a temporary supply, call Customer Service at 503-574-8000 or 1-800-603-2340 (TTY users call 711).

During the time when you're using a temporary supply of a drug, you should talk with your provider to decide what to do when your temporary supply runs out. You have 2 options:

Option 1. You can change to another drug

Talk with your provider about whether a different drug covered by our plan may work just as well for you. Call Customer Service at 503-574-8000 or 1-800-603-2340 (TTY users call 711) to ask for a list of covered drugs that treat the same medical condition. This list can help your provider find a covered drug that might work for you.

Option 2. You can ask for an exception

You and your provider can ask our plan to make an exception and cover the drug in the way you'd like it covered. If your provider says you have medical reasons that justify asking us for an exception, your provider can help you ask for an exception. For example, you can ask our plan to cover a drug even though it's not on our plan's Drug List. Or you can ask our plan to make an exception and cover the drug without restrictions.

If you and your provider want to ask for an exception, go to Chapter 9, Section 7.4 to learn what to do. It explains the procedures and deadlines set by Medicare to make sure your request is handled promptly and fairly.

SECTION 6 Our Drug List can change during the year

Most changes in drug coverage happen at the beginning of each year (January 1). However, during the year, our plan can make some changes to the Drug List. For example, our plan might:

- **Add or remove drugs from the Drug List.**
- **Add or remove a restriction on coverage for a drug.**
- **Replace a brand name drug with a generic version of the drug.**
- **Replace an original biological product with an interchangeable biosimilar version of the biological product.**

We must follow Medicare requirements before we change our plan's Drug List.

Information on changes to drug coverage

When changes to the Drug List occur, we post information on our website about those changes. We also update our online Drug List regularly. Sometimes you'll get direct notice if changes were made for a drug that you take.

Changes to drug coverage that affect you during this plan year

- **Adding new drugs to the Drug List and immediately removing or making changes to a like drug on the Drug List.**
 - We may immediately remove a like drug from the Drug List, move the like drug to a different cost-sharing tier, add new restrictions, or both. The new version of the drug will be with the same or fewer restrictions.

- We'll make these immediate changes only if we add a new generic version of a brand name or add certain new biosimilar versions of an original biological product that was already on the Drug List.
 - We may make these changes immediately and tell you later, even if you take the drug that we remove or make changes to. If you take the like drug at the time we make the change, we'll tell you about any specific change we made.
- **Adding drugs to the Drug List and removing or making changes to a like drug on the Drug List.**
 - When adding another version of a drug to the Drug List, we may remove a like drug from the Drug List, move it to a different cost-sharing tier, add new restrictions, or both. The version of the drug that we add will be with the same or fewer restrictions.
 - We'll make these changes only if we add a new generic version of a brand name drug or adding certain new biosimilar versions of an original biological product that was already on the Drug List.
 - We'll tell you at least 30 days before we make the change, or tell you about the change and cover an 30-day fill of the version of the drug you're taking.
- **Removing unsafe drugs and other drugs on the Drug List that are withdrawn from the market.**
 - Sometimes a drug may be deemed unsafe or taken off the market for another reason. If this happens, we may immediately remove the drug from the Drug List. If you're taking that drug, we'll tell you after we make the change.
- **Making other changes to drugs on the Drug List.**
 - We may make other changes once the year has started that affect drugs you are taking. For example, we based on FDA boxed warnings or new clinical guidelines recognized by Medicare.
 - We'll tell you at least 30 days before we make these changes or tell you about the change and cover an additional 30-day fill of the drug you take.

If we make any of these changes to any of the drugs you take, talk with your prescriber about the options that would work best for you, including changing to a different drug to treat your condition, or ask for a coverage decision to satisfy any new restrictions on the drug you're taking. You or your prescriber can ask us for an exception to continue covering the drug or version of the drug you have been taking. For more information on how to ask for a coverage decision, including an exception, go to Chapter 9.

Changes to the Drug List that don't affect you during this plan year

We may make certain changes to the Drug List that aren't described above. In these cases, the change won't apply to you if you're taking the drug when the change is made; however, these changes will likely affect you starting January 1 of the next plan year if you stay in the same plan.

In general, changes that won't affect you during the current plan year are:

- We put a new restriction on the use of your drug.
- We remove your drug from the Drug List.

If any of these changes happen for a drug you take (except for market withdrawal, a generic drug replacing a brand name drug, or other change noted in the sections above), the change won't affect your use or what you pay as your share of the cost until January 1 of the next year.

We won't tell you about these types of changes directly during the current plan year. You'll need to check the Drug List for the next plan year (when the list is available during the open enrollment period) to see if there are any changes to drugs you take that will impact you during the next plan year.

SECTION 7 Types of drugs we don't cover

Some kinds of prescription drugs are *excluded*. This means Medicare doesn't pay for these drugs.

If you appeal and the drug asked for is found not to be excluded under Part D, we'll pay for or cover it. (For information about appealing a decision, go to Chapter 9.) If the drug excluded by our plan is also excluded by Medicaid, you must pay for it yourself.

Here are 3 general rules about drugs that Medicare drug plans won't cover under Part D:

- Our plan's Part D drug coverage can't cover a drug that would be covered under Medicare Part A or Part B.
- Our plan can't cover a drug purchased outside the United States or its territories.
- Our plan can't cover *off-label* use of a drug when the use isn't supported by certain references, such as the American Hospital Formulary Service Drug Information and the Micromedex DRUGDEX Information System. *Off-label* use is any use of the drug other than those indicated on a drug's label as approved by the FDA.

In addition, by law, the following categories of drugs listed below aren't covered by Medicare. However, some of these drugs may be covered for you under your Medicaid drug coverage. Check your Oregon Health Plan (Medicaid) Drug List for coverage.

- Non-prescription drugs (also called over-the-counter drugs)
- Drugs used to promote fertility
- Drugs used for the relief of cough or cold symptoms
- Drugs used for cosmetic purposes or to promote hair growth
- Prescription vitamins and mineral products, except prenatal vitamins and fluoride preparations
- Drugs used for the treatment of sexual or erectile dysfunction
- Drugs used for treatment of anorexia, weight loss, or weight gain
- Outpatient drugs for which the manufacturer requires associated tests or monitoring services be purchased only from the manufacturer as a condition of sale

If you get Extra Help to pay for your prescriptions, Extra Help won't pay for drugs that aren't normally covered. If you have drug coverage through Medicaid, your state Medicaid program may cover some drugs not normally covered in a Medicare drug plan. Contact your state Medicaid program to determine what drug coverage may be available to you. (Find phone numbers and contact information for Medicaid in Chapter 2, Section 6.)

SECTION 8 How to fill a prescription

To fill your prescription, provide our plan membership information, which can be found on your membership card, at the network pharmacy you choose. The network pharmacy will automatically bill our plan for our share of the costs of your drug. You'll need to pay the pharmacy *your* share of the cost when you pick up your prescription. If a prescription drug is not covered by Medicare but is covered by Medicaid, you will need to show your Oregon Health Plan (Medicaid) card to fill that prescription.

If you don't have our plan membership information with you, you or the pharmacy can call our plan to get the information, or you can ask the pharmacy to look up our plan enrollment information.

If the pharmacy can't get the necessary information, **you may have to pay the full cost of the prescription when you pick it up.** You can then **ask us to reimburse you for our share.** Go to Chapter 7, Section 2 for information about how to ask our plan for reimbursement.

SECTION 9 Part D drug coverage in special situations

Section 9.1 In a hospital or a skilled nursing facility for a stay covered by our plan

If you're admitted to a hospital or to a skilled nursing facility for a stay covered by our plan, we'll generally cover the cost of your prescription drugs during your stay. Once you leave the hospital or skilled nursing facility, our plan will cover your prescription drugs as long as the drugs meet all of our rules for coverage described in this chapter.

Section 9.2 As a resident in a long-term care (LTC) facility?

Usually, a long-term care (LTC) facility (such as a nursing home) has its own pharmacy or uses a pharmacy that supplies drugs for all its residents. If you're a resident of an LTC facility, you may get your prescription drugs through the facility's pharmacy or the one it uses, as long as it is part of our network.

Check your *Provider and Pharmacy Directory*

www.ProvidenceHealthAssurance.com/findaprovider to find out if your LTC facility's pharmacy or the one it uses is part of our network. If it isn't, or if you need more information or help, call Customer Service at 503-574-8000 or 1-800-603-2340 (TTY users call 711). If you're in an LTC facility, we must ensure that you're able to routinely get your Part D benefits through our network of LTC pharmacies.

If you're a resident in an LTC facility and need a drug that isn't on our Drug List or restricted in some way, go to Section 5.2 for information about getting a temporary or emergency supply.

Section 9.3 If you also get drug coverage from an employer or retiree group plan

If you have other drug coverage through your (or your spouse or domestic partner's) employer or retiree group, contact **that group's benefits administrator**. They can help you understand how your current drug coverage will work with our plan.

In general, if you have employee or retiree group coverage, the drug coverage you get from us will be *secondary* to your group coverage. That means your group coverage pays first.

Special note about creditable coverage:

Each year your employer or retiree group should send you a notice that tells you if your drug coverage for the next calendar year is creditable.

If the coverage from the group plan is creditable, it means that our plan has drug coverage that's expected to pay, on average, at least as much as Medicare's standard drug coverage.

Keep any notices about creditable coverage because you may need these notices later to show that you maintained creditable coverage. If you didn't get a creditable coverage notice, ask for a copy from your employer or retiree plan's benefits administrator or the employer or union.

Section 9.4 If you're in Medicare-certified hospice

Hospice and our plan don't cover the same drug at the same time. If you're enrolled in Medicare hospice and require certain drugs (e.g., anti-nausea drugs, laxatives, pain medication or anti-anxiety drugs) that aren't covered by your hospice because it is unrelated to your terminal illness and related conditions, our plan must get notification from either the prescriber or your hospice provider that the drug is unrelated before our plan can cover the drug. To prevent delays in getting these drugs that should be covered by our plan, ask your hospice provider or prescriber to provide notification before your prescription is filled.

In the event you either revoke your hospice election or are discharged from hospice, our plan should cover your drugs as explained in this document. To prevent any delays at a pharmacy when your Medicare hospice benefit ends, bring documentation to the pharmacy to verify your revocation or discharge.

SECTION 10 Programs on drug safety and managing medications

We conduct drug use reviews to help make sure our members get safe and appropriate care.

We do a review each time you fill a prescription. We also review our records on a regular basis. During these reviews, we look for potential problems like:

- Possible medication errors
- Drugs that may not be necessary because you take another similar drug to treat the same condition
- Drugs that may not be safe or appropriate because of your age or gender
- Certain combinations of drugs that could harm you if taken at the same time
- Prescriptions for drugs that have ingredients you're allergic to
- Possible errors in the amount (dosage) of a drug you take
- Unsafe amounts of opioid pain medications

If we see a possible problem in your use of medications, we'll work with your provider to correct the problem.

Section 10.1 Drug Management Program (DMP) to help members safely use opioid medications

We have a program that helps make sure members safely use prescription opioids and other frequently abused medications. This program is called a Drug Management Program (DMP). If you use opioid medications that you get from several prescribers or pharmacies, or if you had a recent opioid overdose, we may talk to your prescribers to make sure your use of opioid medications is appropriate and medically necessary. Working with your prescribers, if we decide your use of prescription opioid or benzodiazepine medications may not be safe, we may limit how you can get those medications. If we place you in our DMP, the limitations may be:

- Requiring you to get all your prescriptions for opioid or benzodiazepine medications from a certain pharmacy(ies)
- Requiring you to get all your prescriptions for opioid or benzodiazepine medications from a certain prescriber(s)
- Limiting the amount of opioid or benzodiazepine medications we'll cover for you

If we plan on limiting how you get these medications or how much you can get, we'll send you a letter in advance. The letter will tell you if we limit coverage of these drugs for you, or if you'll be required to get the prescriptions for these drugs only from a specific prescriber or pharmacy. You'll have an opportunity to tell us which prescribers or pharmacies you prefer to use, and about any other information you think is important for us to know. After you've had the opportunity to respond, if we decide to limit your coverage for these medications, we'll send you another letter confirming the limitation. If you think we made a mistake or you disagree with our decision or with the limitation, you and your prescriber have the right to appeal. If you appeal, we'll review your case and give you a new decision. If we continue to deny any part of your request related to the limitations that apply to your access to medications, we'll automatically send your case to an independent reviewer outside of our plan. Go to Chapter 9 for information about how to ask for an appeal.

You won't be placed in our DMP if you have certain medical conditions, such as cancer-related pain or sickle cell disease, you're getting hospice, palliative, or end-of-life care, or live in a long-term care facility.

Section 10.2 Medication Therapy Management (MTM) program to help members manage medications

We have a program that can help our members with complex health needs. Our program is called a Medication Therapy Management (MTM) program. This program is voluntary and free. A team of pharmacists and doctors developed the program for us to help make sure our members get the most benefit from the drugs they take.

Chapter 5 Using the plan's coverage for Part D prescription drugs

Some members who have certain chronic diseases and take medications that exceed a specific amount of drug costs or are in a DMP to help them use opioids safely, may be able to get services through an MTM program. If you qualify for the program, a pharmacist or other health professional will give you a comprehensive review of all your medications. During the review, you can talk about your medications, your costs, and any problems or questions you have about your prescription and over-the-counter medications. You'll get a written summary which has a recommended to-do list that includes steps you should take to get the best results from your medications. You'll also get a medication list that will include all the medications you're taking, how much you take, and when and why you take them. In addition, members in the MTM program will get information on the safe disposal of prescription medications that are controlled substances.

It's a good idea to talk to your doctor about your recommended to-do list and medication list. Bring the summary with you to your visit or anytime you talk with your doctors, pharmacists, and other health care providers. Keep your medication list up to date and with you (for example, with your ID) in case you go to the hospital or emergency room.

If we have a program that fits your needs, we'll automatically enroll you in the program and send you information. If you decide not to participate, notify us and we'll withdraw you. For questions about this program, please contact Customer Service at 503-574-8000 or 1-800-603-2340 (TTY users call 711).

CHAPTER 6:

What you pay for Part D drugs

SECTION 1 What you pay for Part D drugs

We use “drug” in this chapter to mean a Part D prescription drug. Not all drugs are Part D drugs. Some drugs are excluded from Part D coverage by law. Some of the drugs excluded from Part D coverage are covered under Medicare Part A or Part B or under Medicaid.

To understand the payment information, you need to know what drugs are covered, where to fill your prescriptions, and what rules to follow when you get your covered drugs. Chapter 5 explains these rules. When you use our plan’s “Real-Time Benefit Tool” to look up drug coverage (myrxss.com/ProvidenceMA), the cost you see shows an estimate of the out-of-pocket costs you’re expected to pay. You can also get information provided in the “Real-Time Benefit Tool” by calling Customer Service at 503-574-8000 or 1-800-603-2340 (TTY users call 711).

How can you get information about your drug costs?

Because you’re eligible for Medicaid, you qualify for and are getting Extra Help from Medicare to pay for your prescription drug plan costs. Because you have Extra Help, **some information in this Evidence of Coverage about the costs for Part D prescription drugs may not apply to you.** We sent you a separate insert, called the *Evidence of Coverage Rider for People Who Get Extra Help Paying for Prescription Drugs* (also known as the *Low-Income Subsidy Rider* or the *LIS Rider*), which tells you about your drug coverage. If you don’t have this insert, call Customer Service at 503-574-8000 or 1-800-603-2340 (TTY users call 711) and ask for the *LIS Rider*.

Section 1.1 Types of out-of-pocket costs you may pay for covered drugs

There are 3 different types of out-of-pocket costs for covered Part D drugs that you may be asked to pay:

- **Deductible** is the amount you pay for drugs before our plan starts to pay our share.
- **Copayment** is a fixed amount you pay each time you fill a prescription.
- **Coinsurance** is a percentage of the total cost you pay each time you fill a prescription.

Chapter 6 What you pay for your Part D prescription drugs

Section 1.2 How Medicare calculates your out-of-pocket costs

Medicare has rules about what counts and what doesn't count toward your out-of-pocket costs. Here are the rules we must follow to keep track of your out-of-pocket costs.

These payments are included in your out-of-pocket costs

Your out-of-pocket costs **include** the payments listed below (as long as they're for covered Part D drugs and you followed the rules for drug coverage explained in Chapter 5):

- The amount you pay for drugs when you're in the following drug payment stages:
 - The Initial Coverage Stage
- Any payments you made during this calendar year as a member of a different Medicare drug plan before you joined our plan
- Any payments for your drugs made by family or friends
- Any payments made for your drugs by Extra Help from Medicare, employer or union health plans, Indian Health Service, AIDS drug assistance programs, and most charities

Moving to the Catastrophic Coverage Stage:

When you (or those paying on your behalf) have spent a total of \$2,100 in out-of-pocket costs within the calendar year, you move from the Initial Coverage Stage to the Catastrophic Coverage Stage.

These payments aren't included in your out-of-pocket costs

Your out-of-pocket costs **don't include** any of these types of payments:

- Drugs you buy outside the United States and its territories
- Drugs that aren't covered by our plan
- Drugs you get at an out-of-network pharmacy that don't meet our plan's requirements for out-of-network coverage
- Non-Part D drugs, including prescription drugs covered by Part A or Part B and other drugs excluded from coverage by Medicare.
- [Payments you make toward drugs not normally covered in a Medicare Drug Plan.](#)
- Payments for your drugs made by certain insurance plans and government-funded health programs such as TRICARE and the Veterans Health Administration (VA)

Chapter 6 What you pay for your Part D prescription drugs

- Payments for your drugs made by a third-party with a legal obligation to pay for prescription costs (for example, Workers' Compensation)
- Payments made by drug manufacturers under the Manufacturer Discount Program

Reminder: If any other organization like the ones listed above pays part or all your out-of-pocket costs for drugs, you're required to tell our plan by calling Customer Service at 503-574-8000 or 1-800-603-2340 (TTY users call 711).

Tracking your out-of-pocket total costs

- The *Part D Explanation of Benefits* (EOB) you get includes the current total of your out-of-pocket costs. When this amount reaches \$2,100, the *Part D EOB* will tell you that you left the Initial Coverage Stage and moved to the Catastrophic Coverage Stage.
- **Make sure we have the information we need.** Go to Section 3.1 to learn what you can do to help make sure our records of what you spent are complete and up to date.

SECTION 2 Drug payment stages for Providence Medicare Dual Plus (HMO D-SNP) members

There are **3 drug payment stages** for your drug coverage under Providence Medicare Dual Plus (HMO D-SNP). How much you pay for each prescription depends on what stage you're in when you get a prescription filled or refilled. Details of each stage are explained in this chapter. The stages are:

- **Stage 1: Yearly Deductible Stage**
- **Stage 2: Initial Coverage Stage**
- **Stage 3: Catastrophic Coverage Stage**

SECTION 3 Your *Part D Explanation of Benefits* explains which payment stage you're in

Our plan keeps track of your prescription drug costs and the payments you make when you get prescriptions at the pharmacy. This way, we can tell you when you move from one drug payment stage to the next. We track 2 types of costs:

- **Out-of-Pocket Costs:** this is how much you paid. This includes what you paid when you get a covered Part D drug, any payments for your drugs made by family or friends, and any payments made for your drugs by Extra Help from Medicare, employer or union health plans, Indian Health Service, AIDS drug assistance programs, charities, and most State Pharmaceutical Assistance Programs (SPAPs).

Chapter 6 What you pay for your Part D prescription drugs

- **Total Drug Costs:** this is the total of all payments made for your covered Part D drugs. It includes what our plan paid, what you paid, and what other programs or organizations paid for your covered Part D drugs.

If you filled one or more prescriptions through our plan during the previous month, we'll send you a *Part D EOB*. The *Part D EOB* includes:

- **Information for that month.** This report gives payment details about prescriptions you filled during the previous month. It shows the total drug costs, what our plan paid, and what you and others paid on your behalf.
- **Totals for the year since January 1.** This shows the total drug costs and total payments for your drugs since the year began.
- **Drug price information.** This displays the total drug price, and information about changes in price from first fill for each prescription claim of the same quantity.
- **Available lower cost alternative prescriptions.** This shows information about other available drugs with lower cost sharing for each prescription claim, if applicable

Section 3.1 Help us keep our information about your drug payments up to date

To keep track of your drug costs and the payments you make for drugs, we use records we get from pharmacies. Here is how you can help us keep your information correct and up to date:

- **Show your membership card every time you get a prescription filled.** This helps make sure we know about the prescriptions you fill and what you pay.
- **Make sure we have the information we need.** There are times you may pay for the entire cost of a prescription drug. In these cases, we won't automatically get the information we need to keep track of your out-of-pocket costs. To help us keep track of your out-of-pocket costs, give us copies of your receipts. **Examples of when you should give us copies of your drug receipts:**
 - When you purchase a covered drug at a network pharmacy at a special price or use a discount card that's not part of our plan's benefit.
 - When you pay a copayment for drugs provided under a drug manufacturer patient assistance program.
 - Any time you buy covered drugs at out-of-network pharmacies or pay the full price for a covered drug under special circumstances.
 - If you're billed for a covered drug, you can ask our plan to pay our share of the cost. For instructions on how to do this, go to Chapter 7, Section 2.
- **Send us information about the payments others make for you.** Payments made by certain other people and organizations also count toward your out-of-pocket costs. For example, payments made by an AIDS drug assistance program (ADAP), the Indian

Chapter 6 What you pay for your Part D prescription drugs

Health Service, and charities count toward your out-of-pocket costs. Keep a record of these payments and send them to us so we can track your costs.

- **Check the written report we send you.** When you get the *Part D EOB*, look it over to be sure the information is complete and correct. If you think something is missing or have questions, Customer Service at 503-574-8000 or 1-800-603-2340 (TTY users call 711). Be sure to keep these reports.

SECTION 4 There's no deductible for Providence Medicare Dual Plus (HMO D-SNP)

There's no deductible for Providence Medicare Dual Plus (HMO D-SNP) .

There's no deductible for Providence Medicare Dual Plus (HMO D-SNP). You begin in the Initial Coverage Stage when you fill your first prescription for the year. Go to Section 5 for information about your coverage in the Initial Coverage Stage.

SECTION 5 The Initial Coverage Stage

Section 5.1 What you pay for a drug depends on the drug and where you fill your prescription

During the Initial Coverage Stage, our plan pays its share of the cost of your covered drugs, and you pay your share (your copayment amount). Your share of the cost will vary depending on the drug and where you fill your prescription.

Your pharmacy choices

How much you pay for a drug depends on whether you get the drug from:

- A network retail pharmacy
- A pharmacy that isn't in our plan's network. We cover prescriptions filled at out-of-network pharmacies in only limited situations. Go to Chapter 5, Section 2.5 to find out when we'll cover a prescription filled at an out-of-network pharmacy.
- Our plan's mail-order pharmacy.

For more information about these pharmacy choices and filling your prescriptions, go to Chapter 5 and our plan's *Pharmacy Directory*
www.ProvidenceHealthAssurance.com/findaprovider.

Section 5.2 Your costs for a *one-month* supply of a covered drug

During the Initial Coverage Stage, your share of the cost of a covered drug will be a copayment.

Sometimes the cost of the drug is lower than your copayment. In these cases, you pay the lower price for the drug instead of the copayment.

Your costs for a *one-month* supply of a covered Part D drug

	Standard retail in-network cost sharing (up to a 30- day supply)	Mail-order cost sharing (up to a 30- day supply)	Long-term care (LTC) cost sharing (up to a 31- day supply)	Out-of- network cost sharing (Coverage is limited to certain situations; go to Chapter 5 for details.) (up to a 30- day supply)
Cost-Sharing	For generic drugs, you pay either a \$0, \$1.60 or \$5.10 copayment per prescription For all other drugs, you pay either a \$0, \$4.90 or \$12.65 copayment per prescription	For generic drugs, you pay either a \$0, \$1.60 or \$5.10 copayment per prescription For all other drugs, you pay either a \$0, \$4.90 or \$12.65 copayment per prescription	For generic drugs, you pay either a \$0, \$1.60 or \$5.10 copayment per prescription For all other drugs, you pay either a \$0, \$4.90 or \$12.65 copayment per prescription	For generic drugs, you pay either a \$0, \$1.60 or \$5.10 copayment per prescription For all other drugs, you pay either a \$0, \$4.90 or \$12.65 copayment per prescription

Go to Section 8 for more information on cost sharing for Part D vaccines.

Chapter 6 What you pay for your Part D prescription drugs**Section 5.3 If your doctor prescribes less than a full month's supply, you may not have to pay the cost of the entire month's supply**

Typically, the amount you pay for a drug covers a full month's supply. There may be times when you or your doctor would like you to have less than a month's supply of a drug (for example, when you're trying a medication for the first time). You can also ask your doctor to prescribe, and your pharmacist to dispense, less than a full month's supply if this will help you better plan refill dates.

If you get less than a full month's supply of certain drugs, you won't have to pay for the full month's supply.

- If you're responsible for coinsurance, you pay a *percentage* of the total cost of the drug. Since the coinsurance is based on the total cost of the drug, your cost will be lower since the total cost for the drug will be lower.
- If you're responsible for a copayment for the drug, you only pay for the number of days of the drug that you get instead of a whole month. We calculate the amount you pay per day for your drug (the daily cost-sharing rate) and multiply it by the number of days of the drug you get.

Section 5.4 Your costs for a long-term up to a 90-day supply of a covered Part D drug

For some drugs, you can get a long-term supply (also called an extended supply). A long-term supply is up to a 90-day supply.

Your costs for a *long-term* (up to a 90-day) supply of a covered Part D drug

	Standard retail cost sharing (in-network) (up to a 90-day supply)	Mail-order cost sharing (up to a 90-day supply)
Cost-Sharing	For generic drugs, you pay either a \$0, \$1.60 or \$5.10 copayment per prescription For all other drugs, you pay either a \$0, \$4.90 or \$12.65 copayment per prescription	For generic drugs, you pay either a \$0, \$1.60 or \$5.10 copayment per prescription For all other drugs, you pay either a \$0, \$4.90 or \$12.65 copayment per prescription

Section 5.5 You stay in the Initial Coverage Stage until your out-of-pocket costs for the year reach \$2,100

You stay in the Initial Coverage Stage until your total out-of-pocket costs reach \$2,100. You then move to the Catastrophic Coverage Stage.

The *Part D EOB* that you get will help you keep track of how much you, our plan, and any third parties have spent on your behalf during the year. Not all members will reach the \$2,100 out-of-pocket limit in a year.

We'll let you know if you reach this amount. Go to Section 1.3 for more information on how Medicare calculates your out-of-pocket costs.

SECTION 6 The Catastrophic Coverage Stage

In the Catastrophic Coverage Stage, you pay nothing for covered Part D drugs. You enter the Catastrophic Coverage Stage when your out-of-pocket costs reach the \$2,100 limit for the calendar year. Once you're in the Catastrophic Coverage Stage, you stay in this payment stage until the end of the calendar year.

Chapter 6 What you pay for your Part D prescription drugs

- During this payment stage, you pay nothing for your covered Part D drugs.

SECTION 7 Additional benefits information

1. Test strips and glucometers are limited to the plan's preferred manufacturers. All medical supplies and/or devices should be provided and arranged through an In-Network Retail Pharmacy.
2. Compounds are limited to a 30-day supply.
3. The Food and Drug Administration (FDA) does not review bulk powders and chemicals; therefore, they do not meet the definition of a Part D drug and are excluded from coverage.
4. Vacation overrides are limited to 30 days.

SECTION 8 What you pay for Part D vaccines

Important message about what you pay for vaccines – Some vaccines are considered medical benefits and are covered under Part B. Other vaccines are considered Part D drugs. You can find these vaccines listed in our plan's Drug List. Our plan covers most adult Part D vaccines at no cost to you. Go to our plan's Drug List or call Customer Service at 503-574-8000 or 1-800-603-2340 (TTY users call 711) for coverage and cost-sharing details about specific vaccines.

There are 2 parts to our coverage of Part D vaccines:

- The first part is the cost of **the vaccine itself**.
- The second part is for the cost of **giving you the vaccine**. (This is sometimes called the administration of the vaccine.)

Your costs for a Part D vaccine depend on 3 things:

1. Whether the vaccine is recommended for adults by an organization called the Advisory Committee on Immunization Practices (ACIP).

- Most adult Part D vaccines are recommended by ACIP and cost you nothing.

2. Where you get the vaccine.

- The vaccine itself may be dispensed by a pharmacy or provided by the doctor's office.

3. Who gives you the vaccine.

- A pharmacist or another provider may give the vaccine in the pharmacy. Or, a provider may give it in the doctor's office.

Chapter 6 What you pay for your Part D prescription drugs

What you pay at the time you get the Part D vaccine can vary depending on the circumstances and what **drug payment stage** you're in.

- When you get a vaccine, you may have to pay the entire cost for both the vaccine itself and the cost for the provider to give you the vaccine. You can ask our plan to pay you back for our share of the cost. For most adult Part D vaccines, this means you'll be reimbursed the entire cost you paid.
- Other times, when you get a vaccine, you pay only your share of the cost under your Part D benefit. For most adult Part D vaccines, you pay nothing.

Below are 3 examples of ways you might get a Part D vaccine.

Situation 1: You get the Part D vaccine at the network pharmacy. (Whether you have this choice depends on where you live. Some states don't allow pharmacies to give certain vaccines.)

- For most adult Part D vaccines, you pay nothing.
- For other Part D vaccines, you pay the pharmacy your copayment for the vaccine itself which includes the cost of giving you the vaccine.
- Our plan will pay the remainder of the costs.

Situation 2: You get the Part D vaccine at your doctor's office.

- When you get the vaccine, you may have to pay the entire cost of the vaccine itself and the cost for the provider to give it to you.
- You can then ask our plan to pay our share of the cost by using the procedures described in Chapter 7.
- For most adult Part D vaccines, you'll be reimbursed the full amount you paid. For other Part D vaccines, you'll be reimbursed the amount you paid less any copayment for the vaccine (including administration), and less any difference between the amount the doctor charges and what we normally pay. (If you get Extra Help, we'll reimburse you for this difference.).

Situation 3: You buy the Part D vaccine itself at the network pharmacy and take it to your doctor's office where they give you the vaccine.

- For most adult Part D vaccines, you pay nothing for the vaccine itself.
- For other Part D vaccines, you pay the pharmacy your coinsurance *OR* copayment for the vaccine itself.

Chapter 6 What you pay for your Part D prescription drugs

- When your doctor gives you the vaccine, you may have to pay the entire cost for this service.
- You can then ask our plan to pay our share of the cost by using the procedures in Chapter 7.
- For most adult Part D vaccines, you'll be reimbursed the full amount you paid. For other Part D vaccines, you'll be reimbursed the amount you paid less any coinsurance for the vaccine administration, and less any difference between the amount the doctor charges and what we normally pay. (If you get Extra Help, we'll reimburse you for this difference.)

CHAPTER 7:

Asking us to pay our share of a bill for covered medical services or drugs

SECTION 1 Situations when you should ask us to pay our share for covered services or drugs

Our network providers bill our plan directly for your covered services and drugs. If you get a bill for the full cost of medical care or drugs you got, send this bill to us so that we can pay it. When you send us the bill, we'll look at the bill and decide whether the services and drugs should be covered. If we decide they should be covered, we'll pay the provider directly.

If you already paid for a Medicare service or item covered by our plan, you can ask our plan to pay you back (paying you back is often called **reimburse** you). It is your right to be paid back by our plan whenever you've paid more than your share of the cost for medical services or drugs that are covered by our plan. There may be deadlines that you must meet to get paid back. Go to Section 2 of this chapter. When you send us a bill you've already paid, we will look at the bill and decide whether the services or drugs should be covered. If we decide they should be covered, we'll pay you back for the services or drugs.

There may also be times when you get a bill from a provider for the full cost of medical care you got or for more than your share of cost sharing. First, try to resolve the bill with the provider. If that doesn't work, send the bill to us instead of paying it. We'll look at the bill and decide whether the services should be covered. If we decide they should be covered, we'll pay the provider directly. If we decide not to pay it, we'll notify the provider. You should never pay more than plan-allowed cost sharing. If this provider is contracted, you still have the right to treatment.

Examples of situations in which you may need to ask our plan to pay you back or to pay a bill you got:

1. When you got emergency or urgently needed medical care from a provider who's not in our plan's network

- You can get emergency or urgently needed services from any provider, whether or not the provider is a part of our network. In these cases, ask the provider to bill our plan.

Chapter 7 Asking us to pay our share of a bill for covered medical services or drugs

- If you pay the entire amount yourself at the time you get the care, ask us to pay you back. Send us the bill, along with documentation of any payments you made.
- You may get a bill from the provider asking for payment that you think you don't owe. Send us this bill, along with documentation of any payments you made.
 - If the provider is owed anything, we'll pay the provider directly.
 - If you already paid for the service, we'll pay you back.

2. When a network provider sends you a bill you think you shouldn't pay

Network providers should always bill our plan directly. But sometimes they make mistakes and ask you to pay for your services.

- Whenever you get a bill from a network provider, send us the bill. We'll contact the provider directly and resolve the billing problem.
- If you already paid a bill to a network provider, send us the bill along with documentation of any payment you made. Ask us to pay you back for your covered services.

3. If you're retroactively enrolled in our plan

Sometimes a person's enrollment in our plan is retroactive. (This means that the first day of their enrollment has already passed. The enrollment date may even have occurred last year.)

If you were retroactively enrolled in our plan and you paid out-of-pocket for any of your covered services or drugs after your enrollment date, you can ask us to pay you back for our share of the costs. You need to submit paperwork such as receipts and bills for us to handle the reimbursement.

4. When you use an out-of-network pharmacy to fill a prescription

If you go to an out-of-network pharmacy, the pharmacy may not be able to submit the claim directly to us. When that happens, you have to pay the full cost of your prescription.

Save your receipt and send a copy to us when you ask us to pay you back for our share of the cost. Remember that we only cover out of network pharmacies in limited circumstances. Go to Chapter 5, Section 2.5 to learn more about these circumstances. We may not pay you back the difference between what you paid for the drug at the out-of-network pharmacy and the amount that we'd pay at an in-network pharmacy.

Chapter 7 Asking us to pay our share of a bill for covered medical services or drugs

5. When you pay the full cost for a prescription because you don't have our plan membership card with you

If you don't have our plan membership card with you, you can ask the pharmacy to call our plan or look up our plan enrollment information. If the pharmacy can't get the enrollment information they need right away, you may need to pay the full cost of the prescription yourself.

Save your receipt and send a copy to us when you ask us to pay you back for our share of the cost. We may not pay you back the full cost you paid if the cash price you paid is higher than our negotiated price for the prescription.

6. When you pay the full cost for a prescription in other situations

You may pay the full cost of the prescription because you find the drug isn't covered for some reason.

- For example, the drug may not be on our plan's Drug List or it could have a requirement or restriction you didn't know about or don't think should apply to you. If you decide to get the drug immediately, you may need to pay the full cost for it.
- Save your receipt and send a copy to us when you ask us to pay you back. In some situations, we may need to get more information from your doctor to pay you back for our share of the cost of the drug. We may not pay you back the full cost you paid if the cash price you paid is higher than our negotiated price for the prescription.

When you send us a request for payment, we'll review your request and decide whether the service or drug should be covered. This is called making a **coverage decision**. If we decide it should be covered, we'll pay for our share of the cost for the service or drug. If we deny your request for payment, you can appeal our decision. Chapter 9 has information about how to make an appeal.

SECTION 2 How to ask us to pay you back or pay a bill you get

You can ask us to pay you back by sending us a request in writing. If you send a request in writing, send your bill and documentation of any payment you've made. It's a good idea to make a copy of your bill and receipts for your records. **You must submit your claim to us within 12 months** of the date you got the service, item, or drug.

To make sure you're giving us all the information we need to make a decision, you can fill out our claim form to make your request for payment.

- You don't have to use the form(s), but it'll help us process the information faster.

Chapter 7 Asking us to pay our share of a bill for covered medical services or drugs

- Download a copy of the form from our website (www.ProvidenceHealthAssurance.com/MemberForms) or call Customer Service at 503-574-8000 or 1 800 603 2340 (TTY users call 711) and ask for the form.
- For prescription drug claims, include the following: pharmacy name, address, and phone number; prescription number; date of service; drug name; national drug code (NDC); quantity and day supply; provider name; and member cost/responsibility.
- For Medical, Behavioral Health claims, include the following: provider name, address, and phone number; Tax ID; date of service; diagnosis; item description and procedure code if available; any medical records related to the service; and amount charged and paid.

Mail your request for payment together with any bills or paid receipts to us at this address:

Medical Claims	Part D Prescription Drug Claims
Providence Health Assurance Attn: Claims P.O. Box 3125 Portland, OR 97208-3125	Providence Health Assurance Attn: Pharmacy Services P.O. Box 3125 Portland, OR 97208-3125

SECTION 3 We'll consider your request for payment and say yes or no

When we get your request for payment, we'll let you know if we need any additional information from you. Otherwise, we'll consider your request and make a coverage decision.

- If we decide the medical care or drug is covered and you followed all the rules, we'll pay for our share of the cost for the service or drug. If you have already paid for the service or drug, we will mail your reimbursement of our share of the cost to you. If you paid the full cost of a drug, you might not be reimbursed the full amount you paid (for example, if you obtained a drug at an out-of-network pharmacy or if the cash price you paid for a drug is higher than our negotiated price). If you have not paid for the service or drug yet, we will mail the payment directly to the provider.
- If we decide that the medical care or drug is *not* covered, or you did *not* follow all the rules, we will not pay for our share of the cost of the care or drug. We will send you a letter explaining the reasons why we are not sending the payment and your rights to appeal that decision.

Chapter 7 Asking us to pay our share of a bill for covered medical services or drugs

Section 3.1 If we tell you we will not pay for our share of the cost of the medical care or drug, you can make an appeal

If you think we made a mistake in turning down your request for payment or the amount we are paying, you can make an appeal. If you make an appeal, it means you're asking us to change the decision we made when we turned down your request for payment. The appeals process is a formal process with detailed procedures and important deadlines. For the details on how to make this appeal, go to Chapter 9.

CHAPTER 8:

Your rights and responsibilities

SECTION 1 Our plan must honor your rights and cultural sensitivities

Section 1.1 We must provide information in a way that works for you and consistent with your cultural sensitivities (in languages other than English, braille, large print, or other alternate formats, etc.)

Our plan is required to ensure that all services, both clinical and non-clinical, are provided in a culturally competent manner and are accessible to all enrollees, including those with limited English proficiency, limited reading skills, hearing incapacity, or those with diverse cultural and ethnic backgrounds. Examples of how our plan may meet these accessibility requirements include, but aren't limited to, provision of translator services, interpreter services, teletypewriters, or TTY (text telephone or teletypewriter phone) connection.

Our plan has free interpreter services available to answer questions from non-English speaking members. We can also give you information in languages other than English including Spanish, Vietnamese, Russian, Chinese (Simplified), Arabic, and Somali and braille, in large print, or other alternate formats at no cost if you need it. We're required to give you information about our plan's benefits in a format that's accessible and appropriate for you. To get information from us in a way that works for you, please call Customer Service at 503-574-8000 or 1 800 603 2340 (TTY users call 711).

Our plan is required to give female enrollees the option of direct access to a women's health specialist within the network for women's routine and preventive health care services.

If providers in our plan's network for a specialty aren't available, it's our plan's responsibility to locate specialty providers outside the network who will provide you with the necessary care. In this case, you'll only pay in-network cost sharing. If you find yourself in a situation where there are no specialists in our plan's network that cover a service you need, call our plan for information on where to go to get this service at in-network cost sharing.

Chapter 8 Your rights and responsibilities

If you have any trouble getting information from our plan in a format that's accessible and appropriate for you, seeing a women's health specialist, or finding a network specialist, call to file a grievance with Customer Service at 503-574-8000 or 1-800-603-2340 (TTY: 711). You may also file a complaint with Medicare by calling 1-800-MEDICARE (1-800-633-4227) or directly with the Office for Civil Rights by calling 1-800-368-1019 or TTY 1-800-537-7697.

Sección 1.1 Debemos proporcionarle información de una manera que sea conveniente para usted y conforme a sus sensibilidades culturales (en otros idiomas que no sean el inglés, en braille, en tamaño de letra grande, o en otros formatos alternativos, etc.)

Nuestro plan tiene la obligación de garantizar que todos los servicios, tanto clínicos como no clínicos, se presten de forma culturalmente competente y sean accesibles para todas las personas inscritas, incluidas las que tienen un dominio limitado del inglés, una capacidad limitada de lectura, una incapacidad auditiva o un origen cultural y étnico diverso. Algunos ejemplos de cómo nuestro plan puede cumplir estos requisitos de accesibilidad incluyen, entre otros, la prestación de servicios de traducción, servicios de intérprete, teletipos o conexión TTY (teléfono de texto o teletipo).

Nuestro plan cuenta con servicios de interpretación gratuitos disponibles para responder a las preguntas de los miembros que no hablan inglés. Este documento está disponible de forma gratuita en español, vietnamita, ruso, árabe, chino (simplificado) y somalí. También podemos proporcionarle los materiales en braille, en tamaño de letra grande o en otros formatos alternativos, sin costo alguno, si lo necesita. Debemos proporcionarle información sobre los beneficios de nuestro plan en un formato que sea accesible y adecuado para usted. Para recibir información de una manera que sea conveniente para usted, llame a Servicio al cliente al 503-574-8000 o al 1 800 603 2340 (los usuarios de TTY deben llamar al 711).

Nuestro plan tiene la obligación de ofrecer a las mujeres inscritas la opción de acceder directamente a un especialista en salud de las mujeres dentro de la red para servicios de atención médica preventivos y de rutina.

Si los proveedores de una especialidad determinada no se encuentran disponibles en la red de nuestro plan, es responsabilidad de nuestro plan localizar proveedores de la especialidad fuera de la red que le proporcionen la atención necesaria. En este caso, solo pagará los costos compartidos dentro de la red. Si se encuentra en una situación en la que no hay especialistas en la red de nuestro plan que cubran un servicio que usted necesita, comuníquese con nuestro plan para que le informen sobre dónde acudir para obtener este servicio con un costo compartido dentro de la red.

Chapter 8 Your rights and responsibilities

Si tiene alguna dificultad para obtener información sobre nuestro plan en un formato que sea accesible y adecuado para usted, consultar con un especialista en salud de las mujeres o encontrar un especialista dentro de la red, llámenos para presentar un reclamo ante el Servicio al cliente al 503-574-8000 o al 1-800-603-2340 (TTY: 711). También puede presentar un reclamo ante Medicare llamando al 1-800-MEDICARE (1-800-633-4227) o directamente ante la Oficina de Derechos Civiles llamando al 1-800-368-1019 o al TTY 1-800-537-7697.

Phần 1.1 Chúng tôi phải cung cấp thông tin theo cách phù hợp với quý vị và sự nhạy cảm về văn hóa của quý vị (bằng các ngôn ngữ không phải tiếng Anh, chữ nổi Braille, bản in cỡ chữ lớn hoặc các định dạng thay thế khác, v.v.)

Chương trình của quý vị được yêu cầu để đảm bảo rằng tất cả các dịch vụ, cả y tế và phi y tế, được cung cấp một cách phù hợp về văn hóa và có thể tiếp cận được với tất cả những người ghi danh, bao gồm cả những người có trình độ tiếng Anh hạn chế, kỹ năng đọc hạn chế, khiếm thính hoặc những người có nguồn gốc văn hóa và dân tộc đa dạng. Ví dụ về cách chương trình của chúng tôi có thể đáp ứng các yêu cầu về khả năng tiếp cận này bao gồm, nhưng không chỉ gồm việc cung cấp dịch vụ dịch thuật, dịch vụ thông dịch viên, máy điện báo ghi chữ hoặc kết nối TTY (điện thoại nhắn tin hoặc máy đánh chữ).

Chương trình của chúng tôi có sẵn dịch vụ thông dịch viên miễn phí để trả lời câu hỏi của các thành viên không nói tiếng Anh. Tài liệu này được cung cấp miễn phí bằng tiếng Tây Ban Nha, tiếng Việt, tiếng Nga, tiếng Trung (Giản thể), tiếng Ả Rập và tiếng Somali. Chúng tôi cũng có thể cung cấp cho quý vị tài liệu bằng chữ nổi Braille, chữ in lớn hoặc các định dạng thay thế khác miễn phí nếu quý vị cần. Chúng tôi được yêu cầu phải cung cấp cho quý vị thông tin về các quyền lợi của chương trình ở định dạng có thể truy cập được và phù hợp với quý vị. Để nhận thông tin từ chúng tôi theo cách phù hợp với quý vị, vui lòng gọi Dịch vụ Khách hàng theo số 503-574-8000 hoặc 1 800 603 2340 (người dùng TTY gọi 711).

Chương trình của chúng tôi được yêu cầu cung cấp cho những người ghi danh là nữ những tùy chọn tiếp cận trực tiếp với chuyên gia sức khỏe phụ nữ trong mạng lưới để nhận các dịch vụ chăm sóc sức khỏe định kỳ và phòng ngừa cho phụ nữ.

Nếu các nhà cung cấp trong mạng lưới của chương trình cung cấp một chuyên khoa không có sẵn, thì chương trình có trách nhiệm xác định các nhà cung cấp chuyên khoa ngoài mạng lưới để cung cấp cho quý vị dịch vụ chăm sóc cần thiết. Trong trường hợp này, quý vị sẽ chỉ phải thanh toán chia sẻ chi phí trong mạng lưới. Nếu quý vị thấy không thể tìm được bác sĩ chuyên khoa nào trong mạng lưới của chương trình cung cấp dịch vụ mà quý vị cần, hãy gọi cho chương trình để biết thông tin về nơi cần đến để nhận dịch vụ này với mức chia sẻ chi phí trong mạng lưới.

Chapter 8 Your rights and responsibilities

Nếu quý vị gặp bất kỳ khó khăn nào trong việc nhận thông tin từ chương trình của chúng tôi ở định dạng dễ tiếp cận và phù hợp với quý vị, gặp chuyên gia chăm sóc sức khỏe phụ nữ, hoặc tìm một chuyên gia trong mạng lưới, hãy gọi để nộp khiếu nại với Dịch vụ Khách hàng theo số 503-574-8000 hoặc 1-800-603-2340 (TTY: 711). Quý vị cũng có thể nộp khiếu nại với Medicare bằng cách gọi 1-800-MEDICARE (1-800-633-4227) hoặc trực tiếp với Văn phòng Dân Quyền bằng cách gọi 1-800-368-1019 hoặc TTY 1-800-537-7697.

Раздел 1.1. Мы должны предоставлять информацию таким образом, чтобы она была понятна вам и соответствовала вашим культурным особенностям (на других языках, кроме английского, шрифтом Брайля, крупным шрифтом или в других альтернативных форматах)

Наш план обязан обеспечить, чтобы все услуги, как клинические, так и неклинические, предоставлялись с учетом культурных особенностей и были доступны для всех участников плана, включая тех, кто плохо владеет английским языком, имеет ограниченные навыки чтения, плохо слышит или имеет различное культурное и этническое происхождение. Примеры того, как наш план может выполнить эти требования доступности, включают, но не ограничиваются предоставлением услуг переводчика, устного переводчика, телетайпа или подключения телетайпа (текстового телефона или телетайпа).

В нашем плане предусмотрены бесплатные услуги переводчиков, которые могут ответить на вопросы участников, не говорящих по-английски. Этот документ доступен бесплатно на испанском, вьетнамском, русском, китайском (упрощенном), арабском и сомалийском языках. Мы также можем бесплатно предоставить вам информацию, напечатанную шрифтом Брайля, крупным шрифтом или в других альтернативных форматах, если вам это необходимо. Мы обязаны предоставлять вам информацию о льготах плана в доступном и подходящем для вас формате. Чтобы получить от нас информацию в удобном для вас формате, обратитесь в службу поддержки клиентов по номеру 503-574-8000 или 1 800 603 2340 (пользователям телетайпа следует звонить по номеру 711).

Наш план обязан предоставлять женщинам возможность прямого доступа к специалисту по женскому здоровью в рамках сети для получения плановых и профилактических медицинских услуг.

Если поставщики, входящие в сеть плана по какой-либо специальности, недоступны, план несет ответственность за поиск поставщиков, не входящих в сеть плана, которые предоставят вам необходимую помощь. В этом случае вы будете оплачивать только расходы по схеме обслуживания в сети. Если вы оказались в ситуации, когда в сети плана нет специалистов, покрывающих необходимую вам услугу, позвоните в план и узнайте, куда можно обратиться, чтобы получить эту услугу на условиях распределения расходов в сети.

Если у вас возникли проблемы с получением информации от нашего плана в доступном и подходящем для вас формате, посещением специалиста по женскому здоровью или поиском сетевого специалиста, обратитесь с жалобой в службу поддержки клиентов по телефону 503-574-8000 или 1-800-603-2340 (телетайп: 711). Вы также можете подать жалобу в Medicare, позвонив по номеру 1-800-MEDICARE (1-800-633-4227) или непосредственно в Управление по гражданским правам, позвонив по номеру 1-800-368-1019 или телетайп 1-800-537-7697.

القسم 1.1 يجب علينا أن نقدم المعلومات بطريقة تناسبك وتتوافق مع حساسياتك الثقافية (بلغت أخرى غير الإنجليزية أو بطريقة برايل أو مكتوبة بحروف كبيرة أو بالتنسيقات البديلة الأخرى، وما إلى ذلك)

تتطلب خططنا ضمان أن يتم تقديم جميع الخدمات، سواء كانت سريرية أو غير سريرية، بطريقة تراعي الكفاءة الثقافية وتجعلها في متناول جميع المسجلين، بمن فيهم ذوي الكفاءة المحدودة في اللغة الإنجليزية، ومهارات القراءة المحدودة، وضعف السمع، أو أولئك الذين لديهم خلفيات ثقافية وعرقية متنوعة. ومن الأمثلة على كيفية تلبية خططنا لمتطلبات إمكانية الوصول، على سبيل المثال لا الحصر، توفير خدمات الترجمة، أو خدمات المترجمين الفوريين، والمبرقات الكاتبة، أو اتصال TTY (هاتف نصي أو مبرقة كاتبة).

تتضمن خططنا خدمات المترجمين الفوريين المجانية المتاحة للإجابة على أسئلة الأعضاء غير الناطقين باللغة الإنجليزية. كما يتوفر هذا المستند مجاناً باللغات الإسبانية والفيتنامية والروسية والصينية (المبسطة) والعربية والصومالية. يمكننا أيضاً أن نقدم لك المواد بطريقة برايل، أو الطباعة بأحرف كبيرة، أو بتنسيقات بديلة أخرى من دون تحمل أي تكلفة إذا كنت في حاجة إلى ذلك. كما أننا مطالبون بأن نقدم إليك معلومات حول فوائد خططنا بتنسيق يسهل الوصول إليه ومناسب لك. للحصول على معلومات منا بالطريقة المناسبة لك، يُرجى الاتصال بخدمة العملاء على الرقم 503-574-8000 أو 1 800 603 2340 (مستخدمو TTY يتصلون على الرقم 711).

تتطلب خططنا منح المسجلات خيار الوصول المباشر إلى اختصاصي صحة المرأة ضمن الشبكة للحصول على خدمات الرعاية الصحية الروتينية والوقائية للمرأة.

إذا لم يكن مقدمو الخدمات في شبكة خططنا لتخصص معين متاحين، فإن مسؤولية خططنا تكمن في تحديد مقدمي الخدمات المتخصصين خارج الشبكة الذين سيقدمون إليك الرعاية اللازمة. في هذه الحالة، لن تدفع سوى المبلغ الذي تدفعه عادةً عند استخدام مزودي الخدمة داخل الشبكة. وإذا اكتشفت أنه يتعذر وجود اختصاصيين في شبكة خططنا لتغطية خدمة تحتاج إليها، فاتصل بخطتنا للحصول على معلومات حول مكان الحصول على هذه الخدمة بالتكلفة نفسها التي تتحملها عند استخدام مزودي الخدمة داخل الشبكة.

إذا واجهتك أي مشكلة في الحصول على معلومات من خطتنا بتنسيق مناسب لك ويمكن الوصول إليه، أو رؤية اختصاصي صحة المرأة، أو العثور على اختصاصي شبكة، فاتصل لتقديم شكوى إلى خدمة العملاء على الرقم 503-574-8000 أو 1-800-2340-603 (مستخدمو TTY يتصلون على الرقم 711). يمكنك أيضاً تقديم شكوى إلى Medicare عن طريق الاتصال بـ 1-800-MEDICARE (1-800-633-4227) أو مباشرةً بمكتب الحقوق المدنية من خلال الاتصال بـ 1-800-368-1019 أو الاتصال بـ 1-800-537-7697 بالنسبة إلى مستخدمي TTY.

第 1.1 部分

我们必须以符合您需求且尊重您文化敏感性的方式提供信息（包括以英语以外的语言、盲文、大字体或其他替代格式等）。

我们的计划旨在确保所有服务（包括临床和非临床服务）均以符合文化背景的方式提供，并且方便于所有参保人，包括英语能力有限者、阅读能力有限者、听力障碍者，以及具有多元文化和种族背景的人群。

本计划满足这些无障碍要求的方式，包括但不限于提供翻译服务、口译服务、电传打字机或 TTY（文本电话或电传打字机电话）沟通服务。

非英语母语的会员在使用本计划服务时如果遇到疑问，可借助我们提供的免费口译服务获得解答。

本文件可免费提供西班牙语、越南语、俄语、简体中文、阿拉伯语和索马里语版本。

如果您需要，我们还可以免费为您提供盲文、大字体或其他替代格式的材料。

我们必须以方便您且适合您的方式向您提供有关计划福利的信息。

如需以符合您需求的方式从我们这里获取信息，请拨打 503-574-8000 或 1 800 603

2340（TTY 用户请拨打 711）联系客户服务部。

我们的计划必须为女性参保人提供专属选择，使她们能够直接联系网络内的女性健康专科医生，获取女性常规及预防健康护理服务。

如果本计划网络内某专科的医疗服务提供者无法提供服务，本计划有责任为您寻找网络外的专科医疗服务提供者，以确保您获得必要的护理。

在这种情况下，您只需支付网络内的分担费用。

如果您发现，在我们计划的网络内没有专科医生可提供所需服务，请致电我们的计划，了解如何以网络内费用分担的方式获得该服务。

Chapter 8 Your rights and responsibilities

如果您遇到任何困难，包括以方便您且适合您的方式获取本计划信息、看女性健康专科医生，以及寻找网络内专科医生，请致电客户服务部提交投诉：503-574-8000 或 1-800-603-2340（TTY：711）。您也可以拨打 1-800-MEDICARE (1-800-633-4227) 向 Medicare 提出投诉，或直接拨打 1-800-368-1019 或 TTY 1-800-537-7697，联系公民权利办公室。

Qaybta 1.1 Waa inaan ku siino macluumaadka qaab adiga kugu habboon oo waafaqsan fahamka dhaqankaaga (luqadaha aan ka ahayn Ingiriisiga, qoraalka braille, daabac weyn, ama qaabab kale oo kala duwan, iwm.)

Qorshaheenu wuxuu u baahan yahay inaan hubinno in dhammaan adeegyada, oo ay ku jiraan kuwa klinikal iyo kuwa aan klinikal ahayn labadaba, loo bixiyo hab dhaqan ahaan ku habboon oo ay heli karaan dhammaan dadka isdiiwaangashan, oo ay ku jiraan dadka leh aqoonta luqadda Ingiriisiga oo xaddidan, xirfadaha akhriska oo xaddidan, naafo maqal ah, ama dadka leh dhaqamo kala duwan iyo asal qowmiyadeed. Tusaalooyinka sida qorshahayagu u buuxin karo shuruudaha helitaanka waxa ka mid ah, laakiin aan ku xaddidnayn, bixinta adeegyada turjubaanka, adeegyada tarjumaanka, qalabka qoraalka ee maqalka, ama xiriirka TTY (taleefan qoraal ah ama qalabka farriimaha qoraalka ah).

Qorshahayagu waxa uu leeyahay adeegyo turjubaan oo bilaash ah oo diyaar u ah si looga jawaabo su'aalaha la waydiiyo xubnaha aan ku hadlin luqadda Ingiriisiga. Dukumeentigan waxaa lagu heli karaa lacag la'aan ah luqadaha Isbaanishka, Fiyatnaamiis, Ruushka, Shiine (La fududeeyay), Carabiga, iyo Soomaaliga. Waxaan sidoo kale ku siin karnaa agab qoraalka braille, daabac weyn, ama qaabab kale oo kala duwan lacag la'aan haddii aad u baahan tahay. Waxaan u baahannahay inaan ku siino macluumaadka ku saabsan faa'iidooyinka qorshahayaga qaab ku fudud in la fahmo oo kugu habboon. Si aad macluumaad nooga hesho qaab kugu habboon, fadlan ka wac Adeegga Macaamiisha lambarka 503-574-8000 ama 1 800 603 2340 (Isticmaalayaasha TTY wac 711).

Qorsheheenu wuxuu u baahan yahay inaan siino qof dumar ah ee isdiiwaangashan ikhtiyaarka helitaanka tooska ah ee dhakhtar takhasus leh caafimaad haween ka tirsan gudaha shabakadda si ay u helaan adeegyada daryeelka caafimaadka ee joogtada ah iyo ka hortagga haweenka.

Haddii bixiyeyaasha ee ku jira shabakadda qorshaheenu aan la heli karin, waxaa mas'uuliyadda qorshaheena inaan helno bixiyeyaal takhasus leh oo ka baxsan shabakadda kuwaas oo ku siin doona daryeelka lagama maarmaanka ah. Xaaladdan, waxaad bixin doontaa oo keliya kharashka-wadaagga shabakadda gudaha. Haddii aad isku aragto xaalad aysan jirin dhakhaatiir takhasus leh oo ku jira shabakada qorshahayaga oo daboolaya adeegga aad u baahan tahay, wac qorshahayaga macluumaadka ku saabsan halka aad u tagto si aad u hesho adeeggan kharashka-wadaagga shabakada gudaha.

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Haddii aad haysato wax dhibaato ah oo ku saabsan helitaanka macluumaadka qorshahayaga qaab la heli oo kugu habboon, la kulanka dhakhtar takhasus leh caafimaad haween ka tirsan, ama helitaanka takhasuska shabakadda, wac Adeegga Macaamiisha si aad cabasho u gudbiso lambarka 503-574-8000 ama 1-800-603-2340 (TTY: 711). Waxaad sidoo kale cabasho u gudbin kartaa Medicare adigoo wacaya 1-800-MEDICARE (1-800-633-4227) ama si toos ah ula xiriiri kara Xafiiska Xuquuqda Madaniga ah (Office for Civil Rights) adigoo wacaya 1-800-368-1019 ama TTY 1-800-537-7697.

Section 1.2 We must ensure you get timely access to covered services and drugs

You have the right to choose a primary care provider (PCP) in our plan's network to provide and arrange for your covered services. We don't require you to get referrals to go to network providers

You have the right to get appointments and covered services from our plan's network of providers *within a reasonable amount of time*. This includes the right to get timely services from specialists when you need that care. You also have the right to get your prescriptions filled or refilled at any of our network pharmacies without long delays.

If you think that you aren't getting your medical care or Part D drugs within a reasonable amount of time, Chapter 9 tells what you can do.

Section 1.3 We must protect the privacy of your personal health information

Federal and state laws protect the privacy of your medical records and personal health information. We protect your personal health information as required by these laws.

- Your personal health information includes the **personal information** you gave us when you enrolled in this plan as well as your medical records and other medical and health information.
- You have rights related to your information and controlling how your health information is used. We give you a written notice, called a *Notice of Privacy Practice*, that tells about these rights and explains how we protect the privacy of your health information.

How do we protect the privacy of your health information?

- We make sure that unauthorized people don't see or change your records.
- Except for the circumstances noted below, if we intend to give your health information to anyone who isn't providing your care or paying for your care, *we are required to get written permission from you or someone you've given legal power to make decisions for you first*.

Chapter 8 Your rights and responsibilities

- There are certain exceptions that don't require us to get your written permission first. These exceptions are allowed or required by law.
 - We are required to release health information to government agencies that are checking on quality of care.
 - Because you're a member of our plan through Medicare, we are required to give Medicare your health information including information about your Part D prescription drugs. If Medicare releases your information for research or other uses, this will be done according to federal statutes and regulations; typically, this requires that information that uniquely identifies you not be shared.

You can see the information in your records and know how it's been shared with others

You have the right to look at your medical records held at our plan, and to get a copy of your records. We're allowed to charge you a fee for making copies. You also have the right to ask us to make additions or corrections to your medical records. If you ask us to do this, we'll work with your health care provider to decide whether the changes should be made.

You have the right to know how your health information has been shared with others for any purposes that aren't routine.

If you have questions or concerns about the privacy of your personal health information, please call Customer Service at 503-574-8000 or 1 800 603 2340 (TTY users call 711).

The full scope of our privacy practices is described in our Notice of Privacy Practices and may be found at www.ProvidenceHealthAssurance.com/PrivacyPractices and at the end of your new member handbook.

You need to know that information about your health care is protected and confidential. Providence Health Assurance respects the privacy of our members and takes great care to decide when it is appropriate to share health information. For more information, please review the Notice available at www.ProvidenceHealthAssurance.com/PrivacyPractices.

Section 1.4 We must give you information about our plan, our network of providers, and your covered services

As a member of Providence Medicare Dual Plus (HMO D-SNP), you have the right to get several kinds of information from us.

If you want any of the following kinds of information, please call Customer Service at 503-574-8000 or 1 800 603 2340 (TTY users call 711):

Chapter 8 Your rights and responsibilities

- **Information about our plan.** This includes, for example, information about our plan's financial condition.
- **Information about our network providers and pharmacies.** You have the right to get information about the qualifications of the providers and pharmacies in our network and how we pay the providers in our network.
- **Information about your coverage and the rules you must follow when using your coverage.** Chapters 3 and 4 provide information regarding medical services. Chapters 5 and 6 provide information about Part D drug coverage.
- **Information about why something isn't covered and what you can do about it.** Chapter 9 provides information on asking for a written explanation on why a medical service or Part D drug isn't covered or if your coverage is restricted. Chapter 9 also provides information on asking us to change a decision, also called an appeal.

Section 1.5 You have the right to know about your treatment options and participate in decisions about your care

You have the right to get full information from your doctors and other health care providers. Your providers must explain your medical condition and your treatment choices *in a way that you can understand*.

You also have the right to participate fully in decisions about your health care. To help you make decisions with your doctors about what treatment is best for you, your rights include the following:

- **To know about all your choices.** You have the right to be told about all treatment options recommended for your condition, no matter what they cost or whether they're covered by our plan. It also includes being told about programs our plan offers to help members manage their medications and use drugs safely.
- **To know about the risks.** You have the right to be told about any risks involved in your care. You must be told in advance if any proposed medical care or treatment is part of a research experiment. You always have the choice to refuse any experimental treatments.
- **The right to say "no."** You have the right to refuse any recommended treatment. This includes the right to leave a hospital or other medical facility, even if your doctor advises you not to leave. You also have the right to stop taking your medication. If you refuse treatment or stop taking medication, you accept full responsibility for what happens to your body as a result.

You have the right to give instructions about what's to be done if you can't make medical decisions for yourself

Sometimes people become unable to make health care decisions for themselves due to accidents or serious illness. You have the right to say what you want to happen if you're in this situation. This means, *if you want to*, you can:

- Fill out a written form to give **someone the legal authority to make medical decisions for you** if you ever become unable to make decisions for yourself.
- **Give your doctors written instructions** about how you want them to handle your medical care if you become unable to make decisions for yourself.

Legal documents you can use to give directions in advance in these situations are called **advance directives**. Documents like a **living will** and **power of attorney for health care** are examples of advance directives.

How to set up an advance directive to give instructions:

- **Get a form.** You can get an advance directive form from your lawyer, a social worker, or some office supply stores. You can sometimes get advance directive forms from organizations that give people information about Medicare.
- **Fill out the form and sign it.** No matter where you get this form, it's a legal document. Consider having a lawyer help you prepare it.
- **Give copies of the form to the right people.** Give a copy of the form to your doctor and to the person you name on the form who can make decisions for you if you can't. You may want to give copies to close friends or family members. Keep a copy at home.
- If you know ahead of time that you're going to be hospitalized, and you signed an advance directive, **take a copy with you to the hospital.**
- The hospital will ask whether you signed an advance directive form and whether you have it with you.
- If you didn't sign an advance directive form, the hospital has forms available and will ask if you want to sign one.

Filling out an advance directive is your choice (including whether you want to sign one if you're in the hospital). According to law, no one can deny you care or discriminate against you based on whether or not you signed an advance directive.

If your instructions aren't followed

Chapter 8 Your rights and responsibilities

If you sign an advance directive and you believe that a doctor or hospital did not follow the instructions in it, you can file a complaint with:

Oregon Health Authority
Health Care Regulation and Quality Improvement
800 NE Oregon Street, Suite 465
Portland, OR 97232
Phone: 971-673-0540
TTY: 711
Fax: 971-673-0556
E-mail: mailbox.hclrc@odhsoha.oregon.gov

Section 1.6 You have the right to make complaints and ask us to reconsider decisions we made

If you have any problems, concerns, or complaints and need to ask for coverage, or make an appeal, Chapter 9 of this document tells what you can do. Whatever you do--ask for a coverage decision, make an appeal, or make a complaint--**we're required to treat you fairly.**

Section 1.7 If you believe you're being treated unfairly or your rights aren't being respected

If you believe you've been treated unfairly or your rights haven't been respected due to your race, disability, religion, sex, health, ethnicity, creed (beliefs), age, or national origin, call the Department of Health and Human Services' **Office for Civil Rights** at 1-800-368-1019 (TTY 1-800-537-7697), or call your local Office for Civil Rights.

If you believe you've been treated unfairly or your rights haven't been respected *and it's not* about discrimination, you can get help dealing with the problem you're having:

- **Call our plan's Customer Service at 503-574-8000 or 1 800 603 2340 (TTY users call 711)**
- **Call your local SHIP** at 1-800-722-4134
- **Call Medicare** at 1-800-MEDICARE (1-800-633-4227) (TTY users call 1-877-486-2048)

Section 1.8 How to get more information about your rights

Get more information about your rights from these places:

- **Call Customer Service at 503-574-8000 or 1 800 603 2340 (TTY users call 711)**
- **Call your local SHIP** at 1-800-722-4134

- **Contact Medicare**

- Visit www.Medicare.gov to read the publication *Medicare Rights & Protections* (available at: www.medicare.gov/Pubs/pdf/11534-Medicare-Rights-and-Protections.pdf)
- Call 1-800-MEDICARE (1-800-633-4227) (TTY users call 1-877-486-2048)

SECTION 2 Your responsibilities as a member of our plan

Things you need to do as a member of our plan are listed below. For questions, call Customer Service at 503-574-8000 or 1-800-603-2340 (TTY users call 711).

- **Get familiar with your covered services and the rules you must follow to get these covered services.** Use this *Evidence of Coverage* to learn what's covered and the rules you need to follow to get covered services.
 - Chapters 3 and 4 give details about medical services.
 - Chapters 5 and 6 give details about Part D drug coverage.
- **If you have any other health coverage or drug coverage in addition to our plan, you're required to tell us.** Chapter 1 tells you about coordinating these benefits.
- **Tell your doctor and other health care providers that you're enrolled in our plan.** Show our plan membership card and your Medicaid card whenever you get medical care or Part D drugs.
- **Help your doctors and other providers help you by giving them information, asking questions, and following through on your care.**
 - To help get the best care, tell your doctors and other health providers about your health problems. Follow the treatment plans and instructions you and your doctors agree on.
 - Make sure your doctors know all the drugs you're taking, including over-the-counter drugs, vitamins, and supplements.
 - If you have questions, be sure to ask and get an answer you can understand.
- **Be considerate.** We expect our members to respect the rights of other patients. We also expect you to act in a way that helps the smooth running of your doctor's office, hospitals, and other offices.
- **Pay what you owe.** As a plan member, you are responsible for these payments:
 - You must continue to pay your Medicare premiums to stay a member of our plan (unless these premiums are paid for you by Medicaid).

Chapter 8 Your rights and responsibilities

- For most of your drugs covered by our plan, you must pay your share of the cost when you get the drug.
- **If you move *within* our plan service area, we need to know** so we can keep your membership record up to date and know how to contact you.
- **If you move *outside* our plan service area, you can't stay a member of our plan.**
- **If you move, tell Social Security (or the Railroad Retirement Board).**

CHAPTER 9:

If you have a problem or complaint (coverage decisions, appeals, complaints)

SECTION 1 What to do if you have a problem or concern

This chapter explains the processes for handling problems and concerns. The process you use to handle your problem depends on 2 things:

1. Whether your problem is about benefits covered by **Medicare** or **Medicaid**. If you'd like help deciding whether to use the Medicare process or the Medicaid process, or both, call Customer Service at 503-574-8000 or 1-800-603-2340 (TTY users call 711).
2. The type of problem you're having:
 - For some problems, you need to use the **process for coverage decisions and appeals**.
 - For other problems, you need to use the **process for making complaints** (also called grievances).

Both processes have been approved by Medicare. Each process has a set of rules, procedures, and deadlines that must be followed by us and by you.

The information in this chapter will help you identify the right process to use and what to do.

Section 1.1 Legal terms

There are legal terms for some of the rules, procedures, and types of deadlines explained in this chapter. Many of these terms are unfamiliar to most people. To make things easier, this chapter uses more familiar words in place of some legal terms.

However, it's sometimes important to know the correct legal terms. To help you know which terms to use to get the right help or information, we include these legal terms when we give details for handling specific situations.

Chapter 9 If you have a problem or complaint (coverage decisions, appeals, complaints)

SECTION 2 Where to get more information and personalized help

We're always available to help you. Even if you have a complaint about our treatment of you, we're obligated to honor your right to complain. You should always call Customer Service at 503-574-8000 or 1 800 603 2340 (TTY users call 711) for help. In some situations, you may also want help or guidance from someone who isn't connected with us. Two organizations that can help are:

State Health Insurance Assistance Program (SHIP)

Each state has a government program with trained counselors. The program isn't connected with us or with any insurance company or health plan. The counselors at this program can help you understand which process you should use to handle a problem you're having. They can also answer questions, give you more information, and offer guidance on what to do.

The services of SHIP counselors are free. The SHIP in Oregon is called Senior Health Insurance Benefits Assistance (SHIBA). Call SHIBA at 1-800-722-4134 or visit www.shiba.oregon.gov.

Medicare

You can also contact Medicare to get help:

- Call 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users call 1-877-486-2048.
- Visit www.Medicare.gov

You can get help and information from Medicaid

Method	Oregon Health Plan (Medicaid) – Contact Information
CALL	1-800-273-0557 Calls to this number are free. Hours are Monday – Friday, 8 a.m. to 5 p.m. (Pacific Time).
TTY	711
WRITE	Oregon Health Plan (OHP) PO Box 14015 Salem, OR 97309
WEBSITE	www.oregon.gov/oha/HSD/OHP/pages/help.aspx

Chapter 9 If you have a problem or complaint (coverage decisions, appeals, complaints)

SECTION 3 Which process to use for your problem

Because you have Medicare and get help from Oregon Health Plan (Medicaid), you have different processes you can use to handle your problem or complaint. Which process you use depends on if the problem is about Medicare benefits or Oregon Health Plan (Medicaid) benefits. If your problem is about a benefit covered by Medicare, use the Medicare process. If your problem is about a benefit covered by Oregon Health Plan (Medicaid), use the Oregon Health Plan (Medicaid) process. If you'd like help deciding whether to use the Medicare process or the Oregon Health Plan (Medicaid) process, call Customer Service at 503-574-8000 or 1 800 603 2340 (TTY users call 711).

The Medicare process and Oregon Health Plan (Medicaid) process are described in different parts of this chapter. To find out which part you should read, use the chart below.

Is your problem about Medicare benefits or Medicaid benefits?

My problem is about **Medicare** benefits.

Go to **Section 4, Handling problems about your Medicare benefits.**

My problem is about **Medicaid** coverage.

Go to **Section 12, Handling problems about your Medicaid benefits.**

SECTION 4 Handling problems about your Medicare benefits

Is your problem or concern about your benefits or coverage?

This includes problems about whether medical care (medical items, services, and/or Part B drugs) are covered or not, the way they're covered, and problems related to payment for medical care.

Yes.

Go to **Section 5, A guide to coverage decisions and appeals.**

No.

Go to **Section 11, How to make a complaint about quality of care, waiting times, customer service, or other concerns.**

Coverage decisions and appeals

SECTION 5 A guide to coverage decisions and appeals

Coverage decisions and appeals deal with problems related to your benefits and coverage for your medical care (services, items, and Part B drugs, including payment). To keep things simple, we generally refer to medical items, services, and Medicare Part B drugs as **medical care**. You use the coverage decision and appeals process for issues such as whether something is covered or not and the way in which something is covered.

Asking for coverage decisions before you get services

If you want to know if we'll cover medical care before you get it, you can ask us to make a coverage decision for you. A coverage decision is a decision we make about your benefits and coverage or about the amount we'll pay for your medical care. For example, if our plan network doctor refers you to a medical specialist not inside the network, this referral is considered a favorable coverage decision unless either you or your network doctor can show that you got a standard denial notice for this medical specialist, or the *Evidence of Coverage* makes it clear that the referred service is never covered under any condition. You or your

Chapter 9 If you have a problem or complaint (coverage decisions, appeals, complaints)

doctor can also contact us and ask for a coverage decision if your doctor is unsure whether we'll cover a particular medical service or refuses to provide medical care you think you need.

In limited circumstances a request for a coverage decision will be dismissed, which means we won't review the request. Examples of when a request will be dismissed include if the request is incomplete, if someone makes the request on your behalf but isn't legally authorized to do so or if you ask for your request to be withdrawn. If we dismiss a request for a coverage decision, we'll send a notice explaining why the request was dismissed and how to ask for a review of the dismissal.

We make a coverage decision whenever we decide what's covered for you and how much we pay. In some cases, we might decide medical care isn't covered or is no longer covered for you. If you disagree with this coverage decision, you can make an appeal.

Making an appeal

If we make a coverage decision, whether before or after you get a benefit, and you aren't satisfied, you can **appeal** the decision. An appeal is a formal way of asking us to review and change a coverage decision we made. Under certain circumstances, you can ask for an expedited or **fast appeal** of a coverage decision. Your appeal is handled by different reviewers than those who made the original decision.

When you appeal a decision for the first time, this is called a Level 1 appeal. In this appeal, we review the coverage decision we made to check to see if we properly followed the rules. When we complete the review, we give you our decision.

In limited circumstances, a request for a Level 1 appeal will be dismissed, which means we won't review the request. Examples of when a request will be dismissed include if the request is incomplete, if someone makes the request on your behalf but isn't legally authorized to do so, or if you ask for your request to be withdrawn. If we dismiss a request for a Level 1 appeal, we'll send a notice explaining why the request was dismissed and how to ask for a review of the dismissal.

If we say no to all or part of your Level 1 appeal for medical care, your appeal will automatically go on to a Level 2 appeal conducted by an independent review organization not connected to us.

- You don't need to do anything to start a Level 2 appeal. Medicare rules require we automatically send your appeal for medical care to Level 2 if we don't fully agree with your Level 1 appeal.
- Go to **Section 6.4** for more information about Level 2 appeals for medical care.

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- Part D appeals are discussed in Section 7.

If you aren't satisfied with the decision at the Level 2 appeal, you may be able to continue through additional levels of appeal (this chapter explains the Level 3, 4, and 5 appeals processes).

Section 5.1 Get help asking for a coverage decision or making an appeal

Here are resources if you decide to ask for any kind of coverage decision or appeal a decision:

- **Call Customer Service at 503-574-8000 or 1 800 603 2340 (TTY users call 711)**
- **Get free help** from your State Health Insurance Assistance Program
- **Your doctor can make a request for you.** If your doctor helps with an appeal past Level 2, they need to be appointed as your representative. Call Customer Service and ask for the *Appointment of Representative* form. (The form is also available at www.CMS.gov/Medicare/CMS-Forms/CMS-Forms/downloads/cms1696.pdf or on our website at www.ProvidenceHealthAssurance.com/MemberForms.)
 - For medical care, your doctor can ask for a coverage decision or a Level 1 appeal on your behalf. If your appeal is denied at Level 1, it will be automatically forwarded to Level 2.
 - For Part D drugs, your doctor or other prescriber can ask for a coverage decision or a Level 1 appeal on your behalf. If your Level 1 appeal is denied, your doctor or prescriber can ask for a Level 2 appeal.
- **You can ask someone to act on your behalf.** You can name another person to act for you as your **representative** to ask for a coverage decision or make an appeal.
 - If you want a friend, relative, or other person to be your representative, call Customer Service at 503-574-8000 or 1 800 603 2340 (TTY users call 711) and ask for the *Appointment of Representative* form. (The form is also available at www.CMS.gov/Medicare/CMS-Forms/CMS-Forms/downloads/cms1696.pdf or on our website at www.ProvidenceHealthAssurance.com/MemberForms.) This form gives that person permission to act on your behalf. It must be signed by you and by the person you want to act on your behalf. You must give us a copy of the signed form.
 - We can accept an appeal request from a representative without the form, but we can't complete our review until we get it. If we don't get the form before our deadline for making a decision on your appeal, your appeal request will be dismissed. If this happens, we'll send you a written notice explaining your right to ask the independent review organization to review our decision to dismiss your appeal.

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- **You also have the right to hire a lawyer.** You can contact your own lawyer, or get the name of a lawyer from your local bar association or other referral service. There are groups that will give you free legal services if you qualify. However, **you aren't required to hire a lawyer** to ask for any kind of coverage decision or appeal a decision.

Section 5.2 Rules and deadlines for different situations

There are 4 different situations that involve coverage decisions and appeals. Each situation has different rules and deadlines. We give the details for each of these situations:

- **Section 6:** Medical care: How to ask for a coverage decision or make an appeal
- **Section 7:** Part D drugs: How to ask for a coverage decision or make an appeal
- **Section 8:** How to ask us to cover a longer inpatient hospital stay if you think you're being discharged too soon
- **Section 9:** How to ask us to keep covering certain medical services if you think your coverage is ending too soon (*Applies only to these services: home health care, skilled nursing facility care, and Comprehensive Outpatient Rehabilitation Facility (CORF) services*)

If you're not sure which information applies to you, call Customer Service at 503-574-8000 or 1 800 603 2340 (TTY users call 711). You can also get help or information from your SHIP.

SECTION 6 Medical care: How to ask for a coverage decision or make an appeal

Section 6.1 What to do if you have problems getting coverage for medical care or want us to pay you back for your care

Your benefits for medical care are described in Chapter 4 in the Medical Benefits Chart. In some cases, different rules apply to a request for a Part B drug. In those cases, we'll explain how the rules for Part B drugs are different from the rules for medical items and services.

This section tells what you can do if you're in any of the 5 following situations:

1. You aren't getting certain medical care you want, and you believe our plan covers this care. **Ask for a coverage decision. Section 6.2.**

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2. Our plan won't approve the medical care your doctor or other medical provider wants to give you, and you believe our plan covers this care. **Ask for a coverage decision. Section 6.2.**
3. You got medical care that you believe our plan should cover, but we said we won't pay for this care. **Make an appeal. Section 6.3.**
4. You got and paid for medical care that you believe our plan should cover, and you want to ask our plan to reimburse you for this care. **Send us the bill. Section 6.5.**
5. You're told that coverage for certain medical care you've been getting that we previously approved will be reduced or stopped, and you believe that reducing or stopping this care could harm your health. **Make an appeal. Section 6.3.**

Note: If the coverage that will be stopped is for hospital care, home health care, skilled nursing facility care, or Comprehensive Outpatient Rehabilitation Facility (CORF) services, go to Sections 8 and 9. Special rules apply to these types of care.

Section 6.2 How to ask for a coverage decision**Legal Terms:**

A coverage decision that involves your medical care is called an **organization determination**.

A fast coverage decision is called an **expedited determination**.

Step 1: Decide if you need a standard coverage decision or a fast coverage decision.

A standard coverage decision is usually made within 7 calendar days when the medical item or service is subject to our prior authorization rules, 14 calendar days for all other items and services, or 72 hours for Part B drugs. A fast coverage decision is generally made within 72 hours, for medical services or 24 hours for Part B drugs.

You can get a fast coverage decision *only* if using the standard deadlines could cause serious harm to your health or hurt your ability to regain function.

If your doctor tells us that your health requires a fast coverage decision, we'll automatically agree to give you a fast coverage decision.

If you ask for a fast coverage decision on your own, without your doctor's support, we'll decide whether your health requires that we give you a fast coverage decision. If we don't approve a fast coverage decision, we'll send you a letter that:

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- Explains that we'll use the standard deadlines.
- Explains if your doctor asks for the fast coverage decision, we'll automatically give you a fast coverage decision.
- Explains that you can file a fast complaint about our decision to give you a standard coverage decision instead of the fast coverage decision you asked for.

Step 2: Ask our plan to make a coverage decision or fast coverage decision.

- Start by calling, writing, or faxing our plan to make your request for us to authorize or provide coverage for the medical care you want. You, your doctor, or your representative can do this. Chapter 2 has contact information.

Step 3: We consider your request for medical care coverage and give you our answer.***For standard coverage decisions, we use the standard deadlines.***

This means we'll give you an answer within 7 calendar days after we get your request for a medical item or service that is subject to our prior authorization rules. If your requested medical item or service is not subject to our prior authorization rules, we'll give you an answer within 14 calendar days after we get your request. If your request is for a Part B drug, we'll give you an answer within 72 hours after we get your request.

- **However**, if you ask for more time, or if we need more information that may benefit you, **we can take up to 14 more calendar days** if your request is for a medical item or service. If we take extra days, we'll tell you in writing. We can't take extra time to make a decision if your request is for a Part B drug.
- If you believe we *shouldn't* take extra days, you can file a fast complaint. We'll give you an answer to your complaint as soon as we make the decision. (The process for making a complaint is different from the process for coverage decisions and appeals. Go to Section 11 of this chapter for information on complaints.)

For fast coverage decisions, we use an expedited timeframe

A fast coverage decision means we'll answer within 72 hours if your request is for a medical item or service. If your request is for a Part B drug, we'll answer within 24 hours.

- **However**, if you ask for more time, or if we need more information that may benefit you, **we can take up to 14 more calendar days**. If we take extra days, we'll tell you in writing. We can't take extra time to make a decision if your request is for a Part B drug.
- If you believe we *shouldn't* take extra days, you can file a fast complaint. (Go to Section 11 for information on complaints.) We'll call you as soon as we make the decision.

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- If our answer is no to part or all of what you asked for, we'll send you a written statement that explains why we said no.

Step 4: If we say no to your request for coverage for medical care, you can appeal.

If we say no, you have the right to ask us to reconsider this decision by making an appeal. This means asking again to get the medical care coverage you want. If you make an appeal, it means you're going on to Level 1 of the appeals process.

Section 6.3 How to make a Level 1 appeal**Legal Terms:**

An appeal to our plan about a medical care coverage decision is called a plan **reconsideration**.

A fast appeal is also called an **expedited reconsideration**.

Step 1: Decide if you need a standard appeal or a fast appeal.

A standard appeal is usually made within 30 calendar days or 7 calendar days for Part B drugs. A fast appeal is generally made within 72 hours.

- If you're appealing a decision we made about coverage for care, you and/or your doctor need to decide if you need a fast appeal. If your doctor tells us that your health requires a fast appeal, we'll give you a fast appeal.
- The requirements for getting a fast appeal are the same as those for getting a fast coverage decision in Section 6.2 of this chapter.

Step 2: Ask our plan for an appeal or a fast appeal

- **If you're asking for a standard appeal, submit your standard appeal in writing.** Chapter 2 has contact information.
- **If you're asking for a fast appeal, make your appeal in writing or call us.** Chapter 2 has contact information.
- **You must make your appeal request within 65 calendar days** from the date on the written notice we sent to tell you our answer on the coverage decision. If you miss this deadline and have a good reason for missing it, explain the reason your appeal is late when you make your appeal. We may give you more time to make your appeal. Examples of good cause may include a serious illness that prevented you from contacting us or if we provided you with incorrect or incomplete information about the deadline for asking for an appeal.

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- **You can ask for a copy of the information regarding your medical decision. You and your doctor may add more information to support your appeal.**

Step 3: We consider your appeal, and we give you our answer.

- When we are reviewing your appeal, we take a careful look at all the information. We check to see if we were following all the rules when we said no to your request.
- We'll gather more information if needed and may contact you or your doctor.

Deadlines for a fast appeal

- For fast appeals, we must give you our answer **within 72 hours after we get your appeal**. We'll give you our answer sooner if your health requires us to.
 - If you ask for more time, or if we need more information that may benefit you, we **can take up to 14 more calendar days** if your request is for a medical item or service. If we take extra days, we'll tell you in writing. We can't take extra time if your request is for a Part B drug.
 - If we don't give you an answer within 72 hours (or by the end of the extended time period if we took extra days), we're required to automatically send your request to Level 2 of the appeals process, where it will be reviewed by an independent review organization. Section 6.4 explains the Level 2 appeal process.
- **If our answer is yes to part or all of what you asked for**, we must authorize or provide the coverage we agreed to within 72 hours after we get your appeal.
- **If our answer is no to part or all of what you asked for**, we'll send you our decision in writing and automatically forward your appeal to the independent review organization for a Level 2 appeal. The independent review organization will notify you in writing when it gets your appeal.

Deadlines for a standard appeal

- For standard appeals, we must give you our answer **within 30 calendar days** after we get your appeal. If your request is for a Part B drug you didn't get yet, we'll give you our answer **within 7 calendar days** after we get your appeal. We'll give you our decision sooner if your health condition requires us to.
 - However, if you ask for more time, or if we need more information that may benefit you, **we can take up to 14 more calendar days** if your request is for a medical item or service. If we take extra days, we'll tell you in writing. We can't take extra time to make a decision if your request is for a Part B drug.

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- If you believe we *shouldn't* take extra days, you can file a fast complaint. When you file a fast complaint, we'll give you an answer to your complaint within 24 hours. (Go to Section 11 for information on complaints.)
- If we don't give you an answer by the deadline (or by the end of the extended time period), we'll send your request to a Level 2 appeal where an independent review organization will review the appeal. Section 6.4 explains the Level 2 appeal process.
- **If our answer is yes to part or all of what you asked for**, we must authorize or provide the coverage within 30 calendar days if your request is for a medical item or service, or **within 7 calendar days** if your request is for a Part B drug.
- **If our plan says no to part or all of your appeal**, we'll automatically send your appeal to the independent review organization for a Level 2 appeal.

Section 6.4 The Level 2 appeal process**Legal Term:**

The formal name for the independent review organization is the **Independent Review Entity**. It's sometimes called the **IRE**.

The **independent review organization is an independent organization hired by Medicare**. It isn't connected with us and isn't a government agency. This organization decides whether the decision we made is correct or if it should be changed. Medicare oversees its work.

Step 1: The independent review organization reviews your appeal.

- We'll send the information about your appeal to this organization. This information is called your **case file**. **You have the right to ask us for a copy of your case file.**
- You have a right to give the independent review organization additional information to support your appeal.
- Reviewers at the independent review organization will take a careful look at all the information about your appeal.

If you had a fast appeal at Level 1, you'll also have a fast appeal at Level 2.

- For the fast appeal, the independent review organization must give you an answer to your Level 2 appeal **within 72 hours** of when it gets your appeal.
- If your request is for a medical item or service and the independent review organization needs to gather more information that may benefit you, **it can take up to**

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14 more calendar days. The independent review organization can't take extra time to make a decision if your request is for a Part B drug.

If you had a standard appeal at Level 1, you'll also have a standard appeal at Level 2.

- For the standard appeal, if your request is for a medical item or service, the independent review organization must give you an answer to your Level 2 appeal **within 30 calendar days** of when it gets your appeal.
- If your request is for a Part B drug, the independent review organization must give you an answer to your Level 2 appeal **within 7 calendar days** of when it gets your appeal.
- If your request is for a medical item or service and the independent review organization needs to gather more information that may benefit you, **it can take up to 14 more calendar days.** The independent review organization can't take extra time to make a decision if your request is for a Part B drug.

Step 2: The independent review organization gives you its answer.

The independent review organization will tell you its decision in writing and explain the reasons for it.

- **If the independent review organization says yes to part or all of a request for a medical item or service,** we must authorize the medical care coverage within **72 hours** or provide the service within 14 calendar days after we get the decision from the independent review organization for **standard requests**. For **expedited requests**, we have **72 hours** from the date we get the decision from the independent review organization.
- **If the independent review organization says yes to part or all of a request for a Part B drug,** we must authorize or provide the Part B drug within **72 hours** after we get the decision from the independent review organization for **standard requests**. For **expedited requests**, we have **24 hours** from the date we get the decision from the independent review organization.
- **If the independent review organization says no to part or all of your appeal,** it means they agree with our plan that your request (or part of your request) for coverage for medical care shouldn't be approved. (This is called **upholding the decision** or **turning down your appeal**.) In this case, the independent review organization will send you a letter that:
 - Explains the decision.
 - Lets you know about your right to a Level 3 appeal if the dollar value of the medical care coverage you're requesting meets a certain minimum. The

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written notice you get from the independent review organization will tell you the dollar amount you must meet to continue the appeals process.

- Tells you how to file a Level 3 appeal.

Step 3: If your case meets the requirements, you choose whether you want to take your appeal further.

- There are 3 additional levels in the appeals process after Level 2 (for a total of 5 levels of appeal). If you want to go to a Level 3 appeal, the details on how to do this are in the written notice you get after your Level 2 appeal.
- The Level 3 appeal is handled by an Administrative Law Judge or attorney adjudicator. Section 10 explains the Level 3, 4, and 5 appeals processes.

Section 6.5 If you're asking us to pay you back for a bill you got for medical care

We can't reimburse you directly for a Medicaid service or item. If you get a bill for Medicaid-covered services and items, send the bill to us. **Don't pay the bill yourself.** We'll contact the provider directly and take care of the problem. If you do pay the bill, you can get a refund from that health care provider if you followed the rules for getting the service or item.

Asking for reimbursement is asking for a coverage decision from us

If you send us the paperwork asking for reimbursement, you're asking for a coverage decision. To make this decision, we'll check to see if the medical care you paid for is covered. We'll also check to see if you followed the rules for using your coverage for medical care.

- **If we say yes to your request:** If the medical care is covered and you followed the rules, we'll send you the payment for the cost typically within 30 calendar days, but no later than 60 calendar days after we get your request. If you haven't paid for the medical care, we'll send the payment directly to the provider.
- **If we say no to your request:** If the medical care isn't covered, or you did *not* follow all the rules, we won't send payment. Instead, we'll send you a letter that says we won't pay for the medical care and the reasons why.

If you don't agree with our decision to turn you down, **you can make an appeal.** If you make an appeal, it means you're asking us to change the coverage decision we made when we turned down your request for payment.

To make this appeal, follow the process for appeals in Section 6.3. For appeals concerning reimbursement, note:

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- We must give you our answer within 60 calendar days after we get your appeal. If you're asking us to pay you back for medical care you already got and paid for, you aren't allowed to ask for a fast appeal.
- If the independent review organization decides we should pay, we must send you or the provider the payment within 30 calendar days. If the answer to your appeal is yes at any stage of the appeals process after Level 2, we must send the payment you asked for to you or the provider within 60 calendar days.

SECTION 7 Part D drugs: How to ask for a coverage decision or make an appeal

Section 7.1 This section tells you what to do if you have problems getting a Part D drug or you want us to pay you back for a Part D drug

Your benefits include coverage for many prescription drugs. To be covered, the drug must be used for a medically accepted indication. (Go to Chapter 5 for more information about a medically accepted indication.) For details about Part D drugs, rules, restrictions, and costs go to Chapters 5 and 6. **This section is about your Part D drugs only.** To keep things simple, we generally say *drug* in the rest of this section, instead of repeating *covered outpatient prescription drug* or *Part D drug* every time. We also use the term Drug List instead of *List of Covered Drugs* or *formulary*.

- If you don't know if a drug is covered or if you meet the rules, you can ask us. Some drugs require that you get approval from us before we'll cover it.
- If your pharmacy tells you that your prescription can't be filled as written, the pharmacy will give you a written notice explaining how to contact us to ask for a coverage decision.

Part D coverage decisions and appeals**Legal Term:**

An initial coverage decision about your Part D drugs is called a **coverage determination**.

A coverage decision is a decision we make about your benefits and coverage or about the amount we'll pay for your drugs. This section tells what you can do if you're in any of the following situations:

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- Asking to cover a Part D drug that's not on our plan's Drug List. **Ask for an exception. Section 7.2**
- Asking to waive a restriction on our plan's coverage for a drug (such as limits on the amount of the drug you can get). **Ask for an exception. Section 7.2**
- Asking to get pre-approval for a drug. **Ask for a coverage decision. Section 7.4**
- Pay for a prescription drug you already bought. **Ask us to pay you back. Section 7.4**

If you disagree with a coverage decision we made, you can appeal our decision.

This section tells you both how to ask for coverage decisions and how to request an appeal.

Section 7.2 Asking for an exception**Legal Terms:**

Asking for coverage of a drug that's not on the Drug List is a **formulary exception**.

Asking for removal of a restriction on coverage for a drug is a **formulary exception**.

Asking to pay a lower price for a covered non-preferred drug is a **tiering exception**.

If a drug isn't covered in the way you'd like it to be covered, you can ask us to make an **exception**. An exception is a type of coverage decision.

For us to consider your exception request, your doctor or other prescriber will need to explain the medical reasons why you need the exception approved. Here are 2 examples of exceptions that you or your doctor or other prescriber can ask us to make:

1. **Covering a Part D drug for you that's not on our Drug List.** If we agree to cover a drug not on the Drug List, you'll need to pay the cost-sharing amount that applies to all our drugs for brand name drugs or for generic drugs. You can't ask for an exception to the cost-sharing amount we require you to pay for the drug.
2. **Removing a restriction for a covered drug.** Chapter 5 describes the extra rules or restrictions that apply to certain drugs on our Drug List.

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Section 7.3 Important things to know about asking for exceptions**Your doctor must tell us the medical reasons**

Your doctor or other prescriber must give us a statement that explains the medical reasons you're asking for an exception. For a faster decision, include this medical information from your doctor or other prescriber when you ask for the exception.

Our Drug List typically includes more than one drug for treating a particular condition. These different possibilities are called **alternative** drugs. If an alternative drug would be just as effective as the drug you're requesting and wouldn't cause more side effects or other health problems, we generally won't approve your request for an exception.

We can say yes or no to your request

- If we approve your request for an exception, our approval usually is valid until the end of our plan year. This is true as long as your doctor continues to prescribe the drug for you and that drug continues to be safe and effective for treating your condition.
- If we say no to your request, you can ask for another review by making an appeal.

Section 7.4 How to ask for a coverage decision, including an exception**Legal term:**

A fast coverage decision is called an **expedited coverage determination**.

Step 1: Decide if you need a standard coverage decision or a fast coverage decision.

Standard coverage decisions are made within **72 hours** after we get your doctor's statement. **Fast coverage decisions** are made within **24 hours** after we get your doctor's statement.

If your health requires it, ask us to give you a fast coverage decision. To get a fast coverage decision, you must meet 2 requirements:

- You must be asking for a drug you didn't get yet. (You can't ask for fast coverage decision to be paid back for a drug you have already bought.)
- Using the standard deadlines could cause serious harm to your health or hurt your ability to function.
- **If your doctor or other prescriber tells us that your health requires a fast coverage decision, we'll automatically give you a fast coverage decision.**

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- **If you ask for a fast coverage decision on your own, without your doctor or prescriber's support, we'll decide whether your health requires that we give you a fast coverage decision.** If we don't approve a fast coverage decision, we'll send you a letter that:
 - Explains that we'll use the standard deadlines.
 - Explains if your doctor or other prescriber asks for the fast coverage decision, we'll automatically give you a fast coverage decision.
 - Tells you how you can file a fast complaint about our decision to give you a standard coverage decision instead of the fast coverage decision you asked for. We'll answer your complaint within 24 hours of receipt.

Step 2: Ask for a standard coverage decision or a fast coverage decision.

Start by calling, writing, or faxing our plan to ask us to authorize or provide coverage for the medical care you want. You can also access the coverage decision process through our website. We must accept any written request, including a request submitted on the *CMS Model Coverage Determination Request Form*, which is available on our website <https://www.providencehealthplan.com/-/media/providence/website/pdfs/medicare/coverage-determination-forms.pdf?rev=a6d4e98b8fdd4ab78fb997939333b4b8&hash=6C3C03DA8E8B4373CBCAA2AD4934E58D>. Chapter 2 has contact information. You, your prescriber, or member representative may ask for a coverage decision via secure email through the Providence Health Assurance website at www.ProvidenceHealthAssurance.com. To help us process your request, include your name, contact information, and information that shows which denied claim is being appealed.

You, your doctor (or other prescriber), or your representative can do this. You can also have a lawyer act on your behalf. Section 4 of this chapter tells how you can give written permission to someone else to act as your representative.

- **If you're asking for an exception, provide the supporting statement** which is the medical reasons for the exception. Your doctor or other prescriber can fax or mail the statement to us. Or your doctor or other prescriber can tell us on the phone and follow up by faxing or mailing a written statement if necessary.

Step 3: We consider your request and give you our answer.***Deadlines for a fast coverage decision***

- We must generally give you our answer **within 24 hours** after we get your request.

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- For exceptions, we'll give you our answer within 24 hours after we get your doctor's supporting statement. We'll give you our answer sooner if your health requires us to.
 - If we don't meet this deadline, we are required to send your request on to Level 2 of the appeals process, where it will be reviewed by an independent review organization.
- **If our answer is yes to part or all of what you asked for,** we must provide the coverage we agreed to within 24 hours after we get your request or doctor's statement supporting your request.
- **If our answer is no to part or all of what you asked for,** we'll send you a written statement that explains why we said no. We'll also tell you how you can appeal.

Deadlines for a standard coverage decision about a drug you didn't get yet

- We must generally give you our answer **within 72 hours** after we get your request.
 - For exceptions, we'll give you our answer within 72 hours after we get your doctor's supporting statement. We'll give you our answer sooner if your health requires us to.
 - If we don't meet this deadline, we are required to send your request on to Level 2 of the appeals process, where it will be reviewed by an independent review organization.
- **If our answer is yes to part or all of what you asked for,** we must **provide the coverage** we agreed to **within 72 hours** after we get your request or doctor's statement supporting your request.
- **If our answer is no to part or all of what you asked for,** we'll send you a written statement that explains why we said no. We'll also tell you how you can appeal.

Deadlines for a standard coverage decision about payment for a drug you already bought

- We must give you our answer **within 14 calendar days** after we get your request.
 - If we don't meet this deadline, we're required to send your request on to Level 2 of the appeals process, where it will be reviewed by an independent review organization.
- **If our answer is yes to part or all of what you asked for,** we're also required to make payment to you within 14 calendar days after we get your request.
- **If our answer is no to part or all of what you asked for,** we'll send you a written statement that explains why we said no. We'll also tell you how you can appeal.

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Step 4: If we say no to your coverage request, you can make an appeal.

- If we say no, you have the right to ask us to reconsider this decision by making an appeal. This means asking again to get the drug coverage you want. If you make an appeal, it means you're going to Level 1 of the appeals process.

Section 7.5 How to make a Level 1 appeal**Legal Terms:**

An appeal to our plan about a Part D drug coverage decision is called a plan redetermination.

A fast appeal is called an **expedited redetermination**.

Step 1: Decide if you need a standard appeal or a fast appeal.

A standard appeal is usually made within 7 calendar days. A fast appeal is generally made within 72 hours. If your health requires it, ask for a fast appeal.

- If you're appealing a decision we made about a drug you didn't get yet, you and your doctor or other prescriber will need to decide if you need a fast appeal.
- The requirements for getting a fast appeal are the same as those for getting a fast coverage decision in Section 7.4 of this chapter.

Step 2: You, your representative, doctor or other prescriber must contact us and make your Level 1 appeal. If your health requires a quick response, you must ask for a fast appeal.

- **For standard appeals, submit a written request.** Chapter 2 has contact information.
- **For fast appeals, either submit your appeal in writing or call us at 503-574-8000 or 1 800 603 2340 (TTY users call 711).** Chapter 2 has contact information.
- **We must accept any written request,** including a request submitted on the *CMS Model Redetermination Request Form*, which is available on our website www.ProvidenceHealthAssurance.com. Include your name, contact information, and information about your claim to help us process your request.
- You, your prescriber, or member representative may ask for a redetermination (appeal) via secure email by completing the Providence Medicare Advantage Plans redetermination form. You can find this on our website as listed in Chapter 2, www.ProvidenceHealthAssurance.com.
- **You must make your appeal request within 65 calendar days** from the date on the written notice we sent to tell you our answer on the coverage decision. If you miss this

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deadline and have a good reason for missing it, explain the reason your appeal is late when you make your appeal. We may give you more time to make your appeal. Examples of good cause may include a serious illness that prevented you from contacting us or if we provided you with incorrect or incomplete information about the deadline for asking for an appeal.

- **You can ask for a copy of the information in your appeal and add more information.** You and your doctor may add more information to support your appeal.

Step 3: We consider your appeal and give you our answer.

- When we review your appeal, we take another careful look at all the information about your coverage request. We check to see if we were following all the rules when we said no to your request.
- We may contact you or your doctor or other prescriber to get more information.

Deadlines for a fast appeal

- For fast appeals, we must give you our answer **within 72 hours after we get your appeal**. We'll give you our answer sooner if your health requires us to.
 - If we don't give you an answer within 72 hours, we're required to send your request to Level 2 of the appeals process, where it will be reviewed by an independent review organization. Section 7.6 explains the Level 2 appeal process.
- **If our answer is yes to part or all of what you asked for**, we must provide the coverage we have agreed to provide within 72 hours after we get your appeal.
- **If our answer is no to part or all of what you asked for**, we'll send you a written statement that explains why we said no and how you can appeal our decision.

Deadlines for a standard appeal for a drug you didn't get yet

- For standard appeals, we must give you our answer **within 7 calendar days** after we get your appeal. We'll give you our decision sooner if you didn't get the drug yet and your health condition requires us to do so.
 - If we don't give you a decision within 7 calendar days, we're required to send your request to Level 2 of the appeals process, where it will be reviewed by an independent review organization. Section 7.6 explains the Level 2 appeal process.
- **If our answer is yes to part or all of what you asked for**, we must provide the coverage as quickly as your health requires, but no later than **7 calendar days** after we get your appeal.

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- **If our answer is no to part or all of what you asked for**, we'll send you a written statement that explains why we said no and how you can appeal our decision.

Deadlines for a standard appeal about payment for a drug you already bought

- We must give you our answer **within 14 calendar days** after we get your request.
 - If we don't meet this deadline, we are required to send your request to Level 2 of the appeals process, where it will be reviewed by an independent review organization.
- **If our answer is yes to part or all of what you asked for**, we're also required to make payment to you within 30 calendar days after we get your request.
- **If our answer is no to part or all of what you asked for**, we'll send you a written statement that explains why we said no. We'll also tell you how you can appeal.

Step 4: If we say no to your appeal, you decide if you want to continue with the appeals process and make *another* appeal.

- If you decide to make another appeal, it means your appeal is going on to Level 2 of the appeals process.

Section 7.6 How to make a Level 2 appeal**Legal Term**

The formal name for the independent review organization is the **Independent Review Entity**. It is sometimes called the **IRE**.

The independent review organization is an independent organization hired by Medicare. It isn't connected with us and isn't a government agency. This organization decides whether the decision we made is correct or if it should be changed. Medicare oversees its work.

Step 1: You (or your representative or your doctor or other prescriber) must contact the independent review organization and ask for a review of your case.

- If we say no to your Level 1 appeal, the written notice we send you will include **instructions on how to make a Level 2 appeal** with the independent review organization. These instructions will tell who can make this Level 2 appeal, what deadlines you must follow, and how to reach the independent review organization.
- **You must make your appeal request within 65 calendar days** from the date on the written notice.

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- If we did not complete our review within the applicable timeframe or make an unfavorable decision regarding an **at-risk** determination under our drug management program, we'll automatically forward your request to the independent review entity.
- We'll send the information about your appeal to the independent review organization. This information is called your **case file**. **You have the right to ask us for a copy of your case file.**
- You have a right to give the independent review organization additional information to support your appeal.

Step 2: The independent review organization reviews your appeal.

Reviewers at the independent review organization will take a careful look at all the information about your appeal.

Deadlines for fast appeal

- If your health requires it, ask the independent review organization for a fast appeal.
- If the independent review organization agrees to give you a fast appeal, the independent review organization must give you an answer to your Level 2 appeal **within 72 hours** after it gets your appeal request.

Deadlines for standard appeal

- For standard appeals, the independent review organization must give you an answer to your Level 2 appeal **within 7 calendar days** after it gets your appeal if it is for a drug you didn't get yet. If you're asking us to pay you back for a drug you already bought, the independent review organization must give you an answer to your Level 2 appeal **within 14 calendar days** after it gets your request.

Step 3: The independent review organization gives you its answer.***For fast appeals:***

- **If the independent review organization says yes to part or all of what you asked for,** we must **provide the drug coverage** that was approved by the independent review organization **within 24 hours** after we get the decision from the independent review organization.

For standard appeals:

- **If the independent review organization says yes to part or all of your request for coverage,** we must **provide the drug coverage** that was approved by the independent review organization **within 72 hours** after we get the decision from the independent review organization.

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- **If the independent review organization says yes to part or all of your request to pay you back** for a drug you already bought, we're required to **send payment to you within 30 calendar days** after we get the decision from the independent review organization.

What if the independent review organization says no to your appeal?

If the independent review organization says no to part or all of your appeal, it means they agree with our decision not to approve your request (or part of your request). (This is called **upholding the decision**. It's also called **turning down your appeal**.) In this case, the independent review organization will send you a letter that:

- Explains the decision.
- Lets you know about your right to a Level 3 appeal if the dollar value of the drug coverage you're asking for meets a certain minimum. If the dollar value of the drug coverage you're asking for is too low, you can't make another appeal and the decision at Level 2 is final.
- Tells you the dollar value that must be in dispute to continue with the appeals process.

Step 4: If your case meets the requirements, you choose whether you want to take your appeal further.

- There are 3 additional levels in the appeals process after Level 2 (for a total of 5 levels of appeal).
- If you want to go to a Level 3 appeal, the details on how to do this are in the written notice you get after your Level 2 appeal decision.
- The Level 3 appeal is handled by an Administrative Law Judge or attorney adjudicator. Section 10 explains the Level 3, 4, and 5 appeals process.

SECTION 8 How to ask us to cover a longer inpatient hospital stay if you think you're being discharged too soon

When you're admitted to a hospital, you have the right to get all covered hospital services necessary to diagnose and treat your illness or injury.

During your covered hospital stay, your doctor and the hospital staff will work with you to prepare for the day you leave the hospital. They'll help arrange for care you may need after you leave.

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- The day you leave the hospital is called your **discharge date**.
- When your discharge date is decided, your doctor or the hospital staff will tell you.
- If you think you're being asked to leave the hospital too soon, you can ask for a longer hospital stay and your request will be considered.

Section 8.1 During your inpatient hospital stay, you'll get a written notice from Medicare that tells you about your rights

Within 2 calendar days of being admitted to the hospital, you'll be given a written notice called *An Important Message from Medicare about Your Rights*. Everyone with Medicare gets a copy of this notice. If you don't get the notice from someone at the hospital (for example, a caseworker or nurse), ask any hospital employee for it. If you need help, call Customer Service at 503-574-8000 or 1 800 603 2340 (TTY users call 711) or 1-800-MEDICARE (1-800-633-4227) (TTY users call 1-877-486-2048).

1. Read this notice carefully and ask questions if you don't understand it. It tells you:

- Your right to get Medicare-covered services during and after your hospital stay, as ordered by your doctor. This includes the right to know what these services are, who will pay for them, and where you can get them.
- Your right to be involved in any decisions about your hospital stay.
- Where to report any concerns you have about the quality of your hospital care.
- Your right to **ask for an immediate review** of the decision to discharge you if you think you're being discharged from the hospital too soon. This is a formal, legal way to ask for a delay in your discharge date, so we'll cover your hospital care for a longer time.

2. You'll be asked to sign the written notice to show that you got it and understand your rights.

- You or someone who is acting on your behalf will be asked to sign the notice.
- Signing the notice shows *only* that you got the information about your rights. The notice doesn't give your discharge date. Signing the notice **doesn't mean** you're agreeing on a discharge date.

3. Keep your copy of the notice so you'll have the information about making an appeal (or reporting a concern about quality of care) if you need it.

- If you sign the notice more than 2 calendar days before your discharge date, you'll get another copy before you're scheduled to be discharged.

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- To look at a copy of this notice in advance, call Customer Service at 503-574-8000 or 1 800 603 2340 (TTY users call 711) or 1-800-MEDICARE (1-800-633-4227). TTY users call 1-877-486-2048. You can also get the notice online at www.CMS.gov/medicare/forms-notices/beneficiary-notices-initiative/ffs-ma-im.

Section 8.2 How to make a Level 1 appeal to change your hospital discharge date

To ask us to cover your inpatient hospital services for a longer time, use the appeals process to make this request. Before you start, understand what you need to do and what the deadlines are.

- **Follow the process**
- **Meet the deadlines**
- **Ask for help if you need it.** If you have questions or need help, call Customer Service at 503-574-8000 or 1 800 603 2340 (TTY users call 711). Or call your State Health Insurance Assistance Program (SHIP) for personalized help. The SHIP in Oregon is called Senior Health Insurance Benefits Assistance (SHIBA). Call SHIBA at 1-800-722-41-34 or visit www.shiba.oregon.gov

During a Level 1 appeal, the Quality Improvement Organization reviews your appeal. It checks to see if your planned discharge date is medically appropriate for you.

The **Quality Improvement Organization** is a group of doctors and other health care professionals paid by the federal government to check on and help improve the quality of care for people with Medicare. This includes reviewing hospital discharge dates for people with Medicare. These experts aren't part of our plan.

Step 1: Contact the Quality Improvement Organization for your state and ask for an immediate review of your hospital discharge. You must act quickly.

How can you contact this organization?

- The written notice you got (*An Important Message from Medicare About Your Rights*) tells you how to reach this organization. Or find the name, address, and phone number of the Quality Improvement Organization for your state in Chapter 2.

Act quickly:

- To make your appeal, you must contact the Quality Improvement Organization *before* you leave the hospital and **no later than midnight the day of your discharge**.

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- **If you meet this deadline**, you can stay in the hospital *after* your discharge date *without paying for it* while you wait to get the decision from the Quality Improvement Organization.
- **If you don't meet this deadline, contact us.** If you decide to stay in the hospital after your planned discharge date, *you may have to pay the costs* for hospital care you get after your planned discharge date.
- Once you ask for an immediate review of your hospital discharge the Quality Improvement Organization will contact us. By noon of the day after we're contacted, we'll give you a **Detailed Notice of Discharge**. This notice gives your planned discharge date and explains in detail the reasons why your doctor, the hospital, and we think it is right (medically appropriate) for you to be discharged on that date.
- You can get a sample of the **Detailed Notice of Discharge** by calling Customer Service at 503-574-8000 or 1 800 603 2340 (TTY users call 711) or 1-800-MEDICARE (1-800-633-4227). (TTY users call 1-877-486-2048.) Or you can see a sample notice online at www.CMS.gov/medicare/forms-notices/beneficiary-notices-initiative/ffs-ma-im.

Step 2: The Quality Improvement Organization conducts an independent review of your case.

- Health professionals at the Quality Improvement Organization (the reviewers) will ask you (or your representative) why you believe coverage for the services should continue. You don't have to prepare anything in writing, but you can if you want to.
- The reviewers will also look at your medical information, talk with your doctor, and review information that we and the hospital gave them.
- By noon of the day after the reviewers told us of your appeal, you'll get a written notice from us that gives your planned discharge date. This notice also explains in detail the reasons why your doctor, the hospital, and we think it is right (medically appropriate) for you to be discharged on that date.

Step 3: Within one full day after it has all the needed information, the Quality Improvement Organization will give you its answer to your appeal.***What happens if the answer is yes?***

- If the independent review organization says yes, **we must keep providing your covered inpatient hospital services for as long as these services are medically necessary.**
- You'll have to keep paying your share of the costs (such as deductibles or copayments, if these apply). In addition, there may be limitations on your covered hospital services.

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What happens if the answer is no?

- If the independent review organization says *no*, they're saying that your planned discharge date is medically appropriate. If this happens, **our coverage for your inpatient hospital services will end** at noon on the day *after* the Quality Improvement Organization gives you its answer to your appeal.
- If the independent review organization says *no* to your appeal and you decide to stay in the hospital, **you may have to pay the full cost** of hospital care you get after noon on the day after the Quality Improvement Organization gives you its answer to your appeal.

Step 4: If the answer to your Level 1 appeal is no, you decide if you want to make another appeal.

- If the Quality Improvement Organization said *no* to your appeal, *and* you stay in the hospital after your planned discharge date, you can make another appeal. Making another appeal means you're going to **Level 2** of the appeals process.

Section 8.3 How to make a Level 2 appeal to change your hospital discharge date

During a Level 2 appeal, you ask the Quality Improvement Organization to take another look at its decision on your first appeal. If the Quality Improvement Organization turns down your Level 2 appeal, you may have to pay the full cost for your stay after your planned discharge date.

Step 1: Contact the Quality Improvement Organization again and ask for another review.

- You must ask for this review **within 60 calendar days** after the day the Quality Improvement Organization said *no* to your Level 1 appeal. You can ask for this review only if you stay in the hospital after the date your coverage for the care ended.

Step 2: The Quality Improvement Organization does a second review of your situation.

- Reviewers at the Quality Improvement Organization will take another careful look at all the information related to your appeal.

Step 3: Within 14 calendar days of receipt of your request for a Level 2 appeal, the reviewers will decide on your appeal and tell you their decision.***If the independent review organization says yes:***

- **We must reimburse you** for our share of the costs of hospital care you got since noon on the day after the date your first appeal was turned down by the Quality

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Improvement Organization. **We must continue providing coverage for your inpatient hospital care for as long as it is medically necessary.**

- You must continue to pay your share of the costs and coverage limitations may apply.

If the independent review organization says no:

- It means they agree with the decision they made on your Level 1 appeal.
- The notice you get will tell you in writing what you can do if you want to continue with the review process.

Step 4: If the answer is no, you need to decide whether you want to take your appeal further by going to Level 3.

- There are 3 additional levels in the appeals process after Level 2 (for a total of 5 levels of appeal). If you want to go to a Level 3 appeal, the details on how to do this are in the written notice you get after your Level 2 appeal decision.
- The Level 3 appeal is handled by an Administrative Law Judge or attorney adjudicator. Section 10 in this chapter tells more about Levels 3, 4, and 5 of the appeals process.

SECTION 9 How to ask us to keep covering certain medical services if you think your coverage is ending too soon

When you're getting covered **home health services, skilled nursing care, or rehabilitation care (Comprehensive Outpatient Rehabilitation Facility)**, you have the right to keep getting your services for that type of care for as long as the care is needed to diagnose and treat your illness or injury.

When we decide it is time to stop covering any of these 3 types of care for you, we're required to tell you in advance. When your coverage for that care ends, *we'll stop paying your care.*

If you think we're ending the coverage of your care too soon, **you can appeal our decision.** This section tells you how to ask for an appeal.

Section 9.1 We'll tell you in advance when your coverage will be ending

Legal Term:

Notice of Medicare Non-Coverage. It tells you how you can ask for a **fast-track appeal**. Asking for a fast-track appeal is a formal, legal way to ask for a change to our coverage decision about when to stop your care.

Chapter 9 If you have a problem or complaint (coverage decisions, appeals, complaints)

- 1. You get a notice in writing** at least 2 calendar days before our plan is going to stop covering your care. The notice tells you:
 - The date when we'll stop covering the care for you.
 - How to ask for a fast-track appeal to ask us to keep covering your care for a longer period of time.
- 2. You, or someone who is acting on your behalf, will be asked to sign the written notice to show that you got it.** Signing the notice shows *only* that you got the information about when your coverage will stop. **Signing it doesn't mean you agree** with our plan's decision to stop care.

Section 9.2 How to make a Level 1 appeal to have our plan cover your care for a longer time

If you want to ask us to cover your care for a longer period of time, you'll need to use the appeals process to make this request. Before you start, understand what you need to do and what the deadlines are.

- **Follow the process**
- **Meet the deadlines**
- **Ask for help if you need it.** If you have questions or need help, call Customer Service at 503-574-8000 or 1 800 603 2340 (TTY users call 711). Or call your State Health Insurance Assistance Program (SHIP), for personalized help. The SHIP in Oregon is called Senior Health Insurance Benefits Assistance (SHIBA). Call SHIBA at 1-800-722-41-34 or visit www.shiba.oregon.gov

During a Level 1 appeal, the Quality Improvement Organization reviews your appeal. It decides if the end date for your care is medically appropriate. The **Quality Improvement Organization** is a group of doctors and other health care experts paid by the federal government to check on and help improve the quality of care for people with Medicare. This includes reviewing plan decisions about when it's time to stop covering certain kinds of medical care. These experts aren't part of our plan.

Step 1: Make your Level 1 appeal: contact the Quality Improvement Organization and ask for a fast-track appeal. You must act quickly.

How can you contact this organization?

- The written notice you got (*Notice of Medicare Non-Coverage*) tells you how to reach this organization. (Or find the name, address, and phone number of the Quality Improvement Organization for your state in Chapter 2.)

Chapter 9 If you have a problem or complaint (coverage decisions, appeals, complaints)

Act quickly:

- You must contact the Quality Improvement Organization to start your appeal **by noon of the day before the effective date** on the *Notice of Medicare Non-Coverage*.
- If you miss the deadline, and you want to file an appeal, you still have appeal rights. Contact the Quality Improvement Organization using the contact information on the Notice of Medicare Non-coverage. The name, address, and phone number of the Quality Improvement Organization for your state may also be found in Chapter 2.

Step 2: The Quality Improvement Organization conducts an independent review of your case.**Legal Term:**

Detailed Explanation of Non-Coverage. Notice that gives details on reasons for ending coverage.

What happens during this review?

- Health professionals at the Quality Improvement Organization (the reviewers) will ask you, or your representative, why you believe coverage for the services should continue. You don't have to prepare anything in writing, but you can if you want to.
- The independent review organization will also look at your medical information, talk with your doctor, and review information our plan gives them.
- By the end of the day the reviewers tell us of your appeal, you'll get the **Detailed Explanation of Non-Coverage** from us that explains in detail our reasons for ending our coverage for your services.

Step 3: Within one full day after they have all the information they need, the reviewers will tell you their decision.***What happens if the reviewers say yes?***

- If the reviewers say yes to your appeal, then **we must keep providing your covered service for as long as it's medically necessary.**
- You'll have to keep paying your share of the costs (such as deductibles or copayments, if these apply). There may be limitations on your covered services.

What happens if the reviewers say no?

- If the reviewers say *no*, then **your coverage will end on the date we told you.**

Chapter 9 If you have a problem or complaint (coverage decisions, appeals, complaints)

- If you decide to keep getting the home health care, or skilled nursing facility care, or Comprehensive Outpatient Rehabilitation Facility (CORF) services *after* this date when your coverage ends, **you'll have to pay the full cost** of this care yourself.

Step 4: If the answer to your Level 1 appeal is no, you decide if you want to make another appeal.

- If reviewers say *no* to your Level 1 appeal – and you choose to continue getting care after your coverage for the care has ended – then you can make a Level 2 appeal.

Section 9.3 How to make a Level 2 appeal to have our plan cover your care for a longer time

During a Level 2 appeal, you ask the Quality Improvement Organization to take another look at the decision on your first appeal. If the Quality Improvement Organization turns down your Level 2 appeal, you may have to pay the full cost for your home health care, or skilled nursing facility care, or Comprehensive Outpatient Rehabilitation Facility (CORF) services *after* the date when we said your coverage would end.

Step 1: Contact the Quality Improvement Organization again and ask for another review.

- You must ask for this review **within 60 calendar days** after the day when the Quality Improvement Organization said *no* to your Level 1 appeal. You could ask for this review only if you continued getting care after the date your coverage for the care ended.

Step 2: The Quality Improvement Organization does a second review of your situation.

- Reviewers at the Quality Improvement Organization will take another careful look at all the information related to your appeal.

Step 3: Within 14 calendar days of receipt of your appeal request, reviewers will decide on your appeal and tell you their decision.***What happens if the independent review organization says yes?***

- **We must reimburse you** for our share of the costs of care you got since the date when we said your coverage would end. **We must continue providing coverage** for the care for as long as it's medically necessary.
- You must continue to pay your share of the costs and there may be coverage limitations that apply.

Chapter 9 If you have a problem or complaint (coverage decisions, appeals, complaints)

What happens if the independent review organization says no?

- It means they agree with the decision made to your Level 1 appeal.
- The notice you get will tell you in writing what you can do if you want to continue with the review process. It will give you details about how to go on to the next level of appeal, which is handled by an Administrative Law Judge or attorney adjudicator.

Step 4: If the answer is no, you'll need to decide whether you want to take your appeal further.

- There are 3 additional levels of appeal after Level 2 (for a total of 5 levels of appeal). If you want to go to a Level 3 appeal, the details on how to do this are in the written notice you get after your Level 2 appeal decision.
- The Level 3 appeal is handled by an Administrative Law Judge or attorney adjudicator. Section 10 of this chapter tells more about Levels 3, 4, and 5 of the appeals process.

SECTION 10 Taking your appeal to Levels 3, 4 and 5

Section 10.1 Appeal Levels 3, 4 and 5 for Medical Service Requests

This section may be right for you if you made a Level 1 appeal and a Level 2 appeal, and both of your appeals were turned down.

If the dollar value of the item or medical service you appealed meets certain minimum levels, you may be able to go on to additional levels of appeal. If the dollar value is less than the minimum level, you can't appeal any further. The written response you get to your Level 2 appeal will explain how to make a Level 3 appeal.

For most situations that involve appeals, the last 3 levels of appeal work in much the same way as the first 2 levels. Here's who handles the review of your appeal at each of these levels.

Level 3 appeal

An **Administrative Law Judge or an attorney adjudicator** who works for the federal government will review your appeal and give you an answer.

- **If the Administrative Law Judge or attorney adjudicator says yes to your appeal, the appeals process *may* or *may not* be over.** Unlike a decision at a Level 2 appeal, we have the right to appeal a Level 3 decision that's favorable to you. If we decide to appeal it will go to a Level 4 appeal.

Chapter 9 If you have a problem or complaint (coverage decisions, appeals, complaints)

- If we decide *not* to appeal, we must authorize or provide you with the medical care within 60 calendar days after we get the Administrative Law Judge's or attorney adjudicator's decision.
 - If we decide to appeal the decision, we'll send you a copy of the Level 4 appeal request with any accompanying documents. We may wait for the Level 4 appeal decision before authorizing or providing the medical care in dispute.
- **If the Administrative Law Judge or attorney adjudicator says no to your appeal, the appeals process *may* or *may not* be over.**
 - If you decide to accept the decision that turns down your appeal, the appeals process is over.
 - If you don't want to accept the decision, you can continue to the next level of the review process. The notice you get will tell you what to do for a Level 4 appeal.

Level 4 appeal

The **Medicare Appeals Council** (Council) will review your appeal and give you an answer. The Council is part of the federal government.

- **If the answer is yes, or if the Council denies our request to review a favorable Level 3 appeal decision, the appeals process *may* or *may not* be over.** Unlike a decision at Level 2, we have the right to appeal a Level 4 decision that's favorable to you. We'll decide whether to appeal this decision to Level 5.
 - If we decide *not* to appeal the decision, we must authorize or provide you with the medical care within 60 calendar days after getting the Council's decision.
 - If we decide to appeal the decision, we'll let you know in writing.
- **If the answer is no or if the Council denies the review request, the appeals process *may* or *may not* be over.**
 - If you decide to accept this decision that turns down your appeal, the appeals process is over.
 - If you don't want to accept the decision, you may be able to continue to the next level of the review process. If the Council says no to your appeal, the notice you get will tell you whether the rules allow you to go to a Level 5 appeal and how to continue with a Level 5 appeal.

Level 5 appeal

A judge at the **Federal District Court** will review your appeal.

Chapter 9 If you have a problem or complaint (coverage decisions, appeals, complaints)

- A judge will review all the information and decide *yes* or *no* to your request. This is a final answer. There are no more appeal levels after the Federal District Court.

Section 10.2 Appeal Levels 3, 4 and 5 for Part D Drug Requests

This section may be right for you if you made a Level 1 appeal and a Level 2 appeal, and both of your appeals were turned down.

If the value of the drug you appealed meets a certain dollar amount, you may be able to go to additional levels of appeal. If the dollar amount is less, you can't appeal any further. The written response you get to your Level 2 appeal will explain who to contact and what to do to ask for a Level 3 appeal.

For most situations that involve appeals, the last 3 levels of appeal work in much the same way as the first 2 levels. Here's who handles the review of your appeal at each of these levels.

Level 3 appeal

An Administrative Law Judge or an attorney adjudicator who works for the federal government will review your appeal and give you an answer.

- **If the answer is yes, the appeals process is over.** We must **authorize or provide the drug coverage** that was approved by the Administrative Law Judge or attorney adjudicator **within 72 hours (24 hours for expedited appeals) or make payment no later than 30 calendar days** after we get the decision.
- **If the Administrative Law Judge or attorney adjudicator says no to your appeal, the appeals process *may* or *may not* be over.**
 - If you decide to accept this decision that turns down your appeal, the appeals process is over.
 - If you don't want to accept the decision, you can continue to the next level of the review process. The notice you get will tell you what to do for a Level 4 appeal.

Level 4 appeal

The **Medicare Appeals Council** (Council) will review your appeal and give you an answer. The Council is part of the federal government.

- **If the answer is yes, the appeals process is over.** We must **authorize or provide the drug coverage** that was approved by the Council **within 72 hours (24 hours for expedited appeals) or make payment no later than 30 calendar days** after we get the decision.

Chapter 9 If you have a problem or complaint (coverage decisions, appeals, complaints)

- **If the answer is no or if the Council denies the review request, the appeals process may or may not be over.**
 - If you decide to accept this decision that turns down your appeal, the appeals process is over.
 - If you don't want to accept the decision, you may be able to continue to the next level of the review process. If the Council says no to your appeal, the notice you get will tell you whether the rules allow you to go to a Level 5 appeal and how to continue with a Level 5 appeal.

Level 5 appeal

A judge at the **Federal District Court** will review your appeal.

- A judge will review all the information and decide *yes* or *no* to your request. This is a final answer. There are no more appeal levels after the Federal District Court.

Making complaints

SECTION 11 How to make a complaint about quality of care, waiting times, customer service, or other concerns

Section 11.1 What kinds of problems are handled by the complaint process?

The complaint process is *only* used for certain types of problems. This includes problems about quality of care, waiting times, and customer service. Here are examples of the kinds of problems handled by the complaint process.

Complaint	Example
Quality of your medical care	• Are you unhappy with the quality of the care you got (including care in the hospital)?
Respecting your privacy	• Did someone not respect your right to privacy or shared confidential information?
Disrespect, poor customer service, or other negative behaviors	• Has someone been rude or disrespectful to you? • Are you unhappy with our Customer Service? • Do you feel you're being encouraged to leave our plan?
Waiting times	• Are you having trouble getting an appointment, or waiting too long to get it?

Chapter 9 If you have a problem or complaint (coverage decisions, appeals, complaints)

Complaint	Example
	- Have you been kept waiting too long by doctors, pharmacists, or other health professionals? Or by our Customer Service or other staff at our plan? - Examples include waiting too long on the phone, in the waiting or exam room, or getting a prescription.
Cleanliness	Are you unhappy with the cleanliness or condition of a clinic, hospital, or doctor's office?
Information you get from us	- Did we fail to give you a required notice? - Is our written information hard to understand?
Timeliness (These types of complaints are about the <i>timeliness</i> of our actions related to coverage decisions and appeals)	If you asked for a coverage decision or made an appeal, and you think we aren't responding quickly enough, you can make a complaint about our slowness. Here are examples: - You asked us for a fast coverage decision or a fast appeal, and we said no; you can make a complaint. - You believe we aren't meeting the deadlines for coverage decisions or appeals; you can make a complaint. - You believe we aren't meeting deadlines for covering or reimbursing you for certain medical items or services or drugs that were approved; you can make a complaint. - You believe we failed to meet required deadlines for forwarding your case to the independent review organization; you can make a complaint.

Section 11.2 How to make a complaint

Legal Terms:

A **complaint** is also called a **grievance**.

Making a complaint is called **filing a grievance**.

Using the process for complaints is called **using the process for filing a grievance**.

A **fast complaint** is called an **expedited grievance**.

Chapter 9 If you have a problem or complaint (coverage decisions, appeals, complaints)

Step 1: Contact us promptly – either by phone or in writing.

- **Calling Customer Service at 503-574-8000 or 1-800-603-2340 (TTY: 711) is usually the first step.** If there's anything else you need to do, Customer Service will let you know.
- **If you don't want to call (or you called and weren't satisfied), you can put your complaint in writing and send it to us.** If you put your complaint in writing, we'll respond to your complaint in writing.
- If you have a complaint, you or your appointed representative may call 503-574-8000 or 1-800-603-2340 (TTY: 711). You may also send your complaint in writing to the Appeals and Grievances Department at the following address: Providence Health Assurance, Attn: Appeals and Grievances Department, P.O. Box 4158, Portland, OR 97208-4158.
- The **deadline** for making a complaint is 60 calendar days from the time you had the problem you want to complain about.

Step 2: We look into your complaint and give you our answer.

- **If possible, we'll answer you right away.** If you call us with a complaint, we may be able to give you an answer on the same phone call.
- **Most complaints are answered within 30 calendar days.** If we need more information and the delay is in your best interest or if you ask for more time, we can take up to 14 more calendar days (44 calendar days total) to answer your complaint. If we decide to take extra days, we'll tell you in writing.
- **If you're making a complaint because we denied your request for a fast coverage decision or a fast appeal, we'll automatically give you a fast complaint.** If you have a fast complaint, it means we'll give you **an answer within 24 hours**.
- **If we don't agree** with some or all of your complaint or don't take responsibility for the problem you're complaining about, we'll include our reasons in our response to you.

Section 11.3 You can also make complaints about quality of care to the Quality Improvement Organization

When your complaint is about *quality of care*, you have 2 extra options:

- **You can make your complaint directly to the Quality Improvement Organization.** The Quality Improvement Organization is a group of practicing doctors and other health care experts paid by the federal government to check and improve the care given to Medicare patients. Chapter 2 has contact information.

Chapter 9 If you have a problem or complaint (coverage decisions, appeals, complaints)

Or

- You can make your complaint to both the Quality Improvement Organization and us at the same time.

Section 11.4 You can also tell Medicare about your complaint

You can submit a complaint about Providence Medicare Dual Plus (HMO D-SNP) directly to Medicare. To submit a complaint to Medicare, go to www.Medicare.gov/my/medicare-complaint. You can also call 1-800-MEDICARE (1-800-633-4227). TTY/TDD users call 1-877-486-2048.

Problems about your Medicaid benefits

SECTION 12 Handling problems about your Medicaid benefits

Section 12.1 How to make a complaint or grievance through the Oregon Health Plan (Medicaid)

If you're unhappy with the Oregon Health Plan (Medicaid), your Oregon Health Plan (Medicaid) Coordinated Care Organization, your provider, or services you get, you can complain or file a grievance. If you are in an Oregon Health Plan (Medicaid) Coordinated Care Organization, call its Customer Service or send them a letter. They will call or write back within 5 days to provide a formal response or let you know that more time is needed to complete their review. If more time is needed a formal response to your complaint will be provided within 30 days. They must address your complaint within 30 days. If you're a Fee-for-Service (FFS) client, call Oregon Health Plan (Medicaid) Client Services at 1-800-273-0557 (TTY users call 711).

Section 12.2 How to appeal a decision

If your Oregon Health Plan (Medicaid) Coordinated Care Organization or Oregon Health Plan (Medicaid) denies, stops or reduces a medical, dental, or behavioral health service your provider has ordered, you'll receive a **"Notice of Action/Benefit Denial"** letter in the mail. This letter explains why they made that decision. The letter will give you instructions on how to file an appeal through your Oregon Health Plan (Medicaid) coverage. If you disagree with our decision, you have the right to ask us to change it. You can do this by asking for an appeal. We must get your request within 60 days from the "Date of Notice" on the Notice of Action/Benefit Denial letter.

Chapter 9 If you have a problem or complaint (coverage decisions, appeals, complaints)

In an appeal, your Oregon Health Plan (Medicaid) Coordinated Care Organization will ask a health care professional to review your case. To ask for an appeal:

- Call or write your Oregon Health Plan (Medicaid) Coordinated Care Organization's Customer Service;
- Call or write to Oregon Health Plan (Medicaid) if you have fee-for-service OHP.

Once you get the appeal decision, if you don't agree, you may ask for a hearing. You must do so within 120 days from the "Date of Notice" on the Notice of Appeal Resolution letter. Your Oregon Health Plan (Medicaid) Coordinated Care Organization will include this form when it sends you a Notice of Action letter. You also can get this form in your preferred language by calling your Oregon Health Plan (Medicaid) Coordinated Care Organization, calling OHP Client Services or going online at www.oregon.gov/oha/hsd/ohp/pages/forms.aspx.

Call your Oregon Health Plan (Medicaid) Coordinated Care Organization if you want help asking for an appeal. You will get a "Notice of Appeal Resolution" from them within 16 days. It will let you know if the reviewer agrees or disagrees with the OHP or your Oregon Health Plan (Medicaid) Coordinated Care Organization's decision. In the meantime, you may be able to keep getting the service that is being stopped if you:

- Ask your Oregon Health Plan (Medicaid) Coordinated Care Organization to continue the service; and
- Ask no later than the tenth day following the date of the Notice of Action/Adverse Benefit Determination or the Notice of Appeal Resolution.

If you get the letter after the effective date, call for instructions. If the reviewer agrees with the original decision, you may have to pay for services you receive after the effective date on the Notice of Action/Benefit Denial letter.

If you need a fast (expedited) appeal

You and your provider may believe that you have an urgent medical, dental, or mental health problem that can't wait for a regular appeal. If so, tell your Oregon Health Plan (Medicaid) Coordinated Care Organization that you need a fast (expedited) appeal. Fax your request to them. Include a statement from your provider, or ask the provider to call and explain why it is urgent. If your Oregon Health Plan (Medicaid) Coordinated Care Organization agrees that it is urgent, they will call you with the decision within 72 hours.

Provider appeals

Your provider has a right to appeal for you when their physician's orders are denied by a Oregon Health Plan (Medicaid) Coordinated Care Organization.

Chapter 9 If you have a problem or complaint (coverage decisions, appeals, complaints)

Section 12.3 How to get a state fair hearing

Oregon Health Plan (Medicaid) Coordinated Care Organization members and people with FFS OHP can have a hearing with an Oregon administrative law judge. You will have 120 days from the date on your “Notice of Appeal Resolution” to ask OHP for a hearing.

If you don't agree with the decision on your Notice of Appeal Resolution letter, you can ask for a hearing by completing the Denial of medical services Appeal and Hearing Request Form (DMAP 3302). Your Oregon Health Plan (Medicaid) Coordinated Care Organization will include this form when it sends you a “Notice of Action/Benefit Denial” letter. You also can get this form in your preferred language by calling your Oregon Health Plan (Medicaid) Coordinated Care Organization or OHP Client Services. You can also find it online at www.oregon.gov/oha/hsd/ohp/pages/forms.aspx.

At the hearing, you can tell the judge why you don't agree with the decision and why the services should be covered. You don't need a lawyer, but you can have one or ask someone else, like your doctor, to be with you. If you hire a lawyer you must pay the lawyer's fees. Or you can call the Public Benefits Hotline (a program of Legal Aid Services of Oregon and the Oregon Law Center) at 1-800-520-5292 (TTY users call 711), for advice and possible representation. Information on free legal help can also be found at www.oregonlawhelp.org.

If you need a fast (expedited) hearing

You and your provider may believe that you have an urgent medical problem that cannot wait for a regular hearing. Fax your hearing request form to the OHP Hearings Unit at 503-945-6035. Include a statement from your provider explaining why it is urgent. If the OHP Medical Director agrees that it is urgent, the Hearings Unit will call you in three workdays.

Section 12.4 Important to know

Providence Health Assurance Customer Service staff can help you file a complaint. If you need help, call 503-574-8000 or 1-800-603-2340 (TTY users call 711) and ask to speak to a Customer Service Representative.

Appealing a decision will not affect continuation of service with Providence Health Assurance. However, you could be liable for payment of services delivered during the appeal process if the decision to deny or limit the service is upheld.

CHAPTER 10:

Ending membership in our plan

SECTION 1 Ending your membership in our plan

Ending your membership in Providence Medicare Dual Plus (HMO D-SNP) may be **voluntary** (your own choice) or **involuntary** (not your own choice):

- You might leave our plan because you decide you *want* to leave. Sections 2 and 3 give information on ending your membership voluntarily.
- There are also limited situations where we're required to end your membership. Section 5 tells you about situations when we must end your membership.

If you're leaving our plan, our plan must continue to provide your medical care and prescription drugs, and you'll continue to pay your cost share until your membership ends.

SECTION 2 When can you end your membership in our plan?

Section 2.1 You may be able to end your membership because you have Medicare and Medicaid

Most people with Medicare can end their membership only during certain times of the year. Because you have Medicaid, you can end your membership in our plan by choosing one of the following Medicare options in any month of the year:

- Original Medicare *with* a separate Medicare prescription drug plan,
- Original Medicare *without* a separate Medicare prescription drug plan (If you choose this option and receive Extra Help, Medicare may enroll you in a drug plan, unless you have opted out of automatic enrollment.), or
- If eligible, an integrated D-SNP that provides your Medicare and most or all of your Medicaid benefits and services in one plan.

Note: If you disenroll from Medicare drug coverage, no longer receive Extra Help, and go without creditable drug coverage for a continuous period of 63 days or more, you may have to pay a Part D late enrollment penalty if you join a Medicare drug plan later.

Chapter 10 Ending membership in our plan

- Call your State Medicaid Office at 1-800-273-0557 to learn about your Medicaid plan options.
- Other Medicare health plan options are available during the **Open Enrollment Period**. Section 2.2 tells you more about the Open Enrollment Period.
- **Your membership will usually end on the first day of the month after we get your request to change your plans.** Your enrollment in your new plan will also begin on this day.

Section 2.2 You can end your membership during the Open Enrollment Period

You can end your membership during the **Open Enrollment Period** each year. During this time, review your health and drug coverage and decide about coverage for the upcoming year.

- The **Open Enrollment Period** is from **October 15 to December 7**.
- **Choose to keep your current coverage or make changes to your coverage for the upcoming year.** If you decide to change to a new plan, you can choose any of the following types of plans:
 - Another Medicare health plan, with or without drug coverage.
 - Original Medicare *with* a separate Medicare drug plan
 - Original Medicare *without* a separate Medicare drug plan.
 - If eligible, an integrated D-SNP that provides your Medicare and most or all of your Medicaid benefits and services in one plan.

You get Extra Help from Medicare to pay for your prescription drugs: If you switch to Original Medicare and don't enroll in a separate Medicare prescription drug plan, Medicare may enroll you in a drug plan, unless you've opted out of automatic enrollment.

Note: If you disenroll from Medicare drug coverage, no longer receive Extra Help, and go without creditable drug coverage for 63 days or more in a row, you may have to pay a Part D late enrollment penalty if you join a Medicare drug plan later.

- **Your membership will end in our plan** when your new plan's coverage begins on January 1.

Section 2.3 You can end your membership during the Medicare Advantage Open Enrollment Period

You can make *one* change to your health coverage during the **Medicare Advantage Open Enrollment Period** each year.

- **The Medicare Advantage Open Enrollment Period** is from January 1 to March 31 and also for new Medicare beneficiaries who are enrolled in an MA plan, from the month of entitlement to Part A and Part B until the last day of the 3rd month of entitlement.
- **During the Medicare Advantage Open Enrollment Period** you can:
 - Switch to another Medicare Advantage Plan with or without drug coverage.
 - Disenroll from our plan and get coverage through Original Medicare. If you switch to Original Medicare during this period, you can also join a separate Medicare drug plan at the same time.
- **Your membership will end** on the first day of the month after you enroll in a different Medicare Advantage plan, or we get your request to switch to Original Medicare. If you also choose to enroll in a Medicare drug plan, your membership in the drug plan will start the first day of the month after the drug plan gets your enrollment request.

Section 2.4 In certain situations, you can end your membership during a Special Enrollment Period

In certain situations, you may be eligible to end your membership at other times of the year. This is known as a **Special Enrollment Period**.

You may be eligible to end your membership during a Special Enrollment Period if any of the following situations apply to you. These are just examples. For the full list you can contact our plan, call Medicare, or visit www.Medicare.gov.

- Usually, when you move
- If you have Oregon Health Plan (Medicaid)
- If you're eligible for Extra Help paying for your Medicare drug coverage
- If we violate our contract with you
- If you're getting care in an institution, such as a nursing home or long-term care (LTC) hospital
- If you enroll in the Program of All-inclusive Care for the Elderly (PACE)
- **Note:** If you're in a drug management program, you may only be eligible for certain Special Enrollment Periods. Chapter 5, Section 10 tells you more about drug management programs.
- **Note:** Section 2.1 tells you more about the special enrollment period for people with Medicaid.

Enrollment time periods vary depending on your situation.

To find out if you're eligible for a Special Enrollment Period, call Medicare at 1-800-MEDICARE (1-800-633-4227). TTY users call 1-877-486-2048. If you're eligible to end your membership because of a special situation, you can choose to change both your Medicare health coverage and drug coverage. You can choose:

- Another Medicare health plan with or without drug coverage,
- Original Medicare *with* a separate Medicare drug plan,
- Original Medicare *without* a separate Medicare drug plan.
- If eligible, an integrated D-SNP that provides your Medicare and most or all of your Medicaid benefits and services in one plan.

Note: If you disenroll from Medicare drug coverage, no longer receive Extra Help, and go without creditable drug coverage for 63 days or more in a row, you may have to pay a Part D late enrollment penalty if you join a Medicare drug plan later.

If you get Extra Help from Medicare to pay for your drug coverage drugs: If you switch to Original Medicare and don't enroll in a separate Medicare drug plan, Medicare may enroll you in a drug plan, unless you opt out of automatic enrollment.

Your membership will usually end on the first day of the month after your request to change our plan.

Note: Sections 2.1 and 2.2 tell you more about the special enrollment period for people with Medicaid and Extra Help.

Section 2.5 Get more information about when you can end your membership

If you have questions about ending your membership, you can:

- **Call Customer Service at 503-574-8000 or 1-800-603-2340 (TTY users call 711)**
- Find the information in the ***Medicare & You 2026*** handbook
- Call **Medicare** at 1-800-MEDICARE (1-800-633-4227) (TTY users call 1-877-486-2048)

SECTION 3 How to end your membership in our plan

The table below explains how you can end your membership in our plan.

To switch from our plan to:	Here's what to do:
Another Medicare health plan	• Enroll in the new Medicare health plan. • You'll automatically be disenrolled from Providence Medicare Dual Plus (HMO D-

To switch from our plan to:	Here's what to do:
Original Medicare <i>with</i> a separate Medicare drug plan	SNP) when your new plan's coverage starts. • Enroll in the new Medicare drug plan. • You'll automatically be disenrolled from Providence Medicare Dual Plus (HMO D-SNP) when your new drug plan's coverage starts.
Original Medicare <i>without</i> a separate Medicare drug plan	• Send us a written request to disenroll. Call Customer Service at 503-574-8000 or 1-800-603-2340 (TTY users call 711) if you need more information on how to do this. • You can also call Medicare at 1-800-MEDICARE (1-800-633-4227) and ask to be disenrolled. TTY users call 1-877-486-2048. • You'll be disenrolled from Providence Medicare Dual Plus (HMO D-SNP) when your coverage in Original Medicare starts.

Note: If you disenroll from Medicare drug coverage, no longer receive Extra Help, and go without creditable drug coverage for 63 days or more in a row, you may have to pay a Part D late enrollment penalty if you join a Medicare drug plan later.

For questions about your Oregon Health Plan (Medicaid) benefits, call Oregon Health Plan (Medicaid), toll-free: 1-800-273-0557, TTY: 711, Monday – Friday, 8 a.m. to 5 p.m. Ask how joining another plan or returning to Original Medicare affects how you get your Oregon Health Plan (Medicaid) coverage.

SECTION 4 Until your membership ends, you must keep getting your medical items, services and drugs through our plan

Until your membership ends, and your new Medicare and Medicaid coverage starts, you must continue to get your medical items, services, and prescription drugs through our plan.

- **Continue to use our network providers to get medical care.**

- **Continue to use our network pharmacies or mail order to get your prescriptions filled.**
- **If you're hospitalized on the day your membership ends, your hospital stay will be covered by our plan until you're discharged** (even if you're discharged after your new health coverage starts).

SECTION 5 Providence Medicare Dual Plus (HMO D-SNP) must end our plan membership in certain situations

Providence Medicare Dual Plus (HMO D-SNP) must end your membership in our plan if any of the following happen:

- If you no longer have Medicare Part A and Part B
- If you're no longer eligible for Medicaid. As stated in Chapter 1, Section 2.1, our plan is for people who are eligible for both Medicare and Medicaid. Once the plan is informed that you no longer meet these special eligibility requirements you'll have 1-month to meet the plan's special eligibility requirements. If you still no longer meet the special eligibility requirements of our plan at the end of this 1-month period your membership in this plan will end. You'll receive a notice from us informing you of the end of your membership and your options. During this 1-month period, we'll continue to provide all Medicare Advantage plan-covered Medicare benefits. However, the Oregon Health Plan (Medicaid) may not continue to cover Medicaid benefits that are included under the Oregon Health Plan (Medicaid) State Plan, and may not pay the Medicare premiums or cost sharing for which the Oregon Health Plan (Medicaid) may otherwise cover.
- If you move out of our service area
- If you're away from our service area for more than 6 months
 - If you move or take a long trip, call Customer Service at 503-574-8000 or 1-800-603-2340 (TTY users call 711) to find out if the place you're moving or traveling to is in our plan's area.
- If you become incarcerated (go to prison)
- If you're no longer a United States citizen or lawfully present in the United States
- If you lie or withhold information about other insurance you have that provides drug coverage
- If you intentionally give us incorrect information when you're enrolling in our plan and that information affects your eligibility for our plan. (We can't make you leave our plan for this reason unless we get permission from Medicare first.)

Chapter 10 Ending membership in our plan

- If you continuously behave in a way that's disruptive and makes it difficult for us to provide medical care for you and other members of our plan. (We can't make you leave our plan for this reason unless we get permission from Medicare first.)
- If you let someone else use your membership card to get medical care. (We can't make you leave our plan for this reason unless we get permission from Medicare first.)
 - If we end your membership because of this reason, Medicare may have your case investigated by the Inspector General.

If you have questions or want more information on when we can end your membership, call Customer Service at 503-574-8000 or 1-800-603-2340 (TTY users call 711).

Section 5.1 We can't ask you to leave our plan for any health-related reason

Providence Medicare Dual Plus (HMO D-SNP) isn't allowed to ask you to leave our plan for any health-related reason.

What should you do if this happens?

If you feel you're being asked to leave our plan because of a health-related reason, call Medicare at 1-800-MEDICARE (1-800-633-4227). TTY users call 1-877-486-2048.

Section 5.2 You have the right to make a complaint if we end your membership in our plan

If we end your membership in our plan, we must tell you our reasons in writing for ending your membership. We must also explain how you can file a grievance or make a complaint about our decision to end your membership.

CHAPTER 11:

Legal notices

SECTION 1 Notice about governing law

The principal law that applies to this *Evidence of Coverage* document is Title XVIII of the Social Security Act and the regulations created under the Social Security Act by the Centers for Medicare & Medicaid Services (CMS). In addition, other federal laws may apply and, under certain circumstances, the laws of the state you live in. This may affect your rights and responsibilities even if the laws aren't included or explained in this document.

SECTION 2 Notice about nondiscrimination

We don't discriminate based on race, ethnicity, national origin, color, religion, sex, age, mental or physical disability, health status, claims experience, medical history, genetic information, evidence of insurability, or geographic location within the service area. All organizations that provide Medicare Advantage plans, like our plan, must obey federal laws against discrimination, including Title VI of the Civil Rights Act of 1964, the Rehabilitation Act of 1973, the Age Discrimination Act of 1975, the Americans with Disabilities Act, Section 1557 of the Affordable Care Act, all other laws that apply to organizations that get federal funding, and any other laws and rules that apply for any other reason.

If you want more information or have concerns about discrimination or unfair treatment, call the Department of Health and Human Services' **Office for Civil Rights** at 1-800-368-1019 (TTY 1-800-537-7697) or your local Office for Civil Rights. You can also review information from the Department of Health and Human Services' Office for Civil Rights at www.HHS.gov/ocr/index.html.

If you have a disability and need help with access to care, please call us at Customer Service at 503-574-8000 or 1 800 603 2340 (TTY users call 711). If you have a complaint, such as a problem with wheelchair access, Customer Service can help.

SECTION 3 Notice about Medicare Secondary Payer subrogation rights

We have the right and responsibility to collect for covered Medicare services for which Medicare isn't the primary payer. According to CMS regulations at 42 CFR sections 422.108 and 423.462, Providence Medicare Dual Plus (HMO D-SNP), as a Medicare Advantage

Organization, will exercise the same rights of recovery that the Secretary exercises under CMS regulations in subparts B through D of part 411 of 42 CFR and the rules established in this section supersede any state laws.

SECTION 4 Notice about Unusual Circumstances

The following are examples of unusual circumstances: complete or partial destruction of facilities, war riot, civil insurrection, labor disputes, not within the control of Providence Health Assurance, major disaster, disability of significant part of hospital personnel, epidemic, or similar causes. If due to unusual circumstances, the rendition or provision of services and other benefits covered under this agreement is delayed or impractical, Providence Health Assurance will, within limitation of available facilities and personnel, use its best efforts to provide services and other benefits covered under this agreement. With regard to unusual circumstances neither Providence Health Assurance, hospitals, nor any physician shall have any liability for obligation on account of delay or such failure to provide services or other benefits.

SECTION 5 Third Party Liability

This section describes your duties if you receive services for which any third party may be responsible. A “third party” is any person other than you or Providence (the “first” and “second” parties), and includes any insurer providing any coverage available to you.

1. Once any third party is found responsible and able to pay for services you have received, Providence will not cover those services.
2. Providence will need detailed information from you. A questionnaire will be sent to you by Providence Medicare Advantage Plans or contracted Subrogation Vendor, which must be completed and returned as soon as possible. If you have any questions, please contact us. A Providence Medicare Advantage Plans employee who specializes in this area can help you.
3. If you make a claim against a third party, you must notify that party of Providence’s interest.
4. To the fullest extent permitted by Medicare, Providence is entitled to repayment from any money recovered from a third party, whether or not the recovery is described or for something other than medical expenses and whether or not you are “made whole” for your losses. Providence is entitled to be repaid from any workers’ compensation recovery whether or not a loss is found compensable under those laws.

Chapter 11 Legal notices

5. Providence is entitled to be repaid the full value of benefits, calculated using Providence's usual and customary charges, less a pro rata share of the expenses and attorney fees incurred to make the recovery.
6. Before accepting settlement of a third-party claim, you must notify Providence in writing of the terms offered.
7. If Providence is not repaid by the third party, you must repay Providence. Providence may request refunds from your medical providers, who will then bill you.
8. You must cooperate with Providence in obtaining repayments from third parties in relation to services that have been covered/paid for by Providence. If you hire an attorney, you must require the attorney to facilitate reimbursement to Providence to the fullest extent permitted by law for any recoveries from third parties.
9. After you receive a third-party recovery, you must pay all medical expenses for treatment of the illness or injury that Providence would otherwise pay.
10. Only when you prove to Providence's satisfaction that the recovery has been exhausted will Providence again begin paying. Providence will then pay the amount of the cost of services that exceeds the net recovery.
11. If you fail to repay Providence, Providence may recover the repayment out of future benefits owed under this Plan or refer your account to an outside collection agency to recover monies owed to Providence.
12. If you do not make a claim against a responsible third party, or fail to cooperate with Providence in any claim you do make, Providence may collect directly from the third party. To the fullest extent permitted by Medicare, Providence may assume your rights against a third party, may sue the third party in your name, may intervene in any suit you bring, and place a lien on any recovery to the extent Providence has paid benefits, or has incurred expenses to obtain a recovery.
13. Any failure to comply with your duties as described herein may, to the fullest extent permitted by applicable law, result in a denial of payment for benefits by Providence and/or termination of your coverage.

CHAPTER 12:

Definitions

Ambulatory Surgical Center – An Ambulatory Surgical Center is an entity that operates exclusively for the purpose of furnishing outpatient surgical services to patients not requiring hospitalization and whose expected stay in the center doesn't exceed 24 hours.

Appeal – An appeal is something you do if you disagree with our decision to deny a request for coverage of health care services or prescription drugs or payment for services or drugs you already got. You may also make an appeal if you disagree with our decision to stop services that you're getting.

Benefit Period – The way that both our plan and Original Medicare measure your use of skilled nursing facility (SNF) services. A benefit period begins the day you go into a skilled nursing facility. The benefit period ends when you haven't received any skilled care in a SNF for 60 days in a row. If you go into a skilled nursing facility after one benefit period has ended, a new benefit period begins. There's no limit to the number of benefit periods.

Biological Product – A prescription drug that's made from natural and living sources like animal cells, plant cells, bacteria, or yeast. Biological products are more complex than other drugs and can't be copied exactly, so alternative forms are called biosimilars. (go to “**Original Biological Product**” and “**Biosimilar**”).

Biosimilar – A biological product that's very similar, but not identical, to the original biological product. Biosimilars are as safe and effective as the original biological product. Some biosimilars may be substituted for the original biological product at the pharmacy without needing a new prescription (go to “**Interchangeable Biosimilar**”).

Brand Name Drug – A prescription drug that's manufactured and sold by the pharmaceutical company that originally researched and developed the drug. Brand name drugs have the same active-ingredient formula as the generic version of the drug. However, generic drugs are manufactured and sold by other drug manufacturers and are generally not available until after the patent on the brand name drug has expired.

Catastrophic Coverage Stage – The stage in the Part D Drug Benefit that begins when you (or other qualified parties on your behalf) have spent \$2,100 for Part D covered drugs during the covered year. During this payment stage, you pay nothing for your covered Part D drugs.

Centers for Medicare & Medicaid Services (CMS) – The federal agency that administers Medicare.

Chapter 12 Definitions of important words

Chronic-Care Special Needs Plan (C-SNP) – C-SNPs are SNPs that restrict enrollment to MA eligible people who have specific severe and chronic diseases.

Coinsurance – An amount you may be required to pay, expressed as a percentage (for example 20%) as your share of the cost for services or prescription drugs after you pay any deductibles.

Complaint – The formal name for making a complaint is **filing a grievance**. The complaint process is used *only* for certain types of problems. This includes problems about quality of care, waiting times, and the customer service you get. It also includes complaints if our plan doesn't follow the time periods in the appeal process.

Comprehensive Outpatient Rehabilitation Facility (CORF) – A facility that mainly provides rehabilitation services after an illness or injury, including physical therapy, social or psychological services, respiratory therapy, occupational therapy and speech-language pathology services, and home environment evaluation services.

Copayment (or copay) – An amount you may be required to pay as your share of the cost for a medical service or supply, like a doctor's visit, hospital outpatient visit, or a prescription drug. A copayment is a set amount (for example \$10), rather than a percentage.

Cost Sharing – Cost sharing refers to amounts that a member has to pay when services or drugs are gotten. Cost sharing includes any combination of the following 3 types of payments: (1) any deductible amount a plan may impose before services or drugs are covered; (2) any fixed copayment amount that a plan requires when a specific service or drug is received; or (3) any coinsurance amount, a percentage of the total amount paid for a service or drug, that a plan requires when a specific service or drug is received.

Coverage Determination – A decision about whether a drug prescribed for you is covered by our plan and the amount, if any, you're required to pay for the prescription. In general, if you bring your prescription to a pharmacy and the pharmacy tells you the prescription isn't covered under our plan, that isn't a coverage determination. You need to call or write to our plan to ask for a formal decision about the coverage. Coverage determinations are called **coverage decisions** in this document.

Covered Drugs – The term we use to mean all the drugs covered by our plan.

Covered Services – The term we use to mean all the health care services and supplies that are covered by our plan.

Creditable Prescription Drug Coverage – Prescription drug coverage (for example, from an employer or union) that's expected to pay, on average, at least as much as Medicare's standard prescription drug coverage. People who have this kind of coverage when they

Chapter 12 Definitions of important words

become eligible for Medicare can generally keep that coverage without paying a penalty if they decide to enroll in Medicare prescription drug coverage later.

Custodial Care – Custodial care is personal care provided in a nursing home, hospice, or other facility setting when you don't need skilled medical care or skilled nursing care. Custodial care, provided by people who don't have professional skills or training, includes help with activities of daily living like bathing, dressing, eating, getting in or out of a bed or chair, moving around, and using the bathroom. It may also include the kind of health-related care that most people do themselves, like using eye drops. Medicare doesn't pay for custodial care.

Customer Service – A department within our plan responsible for answering your questions about your membership, benefits, grievances, and appeals.

Daily cost-sharing rate – A daily cost-sharing rate may apply when your doctor prescribes less than a full month's supply of certain drugs for you and you're required to pay a copayment. A daily cost-sharing rate is the copayment divided by the number of days in a month's supply. Here is an example: If your copayment for a one-month supply of a drug is \$30, and a one-month's supply in our plan is 30 days, then your daily cost-sharing rate is \$1 per day.

Deductible – The amount you must pay for health care or prescriptions before our plan pays.

Disenroll or **Disenrollment** – The process of ending your membership in our plan.

Dispensing Fee – A fee charged each time a covered drug is dispensed to pay for the cost of filling a prescription, such as the pharmacist's time to prepare and package the prescription.

Dual Eligible Special Needs Plans (D-SNP) – D-SNPs enroll people who are entitled to both Medicare (Title XVIII of the Social Security Act) and medical assistance from a state plan under Medicaid (Title XIX). States cover some or all Medicare costs, depending on the state and the person's eligibility.

Dually Eligible Individual – A person who is eligible for Medicare and Oregon Health Plan (Medicaid) coverage.

Durable Medical Equipment (DME) – Certain medical equipment that's ordered by your doctor for medical reasons. Examples include walkers, wheelchairs, crutches, powered mattress systems, diabetic supplies, IV infusion pumps, speech generating devices, oxygen equipment, nebulizers, or hospital beds ordered by a provider for use in the home.

Emergency – A medical emergency is when you, or any other prudent layperson with an average knowledge of health and medicine, believe that you have medical symptoms that

Chapter 12 Definitions of important words

require immediate medical attention to prevent loss of life (and, if you're a pregnant woman, loss of an unborn child), loss of a limb, or loss of function of a limb, or loss of or serious impairment to a bodily function. The medical symptoms may be an illness, injury, severe pain, or a medical condition that's quickly getting worse.

Emergency Care – Covered services that are: 1) provided by a provider qualified to furnish emergency services; and 2) needed to treat, evaluate, or stabilize an emergency medical condition.

Evidence of Coverage (EOC) and Disclosure Information – This document, along with your enrollment form and any other attachments, riders, or other optional coverage selected, which explains your coverage, what we must do, your rights, and what you have to do as a member of our plan.

Exception – A type of coverage decision that, if approved, allows you to get a drug that isn't on our formulary (a formulary exception). You may also ask for an exception if our plan requires you to try another drug before getting the drug you're asking for, if our plan requires a prior authorization for a drug and you want us to waive the criteria restriction, or if our plan limits the quantity or dosage of the drug you're asking for (a formulary exception).

Extra Help – A Medicare program to help people with limited income and resources pay Medicare prescription drug program costs, such as premiums, deductibles, and coinsurance.

Generic Drug – A prescription drug that's approved by the FDA as having the same active ingredient(s) as the brand name drug. Generally, a generic drug works the same as a brand name drug and usually costs less.

Grievance – A type of complaint you make about our plan, providers, or pharmacies, including a complaint concerning the quality of your care. This doesn't involve coverage or payment disputes.

Home Health Aide – A person who provides services that don't need the skills of a licensed nurse or therapist, such as help with personal care (e.g., bathing, using the toilet, dressing, or carrying out the prescribed exercises).

Hospice – A benefit that provides special treatment for a member who has been medically certified as terminally ill, meaning having a life expectancy of 6 months or less. Our plan must provide you with a list of hospices in your geographic area. If you elect hospice and continue to pay premiums, you're still a member of our plan. You can still get all medically necessary services as well as the supplemental benefits we offer.

Chapter 12 Definitions of important words

Hospital Inpatient Stay – A hospital stay when you have been formally admitted to the hospital for skilled medical services. Even if you stay in the hospital overnight, you might still be considered an outpatient.

Income Related Monthly Adjustment Amount (IRMAA) – If your modified adjusted gross income as reported on your IRS tax return from 2 years ago is above a certain amount, you'll pay the standard premium amount and an Income Related Monthly Adjustment Amount, also known as IRMAA. IRMAA is an extra charge added to your premium. Less than 5% of people with Medicare are affected, so most people will not pay a higher premium.

Initial Coverage Stage – This is the stage before your out-of-pocket costs for the year have reached the out-of-pocket threshold amount.

Initial Enrollment Period – When you're first eligible for Medicare, the period of time when you can sign up for Medicare Part A and Part B. If you're eligible for Medicare when you turn 65, your Initial Enrollment Period is the 7-month period that begins 3 months before the month you turn 65, includes the month you turn 65, and ends 3 months after the month you turn 65.

Integrated D-SNP – A D-SNP that covers Medicare and most or all Medicaid services under a single health plan for certain groups of people eligible for both Medicare and Medicaid. These people are also known as full-benefit dually eligible people.

Institutional Special Needs Plan (I-SNP) – I-SNPs restrict enrollment to MA eligible people who live in the community but need the level of care a facility offers, or who live (or are expected to live) for at least 90 days straight in certain long-term facilities. I-SNPs include the following types of plans: Institutional-equivalent SNPs (IE-SNPs) Hybrid Institutional SNPs (HI-SNPs), and Facility-based Institutional SNPs (FI-SNPs).

Institutional-Equivalent Special Needs Plan (IE-SNP) – An IE-SNP restricts enrollment to MA eligible people who live in the community but need the level of care a facility offers.

Interchangeable Biosimilar – A biosimilar that may be used as a substitute for an original biosimilar product at the pharmacy without needing a new prescription because it meets additional requirements about the potential for automatic substitution. Automatic substitution at the pharmacy is subject to state law.

List of Covered Drugs (formulary or Drug List) – A list of prescription drugs covered by our plan.

Low Income Subsidy (LIS) – Go to Extra Help.

Chapter 12 Definitions of important words

Manufacturer Discount Program – A program under which drug manufacturers pay a portion of our plan's full cost for covered Part D brand name drugs and biologics. Discounts are based on agreements between the federal government and drug manufacturers.

Maximum Fair Price - The price Medicare negotiated for a selected drug.

Maximum Out-of-Pocket Amount – The most that you pay out-of-pocket during the calendar year for covered Part A and Part B services. Amounts you pay for your Medicare Part A and Part B premiums, and prescription drugs don't count toward the maximum out-of-pocket amount. If you're eligible for Medicare cost-sharing assistance under Oregon Health Plan (Medicaid), you're not responsible for paying any out-of-pocket costs toward the maximum out-of-pocket amount for covered Part A and Part B services. (**Note:** Because our members also get help from Oregon Health Plan (Medicaid), very few members ever reach this out-of-pocket maximum.)

Medicaid (or Medical Assistance) – A joint federal and state program that helps with medical costs for some people with low incomes and limited resources. State Medicaid programs vary, but most health care costs are covered if you qualify for both Medicare and Medicaid.

Medically Accepted Indication – A use of a drug that's either approved by the FDA or supported by certain references, such as the American Hospital Formulary Service Drug Information and the Micromedex DRUGDEX Information system.

Medically Necessary – Services, supplies, or drugs that are needed for the prevention, diagnosis, or treatment of your medical condition and meet accepted standards of medical practice.

Medicare – The federal health insurance program for people 65 years of age or older, some people under age 65 with certain disabilities, and people with End-Stage Renal Disease (generally those with permanent kidney failure who need dialysis or a kidney transplant).

Medicare Advantage Open Enrollment Period – The time period from January 1 to March 31 when members in a Medicare Advantage plan can cancel its plan enrollment and switch to another Medicare Advantage plan or get coverage through Original Medicare. If you choose to switch to Original Medicare during this period, you can also join a separate Medicare prescription drug plan at that time. The Medicare Advantage Open Enrollment Period is also available for a 3-month period after a person is first eligible for Medicare.

Medicare Advantage (MA) Plan – Sometimes called Medicare Part C. A plan offered by a private company that contracts with Medicare to provide you with all your Medicare Part A and Part B benefits. A Medicare Advantage Plan can be i) an HMO, ii) a PPO, iii) a Private Fee-for-Service (PFFS) plan, or iv) a Medicare Medical Savings Account (MSA) plan. Besides choosing from these types of plans, a Medicare Advantage HMO or PPO plan can also be a

Chapter 12 Definitions of important words

Special Needs Plan (SNP). In most cases, Medicare Advantage Plans also offer Medicare Part D (prescription drug coverage). These plans are called **Medicare Advantage Plans with Prescription Drug coverage**.

Medicare-Covered Services – Services covered by Medicare Part A and Part B. All Medicare health plans must cover all the services that are covered by Medicare Part A and B. The term Medicare-Covered Services doesn't include the extra benefits, such as vision, dental, or hearing, that a Medicare Advantage plan may offer.

Medicare Health Plan – A Medicare health plan is offered by a private company that contracts with Medicare to provide Part A and Part B benefits to people with Medicare who enroll in our plan. This term includes all Medicare Advantage Plans, Medicare Cost Plans, Special Needs Plans, Demonstration/Pilot Programs, and Programs of All-inclusive Care for the Elderly (PACE).

Medicare Drug coverage (Medicare Part D) – Insurance to help pay for outpatient prescription drugs, vaccines, biologicals, and some supplies not covered by Medicare Part A or Part B.

Medication Therapy Management (MTM) program - A Medicare Part D program for complex health needs provided to people who meet certain requirements or are in a Drug Management Program. MTM services usually include a discussion with a pharmacist or health care provider to review medications.

Medigap (Medicare Supplement Insurance) Policy – Medicare supplement insurance sold by private insurance companies to fill gaps in Original Medicare. Medigap policies only work with Original Medicare. (A Medicare Advantage plan isn't a Medigap policy.)

Member (member of our plan, or plan member) – A person with Medicare who is eligible to get covered services, who has enrolled in our plan, and whose enrollment has been confirmed by the Centers for Medicare & Medicaid Services (CMS).

Network Pharmacy – A pharmacy that contracts with our plan where members of our plan can get their prescription drug benefits. In most cases, your prescriptions are covered only if they're filled at one of our network pharmacies.

Network Provider – Provider is the general term for doctors, other health care professionals, hospitals, and other health care facilities that are licensed or certified by Medicare and by the state to provide health care services. **Network providers** have an agreement with our plan to accept our payment as payment in full, and in some cases to coordinate as well as provide covered services to members of our plan. Network providers are also called **plan providers**.

Chapter 12 Definitions of important words

Open Enrollment Period - The time period of October 15 until December 7 of each year when members can change their health or drug plans or switch to Original Medicare.

Oregon Health Plan (Medicaid) (or Medical Assistance) – A joint Federal and state program that helps with medical costs for some people with low incomes and limited resources. Oregon Health Plan (Medicaid) programs vary from state to state, but most health care costs are covered if you qualify for both Medicare and Oregon Health Plan (Medicaid).

Organization Determination – A decision our plan makes about whether items or services are covered or how much you have to pay for covered items or services. Organization determinations are called coverage decisions in this document.

Original Biological Product – A biological product that has been approved by the FDA and serves as the comparison for manufacturers making a biosimilar version. It is also called a reference product.

Original Medicare (Traditional Medicare or Fee-for-Service Medicare) – Original Medicare is offered by the government, and not a private health plan like Medicare Advantage plans and prescription drug plans. Under Original Medicare, Medicare services are covered by paying doctors, hospitals, and other health care providers payment amounts established by Congress. You can see any doctor, hospital, or other health care provider that accepts Medicare. You must pay the deductible. Medicare pays its share of the Medicare-approved amount, and you pay your share. Original Medicare has 2 parts: Part A (Hospital Insurance) and Part B (Medical Insurance) and is available everywhere in the United States.

Out-of-Network Pharmacy – A pharmacy that doesn't have a contract with our plan to coordinate or provide covered drugs to members of our plan. Most drugs you get from out-of-network pharmacies aren't covered by our plan unless certain conditions apply.

Out-of-Network Provider or Out-of-Network Facility – A provider or facility that doesn't have a contract with our plan to coordinate or provide covered services to members of our plan. Out-of-network providers are providers that aren't employed, owned, or operated by our plan.

Out-of-Pocket Costs – Go to the definition for cost sharing above. A member's cost-sharing requirement to pay for a portion of services or drugs received is also referred to as the member's out-of-pocket cost requirement.

Out-of-Pocket Threshold – The maximum amount you pay out of pocket for Part D drugs.

PACE plan – A PACE (Program of All-Inclusive Care for the Elderly) plan combines medical, social, and long-term services and supports (LTSS) for frail people to help people stay independent and living in their community (instead of moving to a nursing home) as long as

Chapter 12 Definitions of important words

possible. People enrolled in PACE plans get both their Medicare and Medicaid benefits through our plan.

Part C – Go to Medicare Advantage (MA) plan.

Part D – The voluntary Medicare Prescription Drug Benefit Program.

Part D Drugs – Drugs that can be covered under Part D. We may or may not offer all Part D drugs. Certain categories of drugs have been excluded from Part D coverage by Congress. Certain categories of Part D drugs must be covered by every plan.

Part D Late Enrollment Penalty – An amount added to your monthly plan premium for Medicare drug coverage if you go without creditable coverage (coverage that's expected to pay, on average, at least as much as standard Medicare drug coverage) for a continuous period of 63 days or more after you're first eligible to join a Part D plan. If you lose Extra Help, you may be subject to the late enrollment penalty if you go 63 days or more in a row without Part D or other creditable drug coverage.

Pharmacy Benefit Manager (PBM) – Typically a third-party administrator who is responsible for processing and paying prescription drug claims on behalf of a health plan.

Preferred Provider Organization (PPO) plan – A Preferred Provider Organization plan is a Medicare Advantage Plan that has a network of contracted providers that have agreed to treat plan members for a specified payment amount. A PPO plan must cover all plan benefits whether they're received from network or out-of-network providers. Member cost sharing will generally be higher when plan benefits are received from out-of-network providers. PPO plans have an annual limit on your out-of-pocket costs for services received from network (preferred) providers and a higher limit on your total combined out-of-pocket costs for services from both network (preferred) and out-of-network (non-preferred) providers.

Premium – The periodic payment to Medicare, an insurance company, or a health care plan for health or prescription drug coverage.

Preventive services - Health care to prevent illness or detect illness at an early stage, when treatment is likely to work best (for example, preventive services include Pap tests, flu shots, and screening mammograms).

Primary Care Provider (PCP) – The doctor or other provider you see first for most health problems. In many Medicare health plans, you must see your primary care provider before you see any other health care provider.

Prior Authorization – Approval in advance to get services or certain drugs based on specific criteria. Covered services that need prior authorization are marked in the Medical Benefits

Chapter 12 Definitions of important words

Chart in Chapter 4. Covered drugs that need prior authorization are marked in the formulary and our criteria are posted on our website.

Prosthetics and Orthotics – Medical devices including, but not limited to, arm, back, and neck braces; artificial limbs; artificial eyes; and devices needed to replace an internal body part or function, including ostomy supplies and enteral and parenteral nutrition therapy.

Quality Improvement Organization (QIO) – A group of practicing doctors and other health care experts paid by the federal government to check and improve the care given to Medicare patients.

Quantity Limits – A management tool that's designed to limit the use of a drug for quality, safety, or utilization reasons. Limits may be on the amount of the drug that we cover per prescription or for a defined period of time.

“Real-Time Benefit Tool” – A portal or computer application in which enrollees can look up complete, accurate, timely, clinically appropriate, enrollee-specific formulary and benefit information. This includes cost-sharing amounts, alternative formulary medications that may be used for the same health condition as a given drug, and coverage restrictions (Prior Authorization, Step Therapy, Quantity Limits) that apply to alternative medications.

Rehabilitation Services – These services include inpatient rehabilitation care, physical therapy (outpatient), speech and language therapy, and occupational therapy.

Selected Drug – A drug covered under Part D for which Medicare negotiated a Maximum Fair Price.

Service Area – A geographic area where you must live to join a particular health plan. For plans that limit which doctors and hospitals you may use, it's also generally the area where you can get routine (non-emergency) services. Our plan must disenroll you if you permanently move out of our plan's service area.

Skilled Nursing Facility (SNF) Care – Skilled nursing care and rehabilitation services provided on a continuous, daily basis, in a skilled nursing facility. Examples of care include physical therapy or intravenous injections that can only be given by a registered nurse or doctor.

Special Needs Plan – A special type of Medicare Advantage plan that provides more focused health care for specific groups of people, such as those who have both Medicare and Oregon Health Plan (Medicaid), who live in a nursing home, or who have certain chronic medical conditions.

Chapter 12 Definitions of important words

Step Therapy – A utilization tool that requires you to first try another drug to treat your medical condition before we'll cover the drug your physician may have initially prescribed.

Supplemental Security Income (SSI) – A monthly benefit paid by Social Security to people with limited income and resources who are disabled, blind, or age 65 and older. SSI benefits aren't the same as Social Security benefits.

Urgently Needed Services – A plan-covered service requiring immediate medical attention that's not an emergency is an urgently needed service if either you're temporarily outside our plan's service area, or it's unreasonable given your time, place, and circumstances to get this service from network providers. Examples of urgently needed services are unforeseen medical illnesses and injuries, or unexpected flare-ups of existing conditions. Medically necessary routine provider visits (like annual checkups) aren't considered urgently needed even if you're outside our plan's service area or our plan network is temporarily unavailable.

Providence Medicare Dual Plus (HMO D-SNP) Customer Service

Method	Customer Service – Contact Information
CALL	503-574-8000 or 1-800-603-2340 Calls to this number are free. From April 1st to September 30th, the hours are Monday through Friday from 8 a.m. to 8 p.m. (Pacific Time). From October 1st to March 31st, the hours are Sunday through Saturday (7 days a week) from 8 a.m. to 8 p.m. (Pacific Time). Customer Service also has free language interpreter services available for non-English speakers.
TTY	711 Calls to this number are free. From April 1st to September 30th, the hours are Monday through Friday from 8 a.m. to 8 p.m. (Pacific Time). From October 1st to March 31st, the hours are Sunday through Saturday (7 days a week) from 8 a.m. to 8 p.m. (Pacific Time).
FAX	503-574-8608
WRITE	Providence Health Assurance Attn: Customer Service Team P.O. Box 5548 Portland, OR 97228-5548
WEBSITE	www.ProvidenceHealthAssurance.com

Senior Health Insurance Benefits Assistance (Oregon SHIP)

Senior Health Insurance Benefits Assistance (SHIBA) is a state program that gets money from the Federal government to give free local health insurance counseling to people with Medicare.

Method	Contact Information
CALL	1-800-722-4134
TTY	711
WRITE	SHIBA 500 Summer St. NE, E-12 Salem, OR 97301 Email: shiba.oregon@odhsoha.oregon.gov
WEBSITE	www.shiba.oregon.gov

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or suggestions for improving this form, write to: CMS, 7500 Security Boulevard, Attn: PRA Reports Clearance Officer, Mail Stop C4-26-05, Baltimore, Maryland 21244-1850.

Notice of Availability of Language Assistance Services and Auxiliary Aids and Services

English

ATTENTION: If you speak English, free language assistance services are available to you. Appropriate auxiliary aids and services to provide information in accessible formats are also available free of charge. Call 1-800-603-2340 (TTY: 711) or speak to your provider."

Español (Spanish)

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. También están disponibles de forma gratuita ayuda y servicios auxiliares apropiados para proporcionar información en formatos accesibles. Llame al 1-800-603-2340 (TTY: 711) o hable con su proveedor.

Việt (Vietnamese)

LƯU Ý: Nếu bạn nói tiếng Việt, chúng tôi cung cấp miễn phí các dịch vụ hỗ trợ ngôn ngữ. Các hỗ trợ dịch vụ phù hợp để cung cấp thông tin theo các định dạng dễ tiếp cận cũng được cung cấp miễn phí. Vui lòng gọi theo số 1-800-603-2340 (Người khuyết tật: 711) hoặc trao đổi với người cung cấp dịch vụ của bạn."

中文 (Chinese-Simplified)

注意：如果您说中文，我们将免费为您提供语言协助服务。我们还免费提供适当的辅助工具和服务，以无障碍格式提供信息。致电 1-800-603-2340（文本电话：711）或咨询您的服务提供商。"

中文 (Chinese- Traditional)

注意：如果您說中文，我們可以為您提供免費語言協助服務。也可以免費提供適當的輔助工具與服務，以無障礙格式提供資訊。請致電 1-800-603-2340（TTY：711）或與您的提供者討論。」

РУССКИЙ (Russian)

ВНИМАНИЕ: Если вы говорите на русский, вам доступны бесплатные услуги языковой поддержки. Соответствующие вспомогательные средства и услуги по предоставлению информации в доступных форматах также предоставляются бесплатно. Позвоните по телефону 1-800-603-2340 (TTY: 711) или обратитесь к своему поставщику услуг.

한국어 (Korean)

주의: 한국어를 사용하시는 경우 무료 언어 지원 서비스를 이용하실 수 있습니다. 이용 가능한 형식으로 정보를 제공하는 적절한 보조 기구 및 서비스도 무료로 제공됩니다. 1-800-603-2340 (TTY: 711)번으로 전화하거나 서비스 제공업체에 문의하십시오."

українська мова (Ukrainian)

УВАГА: Якщо ви розмовляєте українською мовою, вам доступні безкоштовні мовні послуги. Відповідні допоміжні засоби та послуги для надання інформації у доступних форматах також доступні безкоштовно. Зателефонуйте за номером 1-800-603-2340 (TTY: 711) або зверніться до свого постачальника».

日本語 (Japanese)

注: 日本語を話される場合、無料の言語支援サービスをご利用いただけます。アクセシブル(誰もが利用できるよう配慮された)な形式で情報を提供するための適切な補助支援やサービスも無料でご利用いただけます。1-800-603-2340 (TTY: 711)までお電話ください。または、ご利用の事業者にご相談ください。

العربية (Arabic)

تنبيه: إذا كنت تتحدث اللغة العربية، فستتوفر لك خدمات المساعدة اللغوية المجانية. كما تتوفر وسائل مساعدة وخدمات مناسبة لتوفير المعلومات بتنسيقات يمكن الوصول إليها مجانًا. اتصل على الرقم 1-800-603-2340 (711) أو تحدث إلى مقدم الخدمة".

ភាសាខ្មែរ (Khmer)

សូមយកចិត្តទុកដាក់: ប្រសិនបើអ្នកនិយាយ ភាសាខ្មែរ សេវាកម្មជំនួយភាសា ឥតគិតថ្លៃគឺមានសម្រាប់អ្នក។ ជំនួយ និងសេវាកម្មដែលជាការជួយដ៏សមរម្យ ក្នុងការផ្តល់ព័ត៌មានតាមទម្រង់ដែលអាចចូលប្រើប្រាស់បាន ក៏អាចរកបាន ដោយឥតគិតថ្លៃផងដែរ។ ហៅទូរសព្ទទៅ 1-800-603-2340 (TTY: 711) ឬនិយាយទៅកាន់អ្នកផ្តល់សេវារបស់អ្នក។"

Deutsch (German)

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlose Sprachassistentendienste zur Verfügung. Entsprechende Hilfsmittel und Dienste zur Bereitstellung von Informationen in barrierefreien Formaten stehen ebenfalls kostenlos zur Verfügung. Rufen Sie 1-800-603-2340 (TTY: 711) an oder sprechen Sie mit Ihrem Provider."

فارسي (Farsi)

توجه: اگر فارسي صحبت می کنید، خدمات پشتیبانی زبانی رایگان در دسترس شما قرار دارد. همچنین کمک ها و خدمات پشتیبانی مناسب برای ارائه اطلاعات در قالب های قابل دسترس، به طور رایگان موجود می باشند. با شماره 1-800-603-2340 (تله تایپ: 711) تماس بگیرید یا با ارائه دهنده خود صحبت کنید.

Français (French)

ATTENTION : Si vous parlez Français, des services d'assistance linguistique gratuits sont à votre disposition. Des aides et services auxiliaires appropriés pour fournir des informations dans des formats accessibles sont également disponibles gratuitement. Appelez le 1-800-603-2340 (TTY : 711) ou parlez à votre fournisseur. »

ไทย (Thai)

หมายเหตุ: หากคุณใช้ภาษา ไทย เรามีบริการความช่วยเหลือด้านภาษาฟรี นอกจากนี้ยังมีเครื่องมือและบริการช่วยเหลือเพื่อให้ข้อมูลในรูปแบบที่เข้าถึงได้โดยไม่เสียค่าใช้จ่าย โปรดโทรติดต่อ 1-800-603-2340 (TTY: 711) หรือปรึกษาผู้ให้บริการของคุณ”

Tagalog

PAALALA: Kung nagsasalita ka ng Tagalog, magagamit mo ang mga libreng serbisyong tulong sa wika. Magagamit din nang libre ang mga naaangkop na auxiliary na tulong at serbisyo upang magbigay ng impormasyon sa mga naa-access na format. Tumawag sa 1-800-603-2340 (TTY: 711) o makipag-usap sa iyong provider.”

አማርኛ (Amharic)

ማሳሰቢያ፡- አማርኛ የሚናገሩ ከሆኑ፣ የቋንቋ ድጋፍ አገልግሎት በነፃ ይቀርብልዎታል። መረጃን በተደራሽ ቅርጸት ለማቅረብ ተገቢ የሆኑ ተጨማሪ እገዛዎች እና አገልግሎቶች እንዲሁ በነፃ ይገኛሉ። በስልክ ቁጥር 1-800-603-2340 (TTY: 711) ይደውሉ ወይም አገልግሎት አቅራቢዎን ያናግሩ።”

ਪੰਜਾਬੀ (Punjabi)

ਧਿਆਨ ਦਿਓ: ਜੇ ਤੁਸੀਂ ਪੰਜਾਬੀ ਬੋਲਦੇ ਹੋ, ਤਾਂ ਤੁਹਾਡੇ ਲਈ ਮੁਫਤ ਭਾਸ਼ਾ ਸਹਾਇਤਾ ਸੇਵਾਵਾਂ ਉਪਲਬਧ ਹੁੰਦੀਆਂ ਹਨ। ਪਹੁੰਚਯੋਗ ਫਾਰਮੈਟਾਂ ਵਿੱਚ ਜਾਣਕਾਰੀ ਪ੍ਰਦਾਨ ਕਰਨ ਲਈ ਢੁਕਵੇਂ ਪੂਰਕ ਸਹਾਇਕ ਸਾਧਨ ਅਤੇ ਸੇਵਾਵਾਂ ਵੀ ਮੁਫਤ ਵਿੱਚ ਉਪਲਬਧ ਹੁੰਦੀਆਂ ਹਨ। 1-800-603-2340 (TTY: 711) 'ਤੇ ਕਾਲ ਕਰੋ ਜਾਂ ਆਪਣੇ ਪ੍ਰਦਾਤਾ ਨਾਲ ਗੱਲ ਕਰੋ।”

ລາວ (Laos)

ເຊີນຊາບ: ຖ້າທ່ານເວົ້າພາສາ ລາວ, ຈະມີບໍລິການຊ່ວຍດ້ານພາສາແບບບໍ່ເສຍຄ່າໃຫ້ທ່ານ. ມີເຄື່ອງຊ່ວຍ ແລະ ການບໍລິການແບບບໍ່ເສຍຄ່າທີ່ເໝາະສົມເພື່ອໃຫ້ຂໍ້ມູນໃນຮູບແບບທີ່ສາມາດເຂົ້າເຖິງໄດ້. ໂທຫາເບີ 1-800-603-2340 (TTY: 711) ຫຼື ລົມກັບຜູ້ໃຫ້ບໍລິການຂອງທ່ານ."

ՀԱՅԵՐԵՆ (Armenian)

ՈՒՇԱԴՐՈՒԹՅՈՒՆ. Եթե խոսում եք հայերեն, Դուք կարող եք օգտվել լեզվակալան անվճար ծառայություններից: Մատչելի ձևաչափերով տեղեկատվություն տրամադրվում է համապատասխան օժանդակ միջոցներով ծառայությունները նույնպես տրամադրվում են անվճար: Չանգահարեք 1-800-603-2340 հեռախոսահամարով (TTY` 711) կամ խոսեք Ձեր մատակարարի հետ:

Lus Hmoob (Hmong)

LUS CEEV TSHWJ XEEB: Yog hais tias koj hais Lus Hmoob muaj cov kev pab cuam txhais lus pub dawb rau koj. Cov kev pab thiab cov kev pab cuam ntxiv uas tsim nyog txhawm rau muab lus qhia paub ua cov hom ntaub ntawv uas tuaj yeem nkag cuag tau rau los kuj yeej tseem muaj pab dawb tsis xam tus nqi dab tsi ib yam nkaus. Hu rau 1-800-603-2340 (TTY: 711) los sis sib tham nrog koj tus kws muab kev saib xyuas kho mob."

हिंदी (Hindi)

ध्यान दें: यदि आप हिंदी बोलते हैं, तो आपके लिए निःशुल्क भाषा सहायता सेवाएं उपलब्ध होती हैं। सुलभ प्रारूपों में जानकारी प्रदान करने के लिए उपयुक्त सहायक साधन और सेवाएँ भी निःशुल्क उपलब्ध हैं। 1-800-603-2340 (TTY: 711) पर कॉल करें या अपने प्रदाता से बात करें।"