

# Behavioral Health Concierge

**Support is only a call or click away.**

Providence Health Plan members and their eligible dependents in Oregon, Washington, Idaho, Montana, California, and Texas can access virtual appointments at no cost, with licensed behavioral health professionals.



## The Behavioral Health Concierge offers:

- Help for you and your family with life stressors, mental health, and addiction issues
- Counseling, care guidance, and self-help tools
- Appointments are virtual and confidential
- Translation services available upon request
- HSA plans are subject to deductible first and then covered in full (for more information, call customer service\*)

Call **866-365-9355** from 7 a.m. to 8 p.m. (Pacific Time), seven days a week, to schedule an appointment or submit an appointment request online at [Trusana.com/PHP](https://Trusana.com/PHP).

\*Customer service is available 8 a.m. to 5 p.m. (Pacific Time), Monday through Friday. Call 503-574-7500 or 800-878-4445 (TTY: 711).



Resources for  
Improved Well-Being



Telehealth/  
Virtual



Broad  
Clinical Network



Crisis  
Care

Behavioral Health Concierge is a telehealth/virtual service that makes up our larger suite of behavioral health offerings.

To explore all of the options available to you and see what best fits your need, visit

[ProvidenceHealthPlan.com/BehavioralHealth](https://ProvidenceHealthPlan.com/BehavioralHealth)