



# 2022 Oregon Individual & Family Open Enrollment Change Form

This form is for **Open Enrollment (November 1, 2021 – January 15, 2022)** changes only.

Don't use this form if you purchased your plan through the **Federal Health Insurance Marketplace**—you'll need to contact the Marketplace at [HealthCare.gov](https://www.healthcare.gov) or by calling 800-318-2596.

## Things to Keep in Mind

### This form can be used to:

- + Update Policyholder information
- + Change your medical plan
- + Add or cancel your Providence Progressive Dental Plan
- + Add, remove or update dependent information
- + Cancel your health plan coverage

### Submission options:

- + Submit pages 1–5 to request additional renewal changes.
- + Submit only page 1 (the next page) to cancel your health plan coverage effective December 31, 2021.

### Changes and effective dates:

Any change requests we receive **November 1 – December 31, 2021** will take effect January 1, 2022. Any change requests we receive **January 1 – 15, 2022** will take effect February 1, 2022. Change forms we receive after January 15, 2022 won't be processed.

### Remember to double-check your answers after you've finished filling everything out.

If this form is incomplete for any reason—if it's missing a signature, date of signature, date, or any other required information—it could delay or invalidate your requested change(s).



**Need some extra help?** We know health insurance can be confusing, so we put together resources for you to learn about different plans, compare coverage options and check rates at [ProvidenceHealthPlan.com](https://www.ProvidenceHealthPlan.com). If you need help completing this form, contact your Insurance Agent/Producer or the Providence Health Plan Membership Accounting team at 503-574-5791 or 1-888-816-1300 (TTY: 711), 8 a.m. to 5 p.m. (Pacific Time) Monday through Friday.



# Policyholder Information

**This section needs to be completed for all plan change and cancellation requests.**

If this information is incomplete, your Change Form may be returned causing a delay.

\_\_\_\_\_  
LAST

\_\_\_\_\_  
FIRST

\_\_\_\_\_  
MI

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
BIRTHDATE (MM/DD/YYYY)

\_\_\_\_\_  
SUBSCRIBER ID NUMBER

\_\_\_\_\_  
SOCIAL SECURITY NUMBER

SEX (CHECK ONE)  
 Male  Female

This is a new address

\_\_\_\_\_  
PHYSICAL ADDRESS (NO P.O. BOX OR RETAIL/BUSINESS ADDRESSES)

\_\_\_\_\_  
CITY

\_\_\_\_\_  
COUNTY

\_\_\_\_\_  
STATE

\_\_\_\_\_  
ZIP CODE

This is a new address

\_\_\_\_\_  
MAILING ADDRESS (IF DIFFERENT FROM PHYSICAL ADDRESS)

\_\_\_\_\_  
CITY

\_\_\_\_\_  
COUNTY

\_\_\_\_\_  
STATE

\_\_\_\_\_  
ZIP CODE

\_\_\_\_\_  
HOME/CELL PHONE

\_\_\_\_\_  
WORK/OTHER PHONE (OPTIONAL)

\_\_\_\_\_  
EMAIL ADDRESS

Have you used any tobacco products in the last 6 months?  Yes  No

(Tobacco use is defined as an average of at least four times a week, except for religious or ceremonial purposes.)

## Option 1: Cancellation

**Complete this section only if you want to cancel your Individual & Family Plan coverage.**

**I want to cancel my Individual & Family Plan coverage effective December 31, 2021.**

Checking this box will end the health insurance coverage for all enrolled members on your plan, and you and your dependents won't be enrolled for 2022. To get new coverage outside of the Open Enrollment period (Nov. 1, 2021 – Jan. 15, 2022), you need to have a qualifying event for a Special Enrollment Period.

**Sign, date, and submit only this page to cancel your coverage effective December 31, 2021.**

Signature is considered valid only if it is handwritten ("wet") or e-signed.

A copy of legal guardianship or power of attorney must accompany this form if not signed by the Policyholder.

\_\_\_\_\_  
SIGNATURE OF POLICYHOLDER, LEGAL GUARDIAN OR POWER OF ATTORNEY

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
TODAY'S DATE

## Option 2: Change Your 2022 Coverage

Open Enrollment is your opportunity to make changes to your current health plan coverage. The changes you request between 11/1/21 – 12/31/21 will become effective January 1, 2022. Changes received between 1/1/22 – 1/15/22 will become effective February 1, 2022 contingent on timely payment of your November and December premiums.

You can learn more about each of the medical plans listed here by reading their corresponding Summary of Benefits and Coverage (SBC) materials at [ProvidenceHealthPlan.com/sbc](https://ProvidenceHealthPlan.com/sbc).

### Choose a New Medical Plan

Applicable Counties	Network	Medical Plan (Check One)
Clackamas, Hood River, Multnomah, Washington, Yamhill ( <b>Newberg 97132 zip code only</b> )	Connect*	<input type="checkbox"/> Connect 1500 Gold <input type="checkbox"/> Connect 4500 Silver <input type="checkbox"/> Connect 8700 Bronze <input type="checkbox"/> Connect Direct 4500 Silver
Benton, Clackamas, Clatsop, Crook, Deschutes, Douglas, Hood River, Jackson, Jefferson, Lane, Lincoln, Linn, Marion, Multnomah, Polk, Washington and Yamhill	Choice*	<input type="checkbox"/> Providence Oregon Standard Gold - Choice <input type="checkbox"/> Providence Oregon Standard Silver - Choice <input type="checkbox"/> Providence Oregon Standard Bronze - Choice <input type="checkbox"/> Providence Oregon Direct Silver - Choice <input type="checkbox"/> HSA Qualified 7000 Bronze - Choice
Baker, Columbia, Coos, Curry, Gilliam, Grant, Harney, Josephine, Klamath, Lake, Malheur, Morrow, Sherman, Tillamook, Umatilla, Union, Wallowa, Wasco, Wheeler	Signature	<input type="checkbox"/> Providence Oregon Standard Gold - Signature <input type="checkbox"/> Providence Oregon Standard Silver - Signature <input type="checkbox"/> Providence Oregon Standard Bronze - Signature <input type="checkbox"/> Providence Oregon Direct Silver - Signature <input type="checkbox"/> HSA Qualified 7000 Bronze - Signature

\*If you choose a Connect or Choice plan, you'll need to choose a Medical Home and a primary care provider (PCP) when you enroll. To choose from a list of available medical homes, PCPs and doctors in your area, visit [ProvidenceHealthPlan.com/findaprovider](https://ProvidenceHealthPlan.com/findaprovider).

### Choose a New Dental Plan (optional)

In order to purchase a dental plan, you **must** purchase one of the medical plans listed above.

Applicable Counties	Dental Plan (Check One)
All counties in Oregon	<input type="checkbox"/> Providence Progressive Dental <input type="checkbox"/> I <b>DO NOT</b> want dental coverage for 2022

#### Things to Know About Our Dental Plan:

- + Everyone on your medical plan will be enrolled, and there's an additional monthly premium of **\$32** applied to each covered member on the policy.
- + **For Connect plans:** coverage for children 18 and younger will be supplemental to the pediatric dental coverage already included under the medical plan.
- + For more information about dental benefits and coverage, visit [ProvidenceHealthPlan.com](https://ProvidenceHealthPlan.com).

**PEDIATRIC DENTAL DISCLAIMER:** Our Standard and HSA medical plans DO NOT include pediatric dental coverage. Under the health care reform law (the Affordable Care Act or ACA), if you purchase one of these plans outside of the Marketplace, we must have reasonable assurance that you have obtained separate pediatric dental coverage through a Marketplace-certified pediatric dental plan. This requirement applies whether you obtain coverage for children or adults. Marketplace-certified pediatric dental plans can be found through the Federal Health Insurance Marketplace at [HealthCare.gov](https://HealthCare.gov).

# Change Information for My Dependents

Only changes reflected on this form will be updated on your plan. If you are not making any changes, leave this page blank. Make sure you use full, legal names. For a child-only plan, children have to be age 20 or younger as of their effective date. For all other plans, children need to be age 25 or younger as of their effective date. If you have additional family members to be enrolled, please include them on a separate sheet with this change form.

If any dependents don't reside at the Policyholder's physical address, you need to provide their addresses below.

**1** CHECK ONE:  
 Add \_\_\_\_\_  
 Remove LAST NAME  
 Update \_\_\_\_\_  
 FIRST NAME, MI \_\_\_\_\_ SSN \_\_\_\_\_  
 SEX:  M  F LIVES WITH POLICYHOLDER?  Yes  No

RELATION TO YOU:  
 Spouse \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
 Domestic Partner\* BIRTHDATE  
 Other: \_\_\_\_\_

USES TOBACCO? \*\*  Yes  No

**2** CHECK ONE:  
 Add \_\_\_\_\_  
 Remove LAST NAME  
 Update \_\_\_\_\_  
 FIRST NAME, MI \_\_\_\_\_ SSN \_\_\_\_\_  
 SEX:  M  F LIVES WITH POLICYHOLDER?  Yes  No

RELATION TO YOU:  
 Spouse \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
 Domestic Partner\* BIRTHDATE  
 Other: \_\_\_\_\_

USES TOBACCO? \*\*  Yes  No

**3** CHECK ONE:  
 Add \_\_\_\_\_  
 Remove LAST NAME  
 Update \_\_\_\_\_  
 FIRST NAME, MI \_\_\_\_\_ SSN \_\_\_\_\_  
 SEX:  M  F LIVES WITH POLICYHOLDER?  Yes  No

RELATION TO YOU:  
 Spouse \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
 Domestic Partner\* BIRTHDATE  
 Other: \_\_\_\_\_

USES TOBACCO? \*\*  Yes  No

**4** CHECK ONE:  
 Add \_\_\_\_\_  
 Remove LAST NAME  
 Update \_\_\_\_\_  
 FIRST NAME, MI \_\_\_\_\_ SSN \_\_\_\_\_  
 SEX:  M  F LIVES WITH POLICYHOLDER?  Yes  No

RELATION TO YOU:  
 Spouse \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
 Domestic Partner\* BIRTHDATE  
 Other: \_\_\_\_\_

USES TOBACCO? \*\*  Yes  No

\*A Domestic Partner must be a member of the Policyholder's same sex, 18 years of age or older, and must have legally registered a Declaration of Domestic Partnership and obtained a Certificate of Registered Domestic Partnership in accordance with Oregon state law.

\*\*Tobacco use is defined as an average of at least four times per week, except for religious or ceremonial purposes.

## Dependent(s) Physical Address (if different from Policyholder)

**1** \_\_\_\_\_  
 DEPENDENT'S LAST NAME DEPENDENT'S FIRST NAME MI  
 \_\_\_\_\_  
 DEPENDENT'S PHYSICAL ADDRESS APARTMENT/UNIT NUMBER  
 \_\_\_\_\_  
 CITY STATE ZIP COUNTY

**2** \_\_\_\_\_  
 DEPENDENT'S LAST NAME DEPENDENT'S FIRST NAME MI  
 \_\_\_\_\_  
 DEPENDENT'S PHYSICAL ADDRESS APARTMENT/UNIT NUMBER  
 \_\_\_\_\_  
 CITY STATE ZIP COUNTY

# Read, Sign & Submit

## Certification of Completion and Correctness

I affirm that I am requesting a change in coverage for myself and/or my enrolled family dependents and that the answers given in this Change Form are complete and correct. I am providing these answers as part of the procedure required by Providence Health Plan (PHP) to request a change in my insurance coverage. I understand and agree that no change in coverage shall be in force until the effective date determined by PHP and that PHP may contact me to clarify this request.

As a member, I understand I have the right to inspect the information in my file. I understand that I can visit [ProvidenceHealthPlan.com](http://ProvidenceHealthPlan.com) to educate myself about PHP's privacy practices. I understand that I can get a copy of PHP's Notice of Privacy Practices by going to [ProvidenceHealthPlan.com](http://ProvidenceHealthPlan.com) and selecting "Notice of Privacy Practice" or by calling Customer Service at 503-574-7500 or 1-800-878-4445 (TTY: 711), 8 a.m. to 5 p.m. (Pacific Time) Monday through Friday.

## Signature

1. I understand that this is an individual health insurance plan. I verify that neither my employer nor any third party will be paying the premium on this policy except as permitted by state or federal regulation.
2. I am the parent or legal guardian of all dependent children listed on this change form.
3. I verify that the physical address I provided on this change form for myself is accurate, as well as any other address provided by me for any dependents.
4. I understand that I must update my information with Providence Health Plan if anything changes.
5. I affirm that if I choose a medical plan without pediatric dental coverage, I will obtain pediatric dental coverage through a separate Marketplace-certified pediatric dental plan, and that I will notify Providence Health Plan if I do not obtain coverage.

**By signing, I agree to the above conditions. Policyholder signature and date required.**

**Signature is considered valid only if it is handwritten ("wet") or e-signed.**

**A copy of legal guardianship or power of attorney must accompany this form if not signed by the Policyholder.**

\_\_\_\_\_  
SIGNATURE

\_\_\_\_/\_\_\_\_/\_\_\_\_  
TODAY'S DATE

\_\_\_\_\_  
PRINT NAME

Signed by Policyholder Applicant  
for Spouse or Domestic Partner

\_\_\_\_\_  
SIGNATURE OF SPOUSE OR DOMESTIC PARTNER (IF APPLICABLE)

### Submission Options

**Mail completed form to:**  
Providence Health Plan  
P.O. Box 4649  
Portland, OR 97208-4649

**OR**

**Fax completed form to:**  
**503-574-8131**

# Race/Ethnicity Questionnaire

The following questions will help us to better serve all communities. These questions are optional.

Which of the following describes your racial or ethnic identity? Please check all that apply.

## Asian

- Asian Indian
- Cambodian
- Chinese
- Communities of Myanmar
- Filipino/a
- Hmong
- Japanese
- Korean
- Laotian
- South Asian
- Vietnamese
- Other Asian

## American Indian or Alaska Native

- American Indian
- Alaska Native
- Canadian Inuit, Metis, or First Nation
- Indigenous Mexican, Central American, or South American

## Hispanic or Latino/a/x

- Hispanic or Latino/a/x Central American
- Hispanic or Latino/a/x Mexican
- Hispanic or Latino/a/x South American
- Other Hispanic or Latino/a/x

## Native Hawaiian or Pacific Islander

- Guamanian or Chamorro
- Marshallese
- Communities of the Micronesia Region
- Native Hawaiian
- Samoan
- Tongan
- Other Pacific Islander

## White

- Caucasian/White (no national affiliation)
- Eastern European
- Western European
- Other White (African, Australian, New Zealand descent)
- Slavic

## Black or African American

- African American
- Afro-Caribbean
- Ethiopian
- Somali
- Other African (Black)
- Afro-Latinx/Biracial/Other
- Other Black

## Middle Eastern or North African

- Middle Eastern
- North African

## Other

- Other
- Don't know
- Don't want to answer

**If you checked more than one category above, is there one you think of as your primary racial or ethnic identity?**

- Yes** (please specify): \_\_\_\_\_
- No:** I do not have just one primary racial or ethnic identity.
- No:** I identify as Biracial or Multiracial.
- N/A:** I only checked one category above.
- N/A:** I don't know.

- N/A:** I don't want to answer.

**What is your preferred spoken language?**

- English
- Spanish
- Chinese - Other
- Mandarin
- Cantonese
- Vietnamese
- Russian
- German
- French
- Tagalog
- Japanese
- Korean
- Arabic
- Decline/Unknown
- Other

# Non-discrimination Statement

Providence Health Plan and Providence Health Assurance comply with applicable Federal civil rights laws and do not discriminate on the basis of race, color, national origin, age, disability, or sex. Providence Health Plan and Providence Health Assurance do not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

## Providence Health Plan and Providence Health Assurance:

Provide free aids and services to people with disabilities to communicate effectively with us, such as:

- + Qualified sign language interpreters
- + Written information in other formats (large print, audio, accessible electronic formats, other formats)

Provide free language services to people whose primary language is not English, such as:

- + Qualified interpreters
- + Information written in other languages

If you are a Medicare member who needs these services, call 503-574-8000 or 1-800-603-2340. All other members can call 503-574-7500 or 1-800-878-4445. Hearing impaired members may call our TTY line at 711.

## Filing a Grievance

If you believe that Providence Health Plan or Providence Health Assurance has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with our Non-discrimination Coordinator by mail:

**Providence Health Plan  
and Providence Health Assurance  
Attn: Non-discrimination Coordinator  
PO Box 4158  
Portland, OR 97208-4158**

# Language Access Information

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call 1-800-603-2340 (TTY: 711).

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-603-2340 (TTY: 711).

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-800-603-2340 (TTY: 711)

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-800-603-2340 (TTY: 711).

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-800-603-2340 (TTY: 711) 번으로 전화해 주십시오.

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-800-603-2340 (телетайп: 711).

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-800-603-2340 (TTY: 711).

УВАГА! Якщо ви розмовляєте українською мовою, ви можете звернутися до безкоштовної служби мовної підтримки. Телефонуйте за номером 1-800-603-2340 (телетайп: 711).

ប្រយ័ត្ន៖ បើសិនជាអ្នកនិយាយភាសាខ្មែរ, សេវាជំនួយផ្នែកភាសា ដោយមិនគិតល្អល គឺអាចមានសំរាប់បម្រើអ្នក។ ចូរ ទូរស័ព្ទ 1-800-603-2340 (TTY: 711)។

注意事項：日本語を話される場合、無料の言語支援をご利用いただけます。1-800-603-2340 (TTY:711) まで、お電話にてご連絡ください。

ማስታወሻ: የሚናገሩት ቋንቋ አማርኛ ከሆነ የትርጉም እርዳታ ድርጅቶች፣ በገጻ ሊያግዝዎት ተዘጋጅተዋል። ወደ ሚስተለው ቁጥር ይደውሉ 1-800-603-2340 (መስማት ለተሳናቸው: 711)።

XIYYEEFFANNAA: Afaan dubbattu Oroomiffa, tajaajila gargaarsa afaanii, kanfaltiidhaan ala, ni argama. Bilbilaa 1-800-603-2340 (TTY: 711).

ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 1-800-603-2340 (رقم هاتف الصم والبكم: (TTY: 711).

ਪਿਆਰ ਦਿਓ: ਜੇ ਤੁਸੀਂ ਪੰਜਾਬੀ ਬੋਲਦੇ ਹੋ, ਤਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਸਹਾਇਤਾ ਮੇਰਾ ਤੁਹਾਡੇ ਲਈ ਮੁਫਤ ਉਪਲਬਧ ਹੈ। 1-800-603-2340 (TTY: 711) 'ਤੇ ਕਾਲ ਕਰੋ।

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-800-603-2340(TTY: 711).

ໂປດລາບ: ຖ້າ ວ່ າ ທ່ ານວ້ າພາສາ ລາວ, ການບົວການວຸ່ ວອຍຫຼື ອັດ ານພາສາ, ໂດຍ ບໍ່ ບໍ່ ຈ່ າ, ຄມ່ ນມພັ ສມໃຫ້ ທ່ ານ. ໂທ 1-800-603-2340(TTY: 711).

ATENȚIE: Dacă vorbiți limba română, vă stau la dispoziție servicii de asistență lingvistică, gratuit. Sunați la 1-800-603-2340(TTY: 711).

ATTENTION: Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-800-603-2340 (ATS: 711).

เรียน: ถ้าคุณพูดภาษาไทยคุณสามารถใช้บริการช่วยเหลือทางภาษาได้ฟรี โทร 1-800-603-2340(TTY: 711)

توجه: اگر به زبان فارسی گفتگو می کنید، تسهیلات زبانی بصورت رایگان برای شما فراهم می باشد. با 1-800-603-2340 (TTY: 711) تماس بگیرید.