



Health Management Consulting Services

Providence is committed to supporting employers who invest in the health and well-being of their employees. Whether you're looking for an economical, turnkey program or you want to sponsor a robust campaign with dedicated resources, we can help.

Wellness Central

Wellness Central is an integrated online health and wellness hub that helps members translate health and well-being goals into meaningful action. Employees can take a health assessment, participate in wellness challenges and incentive campaigns, and access health education tools. Non-health plan members can also access Wellness Central with a special access code.

Health Engagement Reporting

We provide annual reporting that provides you with an overview of member engagement in Providence-related wellness tools and resources. We also provide recommendations to help support your key focus areas.

Strategic Development

We take a coordinated approach to workplace health promotion – we'll help you build a plan that incorporates a comprehensive set of programs, policies, benefits, and environmental supports designed to meet the health and well-being needs of your employees.

Communication Toolkits

Use our toolkit materials to encourage healthy habits. Whether you want to focus on preventive care, nutrition, or smoking cessation, we've got something for every organization.

Biometric Screenings

Give your employees the information they need to stay healthy with an onsite screening event that helps them identify and manage their health risks. *Fees apply.*

Event Support

Our health management consultant team provides onsite support during health fairs, biometric screenings, onsite health connection events, and snapshot of your number events. *Available in Portland metro area.*

On-demand Resources

Sometimes promoting a healthy lifestyle is as simple as building awareness of resources. If you don't have the means to tailor a wellness program for your workforce, we've got on-demand resources that address popular health and well-being topics.

 Email WorkplaceWellness@providence.org

 or visit ProvidenceHealthPlan.com

