



Partner with a Health Management Consultant

Let our experts help you every step of the way.

Providence is committed to supporting employers who invest in the health and well-being of their employees. Whether you're looking for an economical, turnkey program or you want to champion a tailored campaign with customized resources - we can help.

Strategic Development

We take a coordinated approach to workplace health promotion - from conducting an organizational assessment or employee interest survey, developing an annual program calendar, designing a promotional email campaign, or launching a wellness challenge - we will help you build a plan to meet the health and well-being needs of your employees.

Health Engagement Reporting

We provide reporting that gives you an overview of member engagement in preventive screenings, chronic condition prevalence, health assessment completions or participation in health coaching.

Communication Toolkits and Resources

Use our workplace well-being calendar flyers or our comprehensive toolkit materials to encourage healthy habits. Whether you want to focus on preventive care, physical well-being or mental health, we've got something for every organization.

Well-being Event Support

Our team is available to provide onsite or virtual support during health and wellness fairs, open enrollment meetings or screening events. We can also help coordinate onsite biometric screenings or vaccination events (fees may apply).

Digital Wellness Dashboard

Our Wellness Dashboard is an integrated health engagement platform accessed through myProvidence that drives sustainable behavior change. Employees can take a health assessment, participate in employer-sponsored wellness challenges and incentive campaigns, and access health education tools.

Well-being Workshops

We partner with teams within Providence to provide onsite workshops on a variety of health and wellness topics - diet trends, bodyweight exercises, mindfulness or cooking demonstrations (fees may apply). Virtual classes available, but onsite workshops are limited to the Portland metro area.