Providence is committed to supporting employers who invest in the health and well-being of their employees. Whether you’re looking for an economical, turnkey program or you want to sponsor a robust campaign with dedicated resources, we can help.

**Wellness Central**
Wellness Central is an integrated online health and wellness hub that helps members translate health and well-being goals into meaningful action. Employees can take a health assessment, participate in wellness challenges and incentive campaigns, and access health education tools. Non-health plan members can also access Wellness Central with a special access code.

**Health Engagement Reporting**
We provide annual reporting that provides you with an overview of member engagement in Providence-related wellness tools and resources. We also provide recommendations to help support your key focus areas.

**Strategic Development**
We take a coordinated approach to workplace health promotion – we’ll help you build a plan that incorporates a comprehensive set of programs, policies, benefits, and environmental supports designed to meet the health and well-being needs of your employees.

**Communication Toolkits**
Use our toolkit materials to encourage healthy habits. Whether you want to focus on preventive care, nutrition, or smoking cessation, we’ve got something for every organization.

**Biometric Screenings**
Give your employees the information they need to stay healthy with an onsite screening event that helps them identify and manage their health risks. *Fees apply.*

**Event Support**
Our health management consultant team provides onsite support during health fairs, biometric screenings, onsite health connection events, and snapshot of your number events. *Available in Portland metro area.*

**On-demand Resources**
Sometimes promoting a healthy lifestyle is as simple as building awareness of resources. If you don’t have the means to tailor a wellness program for your workforce, we’ve got on-demand resources that address popular health and well-being topics.

Email: [WorkplaceWellness@providence.org](mailto:WorkplaceWellness@providence.org)
or visit: [ProvidenceHealthPlan.com](http://ProvidenceHealthPlan.com)