

A decorative graphic in the top left corner consisting of eight orange plus signs arranged in a 2x4 grid.

# Partner with a health management consultant

Providence is committed to supporting employers who invest in the health and well-being of their employees. Whether you're looking for an economical, turnkey program or you want to sponsor a robust campaign with dedicated resources, we can help.

## Strategic Development

We take a coordinated approach to workplace health promotion - we'll help you build a plan that incorporates a comprehensive set of programs, policies, benefits, and environmental supports designed to meet the health and well-being needs of your employees.

## Health Engagement Reporting

We provide annual reporting that provides you with an overview of member engagement in Providence-related wellness tools and resources. We also provide internal and industry recommendations to help support your key focus areas.

## Communication Toolkits and Resources

Use our toolkit materials to encourage healthy habits. Whether you want to focus on preventive care, physical well-being or mental health, we've got something for every organization.

## Well-being Workshops

We partner with teams within Providence to provide onsite workshops on a variety of health and wellness topics - diet trends, bodyweight exercises, mindfulness and more. Virtual classes available, but onsite workshops are limited to Portland metro area.

## Screenings and Immunizations Concierge

Give your employees the information they need to stay healthy with an onsite biometric screening or flu vaccination event. Fees may apply.

## Well-being Event Support

Our health and wellness team is available to provide onsite or virtual support during health fairs and open enrollment meetings. Onsite support limited to Portland metro area.

## Digital Wellness Platform

Wellness Central is an integrated health engagement platform accessed through myProvidence that drives sustainable behavior change. Employees can take a wellness assessment, participate in employer-sponsored wellness challenges and incentive campaigns, and access health education tools. Non-health plan members can also access the platform with a special access code.



For more information, visit  
[ProvidenceHealthPlan.com](https://www.ProvidenceHealthPlan.com)

