Coverage Period: 01/01/2024 - 12/31/2024

Coverage for: Employee+Dependents | Plan Type: HDHP

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, www.ProvidenceHealth

Plan.com. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary or call 1-800-878-4445 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	In-Network: \$1,600 for employee only coverage \$3,200 for any level greater than employee only	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the policy, the overall family <u>deductible</u> must be met before the <u>plan</u> begins to pay.
Are there services covered before you meet your deductible?	Yes. Most <u>preventive care</u> services innetwork.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	In-Network: \$3,000 for employee only coverage \$6,000 for any level greater than employee only	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, penalties, services not covered, fees above Usual, Customary and Reasonable (UCR).	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See www.providencehealthplan.com/covenant-health or call 1-800-878-4445 for a list of network providers.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .

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All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common		What You Will Pay			Limitations, Exceptions, & Other Important Information
Medical Event	Services You May Need	Preferred Network (You will pay the least)	In-Network Provider	Out-of-Network Provider	
	Primary care visit to treat an injury or illness	10% coinsurance	25% coinsurance	Not covered	Some services will include additional member costs.
If you visit a	Specialist visit	10% coinsurance	25% coinsurance	Not covered	
health care provider's office or clinic	Preventive care/screening/ immunization	No charge; deductible does not apply	No charge; deductible does not apply	Not covered	For more information on preventive services that are covered in full see: ProvidenceHealthPlan.com/PreventiveCar e. You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	10% coinsurance	25% coinsurance	Not covered	none
	Imaging (CT/PET scans, MRIs)	10% coinsurance	25% coinsurance	Not covered	Prior authorization required. If you do not obtain prior authorization claims for those services will be denied and you will be responsible for payment of those services.

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All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common			What You Will Pay		Limitations, Exceptions, & Other Important Information
Medical Event	Services You May Need	Preferred Network (You will pay the least)	In-Network Provider	Out-of-Network Provider	
	Preventive drugs: Generic and Formulary Brand Name drugs	No charge; deductible does not apply	No charge; deductible does not apply	Not covered	Deductible does not apply to Safe Harbor drugs. ACA Preventive drugs are covered in full
If you need drugs to treat your	Generic drugs	10% <u>coinsurance</u> retail and mail order	10% <u>coinsurance</u> retail and mail order	Not covered	in-network.
illness or condition	Formulary brand-name drug	20% <u>coinsurance</u> retail and mail order	30% <u>coinsurance</u> retail and mail order	Not covered	Generic, formulary, Non-formulary brand name, and Specialty drugs: max \$150
More information about prescription	Non-formulary brand drug	40% <u>coinsurance</u> retail and mail order	50% <u>coinsurance</u> retail and mail order	Not covered	coinsurance per 30-day supply Covers up to a 90-day supply (retail and
drug coverage is available at www.ProvidenceH ealthPlan.com	Specialty drug	20% <u>coinsurance</u> up to \$150/ retail	20% <u>coinsurance</u> up to \$150/ retail	Not covered	mail order prescription). Prior authorization may apply. If you do not obtain prior authorization claims for those services will be denied and you will be responsible for payment of those services. Specialty drugs can only be purchased at a participating specialty pharmacy.
If you have	Facility fee (e.g., ambulatory surgery center)	10% coinsurance	25% coinsurance	Not covered	Prior authorization required. If you do not obtain prior authorization claims for those
outpatient surgery	Physician/surgeon fees	10% coinsurance	25% <u>coinsurance</u>	Not covered	services will be denied and you will be responsible for payment of those services.
If you need	Emergency room care	25% coinsurance	25% coinsurance	25% coinsurance	For <u>emergency medical conditions</u> only. If admitted to hospital, all services subject to inpatient benefits.
immediate medical attention	Emergency medical transportation	25% coinsurance	25% coinsurance	25% <u>coinsurance</u>	none
	Urgent care	10% coinsurance	25% coinsurance	Not covered	Some services will include additional member costs.
If you have a hospital stay	Facility fee (e.g., hospital room)	10% coinsurance	25% coinsurance	Not covered	Prior authorization required. If you do not obtain prior authorization claims for those
	Physician/surgeon fees	10% coinsurance	25% coinsurance	Not covered	services will be denied and you will be responsible for payment of those services.

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All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common		What You Will Pay			Limitations, Exceptions, & Other Important Information
Medical Event	Services You May Need	Preferred Network (You will pay the least)	In-Network Provider	Out-of-Network Provider	
If you need mental health,	Outpatient services	No charge	No charge	Not covered	Additional services available through the Caregiver Assistance Program. All services except provider office visits may
behavioral health, or substance	Applied behavioral analysis	No charge	No charge	Not covered	require <u>prior authorization</u> . If you do not obtain <u>prior authorization</u> claims for those
abuse services	Inpatient services	10% coinsurance	25% coinsurance	Not covered	services will be denied and you will be responsible for payment of those services.
	Office visits	No charge; deductible does not apply	No charge; deductible does not apply	Not covered	none
If you are pregnant	Childbirth/delivery professional services	10% coinsurance	25% coinsurance	Not covered	Coinsurance applies to provider delivery charges.
	Childbirth/delivery facility services	10% coinsurance	25% coinsurance	Not covered	none
	Home health care	25% coinsurance	25% coinsurance	Not covered	Limited to 130 visits per calendar year.
If you need help recovering or have other	Rehabilitation services	Inpatient Services: 10% coinsurance Outpatient Services: 10% coinsurance	Inpatient Services: 25% coinsurance Outpatient Services: 25% coinsurance	Not covered	Outpatient services: coverage limited to 75 visits per calendar year. Limits do not apply to Mental Health Services.
	Habilitation services	Inpatient Services: 10% coinsurance Outpatient Services: 10% coinsurance	Inpatient Services: 25% coinsurance Outpatient Services: 25% coinsurance	Not covered	Outpatient services: coverage limited to 75 visits per calendar year. Limits do not apply to Mental Health Services.
special health	Skilled nursing care	25% coinsurance	25% coinsurance	Not covered	none
needs	Durable medical equipment	Diabetes supplies: No charge; deductible does not apply Hearing aids: 10% coinsurance. All other medical equipment: 25% coinsurance	Diabetes supplies: No charge; deductible does not apply All other medical equipment: 25% coinsurance	Not covered	none

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All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common		What You Will Pay			Limitations, Exceptions, & Other Important Information
Medical Event	Services You May Need		In-Network Provider	Out-of-Network Provider	
	Hospice services	No charge	No charge	Not covered	none
	Children's eye exam	Not covered	Not covered	Not covered	No coverage for eye exam.
If your child needs dental or eye care	Children's glasses	Not covered	Not covered	Not covered	No coverage for glasses.
·	Children's dental check-up	Not covered	Not covered	Not covered	No coverage for dental check-up.

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Cosmetic surgery (with certain exceptions)
- Dental care (Adult)
- Dental check-up (Child)
- Eye exam and glasses (Child)

- Infertility treatments (Diagnostic testing and counseling of infertility are covered. Limits may apply.)
- Long-term care
- Private-duty nursing

- Non-emergency care when traveling outside the U.S.
- Routine eye care (Adult)
- Routine foot care (covered for diabetics)
- Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Acupuncture (limited to 12 visits combined with chiropractic care)
- Bariatric surgery (covered only when performed at our wholly-owned facilities [Providence St Joseph Health affiliates])
- Chiropractic care (limited to 12 visits combined with acupuncture)
- Hearing Aids (limited to \$1,500 every 36 months)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or http://www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or http://www.cciio.cms.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact:

- Providence Health Plan at 503-574-8757/1-800-878-4445 (toll-free) or http://www.ProvidenceHealthPlan.com.
- Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes <u>plans</u>, <u>health insurance</u> available through the <u>Marketplace</u> or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of <u>Minimum Essential Coverage</u>, you may not be eligible for the <u>premium tax credit</u>.

Does this plan meet Minimum Value Standards? Yes

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace</u>.

This Summary of Benefits and Coverage required by the Affordable Care Act summarizes the benefit options available to eligible employees as of January 1, 2024. The official plan document and summary plan description will provide more complete details regarding the terms of the Plan. If there is any conflict between the statements in this Summary and the official plan documents, the terms of the plan documents will govern all rights and obligations of participants, beneficiaries, plan fiduciaries and the Company. Covenant Medical System reserves the right to amend or terminate these benefits or change the cost of coverage, for any reason, at any time.

To see examples of how this **plan** might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Р	Peg is Having a Baby
(9 months o	f in-network pre-natal care and a
	hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$1,600
■ Specialist coinsurance	25%
■ Hospital (facility) coinsurance	25%
■ Other <u>coinsurance</u>	25%

This EXAMPLE event includes services like:

Specialist office visits (pre-natal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood work) Specialist visit (anesthesia)

Total Example Cost \$12,700

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in this example, Peg would pay:			
Cost Sharing			
<u>Deductibles</u>	\$1,600		
<u>Copayments</u>	\$0		
Coinsurance	\$1,500		
What isn't covered			
Limits or exclusions	\$60		
The total Peg would pay is	\$3,160		

Managing Joe's Type 2 Diabetes (a year of routine in-network care of a wellcontrolled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$1,600
■ Specialist coinsurance	25%
■ Hospital (facility) coinsurance	25%
■ Other <u>coinsurance</u>	25%

This EXAMPLE event includes services like:

Primary care physician office visits (including disease education) Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

care)	
■ The <u>plan's</u> overall <u>deductible</u> ■ Specialist coinsurance	\$1,600 25%

Mia's Simple Fracture

(in-network emergency room visit and follow up

■ The <u>plan's</u> overall <u>deductible</u>	\$1,60
■ Specialist coinsurance	25%
■ Hospital (facility) coinsurance	25%
■ Other <u>coinsurance</u>	25%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies) Diagnostic test (x-ray) Durable medical equipment (crutches)

Rehabilitation services (physical therapy)d

In t	this	exam	ole.	Joe	would	pav:
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Cost Sharing					
<u>Deductibles</u>	\$1,600				
Copayments	\$0				
Coinsurance	\$1,500				
What isn't covered					
Limits or exclusions	\$60				
The total Joe would pay is	\$3,160				

To	tal Example Cost	\$2,800

In this example, Mia would pay:

Cost Sharing					
<u>Deductibles</u>	\$1,600				
Copayments	\$0				
Coinsurance	\$200				
What isn't covered					
Limits or exclusions	\$0				
The total Mia would pay is	\$1,800				

Non-Discrimination Statement:

Providence Health Plan complies with applicable Federal civil rights laws and do not discriminate on the basis of race, color, national origin, age, disability, or sex. Providence Health Plan does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Providence Health Plan:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
 - Qualified sign language interpreters
 - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
 - Qualified interpreters
 - o Information written in other languages

If you are a Medicare member who needs these services, call 503-574-8000 or 1-800-603-2340. All other members can call 503-574-7500 or 1-800-878-4445. Hearing impaired members may call our TTY line at 711.

If you believe that Providence Health Plan has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with our Non-discrimination Coordinator by mail:

Providence Health Plan
Attn: Non-discrimination Coordinator
PO Box 4158
Portland, OR 97208-4158

If you need help filing a grievance, and you are a Medicare member call 503-574-8000 or 1-800-603-2340. All other members can call 503-574-7500 or 1-800-878-4445. (TTY line at 711) for assistance. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services 200 Independence Avenue SW - Room 509F HHH Building Washington, DC 20201 1-800-368-1019, 1-800-537-7697 (TTY)

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.

Language Access Services:

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call 1-800-878-4445 (TTY: 711).

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-878-4445 (TTY: 711).

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-800-878-4445 (TTY: 711).

注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電 1-800-878-4445 (TTY: 711).

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-800-878-4445 (телетайп: 711).

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-800-878-4445 (TTY: 711) 번으로 전화해 주십시오

УВАГА! Якщо ви розмовляєте українською мовою, ви можете звернутися до безкоштовної служби мовної підтримки. Телефонуйте за номером 1-800-878-4445 (телетайп: 711).

注意事項:日本語を話される場合、無料の言語支援をご利用いただけます。1-800-878-4445 (TTY: 711) まで、お電話にてご連絡ください。

ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 4445-878-800-1 (رقم هاتف الصم والبكم: (TTY: 711).

ATENŢIE: Dacă vorbiţi limba română, vă stau la dispoziţie servicii de asistenţă lingvistică, gratuit. Sunaţi la 1-800-878-4445 (TTY: 711).

ប្រយ័ត្ន៖ បើសិនជាអ្នកនិយាយ ភាសាខ្មែរ, សេវាជំនួយផ្នែកភាសា ដោយមិនគិតឈ្នួល គឺអាចមានសំរាប់បំរើអ្នក។ ចូរ ទូរស័ព្ទ 1-800-878-4445 (TTY: 711)។

XIYYEEFFANNAA: Afaan dubbattu Oroomiffa, tajaajila gargaarsa afaanii, kanfaltiidhaan ala, ni argama. Bilbilaa 1-800-878-4445 (TTY: 711).

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-800-878-4445 (TTY: 711).

با باشد می ف (TTY: 711) توجه :اگر به زبان فارسی گفتگو می کنید، تسهیلات زبانی بصورت رایگان برای شما بگیرید تماس 1-870-878-4445

ATTENTION: Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-800-878-4445 (ATS: 711).

เรียน: ถ้าคุณพูดภาษาไทยคุณสามารถใช้บริการช่วยเหลือทางภาษาได้ฟรี โทร 1-800-878-4445 (TTY: 711)