Your Benefit Summary

Providence Oregon Standard Bronze Plan - Signature Network



Providence Signature Network	
Individual Calendar Year Deductible (family amount is 2 times individual)	\$8,800
Individual Out-of-Pocket Maximum (family amount is 2 times individual) This amount includes the Deductible.	\$8,800

Important information about your plan

This summary provides only highlights of your benefits. To view your plan details, register and login at <u>myProvidence.com</u>.

- This plan provides benefits only for Medically Necessary Services when provided by In-Network physicians or providers. The only exception is Emergency Care and Urgent Care Services.
- Some Services and penalties do not apply to the Out-of-Pocket Maximum.
- Prior Authorization is required for some Services.
- View a list of In-Network Providers and pharmacies at ProvidenceHealthPlan.com/findaprovider.
- Limitations and exclusions apply. See your contract for details.
- Not Medicare Part D creditable.
- Find important information about how to use your plan at **<u>ProvidenceHealthPlan.com/usingyourplan</u>**.
- Learn more about PHP's covered preventive services rated "A" or "B" by the U.S. Preventive Services Task Force at <u>ProvidenceHealthPlan.com/PreventiveCare</u>.

Below is the amount you pay after you have met your calendar year Deductible

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✓ Deductible does not apply	In-Network Only
On-Demand Visits	
Providence ExpressCare Virtual	Covered in full 🗸
Providence ExpressCare Retail Health Clinic visits	Covered in full 🗸
Preventive Care	
Periodic health exams and well-baby care	Covered in full 🗸
Routine immunizations and shots	Covered in full 🗸
Colonoscopy (preventive, age 45+)	Covered in full 🗸
Gynecological exams (1 per calendar year), breast exams and Pap tests	Covered in full 🗸
Mammograms	Covered in full 🗸
Nutritional Counseling	Covered in full
Tobacco cessation, counseling/classes and deterrent medications	Covered in full 🗸
Physician/Professional Services	
Office visits to a Primary Care Provider	
In-Person	\$50 🗸
Virtually	\$50 🗸
Office visits to an Alternative Care Provider (In-Person or Virtually) (such as naturopath) (Chiropractic manipulation and acupuncture services are covered separately from the office visit at the levels listed for those benefits.)	\$100 🗸
Office visits to specialists (In-Person or Virtually)	\$100 🗸
Inpatient Hospital visits	Covered in full
Allergy shots and allergy serums, injectable and infused medications	Covered in full
Surgery and anesthesia in an office or facility	Covered in full

Your Benefit Summary

Below is the amount you pay after you have met your calendar year Deductible

	have met your calendar year Deductible
✓ Deductible does not apply	In-Network Only
Diagnostic Services	
X-ray, lab and testing services (includes ultrasound)	Covered in full
High-tech imaging Services (such as PET, CT or MRI)	Covered in full
Sleep studies	Covered in full
Emergency Care and Urgent Care Services	
Emergency Services (Deductible applies) (For Emergency Medical Conditions only. If admitted to the Hospital, all Services subject to inpatient benefits.)	
In-Network	Covered in full
Out-of-Network	Covered in full
Emergency medical transportation (air and/or ground) (Emergency transportation is covered regardless of whether or not the provider is an In-Network Provider.)	
In-Network	Covered in full
Out-of-Network	Covered in full
Urgent Care visits (for non-life threatening illness/minor injury)	
In-Network	\$100 🗸
Out-of-Network	Covered in full
Hospital Services	
Inpatient/Observation care	Covered in full
Skilled Nursing Facility (limited to 60 days per calendar year)	Covered in full
Inpatient rehabilitative care (Limited to 30 days per calendar year; 60 days for head/spinal injuries. Limits do not apply to Mental Health Services.)	Covered in full
Inpatient habilitative care (Limited to 30 days per calendar year; 60 days for head/spinal injuries. Limits do not apply to Mental Health Services.)	Covered in full
Outpatient Services	
Outpatient surgery at an Ambulatory Surgery Center	Covered in full
Outpatient surgery at a Hospital-based facility	Covered in full
Colonoscopy (non-preventive) at an Ambulatory Surgery Center	Covered in full
Colonoscopy (non-preventive) at a Hospital-based facility	Covered in full
Outpatient dialysis, infusion, chemotherapy and radiation therapy	Covered in full
Outpatient rehabilitative services: physical, occupational or speech therapy (Limited to 30 visits per calendar year; up to 30 additional visits per specified	\$50 🗸
condition. Limits do not apply to Mental Health Services.)	
Outpatient habilitative services: physical, occupational or speech therapy	\$50 🗸
(Limited to 30 visits per calendar year; up to 30 additional visits per specified condition. Limits do not apply to Mental Health Services.)	
Vision Therapy (convergence insufficiency) (Limited to 12 visits per lifetime)	Covered in full
Maternity Services	
Prenatal visits	Covered in full 🗸
Delivery and postnatal physician/provider visits	Covered in full
Inpatient Hospital/facility services	Covered in full
Routine newborn nursery care	Covered in full
Medical Equipment, Supplies and Devices	
Medical equipment, appliances, prosthetics/orthotics and supplies	Covered in full
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Oregon - Individual	56707OR1410003-0

Your Benefit Summary

Below is the amount you pay after you have met your calendar year Deductible

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✓ Deductible does not apply	In-Network Only
Medical Equipment, Supplies and Devices	
Diabetes supplies (such as lancets, test strips, needles and glucose monitors)	Covered in full \checkmark
Hearing aids (Limited to one aid per ear every 3 calendar years)	Covered in full
Removable custom shoe orthotics	Covered in full
Mental Health and Substance Use Disorder (Services, except outpatient provider office visits, may require prior authorization.)	
Inpatient and residential services	Covered in full
Day treatment, intensive outpatient, and partial hospitalization services	Covered in full
Outpatient provider visits	
In-Person	\$50 🖌
Virtually	\$50 🗸
Applied Behavior Analysis	Covered in full
Home Health and Hospice	
Home health care	Covered in full
Hospice care	Covered in full
Respite care (limited to Members receiving Hospice care; limited to 5 consecutive days, up to 30 days per lifetime)	Covered in full
Biofeedback	
Biofeedback for specified diagnosis (limited to 10 visits per lifetime)	Covered in full
Chiropractic Manipulation and Acupuncture (Massage therapy not covered)	
Chiropractic manipulations (limited to 20 visits per calendar year)	\$50 🖌
Acupuncture (limited to 12 visits per calendar year)	\$50 🖌

Prescription Drugs

Formulary N

✓ Deductible does not apply	Below is the amount you pay after you have met your calendar year Deductible
Up to a 30-Day Supply (From a participating retail, preferred or specialty pharmacy)	
Tier 1	\$20 🗸
Tier 2	\$20 🗸
Tier 3	Covered in full
Tier 4	Covered in full
Tier 5	Covered in full
Tier 6	Covered in full
90-Day Supply (From a participating preferred retail pharmacy)	
Tier 1	\$60 🗸
Tier 2	\$60 🖌
Tier 3	Covered in full
Tier 4	Covered in full
90-Day Supply (From a participating mail order pharmacy)	
Tier 1	\$40 🗸
Tier 2	\$40 🗸
Tier 3	Covered in full
Tier 4	Covered in full

Pharmacies

Your prescription drug benefit requires that you fill your prescriptions at a Participating Pharmacy. There are four types of participating pharmacies:

- Retail: a Participating Pharmacy that allows up to a 30-day supply as outlined in your handbook of short-term and maintenance prescriptions.
- Preferred Retail: a Participating Pharmacy that allows up to a 90-day supply of maintenance prescriptions and access to up to a 30-day supply of short-term prescriptions.
- Specialty: a Participating Pharmacy that allows up to a 30-day supply of specialty and self-administered chemotherapy prescriptions. These prescriptions require special delivery, handling, administration and monitoring by your pharmacist.
- Mail Order: a Participating Pharmacy that allows up to a 90-day supply of maintenance prescriptions and specializes in direct delivery to your home. To order prescriptions by mail, your provider may call in the prescription or you can mail your prescription along with your Member identification number to one of our participating mail-order pharmacies.
- View a list of our participating pharmacies **ProvidenceHealthPlan.com/planpharmacies**.

Using your prescription drug benefit

- To find if a drug is covered under your plan check online at <u>ProvidenceHealthPlan.com/pharmacy</u>. Note that your plan's formulary includes ACA Preventive drugs which are medications that are covered at no cost when received from participating pharmacies as required by the Patient Protection and Affordable Care Act.
- FDA-approved women's contraceptives, as listed on your formulary, are covered at no cost for up to a 12month supply, after a 3-month initial fill, at any Participating Pharmacy.
- You may purchase up to a 90-day supply of maintenance drugs using a participating mail-service or preferred retail pharmacy. Not all drugs are considered maintenance prescriptions, including compounded drugs and drugs obtained from specialty pharmacies.
- If you or your provider request or prescribe a brand-name drug when a generic is available, regardless of reason, you will be responsible for the cost difference between the brand-name and generic drug in addition to the Tier 4 or Tier 6 copayment or coinsurance indicated on the benefit summary. Your total cost, however, will never exceed the actual cost of the drug.

Prescription Drugs

Formulary N

- Approved non-formulary non-specialty drugs will be covered at the Tier 4 cost sharing tier. Approved non-formulary specialty drugs will be covered at the Tier 6 cost sharing tier.
- Compounded medications are prescriptions that are custom prepared by your pharmacist. They must contain at least one FDA-approved drug to be eligible for coverage under your plan. Compounded medications are covered for up to a 30-day supply at a 0% coinsurance after the deductible. Claims are subject to clinical review for medical necessity and are not guaranteed for payment.
- Specialty drugs, which can be found in Tier 5 and Tier 6, are prescriptions that require special delivery, handling, administration and monitoring by your pharmacist.
- Most specialty and chemotherapy drugs are only available at our designated specialty pharmacies.
- Certain drugs, devices, and supplies obtained from your pharmacy may apply towards your medical benefit.
- Diabetes supplies may be obtained at your participating pharmacy, and are subject to your medical supplies and devices' benefit limitations, and Coinsurance. See your Member Contract for details.
- Insulin cost share capped at \$80 for a 30-day supply, \$240 for a 90-day supply. Deductible does not apply.
- Some prescription drugs require Prior Authorization for medical necessity, place of therapy, length of therapy, step therapy, or number of doses. If a drug to treat your covered medical condition is not in the formulary, please contact us.
- Self-administered chemotherapy is covered under the Prescription Drug Benefit unless the Outpatient Chemotherapy coverage results in a lower out-of-pocket expense to you. Please refer to your Contract for more information.
- Self-injectable medications are only covered when they are being self-administered and labeled by the FDA for self-administration; in some cases, a Prior Authorization may be required for the drug. Documentation of self-administration may also be required. Drugs labeled for self-administration that are being administered by a provider will fall to the Member's medical benefit.
- Be sure you present your current Providence Health Plan Member identification card.

VSP Advantage Network (For Customer Service call 800-877-7195)	Below is the amount you pay after you have met your calendar year Deductible
✓ Deductible does not apply	In-Network Only
Pediatric Vision Services (under age 19)	
Routine eye exam (limited to 1 exam per calendar year)	Covered in full 🗸
Lenses (limited to 1 pair per calendar year)	
Single vision	Covered in full 🗸
Lined bifocal	Covered in full 🗸
Lined trifocal	Covered in full 🗸
Lenticular lenses	Covered in full 🗸
Frames (limited to 1 pair per calendar year; select from VSP's Otis & Piper ™ Eyewear Collection)	Covered in full \checkmark
Contact lens services and materials in place of glasses	Covered in full 🗸
Standard: 1 pair per calendar year (1 contact lens per eye)	
Monthly: 6 month supply per calendar year (6 lenses per eye)	
Bi-weekly: 3 month supply per calendar year (6 lenses per eye)	
Dailies: 3 month supply per calendar year (90 lenses per eye)	

Explanation of terms and phrases

ACA Preventive Drugs - ACA Preventive drugs are medications, including contraceptives, which are listed in our formulary, and are covered at no cost when received from Participating Pharmacies as required by the Patient Protection and Affordable Care Act (ACA). Over the counter preventive drugs received from Participating Pharmacies cannot be covered in full without a written prescription from your Qualified Practitioner.

Brand-name drugs - Brand-name drugs are protected by U.S. patent laws and only a single manufacturer has the rights to produce and sell them.

Coinsurance - The percentage of the cost that you may need to pay for Covered Service.

Copay - The fixed dollar amount you pay to a healthcare provider for a Covered Service at the time care is provided.

Deductible - The dollar amount that an individual or family pays for Covered Service before the plan pays any benefits within a Calendar Year. The following expenses do not apply to the individual or family deductible: Services not covered by the plan; fees that exceed Usual, Customary and Reasonable (UCR) charges as established by the plan; penalties incurred if you do not follow the plan's Prior Authorization requirements; copays and Coinsurance for Services that do not apply to the deductible.

NOTE: No Member will ever pay more than an Individual Deductible before the Plan begins paying for covered services for that Member.

Formulary - A formulary is a list of FDA-approved prescription drugs developed by physicians and pharmacists, designed to offer effective drug treatment choices for covered medical conditions. The Providence Health Plan formulary includes both brandname and generic medications.

Generic drugs - Generic drugs have the same activeingredient formula as the brand-name drug. Generic drugs are usually available after the brand-name patent expires.

In-Network - Refers to Services received from an extensive network of highly qualified physicians, health care providers and facilities contracted by Providence Health Plan for your specific plan. Generally, your Out-of-Pocket costs will be less when you receive Covered Service from In-Network Providers.

Limitations and Exclusions - All Covered Services are subject to the limitations and exclusions specified for your plan. Refer to your Member handbook or contract for a complete list.

Maintenance Prescriptions - Medications that are typically prescribed to treat long-term or chronic conditions, such as diabetes, high blood pressure and high cholesterol. Maintenance drugs are those that you have received under our plan for at least 30 days and that you anticipate continuing to use in the future. Compounded and specialty medications are excluded from this definition; and are limited to a 30 day supply.

Medicare Part D creditable

<u>Medicare Part D creditable</u> - Coverage is creditable when the plan payout for prescription drugs is, on average for all plan participants, as much as the average payout under the standard Medicare Part D benefit.

<u>Not Medicare Part D creditable</u> - Coverage is noncreditable when the plan payout for prescription drugs is, on average for all plan participants, less than what standard Medicare Part D prescription drug coverage would be expected to pay.

Non-Formulary Medication - An FDA-approved drug, generic or brand-name, that is not included in the list of approved formulary medications. These prescriptions require a Prior Authorization by the health plan and, if approved, will pay at either the highest non-specialty or specialty cost sharing tier.

Office Visits Virtually - Scheduled visits with the member's PCP or Specialist using a teleconferencing application such as Zoom.

Out-of-Pocket Maximum - The limit on the dollar amount that an individual or family pays for specified Covered Services in a Calendar Year. Some Services and expenses do not apply to the individual or family Out-of-Pocket Maximum. See your Member handbook or contract for details.

NOTE: Once any Member meets the Individual Out-of-Pocket Maximum, the Plan will begin to pay 100% for Covered Services for that Member.

Primary Care Provider - A qualified physician or practitioner that can provide most of your care and, when necessary, will coordinate care with other providers in a convenient and cost-effective manner.

Prescription drug Prior Authorization - The process used to request an exception to the Providence Health Plan drug formulary. A Prior Authorization can be requested by the prescriber, member or pharmacy. Some drugs require Prior Authorization for Medical Necessity, place of therapy, length of therapy, step therapy or number of doses. Visit us online for additional information at <u>ProvidenceHealthPlan.com</u>.

Prescription drug Tier - The prescription drug tier number correlates to a drug's placement on the formulary. Tier 1 and Tier 2 consists of mainly generic drugs while Tier 3 and Tier 4 contains both generic and brand-name drugs. Specialty drugs are listed in Tier 5 and Tier 6.

Prior Authorization - Some Services must be preapproved. In-Network, your provider will request Prior Authorization. Out-of-Network, you are responsible for obtaining Prior Authorization.

Explanation of terms and phrases		
 Providence ExpressCare Virtual - Services for common conditions (such as sore throat, cough, or fever, etc.) using Providence's web-bases platform through a tablet, smartphone, or computer for same day appointments. Providence ExpressCare Retail Health Clinic - A walk-in health clinic, other than an office, Urgent Care facility, pharmacy or independent clinic that is located within a retail operation. A Retail Health Clinic provides same-day visits for basic illness and injuries or preventive services. 	Specialty Drugs - Specialty drugs are injectable, infused, oral, topical, or inhaled therapies that often require specialized delivery, handling, monitoring and administration and are generally high cost. These drugs must be purchased through our designated specialty pharmacy. Due to the nature of these medications, specialty drugs are limited to a 30-day supply. Your benefits include specialty drugs listed on our formulary in Tier 5 and Tier 6. Generally your out- of-pocket costs will be less for Tier 5 drugs.	
Contact us		
Portland Metro Area: 503-574-7500 All other areas: 800-878-4445 TTY:711	Providence Health Plan.com/contactus	

Non-Discrimination Statement

Providence Health Plan and Providence Health Assurance comply with applicable Federal civil rights laws and do not discriminate on the basis of race, color, national origin, age, disability, or sex. Providence Health Plan and Providence Health Assurance do not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Providence Health Plan and Providence Health Assurance:

- Provide free aids and services to people with disabilities to communicate effectively with us, such as:
 - Qualified sign language interpreters
 - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provide free language services to people whose primary language is not English, such as:
 - Qualified interpreters
 - Written information in other languages

If you are a Medicare member who needs these services, call 503-574-8000 or 1-800-603-2340. All other members can call 503-574-7500 or 1-800-878-4445. Hearing impaired members may call our TTY line at 711.

If you believe that Providence Health Plan or Providence Health Assurance has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with our Non-discrimination Coordinator by mail:

Providence Health Plan and Providence Health Assurance Attn: Non-discrimination Coordinator PO Box 4158 Portland, OR 97208-4158

If you need help filing a grievance, and you are a Medicare member call 503-574-8000 or 1-800-603-2340. All other members can call 503-574-7500 or 1-800-878-4445. (TTY line at 711) for assistance. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <u>https://ocrportal.hhs.gov/ocr/portal/lobby.jsf</u>, or by mail or phone at:

U.S. Department of Health and Human Services 200 Independence Avenue SW - Room 509F HHH Building Washington, DC 20201 1-800-368-1019, 1-800-537-7697 (TTY)

Complaint forms are available at http://hhs.gov/ocr/office/file/index.html.

Language Access Services

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call 1-800-878-4445 (TTY: 711).

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-878-4445 (TTY: 711).

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-800-878-4445 (TTY: 711).

注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電 1-800-878-4445 (TTY: 711).

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-800-878-4445 (телетайп: 711).

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-800-878-4445 (TTY: 711) 번으로 전화해 주십시오

УВАГА! Якщо ви розмовляете українською мовою, ви можете звернутися до безкоштовної служби мовної підтримки. Телефонуйте за номером 1-800-878-4445 (телетайп: 711).

注意事項:日本語を話される場合、無料の言語支援をご利用いただけます。1-800-878-4445 (TTY: 711)まで、お電話にてご連絡ください。

ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتو افر لك بالمجان. اتصل برقم 4445-878-800-1(رقم هاتف الصم و البكم: (TTY: 711).

ATENȚIE: Dacă vorbiți limba română, vă stau la dispoziție servicii de asistență lingvistică, gratuit. Sunați la 1-800-878-4445 (TTY: 711).

ប្រយ័ត្ន៖ បើសិនជាអ្នកនិយាយ ភាសាខ្មែរ, សេវាជំនួយផ្នែកភាសា ដោយមិនគិតឈ្នួល គឺអាចមានសំរាប់បំរើអ្នក។ ចូរ ទូរស័ព្ទ 1-800-878-4445 (TTY: 711)។

XIYYEEFFANNAA: Afaan dubbattu Oroomiffa, tajaajila gargaarsa afaanii, kanfaltiidhaan ala, ni argama. Bilbilaa 1-800-878-4445 (TTY: 711).

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-800-878-4445 (TTY: 711).

بگیرد. تسماد رای رایگان د صورت زدادی د سه دِلات کا دید، می گا ف دَگو فار سی زدان د هاگر : دوجه ف می د ا تند د ا (TTY: 711) 844-58-800-1 د ماس

ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-800-878-4445 (ATS : 711).

เรียน: ถ้าคุณพูดภาษาไทยคุณสามารถใช้บริการช่วยเหลือทางภาษาได้พรี โทร 1-800-878-4445 (TTY: 711)