



Hello from your Providence Health Management team

Welcome to Providence Health Plan! It's nice to meet you.

Ensuring the well-being of the community means everything — to all of us. Your Health Management team is here to help you accomplish your goals and build a relationship grounded in trust and support.

We're excited to introduce you to your Health Management Consultant, Megan Thompson.



I have been with Providence since: October 2017

I have a passion for healthcare because: Everyone deserves to live a healthy life and have access to good choices. I enjoy helping employers implement changes that can make real, lasting impacts on their population.

My educational background is: I hold a Master of Public Health with a focus in Administration and Policy.



I love my job, but here's a bit more about me.

If it's the weekend: I'm running, cycling, practicing yoga, cooking or watching sports with my husband, or catching up with family and friends.

Fun fact about me: I enjoy exploring new cities and cultures with my husband. We always seek out outdoor activities, coffee shops, restaurants, farmers markets and a brewery or winery.

Hi there, I'm

Megan Thompson, MPH
Health Management Consultant

Thanks for the opportunity to partner with you. I look forward to getting to know you better, supporting your goals, and helping the community discover True Health together.

Megan Thompson

Megan
(503) 574-6886 | megan.thompson@providence.org



For more than 160 years, Providence has aligned under a common purpose: to bring True Health to each and every member of the community.

True Health is a commitment to caring for the whole self: mind, body, and spirit. The concept is rooted in the idea that the healthier each of us are, the healthier we all are.

We all deserve True Health.

